

NOTED MUSICIAN OF MONTREAL

Advices The Use Of "FRUIT-A-TIVES",
The Famous Fruit Medicine.



MR. ROSENBERG
589 Casgrain St., Montreal.
April 20th, 1915.

"In my opinion, no other medicine in the world is so curative for Constipation and Indigestion as 'Fruit-a-tives'. I was suffering from these complaints for five years, and my sedentary occupation, music, brought about a kind of Intestinal Paralysis—with nasty Headaches, belching gas, drowsiness after eating, and Pain in the Back. I tried pills and medicines of physicians, but nothing helped me. Then I was induced to try 'Fruit-a-tives', and now, for six months I have been entirely well.

I advise any one who suffers from that horrible trouble—Chronic Constipation with the resultant indigestion, to try 'Fruit-a-tives', and you will be agreeably surprised at the great benefit you will receive." A. ROSENBERG.
50c. a box, 6 for \$2.50, trial size, 25c. All dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Braddon-Haines!

A pretty wedding took place on Wednesday evening, Nov. 8, at the home of Mr. and Mrs. O. H. Brewer of Plaster Rock, when their daughter Ella Greta Haines became the wife of Lee Braddon of the same place.

The bride was prettily gowned in white mull with shadow lace trimmings and wore an embroidered bridal veil. The ceremony was solemnized by Rev. P. J. Quigg of Peel, in the presence of about 150 guests. The bride was the recipient of many beautiful and useful presents.

After congratulations supper was served and a very pleasant evening was spent.

The young couple will reside at Plaster Rock. Many friends join in wishing them a happy and prosperous journey through life.

ENGLISH AND FRENCH ARE ONE IN CANADA

Official Eye-witness Hopeful Over Outcome of Present War in Cementing Union of Ancient Foes

Sir Max Aitkin, writing as official eye-witness with the Canadian Forces, argues from history that Britain and France, English and French Canada are forever united. He closes with eloquent reference to Crecy and Joan of Arc. Sir Max says, in part: Empire is not inconsistent with liberty; none the less the reconciliation of French Canada to the Empire was one of peculiar difficulty because of the secular antagonism between Great Britain and France. In Europe we have fought feudal France and monarchial France and the republican France and imperial France. Times out of number our ancestors, whose blood still flows red in our veins and whose thoughts dominate our thoughts struggled fiercely against each other at Crecy, Blenheim, Minden, Busaco and Waterloo; and, far beyond the European empire the conflict extended, from the plains of the Ganges to the mouth of the Mississippi.

But we always fought each other as plain men and brave men should. Even Napoleon, who is sometimes credited with the invention of many modern Prussian doctrines, was a strict observer of the rules of war. With the Anglo-French Alliance vanished the last great obstacle to a thorough union of the two races of the Dominion.

Ancient Wars Unite Us

We come back to the poet for the reason why the two great Western races of Europe are reconciled. Kipling seizes at once on the battles of long ago as the very reason for our mutual liking. "When did you refrain from us or we refrain from you? Ask the wave that has not watched war between us two. Others held us for a while, but with weaker charms, these we quitted at the call for each other's arms."

The very differences of the races both in the new world and the old afford ground for an eternal attraction, and it would be difficult to say whether the French admire more that which was done at Ypres by the Guards Brigade and again by the Canadians than the British Empire respects the heroic defence of Verdun. We have known each other's faults so long that we are ready to accept each other's virtues. The French mind is logical and passionate; the English restrains its natural ardor under a show of indeterminism. We have admired French literature as much as France has admired our political system.

On Historic Ground

"Eager towards the known delight equally we strove; each other's mystery, terror, need and love," but the poet is not prepared to acquit the two nations of those crimes which they have shared together when we burned Joan of Arc. "Pardoning all necessity no pardoning will efface that undying shame we shared in Rouen's market place." The links of history are, indeed, more intimate between the two races than between any other; but how many people realized it when the British army advanced, to overthrow the Germans on the Marne, from the wood with the significant name of Crecy, or when the recruit goes down from his base camp at Rouen and looks at the statue of Joan of Arc in the square.

INVENTED LEE-ENFIELD

Canadian Made Greatest Discovery
Which Germans Stole

It is not generally known that the Lee-Enfield rifle was invented by a Canadian, the late James P. Lee, of Galt. In an article in the Reporter of that city, the former editor, Mr. J. P. Jaffray, tells the story of Lee. As a boy he doted on firearms, and as a young man went over the border and started a gun factory in Milwaukee. During the Civil War he made the Lee carbine for the Northern cavalry, and after the war joined the staff of the Remingtons at Ilion, N.Y., where he designed a number of sporting rifles. He evolved the "magazine" system of loading and perfected it during a vacation in Galt and made other improvements still in use. He went over to London and had his weapon adopted by the War Office. Mr. Jaffray says: "In the Remington and Hartford shops, where Mr. Lee constructed his gun, there worked at the time one Mauser and one Krag. Both these men stole the Lee inventions, and other foreign Governments were quick to secure them. But the Lee-Enfield is still the best of the lot, according to all accounts. And it was an old Canadian boy—an old Galt boy—who placed it in the hands of the British soldier." The Lee-Enfield has been remodeled more than once since James P. Lee perfected it. The short rifle of to-day is probably a great deal lighter than the original design, but the working principles of it are substantially the same.

SAVING AUTO TIRES

Most people, ignoring the simplest precautions in driving, more than double the wear on their tires, and so are out repeatedly the cost of a new set, writes a tire maker. Some of the driving faults and the troubles they cause he lists thus:

Jamming brakes hard down or starting suddenly puts unnecessary strains on the tire fabric.

Wheels out of line continually yank on tire fabric.

Pulling hard instead of coasting over crushed stone drags cuts into a tire.

Spinning or skidding burn rubber up and scrape it off.

Oil and grease left on tires will rot them.

Avoidance of these carelessness will save forty per cent. of the normal cost of tires, concludes the tire man.

GOOD HORSE POINTERS

Sudden Changes in Feed—The In-foal Mare

A horse which has been idle during the winter months cannot be expected to suddenly start hard spring work without preparation. Exercise the work horses in the barnyard and gradually change to light and then heavy work. The over-fat, soft horse requires the most attention and loses most weight when put on heavy work. Sudden changes in feed cause stomach and other troubles, often the loss of the horse; feed in proportion to work done. You will find the following rations good: For light work—Equal parts oats and bran, $\frac{1}{2}$ of a pound per hundred pounds live weight, with good clean hay, 1 pound per hundred pounds live weight. For heavy work—Gradually change the above ration to one of oats, 5 parts, and bran, 1 part, fed in the proportion of 1 to $1\frac{1}{2}$ pounds per hundred pounds live weight and hay as above.

Be sure that in-foal mare is not too fat and is getting regular exercise or, better, light work. Overfeeding of brood mares just before and after foaling is the cause of much of the digestive disorders and mortality in foals. Take special precautions against navel ill in foals, by thoroughly disinfecting the foaling box and also about the navel of the foal. After foaling, give the mare a warm drink only for the first few hours. Then start a light daily grain ration, gradually increasing until she is on full feed, in about a week. It is as important to feed for milk in the mare as in the dairy cow; a grain mixture of oats, 6 parts; bran, 3 parts; and oil cake meal, 1 part, will give good results.

10 CENT "CASCARETS" IF BILIOUS OR COSTIVE

For Sick Headache, Sour Stomach,
Sluggish Liver and Bowels—They
work while you sleep.

Furred Tongue, Bad Taste, Indigestion, Sallow Skin and Miserable Headaches come from a torpid liver and clogged bowels, which cause your stomach to become a cesspool of undigested food, which sours and ferments like garbage in a still barrel. That's the first step to untold misery—indigestion, foul gases, bad breath, yellow skin, mental fears, everything that is horrible and nauseating. A Cascaret to-night will give your constipated bowels a thorough cleansing and straighten you out by morning. They work while you sleep—a 10-cent box from your druggist will keep you feeling good for months.

Measuring the Wind

At all British ports are wind measuring instruments, or anemometers (anemos—wind), the reading of which is of great importance to the sailing vessels. The anemometer measures wind speed; it is like a weather vane, with cups instead of letters at the ends of its arms. The cups, catching the wind, whirl round, and thus turn the central shaft. This passes down into a box in which are several dials. The indicators of these dials are connected with the shaft, and move according to its revolutions. Thus the number of revolutions of the cup in a certain time gives the exact speed in miles per hour.

GinPills FOR THE KIDNEYS PAIN IN SMALL OF BACK

From time to time we learn of cases where the free sample of Gin Pills is sufficient to relieve the distressing pains in the back. Here is such a case coming from the British West Indies.
Britten Hill St. Michael's, B.W.I.
May 24th, 1915.
"I received your sample of Gin Pills and would say that I was suffering from a very intense pain in the small of my back for some days. After I had taken the sample, the pain was gone."
All druggists sell Gin Pills at 50c. a box, or 6 boxes for \$2.50. Sample free if you write to
NATIONAL DRUG & CHEMICAL CO. OF CANADA, LIMITED
TORONTO, ONT.

Insomnia



WE can live without food, but not without sleep. Many will recall Dr. Tanner's 40 days without food, but who could live a single week without sleep and retain their reason.

It is during sleep that the nervous system is restored, and the nerve force, consumed by the activities of the day, is replaced.

Sleeplessness is one of the first and one of the most torturing symptoms of nervous exhaustion.

With sleeplessness you find nervous headache, tired, wornout feelings, indigestion, lack of energy and strength. You are nervous and irritable, and cannot compose yourself to rest or sleep.

The nerve force in the body is at low ebb, and the feeble, wasted nerve cells must be nourished back to health and strength by such treatment as Dr. Chase's Nerve Food.

You must not confuse this food cure with drugs taken to produce sleep, for it works in an entirely different way. It is not a quick relief, but a restorative, upbuilding treatment. As the nerves are revitalized sleep comes naturally with its soothing influence and hastens recovery.

Sleeplessness

Mrs. Edson Brock, Trenholmlville, Que., writes:—"I want to state that I have never taken anything to do me so much good as Dr. Chase's Nerve Food, and I am never without it in the house. I was so nervous I could not sleep, but now I sleep soundly at nights and wake up feeling refreshed and ready for the day's work. I used the Nerve Food for months, and found that it just suits my needs, and has built up the system wonderfully. I know it is Dr. Chase's Nerve Food that has brought about the great change in my condition, and I am thankful for it."

Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.50; all dealers, or Edmanson, Bates & Co., Limited, Toronto.

Do not be talked into accepting a substitute. Imitations disappoint.

DR. A. W. CHASE'S NERVE FOOD



"MORE BREAD
AND
BETTER BREAD"

PURITY FLOUR



LUSCIOUS the pie that Elizabeth made.
Crisp was the crust and of delicate shade,
Never a flake of it soggy or sour.
Art, a good oven and Purity Flour.



2 and 5-lb. Cartons
10 and 20-lb. Bags

Don't buy sugar by the "quarter's worth" or "dollar's worth" when you can buy

Lantic Sugar

in these full weight original packages, containing the "fine" granulation every housewife likes.

"The All-Purpose Sugar"

Be Safe!

Don't take too many chances with spavin, splint, curb, ringbone, boggy heels, swelling and sore shins. Use the old, reliable



Will you please mail to my address a copy of your Treatise on the Horse. I have been using your valuable remedies for some time, and found them safe and reliable.

JOSEPH L. BATZINGER,
\$1 a bottle—6 for \$5, at druggists or write for copy of our book "Treatise on the Horse" free.
Dr. B. J. KENDALL COMPANY
Enosburg Falls, Vermont, U.S.A.

To Investors

THOSE WHO, FROM TIME TO TIME, HAVE FUNDS REQUIRING INVESTMENT, MAY PURCHASE AT PAR

DOMINION OF CANADA DEBENTURE STOCK

IN SUMS OF \$500 OR ANY MULTIPLE THEREOF.

Principal repayable 1st October, 1919.

Interest payable half-yearly, 1st April and 1st October by cheque (free of exchange at any chartered Bank in Canada) at the rate of five per cent per annum from the date of purchase.

Holders of this stock will have the privilege of surrendering at par and accrued interest, as the equivalent of cash, in payment of any allotment made under any future war loan issue in Canada other than an issue of Treasury Bills or other like short date security.

Proceeds of this stock are for war purposes only. A commission of one-quarter of one per cent will be allowed to recognized bond and stock brokers on allotments made in respect of applications for this stock which bear their stamp.

For application forms apply to the Deputy Minister of Finance, Ottawa.
DEPARTMENT OF FINANCE, OTTAWA,
OCTOBER 7th, 1915.