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Japan Tea Advocates

"SALADA"

Ceylon Green tea by its absolute purity and delicious flavor is captivating the tastes of Japan tea drinkers. It will displace Japan tea just as "SALADA" black is displacing all other black teas.

DRS. KENNEDY & KERGAN

No other Medical Firm in the world has the established reputation for curing Men and Women that Dr. K. & K. enjoy. Their New Method Treatment, discovered and perfected by these Renowned Specialists, has brought joy, happiness and comfort to thousands of homes. With 20 years experience in the treatment of these diseases they can guarantee a Cure or No Pay—Entirely.

MEN'S LIFE BLOOD

You may have a secret drain through the urine—that's the reason you feel tired out in the morning. You are not rested, your kidneys ache, you feel dependent and have no ambition. Don't let your Life Blood be drained away. Drs. K. & K. guarantee to Cure or No Pay.

BLOOD POISON

Syphilis is the scourge of mankind. It may not be a crime to have it, for it may be inherited, but it is a crime to allow it to remain in the system. Like father-like son. Beware of Mercury and Potash treatment. Drs. K. & K. positively cure the worst cases or No Pay.

VARICOCELE & STRICTURE

The New Method Treatment cures these diseases safely and surely. No pain—no suffering—no detention from business. Don't risk operations and ruin your sexual organs. The stricture tissue is absorbed and can never return. Drs. K. & K. guarantee to Cure.

Kidneys & Bladder

Don't neglect your kidneys. Your aching back tells the tale. Don't let Doctors experiment on you. Drs. K. & K. can cure you if you are not beyond human aid. They guarantee to Cure or No Pay.

CURES GUARANTEED. NO CURE NO PAY. Consultation Free. Books sent Free, (sealed) Write for Question Blank for Home Treatment. Everything Confidential.

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All Shapes and Styles.

"King Quality" ladies' shoes are made in enough shapes to fit all kinds of ladies' feet, and have an elegant appearance. Greater variety, better selection, more style, more comfort, better wear than any other Canadian ladies' shoe.

Gold medalist at Paris Exposition.

See that they are branded—

"KING QUALITY."

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Stevens' Breakfast Food and Family Cornmeal, freshly ground, always on hand. Farmers' Feed ground on quick notice by a three reduction roller process, much ahead of the old system of chopping.

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BOER LAND AND PEOPLE.

John Northwood's Ideas of the Country's Possibilities.

Much of the Territory is Adapted to Farming—Pretoria Reminded him of a Progressive American City.

John Northwood, son of Alex. Northwood and formerly of this city, one of the returned Windsor soldiers, talks in an entertaining way of the land of the Boer. The Boer soldier does not occupy a very high place in young Northwood's estimation, as he thinks the Boer is both cowardly and cruel, but the peaceable residents of newly acquired territory, he says, bid fair to become good colonists of the empire. Some of them are very thrifty and no doubt were very well off before the war commenced. Their homes and farms show that they were familiar with the comforts of life.

"You know," said Northwood, "two soldiers did not have much time to study Boer traits. Our first introduction to them was at Paardeburg, and neither side was very friendly. However, when Pretoria was reached I spent several weeks in and near the city after the British occupation, and I discovered some things which opened my eyes. Boer progressiveness. The capital of the Transvaal is charmingly situated and has been built up according to the latest ideas of architecture. If a person was taken to Pretoria ignorant of his whereabouts, he would naturally decide that he was in a progressive American city, for American push has reached even that far-off place. The streets are well paved, there are a number of fine business blocks, while in the residence part of the place there are many charming homes, one of the most charming being the residence of Paul Kruger. I might describe it as a large cottage surrounded on every side by trees and having in front the two historic lions. The Boer people do not look for Pretoria to ever be a very large city, as there are no industries to speak of in the place. To my mind it will be more like Ottawa, the Canadian capital, simply a lovely spot for the legislators of the country to live in while they are transacting the state's business."

The water supply of Pretoria is good. It is taken from the hills which surround the city, and is forced through pipes for a long distance. About the only thing which needs remedying is the sewer system. At present there are only open sewers, and they are not very sightly or healthy. There are four forts around the city, situated on the highest elevations which could be found. All of them with the exception of the east fort, were intact when Lord Roberts made his entry into the place. The east fort, fired from the top of the hill, shelled it with the large navy guns.

The Boer residents of the city were very well behaved considering that they were practically prisoners. The whole place was under martial law with garrison police, and I can tell you that every thing was strict. We Canadians did not go about and do very much visiting in Pretoria, as we were only allowed to go in on a pass, but we made good use of our opportunities in this respect. Everything was very high priced, especially the little trinkets which were purchased by the soldiers as souvenirs. The restaurants did a thriving business at the rate of 25 per month for board, and none of the best, at that price. However, the prices will go down when things become settled, as I was told living was very reasonable in Pretoria before the war broke out.

"Those yarns about the British soldiers marrying the Boer girls whose names can hardly be credited by those who have been in South Africa. Naturally the Boers are not in love with the British anyway, and it will take some time before Tommy Atkins will be able to start courting and settling down with the daughters of men who have fought and died on account of their hatred to Britain. The young ladies of the Transvaal are very handsome and appear to be well educated."

"I believe there is a great future before the colonies in South Africa, and particularly the Transvaal. When we were going up to Pretoria I visited thousands of acres of fine farming land. This land lies in what is called the dips between the kopjes and is very fertile. Of course it is deserted at present. But I can tell from the condition of the ground that large crops must have been grown there. I inquired at Pretoria, and was told that all kinds of grain and vegetables are grown on these farms, and the products find a ready market in the towns and places where there are only grazing lands. I do not imagine that the Boer is a first-class farmer, but when British and Canadian methods are introduced the agricultural possibilities will form no small part of the resources of the country. And as to the climate, it is simply grand. Of course we soldiers were out in rain and cold and could not be expected to thrive on soldiers' fare, but I am told that entire flocks and other diseases of a like nature are unknown in the country in times of peace. The diseases which followed the British army were caused by bad water, long marches and insufficient covering. One thing peculiar about the climate is that though we experienced rain storms lasting forty-eight hours, none of us ever caught cold. After the rain ceased, the warm winds cleared the atmosphere in a few hours."

"The first improvement to be made by the British will be in the way of railroad facilities. At present the roads are abominable. They are narrow gauge and consequently very slow. It gives you an idea of how slow they are, it took us a week to travel a thousand miles, when we were coming way from Pretoria. Of course, above Bloemfontein we only travelled in daylight, as the Boers are very tricky and we did not care to run any risk of being pitched off the track in the darkness. When night came, we would stop at some station, place guards and sleep in the cars. I did not see a Boer soldier on the return trips, none of them were near our lines of communication."

Advantages of fruit for breakfast.

"The business of breakfast is a most important one, for it stores the human battery with power for the day's work. A good breakfast gives a man staying qualities, and equips him for almost any emergency likely to occur."

What are the essentials of a proper breakfast? The first, the most important item is a preliminary meal of fruit—apples, grapes, apples, cantalope, berries—seasonable fruit in which juice predominates over fiber. Fruit juices taken early on an empty stomach, are converted into alkalies, keep the blood normally alkaline, preventing uric acid of the system with uric acid, and warding off the storms of suffering which such a condition provokes.

Fruit juices act as correctives to the digestive organs, whetting the appetite, increasing the secretion of the gastric juice, and stimulating peristalsis. Where fruit is eaten every morning, digestion is satisfactory, the bowels are regular and regular, the head is clear, and an agreeable feeling of general well-being is experienced.

Too much emphasis cannot be laid upon this matter of preliminary fruit breakfast. If accustomed to eating a small breakfast, you should lighten the noon lunch and six o'clock dinner. You will sleep better and rise with appetite. If the fruit does not appear to agree with you at first, if there are sour belchings and abdominal distention, try a small beginning. Take only an orange, drink the juice and reject the fiber. Persist, and the stomach will adapt itself. Gradually add a bunch of grapes and an apple. You will be surprised at the far-reaching benefit derived from so simple a practice.

After the fruit, the usual breakfast of a chop and rolls, oatmeal, potatoes, coffee or what not, is in order. —Sanitary Record.

Child Life in Liberia.

"When a child is born in Liberia some member of the family is sent at once to the devil doctor to inquire who it is and what its name shall be," says a missionary who has had charge of the Garrison Mission in Liberia for twelve years, according to an exchange.

"He goes to the top of the house, taking with him a horn, which he blows to call the devil, because it is he who is supposed to tell who it is that has returned to the world. The devil then hovers about every baby, some deceased member of the family come back to live among them."

A young mother is never allowed to care for her own child, but is compelled to give it to an older woman to be cared for. These nurses sit on the floor, with their feet tucked up, sitting on upright sticks of wood, rubbing the inside of the babies' throats with pepper, until the poor infants are half strangled and altogether miserable.

This heroic treatment they are laid to sleep on a floor mat by the fire and the 'fittest' survive.

A Liberian woman can command the services of her son-in-law for certain duties and whatever the obligations may be they must obey her. Girl babies are welcomed in consequence, among these people."

Time Reckoning.

The artificiality of our system of time reckoning is clearly set forth in the following extract from a daily paper, the item having been published during the first week in January last.

A child born in this city about 12:30 o'clock last Sunday night will hereafter date his birth January 1, 1900. Another child born precisely the same time in Chicago will date his birth December 31, 1899. The child will not celebrate their birthday in the same year, the same month, or on the same day. This is one of the many curiosities of our time reckonings.

What better argument could be offered for uniform time the world over? Why should it not be the first hour of the new year at the same instant in America, Europe, Asia, and throughout the width of the Pacific Ocean? It was a great step in advance when the railway companies established the present system of time belts or sections from which we derive what we call standard time. But it was only one step in the direction of ultimate perfection. Every business need will be served by having universal time and clocks arranged, not to show twelve-hour periods to the day, as at present, but with twenty-four hour dials.

A Reminder.

A young married lady one morning gave her husband a sealed letter, which he was to read when he got to his office. He did so, and the letter ran as follows:

"I am obliged to tell you something that may give you pain, but there is no help for it. You shall know everything, whatever be the consequences. For the last week I have felt that it must come to this, but I have waited until the last extremity, and can remain silent no longer. Do not overwhelm me with bitter reproaches, for you will have to put up with your share of the trouble as well as myself."

Cold perspiration stood in thick drops on the brow of the husband, who was prepared for the worst. Trembling he read on. "Our coal is all gone. Please order a ton to be sent this afternoon. I thought you might forget it for the tenth time, and therefore, wrote you this letter."

But he didn't forget it that time!

Walters' Tips in Germany.

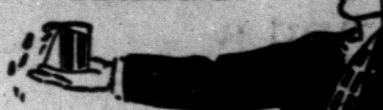
A hotel-keeper in Germany, who pays his waiters \$6 a month, declares that he would have to pay them \$75 a month were he to give them what they receive in fees, too.

One Girl's Wisdom.

"There are bacilli in a kiss," quoth the young doctor, suspiciously.

Said his sweetheart: "What bliss! I think bacilli are delicious."

Tremulous Hands.



When the nervous system is weakened, the body generally shows the symptom of tremulousness in some of its members. The hands shake, the lips twitch at the corners, or the eyelids quiver involuntarily. Such a condition calls for medicine which feeds the nerves. Dr. Pierce's Golden Medical Discovery, acting directly on the stomach and organs of digestion and nutrition, has a wonderful influence in restoring nervous force. It quiets the nerves not by drugging them into stupor but by feeding them into strength. The "Discovery" has restored the hands of thousands of those who were utterly hopeless, giving them back natural appetite, physical vigor, healthful sleep and mental strength. There is no alcohol in "Golden Medical Discovery" and it contains no opium, cocaine or other narcotic.

David Duggins, Esq., of Jones, Ohio Co., Kentucky, writes: "When I began taking Dr. Pierce's Golden Medical Discovery I think I had nervous or general debility of these years duration. I took three bottles of the 'Discovery.' During the time I was taking it my sleep became more refreshing and I gained sixteen pounds weight, also gained strength every day."

Free, on receipt of stamps, to pay expense of customs and mailing only, Dr. Pierce's Medical Adviser, 1008 pages. Send 31 one-cent stamps for book in paper covers, or 50 stamps in cloth binding, to Dr. R. V. Pierce, Buffalo, N. Y.

An Effective Lesson.

A drunkard in New Orleans was recently saved from continuing his career of dissipation in a peculiar manner. The young man in question was of a fine family and had splendid gifts, but was going down as fast as it was possible for a man to go through strong drink. His friends had pleaded with him, but he had taken their warnings as an insult. One day one of them, who was a court stenographer, determined to try a new tact with him. He was sitting at a restaurant one evening, when the young man in question came in with a companion, took the table next to him, sitting down with his back to him, and not seeing him. He was just about to leave when he was talking about his private affairs, and on the impulse of the moment the stenographer took out his notebook and took a full shorthand report of every word he said. It was the usual maudlin folly of a young man with his brain muddled by drink, and included a number of highly candid details of his daily life—things that when he was sober he would as soon have thought of putting his hand in the fire as speaking about to a casual acquaintance. The next morning the stenographer copied the whole thing neatly and sent it around to the young man's office. In less than ten minutes he came tearing in with his face as white as paper.

"What is this, anyhow?" "It's a report of your monologue at the restaurant last evening," his friend replied, and gave him a brief explanation. "Did I really talk like that?" he asked faintly. "I assure you it is an absolute verbatim report," was the reply. He turned pale and walked out. He never drank another drop. There are many men who would not otherwise cease the sin of drunkenness, but if they could only see themselves as other people see them.

DIVERSITY.

Prunella—Do you know, after I had done all I could to encourage him he wouldn't kiss me.

Bessie—Well, he kissed me.

"How did you manage it?"

"I did all I could to discourage him."

ABSOLUTE SECURITY.

Genuine

Carter's Little Liver Pills.

Must Bear Signature of

See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.

CURE SICK HEADACHE.

James Scott.

Corner King and Prince Sts.

Orders left at Geo. Taylor's Barber Shop.

Chimney Sweep

DR. A. McKENNEY, DENTIST, Graduate of Philadelphia Dental College, also of Royal College of Dental Surgeons of Ontario. Teeth extracted absolutely without pain. Stairways next to King, Cunningham & Drew's Hardware store, King street, east.

MEDICAL.

DR. WM. R. HALL—Office, Rooms 1, 2 and 10, Victoria Block, corner Fifth and King streets. Office hours from 10 to 12 a. m., 2 to 4 and 7 to 8 p. m. Office telephone, 280 B. Residence telephone 173.

DRS. RUTHERFORD & RUTHERFORD—Office, Seane's Block, King St. Residence, corner Wellington and Prince Sts. East. J. P. Rutherford, M. D. Specialty, Surgery. J. W. Rutherford, M. B. Specialty, midwifery, diseases of women and children.

LODGES.

A. F. WELLINGTON Lodge, No. 48 & A. M. on the first Monday of every month in the Masonic Hall, Fifth street, at 7:30 p. m. Visiting brethren heartily welcomed.

WM. E. CAMPBELL, W. M.

ALEX. GREGORY, Sec.

THE A. O. U. W.

District Deputy C. W. Clark installed the officers with ability. The room was full of country members attending, fraternally abandoned. Workman Kelley will rap the gavel sharp at 8 next Friday. Plans and suggestions will be considered for 1901. Our united interests claims the presence of every member, all can canvas and speak to a friend. The low entrance fees continue.

Warren Martin.

MUSICAL.

Mr. and Mrs. S. R. Marshall, organists and choirmaster of St. Andrew's Presbyterian Church, will receive pupils in singing, voice development, piano and organ. Classes in sight singing and church psalmody. Residence Park street, directly opposite Dr. Pattisby's residence.

Guitar and Mandolin Instruction.

Pupils will be received for instruction in the Harrison or American system. Terms will be made known on application.

MRS. A. HEATH.

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Miss Nora Stephenson

Pupil of Mr. H. M. Field, Leipzig, Germany, and Mr. R. Victor Carter, (Gate of Leipzig).

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Special attention paid to Touch, Tone Technique and Style of interpretation, on lines laid down by such great artists as Herr Martin Krause, Leipzig, and Herr Theo. Lauchfink, of Vienna.

Krause Method as taught by Mr. H. Field and Mr. Carter.

A limited number of students will be accepted.—Fall term commences Sept. 4th, 1900.

Address all communications

Krause Conservatory of Music

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J. B. RANKIN, Q. C. — Barrister, Notary Public, etc., Victoria Block, Chatham.

J. B. O'LYNN—Barrister, Solicitor, etc., Conveyancer, Notary Public, Office, King street, opposite Mercantile Bank, Chatham, Ont.

FRASER & BELL—Barristers, Office, Victoria Block, Chatham.

JOHN S. FRASER.

EDWIN BELL, LL. B.

SCANE, HOUSTON, STONE & SCANE—Barristers, Solicitors, Conveyancers, Notaries Public, etc. Private funds to loan at lowest current rates. Scane's Block, King street, E. W. SCANE, M. HOUSTON, FRED. STONE, W. W. SCANE.

WILSON, KERR & PIKE—Barristers, Solicitors of the Supreme Court, Proctors in the Maritime Court, Notaries Public, etc. Office, Fifth St., Chatham, Ont.

Money to loan on mortgages at lowest rates.

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Res. Fund, 7,000,000

Drafts bought and sold. Collections made on favorable terms. Interest allowed on deposits at current rates in Savings Bank Department, on deposit receipts.

DOUGLAS GLASS, Manager

Chatham Branch.

STANDARD BANK OF CANADA

HEAD OFFICE, TORONTO.

Branches and agents at all principal points in Canada, U. S. and Great Britain. Drafts issued and notes discounted. Savings Bank Department deposits (which may be withdrawn without notice) received and interest allowed thereon at the highest current rates.

G. F. SCHOLFIELD, Manager

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