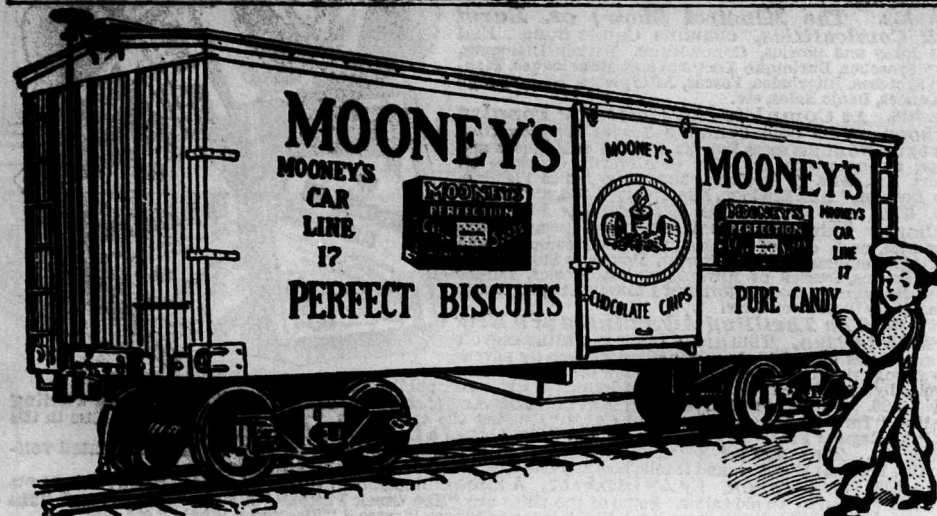


Globe-trotters may talk of the
Coffee served by the Turks.
But they can get coffee at home
just as rich, delicious and
fragrant—by ordering
Chase & Sanborn's
SEAL BRAND
COFFEE from their
grocers.

NOTHING SO FINE AS
COWAN'S MAPLE BUDS
They are an excellent confection.

COWAN'S CREAM BARS
MILK CHOCOLATE, ETC.
Sold everywhere in Canada.

The Cowan Company, Limited, Toronto.



**Sealed in Stratford—
Opened in Western Canada.**

Mooney's private cars bring Stratford to Western Canada, and give folk here the most delicious biscuits in Canada, just as they come from the ovens.

These cars are built after the most approved type—and are so scientifically constructed that the temperature inside is equalized. This insures the biscuits being kept in faultless condition, winter and summer. There is a treat in biscuits in every box of

**Mooney's Perfection
Cream Sodas.**

MOST FAMOUS PREPARATION

in the sphere of medicine. It ranks first in curative power. **Indigestion FLEES** before it. It is a pure Household Remedy, whose merits have long been established and can be used with perfect safety from the **Father to the Infant.** Insure against Indigestion by keeping K. D. C. always at hand.

Try **KDC**

25c, 35c and \$1.00. All Druggists.

K. D. C. COMPANY, Limited, New Glasgow, N. S.

Hints for the Housewife.

Come Home, Father.

Father, dear father, come home with me now,
For mother is out to the club.
You said you were coming right home from your work
To get the dear children some grub.
The cook has gone out—her club also meets—
The janitor's gone on a spree.
And poor Brother Bennie has swallowed a nail
And no one to help him but me.

Father, dear father, come home with me now,
There's scrubbing and sweeping to do,
While mother is solving the problems of state
The children are crying for you.
The socks must be darned, the patches tacked on,
The beds must be turned back to air,
And mother's shirtwaist must be ironed tonight
Or she will have nothing to wear.

Father, dear father, come home with me now,
It's lonely without any man;
And mother will grieve when she comes from the club
If things are not fixed spick and span.
Don't swear, dear papa; it isn't polite;
The children in hearing might be;
So let business slide, for dear mother, you know,
May bring home a few friends to tea.

To Clean Bottles.

An excellent way to clean water bottles or deep flower vases is to mix together one tablespoonful of common salt and one gill of vinegar. Put these into the bottle, fill up with water, and let it stand for a few hours. Then empty the bottle and rinse well with cold water.

To Clean Sinks, etc.

A good way to clean a scullery sink, dirty pails or enamelled baths is to make a pad of newspaper and pour on a tablespoonful of paraffin oil, and shake a little brick dust on the article to be cleaned. Rub well, and the grease and dirt will come off like magic. Use one or two more pieces of clean paper and the articles will appear just like new, with very little trouble.

To Clean Ivory.

Any kind of ivory may be easily cleaned and its whiteness thoroughly restored by the following method: Take half a lemon, dip it in salt, and rub well the discolored part of the ivory. Wash immediately in warm water.

Removing Ink Spots on Marble.

Ink spots on marble may be removed with a paste made by dissolving an ounce of oxalic acid and half an ounce of butter of antimony in a pint of rain water, and adding sufficient flour to form a thin paste. Apply this to the stains with a little brush; allow it to remain on three or four days and then wash it off. Make a second application if necessary.

How to Make Clothing Fireproof.

Light, fluffy garments of children, as well as the heavier textures worn by adults, can be made nearly fireproof, at least so much so that they will be difficult to ignite, by use of a simple and inexpensive chemical. The discovery is accredited to Dr. Doremus, a noted chemist, who says:

"After the loss of a young son, whose summer dress took fire from a candle flame, I made a thorough search among chemical agents to determine which would most effectively render dresses non-inflammable. None equalled ammonium phosphate. Each time the under-clothing and dresses of my children are washed this chemical is added to the starch solution, which makes them flame-proof. For forty years I have urged the employment of chemical agents to save life, but the apathy of the public surpasses belief."

Scalds and Burns.

In case of burns or scalds cover the burned section with cooking soda and lay wet cloths on the burn. Other good remedies are white of egg and olive oil; olive oil or linseed oil, plain or mixed with chalk or whiting; sweet or olive oil and lime water.

First Aid in Case of Burns.

When a person is seriously burned with hot water or steam, of course the first thing to do is to send for medical assistance, but in the interim the injured person's clothing should be removed and bandages soaked with sweet oil, and lime water should be lightly applied to the burned parts. If steam has been inhaled, sweet oil should be swallowed by the patient in

considerable quantity, as it will soothe such of the burned parts as it can reach. Sweet oil and lime water should be kept in the kitchens of big hotels and restaurants to provide for contingencies of this kind. Cooking soda is also very soothing when applied to burns, and castor oil may be given internally in place of sweet oil.

Vinegar Will Cure Burns.

Vinegar or acetic acid is a sure cure, swift and easily procured, for either internal or external burns, as well as a positive antidote for carbolic acid poisoning. It has been demonstrated before the medical profession that vinegar, the most common household necessity, if applied immediately, will bring relief and complete restoration of color and function to the affected parts.

Miscellaneous.

Salt sprinkled on the bottom of the oven will keep cakes from burning.

Ordinary spots and stains in wash goods will yield to the application of the yolk of an egg if applied before washing the article.

Lamp chimneys and gas globes will last much longer if they are put in the wash boiler with enough cold water to cover them and then slowly boiled. That is, the water must be gradually allowed to reach the boiling point.

To prevent stains on china, rinse out well the cups, etc., in cold water first, then wash them in hot water. The cold water rinsing prevents the stains from the tannin in the tea or coffee becoming fixed, which they otherwise would if plunged into hot water.

Spirits of wine will clean soiled silk embroidery. Dip a camel's hair brush in it and brush the trimming till all the dirt is removed. Jet passementerie can be cleaned by rubbing it with a cloth dipped in equal parts of alcohol and water. Dry it afterwards with a clean cloth.

When blankets have become thin and unsightly from long use, have them washed, put two or three together and cover them with pretty sateen to make quilts. Button down the quilts here and there, mattress fashion, to keep them in proper shape, and finish off with a nice frill of sateen.

Kitchen paints will soon acquire a shabby, dull look from the frequent cleaning that is necessary in this room. The use of soap only increases the difficulty, especially if the paint's are varnished. A good plan is to boil one pound of bran in a gallon of water for an hour, then wash the paint with this bran water and it will not only be kept clean, but bright and glossy.

To remove grease spots from clothing, wool, silk or linen, take one ounce of soap bark and pour over it one pint of boiling water and let it stand overnight, then strain, add to this three ounces of alcohol and it is ready for use. Will keep any length of time. If bottled it will sell readily at a profit of over 200 per cent. Apply with a sponge and rinse with clear warm water.

Block magnesia, such as is used for cleaning hats and gowns, is also useful in the kitchen for restoring the luster to dull silver. Applied with a soft cotton cloth it imparts a beautiful brilliancy to the article so treated.

Few people know the value of bran water for household use. For cleaning woodwork, and particularly paint, it is invaluable, for not only does it remove all dirt, but it also leaves the paint in as good condition as new, as it does not affect the varnish or finish as does an alkali. Colored goods, prints, etc., which under ordinary conditions fade in washing, will never lose their color or newness if washed in bran water. In washing the hair it will be found a thorough scalp cleanser, and the hair will retain its natural color and appear glossy. The water is easily prepared. Fill an ordinary salt bag with bran, place it in a pail or other receptacle, then pour hot water over same and it is ready for use. The hands never suffer from the use of this water. On the contrary, they are softened and whitened.

Sleeplessness.—When the nerves are unstrung and the whole body given up to wretchedness, when the mind is filled with gloom and dismal forebodings, the result of derangement of the digestive organs, sleeplessness comes to add to the distress. If only the subject could sleep, there would be oblivion for a while and temporary relief. Par-melee's Vegetable Pills will not only induce sleep, but will act so beneficially that the subject will awake refreshed and restored to happiness.