In a letter written from his home in Valencia. Mr. Marsh Selwyn does service to thousands by drawing attention to the injuries inflicted upon delicate people by drastic purgative pills. "For a long time I suffered from ronstipation. This condition compelled the use of pills. Like many another. I made the unwise choice of using pills that were like lightning in their activity. I began to be filled with intestinal disturbances, constant rumblings, gas in the bowels and diarrhoea. I grew pale and emaclated. Then the doctor told me drastic irritating pills had caused catarrh of the bowels, an almost incurable disease. Explaining my situation to a friend, he advised a trial of Dr. Hamilton's Pills. I speedily experienced the healing and curative effect they exert on the stomach, liver and bowels. The hutestines, freed from irritating drugs, rapidly regained natural tone, the bowels acted as if nature and not Dr. J amilton's Pills were at work. I know it will be of value to thousands to know that a pill as mild and curative as Dr. Hamilton's is available to the ailing."

constination, liver and stomach de-rangement, there is no pill so invari-ably sure to cure as Dr. Hamilton's Pills, Refuse a substitute. Sold in 25.5 boxes, all dealers, or The Catarrh-ozone Co., Kingston, Ont.

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A Story of La Fontaine stage "aside" as utterly inartistic and nadmissione. In "Jean de la Fon-aine" Frank Hamel tells of nu out

burst before Mollere, Racine and "Nothing." said La Fontaine, "is nore contrary to good sense. What The pit is supposed to understand that which an actor is not expected to hear,

although he is close behind the one

who is speaking? Absurd!"... As he grew very warm while thus expressing his feelings, and as it was impossible to make him hear a word Bolleau tried to arrest his attention by repeating over and over again in loud tones, "La Fontaine must be a pretty rascal, a great rogue." But La Fon-At last they all burst out laughing and this interrupted his train of thought

"What are you laughing at?" he said. Boileau replied gravely: "Fancy! I was abusing you at the top of my voice and you never heard me, although am near enough to touch you, and you are astonished that an actor does not bear an aside that another actor

The Two Coats Were There. Sometimes the more you get a negro

cornered the less cornered you have him. This fact, long known to many, was discovered the other day by a leather man in the "swamp."

This man suddenly awoke to the fact that certain back walls were dingy with dirt and decided they'd look much better if whitewashed. So he summoned his old negro facto tum and told him to get busy with his

whitewash brush, giving special directions to put two coats on. When the job apparently had been finished the leather merchant inspected it and found the whitewash suspi

ciously thin looking. Summoning Sambo, he said as stern-ly as he could, "You didn't go over those walls twice as I told you to."
"No, sir," was the quick reply. ain't gone over twice, but I done two coats in de pail, sir-two coats in

She Was So Sure.

de pail."-New York Mail.

A woman who may be called Mrs. Smith placed her umbrella against the counter at which she was making some purchases in a department store the other day and when she finished picked it up and started away. At least that was the way it ran through her mind.

"Pardon me," said a strange woman "but you have my umbrella." "Oh, no," said Mrs. Smith; "that is

my umbrella." "Pardon me again," insisted the strange woman, "but it is mine"

"I guess I know my umbrella," said Mrs. Smith, beginning to show fight. "If you have lost your umbrella I am sorry, but I can't give you mine."

"Did you carry two umbrellas when you left home?' asked the stranger. Then Mrs. Smith discovered that she had an umbrella in each hand, and she surrendered.—Cleveland Press.

Food Tasters at Feasts. The sixteenth century feast was a round of precautions. The table laid, the pantler at once tasted the bread and salt as a preliminary "feeler." Then my lord washed in water tested for poison and dried with a towel al-ready kissed as a like precaution, this the while each dish of the first course. then on the dresser, was being tasted by the stewards and cooks under the direction of the sewer. The dishes then came to the high table, and "assaye" was taken by the carver and the sewer himself. Nothing was left to chance. Pieces were chipped from each loaf and comers from all meats. Pies were broken open and "cornets" of bread dipped into several places and swallowed by the tasters. Granted the well being of these tasters, the feast

Bell Ringing Is an Art. "Bell ringing is a science," said a master of the art. "It is called campanology, and there are abstruce and technical terms in it, like 'Kent treble bob,' 'Stedman cinques,' 'double court bob,' 'dodges,' 'noils' and 'stingoes.' Each of these terms defines a certain phase or kind of bell ringing. In England there is a society, the Central Council of Bell Ringers, that every campanologist desires ardently to belong to. Maybe you think bell ringing is simple? Do you know what a peal is? A peal in ringers' parlance is a series of 5,000 changes rung upon a chime, no change occurring more than once."

could then proceed .- London Chronicle.

Easily Arranged.
"It seems to me," he complained.
"that you think entirely too much of

"Oh. no, I don't, dear!" she hastily replied. "I don't really think anything of them. Can't you get some extra work to do or manage in some way to increase your income so that I can have something new?"-Chicago Record-Herald.



FISHING HOODOOS.

Disciples of Old Izaak Are Superstitious Beyond Ali Other Men.

Ardent disciples of Izaak Walton the "Father of Angling," have endow-ed fish ith all manner of faculties, although, as a matter of fact, it is most probable, in the light of recent discoveries, that they have very limit-ed senses of sight, hearing, or smell. Although it is not definitely known if fish can see, hear, or smell in our sense of the words, it is thought that, while they can readily detect sounds while they can readily detect sounds in the "ater itself, no noise outside would be heard by them. And yet thousands of fresh-water fishermen believe that it is necessary to keep absolutely silent while angling, and woe betide the talkative man who comes along and disturbs them.

"Hist! Can't you see that I'm fishing and that noise is driving away."

"Hist! Can't you see that I'm fishing, and that noise is driving away the fish?" they say, although it is highly probable that a concert by the biggest band on earth would not be heard by the fish.

It is also a quaint belief with some fishermen—probably based on the disturbing influence of noise—that anglers who swear will never succeed in making a good catch, while the glers who swear will never succeed in making a good catch, while the curious superstition that fish will seldom bite on Sundays was, no doubt, framed principally for the small boy who prefers a fishing-rod to a hymnbook. It is quite a common belief, among even experienced anglers, that a powerful factor in the art of fishing are the signs of the Zodiac. Except the sun, moon, and stars be in exactly the right relative positions it is said to be useless to dangle the most actly the right relative positions it is said to be useless to dangle the most tempting bait at the end of the most up-to-date rod; and it is a fact that cannot be denied that many anglers who scorn superstition in connection with fishing believe that fish bite best when the moon is nearing the full

There are also many strange beliefs regarding bait. Nearly every angler has his own bait, which he believes to be superior to all others, and it is not so very long ago that all manner of substances, many of them concocted with more or less regard to certain mystic rite, were gravely advanced as mystic rite, were gravely advanced as having undoubted power to snare the unwary fishes. The hind leg of a black cat, a bit of burdock root, a pinch of mercury salt, all' boiled up with white 'lime and then made into a mush with bran, was gravely said by some veracious fishermen to give good results.

Wind, too, is considered an importwind, too, is considered an important element in determining fishermen's luck. "I'd have caught a hundred if the wind had been southeast instead of south," is the frequent remark of the man who returns after a hard day's work with but three small fish to show for it all. And "too windy" is the wise remark of the native as he squints upwards after being asked how the fishing is to-day. But the fact is that any wind is bet ter than no wind in most places, and there are but few localities where the direction of the wind makes a vital difference in the state of a day's catch.

Home Dying has no terrors for me - It's simply my delight Even Drofessional Dryers cariticqual my Perfect Results Thatsbecause Luse DYOLA ONE DYE FOR ALL KINDS OF GO ST. SIMPLEST, and BEST HO

Wednesday Half-Holiday We, the undersigned, agree to close our places of business at noon, (twelve o'clock) every Wednesday during June, July and August

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> E. Minielly,
> Swift, Sons & Co.,
> W. C. Browne & Son,
> R. C. McLeay.

Don't Grumble

Don't be a growler. Some people contrive to get hold of the prickly side of everything; to run against sharp corners and disagreeable things. Half the strength spent growling would often set things right. You may as well make up your mind to begin with, that no one ever found the world quite as he would like it; but you are to take your part of the trouble and bear it bravely. You will be sure to have burdens laid upon you that belong to other people, unless you are a shirker yourself, but don't grumble. If the work needs doing you can do it, never mind that other who ought to have done it and didn't. Those workers who fill up the gaps and smooth away the rough spots, and finish up the jobs that others leave undone, they are the true makers and are worth a whole are in the fat at the its obtocated at at wholesale price for 3 or 4 cents a gallon, as against 18 cents a gallon for 68 gravity gasoline and 24 cents for 74 gravity gasoline. One of the officials says he is using it on his own automobile and it works successfully.

Receipts for Making Good Husbands

One of our lady subscribers who says she enjoys this department of our paper hands us the following receipt for making good husbands, which she has tested and it worked like a charm: the true makers and are worth a whole

Some Public Enemies

With felicitous and concise ingenuity Health Commissioner Powers, of San Francisco, catalogues what he terms the enemies of children under thirteen

1. Doctors who don't report their cases of contagious disease. Dirty milkmen. Flies

Tubercular cows.
Persons who conceal Hokey-pokey men. Reckless automobile speeders, Violations of quarantine. Manufacturers of adulterated can

Child slavers.

11. Parsimonious taxpayers who place the hoarding of money above measures for the protection of child life. 12. Mothers who needlessly deprive

their babies of mother's milk.

To these might be added two more:

13. School boards that neglect air, light and sanitation.

light and sanitation.

14. Venders of soothing syrups and other "doped" nostrums.

The list is worthy of being pasted in every household. Properly interpreted and digested, it will do more good than much medicine.

The Farmer's Creed

V.—We believe that every farm should own a good farmer.
VI.—We believe that the best fertilizer for any soil is the spirit of industry, enterprise, and intelligence. Without this lime and gypsum, bones and green manure, marl and guano will be of little

VII.—We believe in good fences, good barns, good farmhouses, good stock, good orchards, and children enough to gather the fruit.

VIII.—We believe in a clean kitchen,

VIII.—We believe in a clean kitchen, a neat wife in it, and a clear conscience. IX.—We firmly disbelieve in farmers who will not improve their farms, also in farms which grow poorer every year, in starving cattle, in farmer loys turning into clerks and merchants, in farmers ashamed of their vocation or who drink whiskey until honest people are ashamed of them.

A satisfactory husband is capable of appreciating her or has sense enough to lie about it. Probably the hardest thing for a girl

o do when she is being kissed by a roung man is to make him believe that it is her first experience.

Dr. Crabbe had almost succeeded in Dr. Crabbe had almost succeeded in ismissing Mrs. Gassaway, when she topped in the doorway, exclaiming, Why, doctor, you didn't look to see if my tongue was coated!" "I know it my tongue was coated!" "You Some women never come down from their stilts and act natural.

standard, prescribed and recomstandard, prescribed and recommended by physicians. For Woman's Ailments Dr. W. d."

Many a man gets the reputation of being a "good fellow" when he is going to the bad. Woman's Ailments, Dr. Martel's

A Substitute For Gasoline

Gasine, a new liquid fuel, has been discovered, and which will take the place of gasoline. It is said by the discoverer, Mr. Taylor, of the Cornplanter Refinery Co., that 60 per cent. of a barrel of crude oil can be converted into gasine, as against sixteen per cent. of gasoline from the same amount of crude. It is also claimed for gasine that it will propel an ordinary motor car from 25 to 30 miles to the gallon, while it is only by the use of small motors. that 19 or 20 miles can be obtained from a gallon of gasoline. The makers of gasine say that their new fuel leaves no carbon deposit and that it can be used in any carbureter. It is also said to be unfit for clothes cleaning and other purposes for which gasoline is used. According to officials of the company gasine will answer all the purposes of gasoline as far fuel is concerned and will sell at wholesale price for 3 or 4

like a charm

First. Be a good wife, in so doing you will have a good influence over hubby.

Second. Treat him to kind words, kisses and good dinners. Prepare the dishes he likes best, if your means will allow.

Third. Keep his room in order no matter how often he scatters things around, put hat and bootswhere he will always know where to find them.

Fourth, Never scold, no matter how wet the wood or how much the stove smokes, tell him you like it that way, smile and go on. Fifth. Make him believe he is all.

the world to you, as, indeed he should be. Laugh at his jokes, no matter how stale.

And last but not least, keep all his buttons sewed on and all in their proper places, and all his socks well darned. Then, if you don't have a good husband we will say that you must have remarkably poor material

Feminine Vanity

Present-day reformers and moralists Here is the Canadian Farmer's Creed which, though written fifty years ago, to halds good to day. which, though written fifty years ago, holds good to-day.

I.—We believe in small farms and thorough cultivation.

II.—We believe that soil loves to eat, as well as its owner, and ought, therefore, to be liberally fed.

III.—We believe in large crops, which leave the land better than they found it, making farmer and the farm both clad at once.

ong gowns."

Apparently he would have women content themselves with one gown or robe for all occasions, for he condemned the variety worn: "One long, another better with a subsoil plow.

V.—We believe that avery force here it the winter; one for summer, another for winter; one for summer, another for winter; one for summer. short; one for summer, another for, winter; one for summer, another for the holy day; one of this color, another of that; one of cloth, another of of that; one of cloth, another of silk or damask. Change of apparel; one before dinner, one after; one of Spanish fashion another of Turkey; and, to be brief never content with enough but orief, never content with enough, but always devising new fashions

If you trade in Watford you go home

What's the use of following in the foot prints of others, when one can make his own? After all, the crank keeps things

moving, whether in the machine shop or in society. Many a man saves money only to lose it by lending it to some man who didn't save any.

A thought is an old thing that breaks The architect of his own fortune is al-

ways planning extensi One way to raise the dust is to get busy

Forty years in use, 20 years the that way.

Of course there are germs in kisses and many a girl has caught a husband that way.

Woman's Ailments, Dr. Martel's
Female Pills, at your druggist.

td-3rl

td-yrl

What some folks need is a foolproof pay envelope that can't be opened until they get home.



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give you close prices on SUNRISE, Fire FIVE ROSE ROYAL HOUS HORTON HARVEST QU GOLD DUST RED ROSE, Hi NEW ERA, Sp Get our Prices. They It will receive prompt atter

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AND THREE DIFFERE ALL KINDS OF Chopping and

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