

FESTIVALS, FAST DAYS, &c.

FESTIVALS OF OBLIGATION THROUGHOUT THE ECCLESIASTICAL PROVINCE
OF QUEBEC.

1st. All Sundays in the year.

The Circumcision of our Lord, JANUARY 1st.

The Epiphany of our Lord, JANUARY 6th.

The Annunciation of the Blessed Virgin Mary, MARCH 25th.
When this festival is transferred to any other day than the 25th March,
it ceases to be of obligation.

The Ascension of our Lord.

Corpus Christi Day.

St. Peter and St. Paul, JUNE 29th.

All Saints Day, NOVEMBER 1st.

The Conception of the B. V. M., DECEMBER 8th.

Christmas Day, DECEMBER 25th.

FAST DAYS OF OBLIGATION IN THE PROVINCE AS REGULATED BY
VARIOUS INDULTS GRANTED BY THE HOLY SEE.

1st. The Ember days, or the Wednesdays, Fridays, and Saturdays
immediately following the first Sunday of Lent, Whit Sunday, the
14th September and the 13th December.

2d. Every day in Lent, except Sundays.

3d. Every Wednesday and Friday in Advent.

4th. The Vigils of Christmas Day, of Whitsunday, of St. Peter
and St. Paul, and of the solemnity of the Assumption of the B. V.
Mary, and of All Saints Day.

N. B.—If any of these Vigils happen to fall on a Sunday, the
fast is to be kept on the preceding Saturday.

DAYS OF ABSTINENCE FROM FLESH MEAT ACCORDING TO THE
INDULTS ABOVE MENTIONED.

1st. The Ember days.

2d. Every Friday in the year except it be Christmas day.

3d. The Vigils, on which a fast is commanded.

4th. Ash Wednesday and the three following days.

5th. Every Wednesday, Friday and Saturday, of the first five
weeks of Lent.

6th. Palm Sunday and the six days of Holy Week.

7th. Every Wednesday and Friday in Advent.

By the same Indults the Holy See allows the use of flesh meat

1st. On all the Sundays of Lent except Palm Sunday.

2d. On all the Mondays, Tuesdays, and Thursdays, in the 1st,
2d, 3d, 4th and 5th weeks of Lent, but under the conditions that
flesh meat be used at one meal only, and forbidding to make use
of fish with flesh at the same meal.

3d. On the Saturdays throughout the year, except those of Lent
and others to which a fast of obligation is attached.

4th. On St. Mark's day, unless it should fall on a Friday, and
the three Rogation days.

The solemnization of marriage is forbidden from the first Sunday
of Advent till the Epiphany inclusively, and from Ash Wednesday
till Low Sunday, also inclusively,