very rapidly, and they are inhabited long before they are dry. The foundations as a rule are simply upon the sod, which is merely turned over, and a flag is put on that sod. There is no drainage of any kind; 40,000 to 50,000 persons will live in houses of this kind, in one valley.' 'There are numbers of villages throughout England where the people are drinking polluted water.' 'I have seen no place in England in a worse condition than this village. I have seen many native villages in South Africa, but none so bad as this!' Volumes might be filled with similar testimony as to the physical state of our country population—a population whose condition is the truest measure of a nation's substantial strength.

There is no error so dangerous in national life as the discouragement of honest labour. If the conditions of labour are injurious and repulsive, whether from exhausting hours of toil, unhealthy workplaces, squalid homes, or dreary monotony of toil, the workers of either sex will inevitably seek relief from hopeless drudgery in the excitement of vicious indulgences.

Our social experience joins its testimony with these statistics of town and country, to show how widespread is this destruction of health. Every housekeeper knows the extreme difficulty of obtaining a healthy servant; nine-tenths of those who apply for a situation are suffering from some chronic form of disease, which, if they belonged to a different class of society, would place them in the list of