

As Cheery as the Morning Sun!

That is the way Nature intends every human being to feel every day. Your disposition, your energy, your thinking power, your force of will, your capability, your physical strength, your health, your enjoyment of life—all depend upon the food you eat.

Drugs May Stimulate—Drugs May Relieve but it is to food you must look for lasting benefit!

Man, woman, child—old, middle-aged, young—you are what your food makes you. If you eat nothing but refined food, lacking in the valuable salts and phosphates which Nature planted in so many things to benefit the human race, your system will suffer from that lack, and you will not be 100 per cent. efficient. All our food today is over-refined. White flour, for instance, is earth's most glorious grain robbed of much that is highly valuable, for the sake of appearance.

Now comes a food—a true food—that supplies the lack, that gives to the body what modern methods of food preparation have long withheld. That food is

GOOD HEALTH Breakfast Food

"A helping day—keeps you fit—every way."

GOOD HEALTH BREAKFAST FOOD is composed of 70 per cent. corn and malted barley, and—here is the secret—10 per cent. wheat bran—the gently laxative, nerve-restoring, brain building, branny coat of choice wheat.

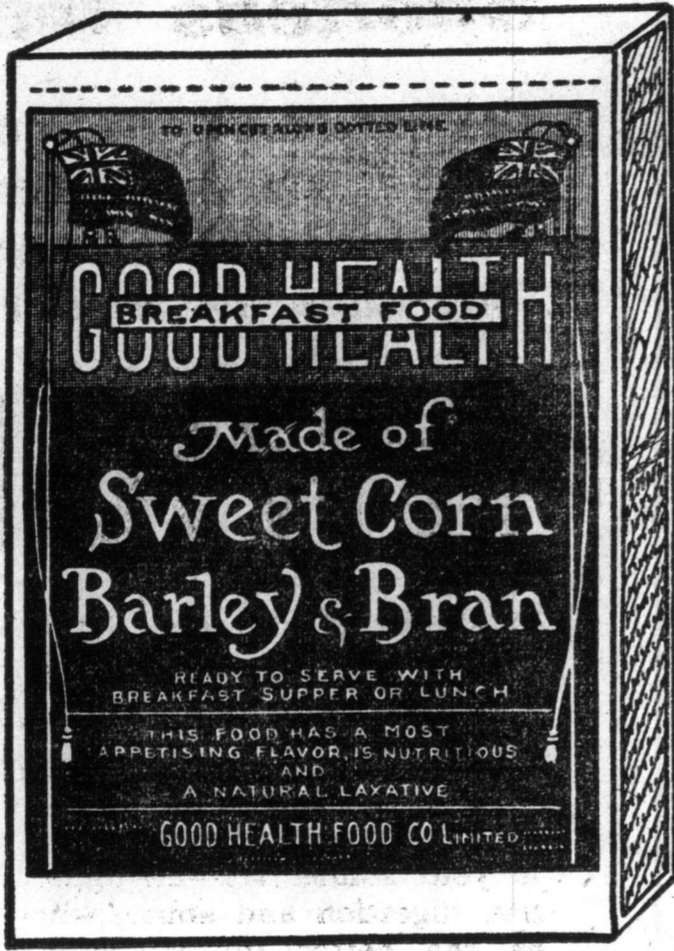
Eat GOOD HEALTH BREAKFAST FOOD daily because it is delicious. Eat it daily because it "agrees" and is easily digested. But, chiefly, eat it because "a helping day—keeps you fit every way."

Note that "every way." It means that GOOD HEALTH BREAKFAST FOOD, eaten daily, keeps you fit mentally and physically, well in mind, cheerful in disposition, strong in body—your whole system working in the perfect harmony that is essential to health.

Take a Month's Course of GOOD HEALTH BREAKFAST FOOD. Eat it daily with all the good milk, cream or fruit juice it will take up—then a little over. It's economical—there are over 14 helpings to a 15 cent package.

Before the month is up, you'll know you have found a food to do you good—you'll know it, because you'll know you're more alert, more able to "do things," more able to stand fatigue, whether physical or mental. Big claims for a food, you say. True, but the food is founded on a BIG IDEA. You see, the food is just that—a big idea. Remember, eat it daily for a month. Prescribe that common-sense treatment for yourself instead of patronizing the drug store.

Your Grocer Has it or Will Get it 15 cents a package—2 for 25 cents. MADE ONLY BY GOOD HEALTH FOOD COMPANY, LIMITED, LONDON, CAN.



PRIVATE MEMBERS AIR GRIEVANCES

Medical Inspection Bill and Amendments to Motor Vehicles Act Discussed

Friday in the legislature is generally regarded as the day for the government to step aside and let the private members air their grievances and those of their constituencies. Yesterday was no exception. A. H. Dewar (Southwest Toronto "B") introduced amendments to the Motor Vehicles Act. The premier expressed approval of the principle of the amendments. The greater part of the time was devoted to burying the annual "single tax" amendment introduced by J. H. Han (St. Brant). E. W. J. Owens introduced the second reading of the bill inspired by Toronto's vote last election to transfer for medical inspection of schools to the board of health, the premier said that he approved the principle of the bill and recommended its reference to the municipal committee. H. H. Dewar, K.C., credited with being prepared to put up a stiff fight for the bill, said that the premier's attitude was very gratifying.

G. H. Gooderham's amendment to the Motor Vehicles Act incorporates a number of contentions of the Motor League. It provides for the licensing of all drivers of cars and all chauffeurs. It forbids driving by persons under 16 and 18 unless they have passed chauffeur's examinations. It also forbids persons waiting on the street for cars, and provides that horse-drawn vehicles at a speed greater than seven miles an hour, and shall give time for the driver to turn out light on the left side to be plainly visible from the front and from behind the vehicle.

A bill making explicit the word "dependents" in the act authorizing municipalities to make grants for patriotic purposes, and providing that soldiers shall not be deprived of the benefit of such insurance because they happen to live a short distance outside the limits of such municipalities, passed its second reading. It provides that the Ontario Insurance Commission, existing for overseas service must have resided for at least six months in the municipality issuing his insurance.

Mr. Han, Allan Stoddole, W. Hamilton, Hon. W. D. McPherson and W. Marshall, Lincoln, all had a fling at the amendment to the assessment act providing for the extension of improvement. The amendment was defeated on division.

More Children Than Ever Are Attending Public Schools

All previous records in attendance in Toronto's public schools were broken during the month of February. The roll call shows 62,496 names, as against 58,958 last year, or an increase of 3583. Out of about 240,000 chances to be had last year, 846 were taken last month as against 835 for the same month last year.

Chief Inspector Cowley favors the suggestion of Trustee Dr. Steele that a lighter strap should be used for children under eleven. Thrashings are on the decrease, as the record shows in February of this year, 801 strappings and in February last year 856.

License Inspectors Report Standard Hotels Satisfactory

The annual tour of the license inspectors completed, they report a noticeable improvement in the conditions of Toronto's hotels. Licenses for standard hotels in the city, while three hotels, Mossop's, the Dominion and the General, have closed their doors, the Bull's Head was closed by order of the inspectors.

EASY TO DARKEN YOUR GRAY HAIR

You Can Bring Back Color and Lustre with Sage Tea and Sulphur

When you darken your hair with Sage Tea and Sulphur, no one can tell, because it's done so naturally, so evenly. Preparing this mixture, though, at home is messy and troublesome. For 50 cents you can buy at any drug store the ready-to-use preparation, improved by the addition of other ingredients, called "Wyeth's Sage and Sulphur Compound." You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning all gray hair disappears, and after another application or two, your hair becomes beautifully darkened, shiny and luxuriant.

BANK MANAGER DIES WHILE IN NEW YORK

George P. Scholfield, Prominent Toronto Business Man, Found Dead in Bed at His Hotel



General manager of the Standard Bank, who died suddenly in New York, while there on business.

Geo. P. Scholfield, general manager of the Standard Bank of Toronto, died suddenly on Thursday in a New York hotel from heart failure. Mr. Scholfield had gone to New York on a business trip and was found dead in bed by one of the hotel employees. He was regarded as one of the greatest authorities on banking in this country, and aside from his business career was well known in sporting circles.

Mr. Scholfield was 50 years of age and was born in Lloydstown, Ont. After receiving his education, he entered the Standard Bank at the age of 16. The remains were brought home to Toronto and the funeral will be held from his late residence at 5 Thornwood road.

St. John Ambulance Association Reports Progress for Year

At the annual meeting of the Ontario Provincial Council, Canadian branch of St. John Ambulance Association, held at the Central Y.M.C.A. yesterday afternoon, Braidie-General Mason was in the chair, and reports showing good work thru the year were read. Instruction had been given to 265 classes, representing 4,000 pupils and 23,000 certificates had been given. The association is providing first aid instruction for the Canadian expeditionary forces, and fifteen instructors nominated by the militia department have been appointed.

WOULD BAN LIQUOR ADS.

The members of St. Enoch's Presbyterian Church have passed a resolution calling upon the Ontario Government to enact legislation that will make all liquor advertisements throughout the province illegal. A copy of the resolution will be sent to the premier and members of the legislature.

HOME FOR OFFICERS WILL BE CONTINUED

A meeting of those interested in the Canadian convalescent home for officers in Dieppe, was held yesterday afternoon at the home of Mrs. F. W. Ross, 235 Warren road. Mrs. Burnham was in the chair. Letters were read from officers who had been guests of the home and others from wives and mothers, all expressive of gratitude and satisfaction at the treatment accorded.

The financial side of the enterprise was gone into by the secretary, W. O'Brien. The sum of \$19,518.87 had been received since the beginning of the year amounting to \$19,770.31. At present there is a balance on hand of \$143.38. A monthly remittance of \$700 is sent to the home, and a recent shipment of groceries from New York was valued at \$784.

ACQUITTED IN SESSIONS. No Evidence to Substantiate Charge Against Soldier.

As there was no evidence to substantiate the charge of criminal negligence preferred against him, Hugh S. Freeman, who appeared in court, was acquitted by Judge Conroy in the sessions yesterday. It respects a charge that Freeman when operating a motor car on October 27 last on Avenue road, ran down Henry Waters, who was riding a bicycle. Waters sustained a fractured skull and was confined to his bed for some months. He could not remember how the accident happened and no witnesses were produced who actually saw the occurrence.

ASKS FOR DAMAGES.

Wm. McKnight has entered action at Osgoode Hall against Herbert F. Ford, to recover damages for alleged trespass and for removing a line fence between 40 and 42 Waverley road. A writ compelling the defendant to remove part of a cement roadway, which is alleged encroaches on the plaintiff's property, is also asked.

For the most reliable articles on current events and happenings read The Toronto World. It is essentially a newspaper.

THE LATE GEORGE P. SCHOLFIELD

General manager of the Standard Bank, who died suddenly in New York, while there on business.

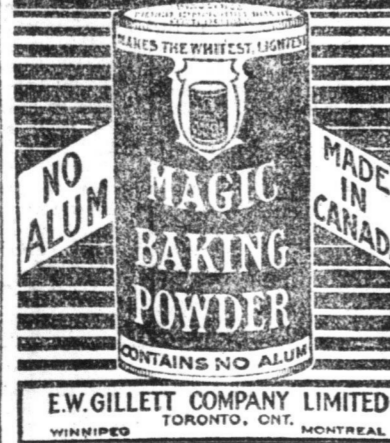


General manager of the Standard Bank, who died suddenly in New York, while there on business.

Impressive Memorial Service Arranged for Fallen Officers

The memorial service to be held in St. Paul's Church, East Bloor street, on Sunday at 3 p.m., in honor of the late Lieut.-Col. S. G. Beckett, commander of the 7th Toronto Battalion, and his brother officers who have fallen in the war, will be attended by the 9th Mississauga Horse, 216th Battalion, the Great War Veterans, officers of other units in the city. Lieutenant-Governor Sir John Hendrie, Premier Hearst and his cabinet, Mayor Church and the city council, Ven. Archbishop Cody will preach the sermon.

MAGIC BAKING POWDER



She's a Winner!

The new Gray-Dort has swept the country. After a winter in the hands of some of the most experienced of Canadian motorists, she has an enthusiastic army of followers. She's there—there with the speed, the power, the comfort. She's economical too.

She goes over hills like a bird—she pulls through sand and mud like a bull. She's as easy to ride in as a palace steamer. And her bills for gas and tires are easy on your mind.

"The Quality Goes Clear Through." She's a winner from the drop of the hat.

Every Requirement Met Are you in a hurry? Right under your foot in the Gray-Dort is more speed than you'll care to use. Are you touring a thousand miles? The extra long springs and de-cushioned upholstery will bring you through fresh as a daisy—without fatigue. And p-o-u-e-r! Etienne Planché built the Peugeot. Then he built the Gray-Dort. And Planché says the Gray-Dort is the greatest motor he ever saw.

We might mention in passing that there is an infinitesimal amount of looking after with the Gray-Dort. She's trouble-proof. And she is complete. Note her equipment—everything from Westinghouse starting and lighting system to the tools.

See the Car Now Gibbon Motor Car Co., 488-90 Yonge Street, Toronto Gray-Dort Motors, Limited Chatham, Ontario American Factory at Flint, Mich.

RED CROSS HOSPITAL CAR COMPLETE IN EVERY WAY

The military hospital Red Cross car, which arrived in Toronto with a number of wounded soldiers yesterday, is a compact travelling hospital, where eight stretcher cases can be cared for and about twice as many sitting-up. The car is a made-over Pullman, and from the outside it presents little, if any, ordinary railway coach, except that along the sides is painted the words, "Military Hospital," and a Red Cross at each end of the car brackets the words. The usual railway aid station and lavatory accommodations are retained, as is also the drawing-room, where three patients may be accommodated.

Dealers Commend Newspapers For Helping to Secure Fuel

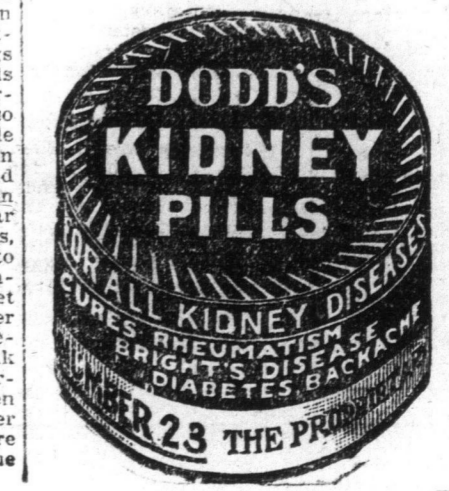
At the convention of the provincial coal section of the Retail Merchants' Association of Canada held in the Walker House on Thursday evening the following motion was unanimously carried on motion of H. A. Harrington, seconded by Wm. Britnell: "That the thanks of the convention be extended to the press for their efficient and commendable work in supporting the dealers in their efforts to secure coal, and thereby relieve the distress of the public; and particularly of The Toronto World, whose unceasing efforts along this line have been of great support to our dealers."

MOTORCYCLIST INJURES TWO MEN ON YONGE ST.

Thomas King, employed at the general hospital, and B. Clegg, 74 Pembroke street, sustained minor cuts and bruises when struck by a motorcycle driven by William F. Day, 54 Victor avenue, last night on Yonge street. The injured men were removed to the general hospital in the police ambulance, but after treatment were able to go home.

FOUR OFFICERS RESIGNING.

The following C. E. F. officers, owing to medical unfitness, have been permitted to resign: Major G. O. Brown, 14th Battalion; Capt. H. A. Pearson, Y. M. C. A.; Capt. H. C. P. Hazelwood, 204th Battalion. Lieut. F. S. Rutherford resigns his appointment on staff of the trench-warfare school, to be employed under the imperial military board.



HOSPITAL INCREASED Deputation Work is By An An increase to hospitals from 200 to 250 by way of \$100 from a similar case, v... emment year 24 represent... about the... also that the... place of... that infantic... country thru... ability for... used district... do something... that he rec... claim. Dr. W. F... that the... crossed by... twenty-one... grants had r... gested that... be asked for... grant from... also dues. The Work... added 100... hospitals by... industrial work... paid for by... wanted by... hospitals in... That would... tion in Rus... W. R. Ho... andal comm... 200 hospital... maintain... been 73 cen... tween \$1.70... the hospital... ceased, from... days a year... tion. Incre... been more... out that... from the \$... hospital over... a day, a... collected fr... was \$2,600.0... The cost... was about... The premi... the request... granted wo... municipalities... government... the patient... answered \$... was greatly... (city). J. L. Ch... name the... Hospital, M... presented... hospitals... that the pr... the greater... Sir Willis... been you... considerable... aided, with... unorganized... demand... should ste... Awarded... Sustan... In the c... Donnan, a... lin Brock... ed when str... by J. W. S... lin was tre... ment tre... near of Ger... avenue whe... motor car... weeks as a... of speed... Sherwin, f... fence, state... car to Wat... and that in... ident. Wi... sessions on... licence, but... pending sen... There ar... turned off... of the city... AN IN... Impure F... Dow... Impure F... and night... and any lo... the doctor... There may... quantity o... of its com... its surest... is particula... It is not... alone, for... that preve... trips, fev... It is also... persons w... usual man... blood mea... thousands... these at... Mrs. John... who says;... in a badly... blood was... slept badly... frequent... housework... den; not... not seem... Altogether... one. As t... neighbor... Williams'... much cau... as in f... the work... thanked the... time long... care. I fe... the work... recommend... to all who... You can... cents in... from the... Brockville.