

WOMEN'S HOME AND MAGAZINE PAGE

Punting, Swimming, Seeing Zoo Add Zip To Life At Girls' Camp

Little W. C. T. U. Guests Own View of Park, Revel in Picking Flowers and Life Out-Doors—Home-sickness Attacks Susceptible Early in Holiday, Scrapbook-Making Proves Effectual Cure.

"Punting on the Thames" has been added to London's genteel delights for the favored, thanks to the annual W. C. T. U. camp, which is once more a full swing down at Springbank, across the river from the pump house.

Two smiling-faced little girls were waiting to ferry across the visitors from the press who made their appearance on the car-side bank on Tuesday afternoon. Nobody would go to the punt landing unless with the intention of crossing over. At least, that is the common view placed on conduct by the young punters in their best bibs and tuckers, the plump, jolly one in the light blue frock, the darker, more slender one, director of operations, in the very grand deeper blue dress, with a design in rose and other shades applied on it.

If you don't know how, it isn't exactly a trick to manage the punting across, thanks to an arrangement of ropes and the heavy wire cable. The newspaper folk sat tight on the middle seat and let the experienced director of operations, while they recalled raft days when one was more apt to be on the under side than the top. Was the river deep at the punting place, and did the punt over tip? After two days the ferry maids were able to assure that the punt always stays right side up, and nobody even gets toes wet, unless, to be sure, the boat runs on a rock and wont go close enough to shore.

Flowers For Picking.
It was just the second day at camp for the ten little girls who are to enjoy the first two weeks. A flower-faced little maiden ripped into view, her hands filled with lacy elderberry bloom and the ashes of roses pink of milkweed blossoms. Her face was wreathed with smiles, because she loved every inch of the place, the elder flowers that made the backyard a place of intense and beauty, the big marquee where there are flowers on the table at meal times, when everything tastes so good; the nice big dormitory, where it's just like sleeping outdoors; the stately trees that spread their friendly limbs out in benediction over the camp; the soft green of the "front lawn," that goes down in fascinating little hills into one place of sand and pebbles, further along takes the grass and flowers right to the water to be washed.

And the elderberry flowers and milkweed weren't by any means all the varieties of flowers to be had for the plucking. There was vivid blue gentian with just a hint of scarlet, butter and eggs in tones of yellow, and someone had even brought in a wonderful array of tiger lilies. Such a friendly young camper pressed on a visitor a bunch of "ox-eye daisies," called by the more aesthetic name, "marguerites."

With the water way between, the camp owns also the beautiful cultivated stretch surrounding the pump house, the velvet green sward, the roses in riotous bloom, the water works hill that climbs and climbs, and the summer house that, from the W. C. T. U. camp, seemed on Tuesday afternoon to be coquetting with the saucy white clouds that sailed about in the blue sky. The camp has the view, anyway.

Making scrap books was a diversion in progress at camp, with piles of picture magazines, scissors and paste, and Miss Barker, one of the camp good fairies, right at hand to render first aid. The book-making in itself was a first-aid expedient. Tear-stained faces suggested the reason. Didn't the children like the camp?

Packs Her Tidy.
To be sure they did, all excepting just a little while on the second or third day. Tuesday was second day of the first camp of the season. Every last little girl was so busy Monday arriving, finding out the wonders of

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CLUB NEWS

What Women Are Accomplishing in London.

CRECHE BOARD MEETS.

Much gratification was expressed by members of the Day Nursery board at the regular meeting held Tuesday afternoon over the announcement that a check had been received for \$1,000 from the United Welfare fund, a first contribution toward the year's expenses in carrying on the work.

The attendance is keeping high in summer weather, the daily average for the month of June being 24. Mrs. A. T. Edwards presided, and mention was made of the fact that a number of jars are still waiting to be filled with jam and soap and laundry supplies are always welcome. Grateful acknowledgment is made of the following donations: Jam, from Mrs. Fox, Regent street; thirteen dozen eggs, Mrs. W. J. Howlett, Lambeth; cake and sandwiches, Dundas Centre Methodist Church; 15 pounds of sugar, Ladies' Aid Society; Kindergarten; a loaf of sand, McClary's Welfare Society; \$2 towards the sand pile, sandwiches and cake, Trinity Chapter, O. E. S.; two cot comforters, wash cloths and bibs, Delaware Women's Institute; sewing and \$1, Miss Buttrey's class, Tabernacle Baptist Sunday School; sandwiches and cake, Colborne Street Methodist Sunday School; ten quarts of milk, Harry McFarlen; treat of five pints of ice cream, Mrs. Ronald Harris; cake, St. Paul's Sunday School boys' class.

FUND GROWS STEADILY.
Slowly but steadily the War Memorial Children's Hospital fund is growing. The latest contributions received by the treasurer, Mrs. C. I. Campbell, are as follows:

Albion Beaker Chapter, I. O. D. E., city, for material	\$ 10.00
Seventh Regiment Chapter, I. O. D. E., city, for material	10.00
Huron County Council, Goderich	500.00
Rev. Wm. Beattie, London	25.00
The Junior Girls' Institute, London	25.00
Rev. J. L. Strong, London	1.00

NAMES TRUSTEE BOARD.

Meeting Tuesday afternoon for the last time until late in August, the London W. C. T. U. elected the board of trustees, filling a number of offices still vacant after the second session of the annual meeting, which took place a week ago. Mrs. J. Goodman, assisted by Mrs. J. Sussex, is to have the position demanding exceptional executive ability, that of Western Fair work superintendent. Miss I. J. Phinn was made associate recording secretary, and Mrs. E. Boucher, fee superintendent. Appointment will be made to the office of associate corresponding secretary when the superintendents are named at the August meeting. The following constitute the board of trustees: Mesdames May R. Thornley, Hubert Ashplant, Way, J. Sussex, Amy Patterson, V. K. Greer, J. Webster, A. J. Chapman, E. W. Gairns and Houston. Plans were completed for the picnic to be held July 12, and Mrs. J. Sussex and Mrs. R. E. Gregory named conveners of the refreshment committee. Mrs. Gregory was in the chair.

Cynthia Grey's Mail-Box

WANTS TO BE A NURSE.
Have been a constant reader of the Mail-Box, this is the first time I have ever written. I think there are some very good hints in it. I do feel sorry for those who are having such hard times. I went through an operation this spring for appendicitis.

1. Can a person who has not passed their entrance be a nurse?
2. How old do you have to be?
3. Will I try and send a note next time. What do you think of my writing?
MAPLE LEAF.

1. You should have at least two or three years high school education before you are admitted to the larger hospitals. 2. You have to be 21 or over. Your writing is not very good yet, but I think if you were a little careful and practice often, you would make a good writer.

SENDS THANKS.

Dear Miss Grey,—Will you please forward this letter to "Thornless Rose" and I wish, through your mail-box, to convey my heartfelt thanks to the kind lady in Strathmore who sent me such a lovely express parcel and for the help it was to me. She is a very kind lady, and I also wish to thank you, Miss Grey, for printing my letter of appeal, and also thanks to the kind Boxites who sent me parcels and for offering help. Will you please send me Little Miss Melody's address, as a friend will take some yokes to help the fund? I enclose a small note, and I hope to send more next time. **PHYLLIS.**

I am pleased to hear you received so much help. Phyllis, you have been very fortunate indeed. Thank you for helping me in return by sending a hospital note. I can't mail you Little Miss Melody's address, as it was one of the addresses that has been mislaid.

TO CHASE MOSQUITOES.
Dear Miss Grey,—Am coming with some help this time. I saw where M. J. A. wished to know some remedy for mosquito bites. One way of keeping them away is by using a mosquito net. I am sending you a recipe for graham germ. Three-quarters cup sugar, 4 table-spoons, melted butter, 1 egg, 1 cup sweet milk, 1 teaspoon soda, 2 table-spoons baking powder, 1/2 cups of graham flour, 1 cup wheat flour. Bake in gem tins.

Please accept mine. Do I address my letters correctly?
B. L. Y.

Address your letters "Miss Cynthia Grey, London Advertiser, London, Ont." Thank you for the hint to keep away mosquitoes, also for the splendid recipe, and thanks, too, for the hospital note.

'TIME FOR CHERRIES,' SAYS COOKS' CLOCK

At Best This Week—Raspberries Come Tumbling After.

It's cherry week in London and vicinity. Instead of amulating the more leisurely and perchance more elegant of the sort, housewives and home-makers are busy with thoughts these days that find expression in delicious cherry preserves and other fruit delights of which cherries form the basis.

Montmorencies, favorites with housekeepers for canning and preserving, have made their appearance, and it is stated, will be "going strong" for several days. The red cherries, which have been giving much pleasure for pudding and pies, are still well to the fore, and black and English cherries make a strong appeal to those who like best the "meaty" fruit.

If the weather is normal this week and the beginning of next will be best for cherries, according to the oracles, with raspberries following up in quantity immediately afterwards, when they will be in season. On Thursday, July 13, and Saturday, July 15, Plump ripe black currants appeared on Tuesday, one farmer selling a most desirable variety at 25 cents a quart. (And black currants back in wonderfully.) Others were asking 30 cents for currants that did not look in any way superior.

DO YOU KNOW HOW MUCH YOUR WAIST MEASURES?

Loch Lamond Chapter Puts Question to Friends for Special Reason.

This neat little apron is sent to you. And this is what we want you to do—The little pocket, you plainly see, is for a special purpose to be: Now measure your waistline, inch by inch. And see that the measure does not pinch. And for each small inch you measure round.

In the pocket put a penny sound. The game is fair, you will admit. You "waist" the money, we pocket it. And all the money that we can get. Will go to pay for the hospital debt.

If you get a tiny apron with the foregoing verse attached, you will know exactly what to do with it. By the same token, you will know you have a friend in the Loch Lamond Chapter, I. O. D. E., which has taken this novel method of helping to raise an objective for the War Memorial Children's Hospital, an endowment in honor of the Scotch soldiers, from their old land in Canada, who gave their lives in the great war.

The verses were given out at the final meeting until September of the chapter, which was held Monday afternoon, this week, in the home of Mrs. Thomas McDonald, 480 Colborne street. The members are making the little aprons themselves, and are very busy counting up their friends at present with a view to "counting them in" on the "waistline" method of raising money.

In order to add further zest to the experiment, it was decided to make it a contest, dividing the chapter into two teams. Mrs. B. J. Dunlop and Mrs. R. W. Waucho were named captains, and the losing team will be obliged to pay a penalty to the winners.

At the tea hour, the hostess was assisted in serving dainty refreshments by Mrs. McDonald and Mrs. Malcolm Kerr.

SARNIA LADIES LOSE TO LOCALS

Sarnia women golfers were five matches down in their tilt yesterday at the London Hunt and Country Club course with local golfers. Following the matches the Sarnia ladies motored on to Galt, where they will play Wednesday.

The results:

Sarnia.	London.
Mrs. Lesuer . . . 0	Mrs. Spry . . . 1
Mrs. Watson . . . 0	Mrs. Graydon . . . 1
Miss Hayes . . . 1	Mrs. Williams . . . 0
Mrs. Hayes . . . 0	Mrs. Harris . . . 1
Mrs. Bessford . . . 0	Mrs. Webster . . . 1
McWhinnie . . . 0	Mrs. Wishart . . . 1
Miss Murphy . . . 0	Mrs. McLean . . . 1
Total . . . 1	Total . . . 6

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FOR ALL KIDNEY DISEASES
RHEUMATISM, GRAVEL, BRONCHITIS, DIABETES, BACKACHE, NEURALGIA, MIGRAINE, HEADACHE, INDIGESTION, BILIOUSNESS, AND ALL AFFECTIONS OF THE URINARY SYSTEM.

Personals

Mr. and Mrs. W. E. Manning have been holidaying in Goderich.

Dr. and Mrs. E. T. White and family are spending the summer at Bayfield.

Miss Edna Chancy and Miss Madie Brandon of Guelph are visiting friends in London.

Mr. and Mrs. R. H. Dignan, Mrs. Darcy and Miss M. Darcy were weekend visitors in Sarnia.

Miss Katherine West of Winnipeg is spending the summer in town, the guest of Mrs. G. Rowat.

Miss Helen Kendig of Chicago will spend the month of July with Mrs. J. Warner Hunt, Dorchester.

Miss Louise Wardrobe is holidaying in Port Arthur, the guest of her sister, Mrs. Little, wife of Col. J. A. Little.

Misses Marie and Frances Sullivan, Hellmuth avenue, spent the holiday week-end in Niagara Falls and Buffalo.

Mr. W. G. Scott of Port Colborne spent the week-end with Mr. and Mrs. J. F. Hickey, St. George Apartments.

Miss Isabel Macbeth has returned home after a month's delightful visit in the home of Col. and Mrs. Compin, Toronto.

Mr. and Mrs. Ralph McPhillips spent the week-end in Sarnia the guest of Mrs. McPhillips' parents, Mr. and Mrs. Charles McFee.

Mrs. J. W. Reynolds and son Stewart of Winnipeg left Monday for London, to join Mr. Reynolds, where they will make their future home.

Mrs. Mara and son and daughter, Mr. Harry Mara and Miss Minnie Mara, spent the week-end in Goderich, staying at Hotel Sunset.

Mr. and Mrs. Ross Pickering and daughter Ruth and Mr. H. Daint were weekend visitors in Sarnia with Mr. and Mrs. J. W. Peacock.

Miss Etta Lince and Miss Evadne Yorks have left for New York, where they will take a summer course at the School of Science and Applied Arts.

Messrs. Hubert Dicknoether and George Sherrers left Saturday for a two-weeks' vacation to Winnipeg, stopping over at Toronto, Sudbury and North Bay.

Mr. and Mrs. Martin Donohue and children, Miss Marie Warburton and Mr. Jack Donohue spent the holiday week-end at Hotel Sunset, Goderich, motoring back to the city on Monday.

Lieut.-Col. Kenneth Murray of this city, who was in command of the Canadian Postal Service overseas during the war, was obliged to undergo an operation for appendicitis on Tuesday.

Miss Catharine Cleghorn has arrived in town from Toronto, where she has been attending school, and is spending the holidays with Lieut.-Col. W. M. Gartshore and Mrs. Gartshore, "Beechwood."

Mr. and Mrs. Bert Summers, King street, and Mr. and Mrs. L. Summers, McKenzie avenue, South, London, have returned to the city after a delightful week-end motor trip to Niagara Falls and Buffalo.

Mr. and Mrs. Arthur Penny and family have returned to Barrie, after visiting the former's parents, Mr. and Mrs. J. B. Penny, Colborne street. Mr. Gus Penny accompanied them, and spent the week-end in Barrie.

Mr. and Mrs. Will Southam of Montreal, who have a summer cottage at Port Dover, motored up Tuesday for a pleasant visit with their son, Dr. P. A. Scolliek, and Mrs. Scolliek, at the State Hospital, Oswatimie, Kansas. They also spent a few days with relatives in Chicago.

Miss LaBeryle Smart and Mr. William Hillar, both in the city, guests in the home of Mr. and Mrs. R. W. Wilkinson, Chelsea Green, Mr. Haylar is at present the guest of Miss Smart's parents at their summer home, Kewatin Beach.

Mrs. A. P. Reed (formerly Kathleen Wilkinson), a recent bride, was showered with beautiful linen a few days ago by the Young People's Society and Women's Guild of Chelsea Green Presbyterian Church on the occasion of a party given in her honor by her mother, Mrs. E. Wilkinson. The evening was spent in music and games, the hostess serving tempting refreshments.

Mrs. M. D. Hambly and son, Master Ross, of Dryden, Ontario, have arrived in the city to visit in the home of Mr. and Mrs. J. W. Wardrobe, 87 Elmwood avenue. Miss Dorothy Wardrobe, who has been in Dryden during the past year, accompanied them home, and goes on to Guelph on Wednesday to take the summer short course in agriculture in the O. A. C.

A happy affair of last week was the surprise party given in honor of Mr. and Mrs. William O'Brien, Glanworth, whose marriage took place recently. During the evening a handsome berry bowl and a dozen dishes were presented to the guests of honor. The presentation was made by Miss E. Lewis and Mr. C. Doyle gave a short address. Dancing was enjoyed and a dainty buffet supper was served.

An ideal setting for the garden party held by the Victoria Nurses' Alumnae Association on Tuesday

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WHITE PALETTE SILK, fine quality, firm and lustrous, width 35 inches. A yard \$1.75

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CREAM FLANNEL, all wool, extra quality, smooth finish, ideal for summer suit or skirt; 58 inches wide. Price, a yard, \$4.50

CREAM HOMESPUN, the wanted goods for sport suits and skirts, 54 inches wide. Price, a yard \$3.00

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RIBBON-STRIPED FLANNEL for pleated skirts, cream ground with two-inch rainbow striped effects, width 29 inches. Price, a yard \$1.65

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The most gracious of hosts and hostesses, extending cordial welcomes to the many who attended, and assisting the association in every possible way in making the event a success. The proceeds are to go to the National Nurses' War Memorial, to be erected at Ottawa in honor of the Canadian nurses who laid down their lives in the great war.