SPIRITUALITY.

(By Mrs. Blanche Johnston, Barrie.)

No. II.

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"Higher, purer, deeper, surer,
Be my thought, O Christ, of Thee;
Break the marrow bonds that limit
All my earth-born, sin-bound spirit
To the breadth of Thy Divine.
Not my thought, but Thy creation
Be the image, purely Thine,
Deep within my spirit's shrine;
Make the secret revelation,
Reproduce Thy life in mine."
The spiritual life is one of prayer.
The excuse is often made by the
Christian, "We have such little time
for prayer." I know this busy, electric age is crowded with work and
duty, and there seems but very little
opportunity for the old-fashioned,
quiet meditation, which made the
saints of old so strong and confident.
But, perhaps, herein is to be found
our mistake, and the cause of spiritual
"inertia" and failure. We find that
the busier our Saviour's life was, the
more time He had to pray, often stealing away from the pressing crowd,
which thronged His steps, into the
mountain-top alone to pray. Even
when He did not have time for food,
He found time to pray, "He prayeth
best who loveth best."

Prayer is necessary; it is the oil of
the lamp, the food of the spiritual
plate, the velectic current which
keeps open the communication with
the unseen.

receps open the communication with unseen.

Prayer Does Many Things For Us. God gives light in prayer, and reveals His will in times of perplexity. God gives assurance in prayer; clears away the fogs, and fears, the dcubts and misgivings.

He gives peace in prayer. Calms the tempestuous billows which sweep over our souls in times of sorrow and darkness. The Lord gives confidence and courage through prayer.

The Lord gives His Holy Spirit in prayer, with its inspiration, joy, and comfort. He does not always give the answer ye seek, but He gives submission through prayer.

answer ye seek, but He gives submission through prayer.

Perhaps you will say, "Why does He not answer my prayer and remove the pain?" He may be moulding you in the same furnace as He passed through, for "He learned obedience by the things which He had suffered."

He will never your prayer as the He will answer your prayer as the mother answers the pleadings of her little child, not always granting what is asked, but always giving what the mother-heart sees is best for its fu-

ture good.

"Papa, I wish you would ask God to answer my prayer. I have such a little voice, and I am afraid God will not hear me for the singing of the angels. He will hear your big voice."

"Why, my dear, God would stop all the music to answer a little girl's I cannot say that God."

I cannot say that God will stop the heavenly choir to hear our petitions, but, however weak we feel our voices to be, and however humble our re-quest, He will heed and answer in His own time for the fulfilling of His Best

own there to be the third purposes. It is profitable to pray. All the spiritually great of all ages have been men and women of persistent prayer. It was when Ruth turned aside to rest in the heat of the noonday that the master, Boaz, gave orders that she was to have a better opportunity to glean; and it will be so with us, when we take time to wait upon the Lord. Our efforts will be crowned with blessing. Then we shall come from His presence clothed with power and unction for service. If Christ, who was God as well as man, felt that He needed prayer, how much do we need God as well as man, fett that He needed prayer, how much do we need
heart-to-beart, day by day, hour by
hour, communion with God. He prayed
because He was man. Even in Aim,
humanity at its best-feeble and dependent-was not sufficient for itself,
but daily dependent upon God. He
bade His disciples, "Come apart."
"Come, come," he saith, "O soul oppressed and weary,
Come to the shadows of My desert
rest;

rest;

Come, walk with Me, far from life's babbling discords, And peace shall breathe like music in thy breast.

"Art thou bewildered by contesting voices.

Sick to thy soul of party, noise, and

Come, le leave it all, and seek that soll-Where thou shalt learn of Me a purer life."

NO. III.

This Spiritual Life is One of Love and Service,

Lovest thou Me?" asked the risen "Lovest thou Me?" asked the risen Christ that morning at Gallilee, when the sun was tipping the crystal hills with the glory of a new day, and the Master came to the help of the weary, discouraged fishermen who had toiled fruitlessly through the darkness

the night.

After the Master had thus identified Himself with all who toil, and shown His sympathy with, and interest in, the great question—now so often a problem, human labor—H leistened to the assurance of HIs repentant disciples, the vaciliating, warm-hearted, impulsive Peter, and made reply to the three-foid testimony, "Feed My sheep," "Feed My lambs," a command which embraces all His needy ones; the little children as well as those of maturer years.

Love Will Make Us Serve.

all His needy ones; the little children as well as those of maturer years.

Love Will Make Us Serve.

"What is love, darling?" was asked a bright little girl.

"Love? Why, mamma, love is feeling with a must in it."

Love toward Jesus has a must in it. Christian experience brings obligation; this is inevitable. We cannot get away-from our responsibility to serve God. We do not wish to do so, we love to serve.

we love to serve.

When Miss Willard was still Dean
of Evanston University two ways met Evanston University two ways met her way—one appeared bright with he promise of a career of exceptional dilliancy in the educational world. the promise of a career of exceptional brilliancy in the educational world, the other pointed to a more uncertain path—a path that might have many rough places.

ugn places.
"Strange to say," said Miss Willard.
or the first time it occurred to me at I ought to work for the cause just here I was."

is it; just where we are our That

That is it; just where we are our Lord wants our service, and He will open wider doors of usefulness if we serve Him faithfully there.

May we carry a lamp of hope into the earth's dark places, casting its beam upon those who failer, and in His name lift them up to the Saviour of the week. the world.

"Rouse, then, who by Christ are freed, Heed, oh, heed the world's great Heed, oh, heed the world's great need;
To save the lost like Him who saved

you, Forward speed."

ASHAMED OF JESUS.

By Ame Vennema, D.D. Can it be that there are those who can it be that there are those who are ashamed of Jesus and on that account will not be found in His company, or counted among His followers, or connected with His cause? What is there in Jesus to be ashamed of?

His life? Who besides could say as did ble without four of well grounded

there in Jesus to be ashamed of?
His life? Who besides could say as
did He, without fear of well grounded
dissent, "Who of you convinceth me of
sin?" Christ's enemies sought diligently for faults and flaws in His character and life, and found none. Pilate,
before whom He was tried, said, "I find
no fault in this man," and thus branded as false the charges brought against
Him by His accusers. Ashamed of
Him who was confessedly the cleanest
and best that ever trod the face of the and best that ever trod the face of the earth? Such may well feel ashamed of

themselves.
Ashamed of His mysterious nature? Not the least mysterious part of it was its duality. But if the Scriptures be Not the least mysterious part of it was its duality. But if the Scriptures be accepted as true, we can not evade the conclusion that He was both God and man. And, considering His singular mission to earth, is it not to be expected that He would be unique, and stand upon a higher plane than those whom He came to save? If He were a mere man, would it not be a heavier tax. On a faith to believe that He is a Saviour, than to accept the teaching that, in order to qualify Him for His work. Deity and humanity were united in Him,

hat thus man may be brought back to God?

to God?

Ashamed of His death? That he died on the cross is a historical fact. That He died, not as an evil doer but as an innocent being, is equally well established. He died a martyr to a worthy cause, indeed. But more, He died to bear the sin and shame of those whom He would save. He was a man's substitute. It that any reason for her substitute. Is that any reason for being ashamed of Him? Does not the principle of suffering and sacrifice for the life and well-being of others run through all human experience? We know it in every other instance. The mother gives her life for the child; the mother gives her life for the child; the life-saver plunges into the deep to rescue the drowning man; the firenan leaps into danger to carry out those imperilled by the flames; the soldler gives his life for his country. And when, as a result of such heroic act, one bears the scars, he points to them with pride. When he becomes disabled he is pensioned. Why not glory in the cross of Christ, the symbol of His sarcross of Christ, the symbol of His sac-

cross of Christ, the symbol of His sacrifice and love?

Ashamed of His teachings? Never man spake as this man. Words of matchies wisdom, of incomparable love, of sweetest sympathy of affection, and fairness to people in every position of life! His words have been the seed-thoughts from which have evolved the highest philosophy, the average. seca-thoughts from which have evolves the highest philosophy, the purest morality, the best legislation and the holiest religion. This Sermon on the Mount stands without an equal in the loftiness of its conception, its practical adaptation to the needs of men, and in simplicity of corporation. tion to the needs of men, and in sim-pilicity of expression. As a teacher He is without a peer. He has proved Him-self to be annointed of God, a prophet of keener insight and higher authority than any before or since. Is there rea-son to be ashamed of His teachings? Ashamed of His influence and friend-ship? A man's friends may be the making or undoing of him. He can not be too careful in their selection. He

can make no mistake by accepting the proffer of Christ's friendship. His In-fluence is for good, only, always. He is with those who will receive Him, in is with those who will receive Him, in sorrow and in joy, in prosperlty and adversity, in sickness and health, in life and in death—"the friend that sticketh closer than a brother." He is no respecter of persons. The gold ring on the finger, the diamond stud in the shirt front, the palatial residence on the avenue, the whinnying horses in the stables are no more to Him, who had stables are no more to Him, who had the avenue, the whinnying horses in the stables are no more to Him, who had not on earth where to lay His head, than the plainest, unadorned poverty. He befriends the rich, but the poor no less; the good, but the bad also; in every case to do them good, to make them happy, to give them a hope for both weight. both worlds.

What is there in Jesus to be asham-

ed of? Christ commends Himself to the thoughtful as worthy of their most im-plicit confidence and their most enthuslastic affection. Join hands with Him!

"Ashamed of Jesus, that dear friend On whom my hopes of heaven depend! No, when I blush, be this my shame, That I no more revere His name."

The pessimist who goes about wish-ig he had never been born is not the aly one who wishes it.—Nixon Waterman.

erman.

The sore and aching heart of hum-anity is drawn to the brulsed and broken heart of Jesus. Of all the be-ings with whom men have worshop-ped, Jesus alone satisfied the craving for the sympathetic comprehension. "In that he himself hath suffered, be-ing tempted, he is able to succor them that are tempted."

DAILY READING FOR PRECEDING WEEK.

The King's sceptre (Psa. 45: Mon.-

Mon.—The King's sceptre (Psa. 45:
3-7).
Tues.—The King's names (Isa. 8:6-7).
Wed.—The Kingdom (Luke 17:20, 21).
Thurs.—The King's glory (John 17:
1, 5: 19: 19).
Fri.—The King enthroned (Acts 5:
31)

31) Sat. The King victorious (Rev. 19: 41-16).