

A Tonic for the Nerves

THE ONLY REAL NERVE TONIC IS A GOOD SUPPLY OF RICH, RED BLOOD.

"If people would only attend to their blood, instead of worrying themselves ill," said an eminent nerve specialist, "we doctors would not see our consulting rooms crowded with nervous wrecks. More people suffer from worry than anything else."

The sort of thing which the specialist spoke of is the nervous run-down condition caused by overwork and the many anxieties of to-day. Sufferers find themselves tired, morose, low-spirited and unable to keep their minds on anything. Any sudden noise hurts like a blow. They are full of groundless fears, and do not sleep well at night. Headaches, neuritis and other nerve pains are part of the misery, and it all comes from starved nerves.

Doctoring the nerves with poisonous sedatives is a terrible mistake. The only real nerve tonic is a good supply of rich, red blood. Therefore to cure nervousness and run-down health Dr. Williams' Pink Pills should be taken. These pills actually make new, rich blood, which strengthens the nerves, improves the appetite, gives new strength and spirits, and makes hitherto despondent people bright and cheerful. If you are at all "out of sorts" you should begin curing

yourself to-day by taking Dr. Williams' Pink Pills.

You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Clever Musical Show Coming--"My Soldier Girl"

The most talked of musical show of the entire season is the brilliant musical spectacle, "My Soldier Girl", coming to the Opera House, Tuesday night, Nov. 18th.

The gorgeous costumes are fashion plates of the latest design, the novel numbers are staged under the careful direction of one of our best ballet masters, and the feature novelties are many.—"Flirtation Walk", an illuminated run-board extending from the stage nearly half way to the rear wall of the theater and the many numbers introduced on the "walk" of fernew and amusing entertainment, while an aerial flight, moon dance at the lawn fete, a grand illumination of New York City, and bewitching 'pony' ballet in the Follies, are a few of the feature novelties. An elaborate production with gorgeous costumes form a back-ground for a brilliant cast and big "pony" ballet, who present the big spectacle in all its merry-making. There are some twenty musical hits, including "My Soldier Girl", "Jasper's Ragtime Band", "That Dixie Wedding Tune", "Wrap Me In a Bundle of Love" and "Won't You Be My Beau", which are the popular favorites.

W. C. T. U. Notes

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto—For God and home and Native Land.

Badge—A knot of White Ribbon.

Watchword—Agitate, educate, organize.

Let us not therefore judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way. RM. 14:81.

Business meeting of the W. C. T. U. the last Monday of every month.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. B. O. Davidson.

1st Vice President—Mrs. G. W. Miller

2nd Vice President—Mrs. J. G. Elderkin

Recording Sec'y—Mrs. Ernest Redden

Cor. Secretary—Mrs. W. O. Taylor

Treasurer—Mrs. H. Pineo.

SUPERINTENDENTS.

Evangelistic—Mrs. George Bishop

Parlor Meetings—Mrs. Young

Labrador Work—Mrs. Fielding

Red Cross and Lumbermen—Mrs. J. Vaughn

Press and Willard Hall—Mrs. M. P. Freeman.

White Ribbon Bulletin—Mrs. Hutchinson.

Temperance in Sabbath-schools—Mr. C. A. Patriquin.

Historical Review

By Mrs. L. Hetherington.
Ancient history tells us that as far back as 700 B. C. Mercenius slew his wife with a club for taking a drink of wine and was acquitted of murder by Romulus, who was the author of the law which permitted a husband to kill his wife for drinking wine. Referring to intemperance, Queen Boadicea, in 61 A.D., addressing her soldiers said: "To us every herb and root are food; every juice our oil, and water is our wine."

In America from the year 1750 until the beginning of the temperance agitation, was a period of sad debauchery. The mother was stupefied heavily with intoxicants while in labor. The babe was given liquor, too, for medicine. Alcohol ruled at weddings and christenings, also at funerals.

About 1840 a temperance society was organized at Baltimore composed mostly of drunkards of long standing. Through the tears and pleadings of his twelve-year-old daughter, Hannah, John Hawkins, a confirmed drunkard, was among the first to join this society. He was a man of extraordinary ability and soon developed into a powerful speaker.

The work grew rapidly and it was his influence which added force and life to the movement. In a two weeks' series of rallies in New York, 2,500 drunkards pledged themselves to give up drink.

At the first anniversary of the founding of this society in Baltimore, April 5th, 1841, six thousand men marched in the street procession.

And so through the influence at the beginning of this little twelve-year-old girl the good work went on.

At this time began the organization of the women all over the City of New York into the Martha Washington Societies, and the movement continued to sweep the country until in 1846 there were not less than five million teetotalers in the country, members of some ten thousand total abstinence societies.

Susan B. Anthony was twenty-seven years old when she began her public career in New York State in 1848 as a temperance lecturer and organizer. A few years later she was refused admission to a temperance convention on account of her sex. In 1852 she helped to organize the New York Women's State Tem-

perance Society. In 1853 Dr. Marsh, in his "Temperance Recollections," speaks of a prodigy, a female from western New York who presented herself on the platform at a temperance convention, expressed much interest in the cause.

In 1870 the Ohio Legislature permitted women to sue saloon-keepers for damages arising from the sale of liquor to inebriate husbands. About this time Mrs. E. D. Stewart (Mother Stewart) began her career as a temperance lecturer and worker.—To be continued.

A cycling dude was riding along when his hat blew off. A passing countryman picked it up and took it to him as he circled round, saving him the trouble of getting off his machine.

"I weally must get some string to keep this bally hat on," muttered the rider, as he wheeled off without a word of thanks.

The countryman's reply was short but expressive: "Get a nail, gov'nor!"

Children Cry FOR FLETCHER'S CASTORIA

Now sold in a new waxed board package — a great improvement over the old lead package

RED ROSE TEA is good tea

Sold only in sealed packages

Rakwana Tea

Is positively the BEST TEA VALUE on the market to-day. Sold in pound and half-pound packages and in bulk.

Prices: 65, 70, and 75c. per lb.

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T. L. HARVEY F. W. BARTEAUX
R. E. HARRIS & SONS PORTFR BROS.

TRY A POUND TO-DAY. YOU WILL LIKE IT.

THE COLD SNAP IS COMING Prepare!

With the largest stock of Reliable Furs in Eastern Canada to select from, we are prepared to help you. A small deposit on your purchase and we will hold it until required.

FURS WILL BE HIGHER

Oct. 1st, Manufacturers declared an advance of 12 1/2 per cent on Hudson Seal, and 50 per cent on Fox.

Coleman & Co.
(C. S. BARSS, Pres.)
113 Granvills St. Halifax
"Hatters and Furriers" since 1840.

Afternoon Tea aboard Ship

Aboard Ship or on Shore leave you will find that MORSE'S SELECTED ORANGE PEKOE is the TEA preferred by NAVY MEN on this station.

CASTORIA
For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of

Chas. H. Fletcher

In Use For Over Thirty Years

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WING COLE TEA

Makes a Friend of Every User.

Tastefully packed in bright foil, and price marked on every package.