

# LIFE THREATENED BY KIDNEY DISEASE

His Health in a Terrible State Until He Took "Fruit-a-Lives"



B. A. KELLY, Esq.

HAGERVILLE, Ont., Aug. 26th, 1913.  
 "About two years ago, I found my health in a very bad state. My kidneys were not doing their work, and I was run down in condition. I felt the need of some good remedy, and having seen 'Fruit-a-Lives' advertised, I decided to try them. Their effect on me was most satisfactory. Their action was mild and the result all that could be expected. My kidneys resumed their normal action after I had taken upwards of a dozen boxes and I regained my old-time vitality. Today, I am as well as ever, the best health I have ever had."  
 B. A. KELLY

## White Ribbon News.

Women's Christian Temperance Union first organized in 1879.  
 Aim—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.  
 Motto—For God and Home and Native Land.  
 Badge—A knot of White Ribbon.  
 Watchword—Agiat, educate, or grieve.

OFFICERS OF WOLFVILLE UNION  
 President—Mrs. L. W. Slope.  
 Vice President—Mrs. J. Kaye.  
 2nd Vice President—Mrs. Fitch.  
 Recording Secy—Mrs. W. Mitchell.  
 Cor. Secretary—Mrs. John Caldwell.  
 Treasurer—Mrs. H. Pines.  
 Auditor—Mrs. T. E. Hutchinson.

**A Home Song.**  
 I turned an ancient poet's book,  
 And lo! upon the page;  
 'Stone walls do not a prison make,  
 Nor iron bars a cage.'  
 Yes, that is true; and something more;  
 You'll find where'er you roam.  
 That marble floors and gilded walls  
 Can never make a home.  
 But every house where Love abides  
 And Friendship is a guest,  
 Is surely home, and home, sweet home,  
 For there the heart can rest.  
 —Henry Van Dyke

## The Drink Habit a Public Menace.

The proprietors of one of the United States railways have dismissed from their service a hundred and twenty-six men for drinking intoxicating liquor in violation of prohibitory orders. Notices were posted weeks ago that persistence in drinking would insure dismissal, and probably not a single one of the discharged employees has anyone to blame except himself. It should be noted that the offence thus punished is 'drinking,' and not becoming 'drunk.' In other words, all engineers, conductors, firemen, brakemen, and flagmen are on this road required to be total abstainers habitually, and not merely when on duty. It is said that many more dismissals are to follow.

The first thought in the mind of many a reader of this intimation will be that the treatment of the men by the company has been harsh. It is not true. For it is stated that some of the men who lost their positions have grown old in the railroad service, and that some of them are among the most skilled employees of the road. But on second thought public opinion will probably be an unqualifiedly favorable to the company. The action of the company is not based on the knowledge of the fact that the habit of drinking grows on anyone who indulges in it. One peculiarity of alcohol is to create a craving for itself on the part of those who use it, and the craving often becomes so intense as to be perfectly uncontrollable. But long before that stage is reached the victim may have all senses of right and being so impaired that he can no longer promptly obey signals on which the property of the company and the lives of his passengers depend. Alarming has a tendency to demoralize the nervous system, and no habitual drinker should ever be placed in any position where he may be required to use danger suddenly and decide instantaneously what to do under the circumstances.

## Blindness to Avoid.

A number of men were once talking about various ailments, and after a while the conversation turned to blindness. They began to speak of those they had seen and finally such was

stated what had been the greatest disorder in his life.  
 We publish them here, as we are sure they will interest you; in addition, they may suggest things which you yourself should avoid:  
 'Reading worthless books.'  
 'Did not stick to my trade.'  
 'Did not stick to anything.'  
 'Careless about my religious duties.'  
 'When I left my church and mother.'  
 'Not saving money when I was young.'  
 'Retained a position with a good firm.'  
 'Fooling away my time when I was in school.'  
 'Thinking that my love could do without me.'  
 'Would not listen to the advice of older people.'—Selected

## Children Cry FOR FLETCHER'S CASTORIA

Work of Women.

The evolution of women's clubs in the United States is an interesting feature of life in American cities. At first these clubs were chiefly of a social and literary character, or dealt primarily with subjects of special interest to women. Of late, however, we find them appointing committees to deal with a great variety of practical affairs. The Christian Science Monitor enumerates some of their recent activities, and points out that they have to do with such practical matters as neighborhood and school centers, playgrounds, the care of parks and park ways; the care of laws, school and college work in general; as well as with educational extension, libraries, art galleries and public entertainments. Their work is thus of an intensely practical nature, and the sphere of their usefulness greatly broadened.

MIRANDA'S LUMBER CO., LIMITED  
 Yarmouth, N. S.  
 GENTLEMAN—In January last, Francis Leclair, one of the men employed by me working on the timber lands, had a fall on his chest which paralyzed him. He was, when I found him, placed on a sled and taken home where he lay for some time. He was, however, being badly treated and his body turned black from his ribs to his feet. We used MIRANDA'S LINIMENT on him to reduce the pain and the use of the bottles he was completely cured and able to return to the work.  
 SAUVREUR DUBVAL,  
 sign Road, L'Isle Co., Que.

'You have quite a number of books, I see,' remarked the visitor, glancing around the room. 'Which do you think is the most helpful to you?' 'Webster's Dictionary without a doubt,' was the prompt response of Mrs. Brown. 'You don't really mean it exclaimed the visitor. 'May I see what particular work?' 'Certainly! The baby sits on it at the table, and saves the price of the high chair.'

## CASTORIA

For Infants and Children.  
 The Kind You Have Always Bought  
 Bears the Signature of *Wm. D. Hooper*

## Our Boys and Girls.

Go to school until you have graduated, if you can. An education is worth having for its own sake. It trains the mind to reason and enriches it with beautiful thoughts, and the possession of facts that are useful to know. It opens the door of good society to the person who has it. It is an accomplishment like music or art. After you enter your teens, try to find out what work in life you would like to do and then direct your studies to fit you for the occupation. An electrical engineer, a doctor, a financier, a chemist, an editor, need different studies.

## TORONTO WOMAN WELL AGAIN

Freed From Bearing Down Pains, Backache and Pain in Side by Lydia E. Pinkham's Compound.

Toronto, Ont.—'Last October, I wrote you for advice as I was completely run down, had bearing down sensation in the lower part of my back, backache, and pain in the side. I also suffered terribly from gas. I took Lydia E. Pinkham's Vegetable Compound and am now entirely free from pain in back and bowels and am stronger in every way. I recommend Lydia E. Pinkham's Compound highly to all expectant mothers.'—Mrs. E. Wainwright, 85 Logan Avenue, Toronto, Ontario.

Consider Well This Advice. No woman suffering from any form of female troubles should lose hope until she has given Lydia E. Pinkham's Vegetable Compound a fair trial. This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for nearly forty years proved to be a most valuable tonic and purgative for the female organism. Women residing in almost every city and town in the United States bear willing testimony to the wonderful merits of Lydia E. Pinkham's Vegetable Compound.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will benefit you, write to Lydia E. Pinkham, Medford, N. H., for advice. Your letter will be answered, and you will receive a woman's aid and help in strict confidence. Write a testimonial for sale every where.

## THE POULTRY HOUSE

Some Points Gathered From a Government Publication

Select a location that has natural drainage away from the building.  
 A dry, porous soil, such as sand or gravelly loam, is preferable to a clay soil.  
 In most localities the building should face the south, as this insures the greatest amount of sunlight during the winter.  
 Allow at least two square feet of floor space per bird.  
 Proper ventilation and sunlight mean a dry house and healthy birds.  
 The partial open-front house is conceded to be the best type for most sections.  
 The colony plan of housing poultry may be adopted to good advantage on many farms. This system does away with the danger of tainted soil.  
 The roosts should be built on the same level, two feet six inches from the floor, with a dropping board about eight inches below them.  
 Good roosts may be made of 2 by 2 inch material with upper edges rounded.  
 The nests may be placed on the side walls or under the dropping boards. It is best to have them darkened, as the hens prefer a secluded place in which to lay.

## TWO PESTS OF CATTLE

How to Prevent and Control Lice and Ringworm  
 These two pests of housed cattle trouble most in dark, damp, dirty, badly ventilated stables. Remedial measures fall off only if the animals are treated. So long as calves and adult cattle remain on pasture they are not bothered with vermin or skin disease; but when they go into winter quarters the trouble starts. The reason is that eggs ("nits") of lice remain in the stable from season to season, and the vegetable parasites of ringworm live on damp walls, partitions, fences and other woodwork as well as on the skin of animals. Both pests, therefore, are acquired in the stable, if animals are to be made comfortable by keeping them free of lice and ringworm the stable should be specially prepared for their reception. Each animal should be allowed four square feet of window glass and five hundred to eight hundred cubic feet of air space in the stable.  
 Good ventilation, too, is absolutely necessary, and by preference should be of the King system. In this method of ventilation the fresh air enters at the ceiling, drives the hot air downward upon the backs of the cattle and is sucked out through wall vents near the ground-level and connecting with pipes discharging through a big chimney in the roof. The cleaning process consists in removing all loose trash, litter and soiling material, scrubbing walls, mangers, partitions, floor and ceiling with a 1-50 solution of caustic disinfectant or grade carbolic acid or solution of four ounces of formaldehyde or sulphate of copper to a gallon of water. Fresh-made lime-wash is then applied with a spraying pump, which forces the wash into every crack, crevice and crevice. An addition of one pound of chloride of lime to three gallons of lime-wash makes it more effective.  
 To rid animals of lice a 1-100 solution of caustic is made and sprayed on and brushed in, when the lice are not too cold, or an even more effective solution may be made by steeping four ounces of arsenic seeds in a gallon of boiling water and using when cold. Frequent applications are necessary, as the broods of lice hatch out from "nits." In cold weather dust the infested part of the skin freely with flowers of sulphur, or Perlan or pyrethrum insect powder. Mercurical ointment (blue ointment) is effective when applied to the poll of the head and along the backbone, but treated animals must be separated to prevent licking of the ointment, which is poisonous. Ringworm is indicated by the appearance of scaly, crusty spots upon the face, around the eyes and on the neck or other parts of young cattle. Treat by scrubbing and scrubbing each spot clean, and then rubbing in iodine ointment every other day until well. "Horn itch" or ringworm may also affect adult cattle, causing itching, scaly spots on the body and especially about the tail-head. Treat by scrubbing clean and washing with a solution of two pounds of sulphate of copper to a gallon of water applied hot.

Ensuring Potato Crop  
 Canadian western farmers are remarkably ingenious in assuring themselves a crop. At least they are reported to be. An Ontario farmer told of an incident that occurred when he was paying a visit to a relative farmer in the Canadian West. He followed the trail for several miles and finally found his relative digging in a field. The man dug about eight inches and rooted out a good hill of potatoes. He dug to another depth and revealed a second hill. At still another depth a third hill of potatoes was forthcoming.  
 Mystified, the farmer from the east questioned the digger concerning the magnificent crop of potatoes, by hills, three deep. "Well," he said, "we plant them three deep this way in order to be safe of one crop at least. You see, in a dry season the upper hill is killed by drought, and in a very dry season the second hill is also lost, but it never gets so dry that the bottom hill is destroyed. On the other hand, when the season is wet the bottom hill rots, in a very wet season the middle hill goes as well, but it never gets so wet that the top hill is destroyed. In the third place, in a favorable season the result is three crops, as you see."—Toronto Globe.

For Churning Day  
 Never fill a churn over one-third to one-half full, so as to give the cream room for agitation.

## Sail by the S.S. 'Digby' to England

The passenger service between Nova Scotia and England during the summer months is maintained by the new *Parsons* liner, the S.S. "Digby," which sails every month from Halifax for Liverpool via St. John's, Nfld.  
 The "Digby" is one of the finest in the Canadian service and the passage has every comfort and luxury of hotel life.  
 \$70.00 London to Liverpool  
 \$45.00 Liverpool to Liverpool  
 Performed sailing from Halifax June 15, July 17, August 17.  
 Make your reservations early.

## The Fragrant Orchid

—breathes again in this delightful Orchid line of Perfumes, Toilet Water, Talcum and Cream. Think of it! The delicacy of the faintest and rarest of flowers, skillfully extracted and retained for you in the purest of all Toilet Accessories.

GO TO BOSTON WANTED.  
 YARMOUTH LINE  
 4 Trips Per Week Service.  
 Sailing from Yarmouth TUESDAY, WEDNESDAY, FRIDAY and SUNDAY. Round-trip tickets to Liverpool and London in proportion. Leave Yarmouth 8:00 p.m. on arrival of train from Halifax and stop station.  
 For further information, contact the Yarmouth Line, 100 Water Street, Yarmouth, N. S.

Furness Withy & Co., HALIFAX.

# RED ROSE TEA "is good tea"

Let's make a Jelly Roll—With FIVE ROSES flour. Its Strength and Fineness hold your batter together in the long well-greased pan.  
 Bakes evenly. Smooth Texture—soft, golden Crumb, spongy, porous, yielding.  
 No holes, nor lumps to eat you.  
 And when you turn it out on the damp pan, it is best to have them darkened, as the hens prefer a secluded place in which to lay.  
 It doesn't get soggy nor crumble. Roll it gently, carefully.  
 Perfect Biscuits—Perfect Rolls—Years.  
 Bakes anything, makes anything.  
 Use FIVE ROSES—bread and pastry. Making soft pastries—flaky pie crust—crispy fritters—both come well.  
 FIVE ROSES for anything—everything.  
 Be Flourish.

## Five Roses Flour

Not Bleached Not Blended

FOR SALE BY WM. C. BLEAKNEY

## How to Paint For Less Money

PAINTED WITH MARTIN-SENIOR 100% PURE PAINT  
 ORDINARY PAINT REQUIRES 3 GALLONS MORE

A PAINT is not cheap simply because the price is low—if you would economize on paint, you must look beyond the purchase price per gallon.  
 The cheapest paint for you to use is the paint that takes the least amount for the job. It may cost a little more per gallon, but because it thoroughly covers more surface, wears better and stays bright longer, it is the most economical in the long run.  
**Martin-Senior 100% Pure Paint—**  
 "The Paint for wear and weather," is absolutely the cheapest paint to use, because it goes farthest, and endures longest.  
 "100% Pure" Paint has a covering capacity of 900 sq. ft. of surface one coat, per gallon, as against a covering capacity of hand-mixed-by-guess lead and oil paint of only 500 to 550 sq. ft. of surface, per gallon, or the lower priced Prepared Paint with a covering capacity of not more than 600 sq. ft. of surface per gallon.  
 Give us the dimensions of your house—let us tell you how few gallons of "100% Pure" Paint it will take to cover it thoroughly—then, you will realize that it pays to see the book.  
 Investigate.

F. O. GODFREY

## Corson's

Perfumes & Toilet Requisites

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 4 Trips Per Week Service.  
 Sailing from Yarmouth TUESDAY, WEDNESDAY, FRIDAY and SUNDAY. Round-trip tickets to Liverpool and London in proportion. Leave Yarmouth 8:00 p.m. on arrival of train from Halifax and stop station.  
 For further information, contact the Yarmouth Line, 100 Water Street, Yarmouth, N. S.

W. A. KAIN  
 116 Central St., St. John, N. B.



If You Ride Horseback, or drive in a carriage, see before you make a start that the Trappings or HARNESS are in good order. Repairs executed promptly. All work will prove highly satisfactory. We carry a full line of Harness Dressing, Axle Greases, Whips, etc. Also Buckles, Straps, Rivets, Punches, You'll not find our prices too high.  
**Wm. Regan,**  
 HARNESS MAKER.  
**Coal Salesman Wanted**  
 For every town and district where we are not represented. You are bringing high prices, and Xmas Stock is in demand. Make big money this Fall and Winter by taking an agency. Experience not necessary, free equipment, exclusive territory, highest commission paid. Write for full particulars.  
**Etne & Wellington**  
 Toronto, Ontario.  
**CORSETS.**  
 The Spinella Co., of Canada have appointed Mrs. G. A. Johnson, Superior Street, as their representative for Wolfville and vicinity, who will be pleased to call upon those wishing Corsets, Waists, and etc.

## Spring Clothes.

Our new Spring Suitings and Overcoatings have arrived and we certainly have a dandy range.  
 We invite our patrons to call and inspect them and get prices.  
 The balmy days of spring are not far off and our establishment is going to be busy.  
 Order in—led early will get best attention.

**J. G. VANBUSKIRK**  
 "THE CLOTHIER"

## FRAME STOCK

SAWED TO ORDER.  
 Also Lathes, Shingles, Sheathing and Flooring.  
 WRITE FOR PRICES.  
**J. H. HICKS & SONS**  
 BRIDGETOWN, N. S.

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 Without any obligation on my part send to the address below your Spring and Summer Catalogue.

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HALIFAX  
 Receivers and Sellers of all kinds of Farm Produce.  
 Consignments Solicited.  
 Prompt Returns.

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 Old Sydney, Springhill, Annapolis, Nova Scotia, and Kings.  
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