
canoeing.

## CANOEING.

There is, perhaps, no mode of locomotion oo delightful as gliding over the water in a canoe. At frrst the position seems a little awkward and it is not easy to balance one's self without feeling some effort in doing so. But with a little experience, it is possible to move around freely in these narrow hoats without danger of upsetting. Then you may paddle about through narrow creeks, between floating logs and among the water-lilies and tangled rushes, pushing them out of your way with the paddle, where, with any other kind of boat, it would be impossible to go.
For this wild, beautiful country of ours, the canne is the next appropriate and useful of boats. Our numerous little rivers, of boatded with islands, their rocky banks studded with islands, their rocky
towering high on either side, with drooping towering high on either side, with drowing
trees casting their shadows over the water's edge would often beimpassableina row-boat, but the little canoe carries you safely along without even interrupting the impressive silence, except with the paddle's gentle, "drip, drip" that seems to blend with the "ccasional cry of a bird, or the noise of the busy woodpecker echoing across the water The party in our picture are being paddled the dusky-looking Indians, the first builders by dusky-looking the light birch canoe. The Indian himoff the light bis bat he is not fond elf will make his canoe, but hend when of the exercise of padding, and when out hunting and fishing in their canoes it is ulways the squaw's work to do the paddling.

## LESSON NOTES

SECOND QUARTER.
old testament tegoring.
B.C. 1739.] LESSON
[April 1.

## hoob's prevalling péayer

Gen. 32. 9-12; 24. 30. Mem. verses, 28-30. Golden Text.
I will not let thee go, except thou bleas me. -Gen .32 .26.

Outling.

1. The Eveaing Prajer; v. 9.12
2. The Midnight Wrestle, v. 24-26.
3. The Morning Victory, v. 27-30.

Time-B.C. 1939.
This is on the supposition that Jacob's Hight was in 1760, and bis life in Haran but wenty one years.

## Place.

On the eastern side of the Jordan, near th brook Jabbok, which runs out from the mountains of Gilead and empties into the Jordan.

## Connecting Links.

Many years have gone since our last lesson from Genesis. Some say twenty or twenty-one years ; others think forty. The solitary outcast has reached his kinsmen beyond the Euphrates; has married Leah and Rachel, and become the father of a large family. His estate is great: God has prospered him beyond his furthest expectation ; and now he is on his homeward way. Esau his brother, has meanwhile married his kinswoman. Islmael's daughter, and has founded the Pdomite nation. He has been apprised of Jacon's approach, and, with four hundred followers, is advancing from Mount Seir. Jacob is in terror. So opens our lesson.

## Explanations

"God of my father," etc.-Here is an appeal to the faithfulness of God to the cove. nants he had made. "Saidst unto me, Return the Gen. 31. 3, 31. "All the truth" That is, with nothing else. A fugitive, who did not dare to ride horse or camel. "Two bands"-A very great company, which he had just parted in two. (See ver. 7 ., "Jacol had just parted in two. (See ver. 7. "Jacol
was left alone"-He was the last to cross. All that human skill could do to care for his property and loved ones he had now done property and loved ones he had now done of a man. "The hollow of his thigh""The man. at The hollow of his thigh""The socket of the hip joint. The hollow place into which the neck-bone of the thigh inserted." "The day breaketh" "Except rising sun breaks up the darkness. "Exceept thou bless me "acis "No more Jacob, but Israel - Na mare Supplanter (or Trickster) but Prince-with-God. This ohange of name was indioative of a change of nature. Chris Wian baptiam standa, as rita, for exactly what was typifled by this change of name. What was typited by this changs of name. Each is the outward and visible sign of an This is elsowhere spelled " Penuel," whioh means the same thing, "The-facs-of.God,"

## Practical Teachinge.

Where in this lesson are we taught-
To plead God's promises in prayer
2 To be persistent in prayer
3. To expect an answer to believing prayer.

## The Lesson Catechism

1. For what did Jacob pray to God on his return from, Mesopotamia? "For deliverance from Esau.", ". Where did he send his family and goods? "Over the brook Jabbok." 3 What took place there in the night ? An angel wrestled with him." 4. What "I did he say to the angel? Golden Text: "I will not, etc. 5. What new name did he recid" frome did the new, hame "His power with God new na

Doctrinal Sugarstion. - The power of prayer.

## Catechism Question.

What is the Gospel history?
The account contained in the New Testament of the coming of Jesus Christ into the world, of his teaching, his manner of life, his miracles, his death, his resurrection, and hi ascension.

## Burst into Bloom.

## bY hezekiah betterworth

Fair morn of the ages, the sealed tomb is broken :
Proclaim it, melodious chimes
The sweet word "Rabboni" in wonder is
The hope of all peoples and times.
The chorus cherubic bends rapturously o'er him,
The nations are waking to hail and adore him, And share the long reign of his love.

Now to their bright altars are gladdened hands bringing
Fair buds from the life glowing seed,
And palm-lands and pine-land are joyously
The Saviour is risen indeed."
Sing, children of light, sing that wonderful hour,
And perish ye oracles vain ;
No prophet like Jesus o'er death had the power
To rise in life's beauty again.
Burst, burst into bloom, then, ye gardens of roses ;
Sing, voices of spring, in the light ;
Full of joy is the hope that in Jesus reposes, and with immortality bright.

## BAND OF MERCY BOYS.

A short timeago, as I was crossing Market Street, near Twenty-second Street, a boy not over ten years old, who had been walking just before me, ran into the street and picked up a broken glass pitcher. I suppose he intended the pieces as missiles, since the desire to throw something seem instinct in every boy. Consequently I was much surprised when he tossed the piece into a vacant lot on the corner and walked quietly on. As he passed me whistling, I said

Why did you pick up that pitcher
"I was afraid it might cut some horse's foot," he replied
My next question was a natural one
"Are you a Band of Mercy boy?"
He smiled as he said, "Oh, yes; that's why I did it."
The bands of mercy were drawn very closely around the dear little fellow's heart, 1 assure you.

## WHY CHINA HAS NO TELEGRAPH POLES.

There are no telegraph poles in China. Not because there are no telegraph lines, nor yet because there is not wood suitable for use as poles. Strangely enough, the reason is purely religious. The Othinese worship theirdead fothers and worship their dead fathers and grandfathers, and regard the resting-places of their remains as so seored that thay sacrilege to allow a shadow to be cast upon their graves. When the linemen of the first Chinese telegraph companies began operations, they were greatly embarrassed in their undertaking by crowds of inhabi-
tants, who followed them abuut, and with the most frightful blasphemies cut the poles as fast as they were erected. ${ }^{3}$ some time no explanation could be dit tained, but at last the working pary settled district of in the more Fmpire grave were werole cald be erected anywhere but obl a pole could be erected anywher its shad on a srave the difficulty was insuperable, on a grave. The difficulty was invious as it and the Chinese government, an powerlese: was to render assistance, stood
So all wires went underground, and So all wires went underground, eficients said the system proved perfectly efficient.

THE STONE AT THE TOMB.

the stone at the dook of the tomb.
We have reached Easter Sunday, and our thention is again directed to the glorions limax of the central tragedy of history. O" chmax of the of his death (Friday) our Lord's the evenas buried by Joseph of Arimathea il body was bub hemb The next day (the his new Sabbath our Sunday by Pilate's Hebrew sabbu, of the authority, the stoy ard of soldiers plaed was sealed, and a guard of soluiers pat this around it. It had been conjectured that the doorway was not the outer entrance, bui passageway between the outer and inner chambers of the tomb. A circular stone, in a groove, was rolled across this doork way, to close it, and must be rolled back before anybody could enter. The s! cut annexed shows the nature of this ston which is exactly like one we saw at the Tomb of the Kings near Jerusalem, ${ }^{\text {¹ }}$ April, 1892.

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