(Written for the Sorret Heart Re-

I stood on the top of a mountain, The sun sank low in the West, When over my spirit came steeling God's heavenly peace and res .

I sailed on a stormy ocean, In the lonely midnight hour; Hope entered my heart proclaim ng Goo's wondrous might aid power.

I gaz d from an open window, At the starlit sky so fair, And the sleeping world revealing God's ceaseless, patient care.

I entered a wayside chapel, The crucifix hung above, Oh! then through my soul cam enrging God's infinite perfect love.

The Cure of Ars.

(By Rev. Edward F. X. M. Mc. (Sweeney.)

A very interesting event will take place in Rome on January 8th hext, Pius X, the first Pope in three hunofficial recognition of sainthood

is a legal act, requiring long, careful poet was so overcome with emotion and expensive preliminaries such as at the cure's presence that the words taking of testimony regarding the escaped him unawares: 'I have life of the party, salaries of clerks, never seen God so near.' Another printing, correspondence, fees of distinguished pilgrim said: 'The counsel, honoraria of judges, etc. cure of Ars is the very model of the No one can be beatified, no matter childhood which Jesus loved ; therehow holy his life may seem to have fore is it that God is with him." been, ut less miracles are performed of His servant and friend.

markable for exceptional holiness onized saints," and the great Bene- or sicking under it is what surpasses dictine order has had no saint can- my comprehension; this is to me onized for five bundred years, nor the miracle of miracles." the Sisters of Charity during their glorious existence of two and a half died in 1859. He was declared ven-

parish of a village has evidently ger of undue influence has been reslight chance of reaching this sum- moved by the deaths of those who mit of earthly glory, and this, with knew and might be disposed to favor the fact that another parish priest, him excessively, he is to be raised to the first in many centuries raised to the altar on the cold record of his the throne of Peter, is the instru- virtues. In spite of all his ascetic ment in the case, will, I trust, make a sketch of his career interesting to ing, sleeping and exercise in the our readers.

called, was of peasant birth and up- days and works departed to the bringing. His character was excel- Lord. His life has been written by of the sacristy to the Papal "Al'ar of Catholic papers. Let them pay lent, and he was admitted to s'udy Father Monnin, as I have said, and of the Crib," and remains exposed as well as pray for them .- Sacred for the ministry, but his talents were so inferior that he was thrice rejected by the examiners. His moral qualities, however, were so bighly spoken of that at last the Bistop consented to ordain him, and sent him assistant to the pastor who had strongly recommended his elevation to the priesthood. His life was of the most heroic kind. For forty ing the soil can tell you what paid not to the material object as such, years after assuming spiritual charge of the lit le French village he ertered the small, poor and ill furnished church every morning at 2 o'clock and remained there-with necessary interruptions for outside dutiespraying, preaching and ministering to the spiritual wants of his people and the multitudes that in the course of time came to him from all parts until 11 o'clock at night. The ceiling of the little edifice is about 15 feet hig', the width of the nave about 20, with some 10 or 15 feet extra on either sids under the clerestories, where are four side chapelthe length from door to sanctuary rail about 40 feet. A little pulpit rises at the side of the sanctuary about 6 feet from the floor. This always attracts the attention of priests, and makes them real ze the extreme mortification of the cure, who, of course, suffered more from the thick atmosphere the higher be was raised in the crowded and illventilated building.

The escristy off the left of the altar is a little room about 8 feet equare, and it was here that every day for forty years, from before dawn to near midnight, he heard confessions. The confessional is still to be seen, and he must have made it himself, for a plainer and more uncomfortable stool of repentance cannot well be imagined. Those who ki elt there verily began their penance before confessing their sine, and the holy man himself suffer. ed as they did and more. Yet the

## Get the Most Out of Your Food

is weak. A weak stomach does not digest all that is ordinarily taken into it. It gets tired easily, and what it fails to digest is wasted

Among the signs of a weak stomach | the saints. are uneasiness after eating, fits of neryous headache, and disagreeable belch-

"I have been troubled with dyspepsia for years, and tried every remedy I heard of, but never got anything that gave me relief until I took Hood's Sarsaparilia. I cannot praise this medicine too highly for the good it has done me. I always take it in the spring and fall and would not be without it." W. A. NUGENT, Belleville, Ont.

Hood's Sarsaparilla Strengthens and tones the stomach and the whole digestive system.

highest intellects of Europe knelt here before the shepherd's son; the beauty and culture of France, Italy, Ireland, England, Spain, Germany, Poland, prostrated themselves here after hours or even days of waiting to obtain the boon of telling their wins and pouring their troubles into the sympathetic, merciful ear of the humble village pastor.

Listen to the testimony that some of the visitors to Are give of their experiences. It is taken from the dred years chosen from the ranks of life of the cure by Father Monnin, labor to this the first dignity in the one of his assistants when the inworld, is going to beatify, that creasing work made it necessary for is, to raise to the honors of the him to have them. "We once altar, another laborer, the cure of beard," writes the abbe, "a distind'Are, the first parish priest who, guished but somewhat skeptical remaining in this office till the end philosopher exclaim in his enthuand dying a natural death, obtained siasm: 'I do not believe anything I ke this bas been seen since the This enrollment among the saints stable at Bethlehem.' A celebrated

One of the most famous painters through his intercession after his of France stayed about several days death, and those miracles must stand trying to get a perfect sketch of his the closest scrutiny, made with the features. "It has been one of the aid of medical and other specialists, great blessings of my life," he said as to their exceeding the powers of afterward, "to know the Core d'Ars: nature and being referable to God we must have seen the saints to be alone, who thus testifies to the pre- ble to paint them." "What did I sent holiness and entrance into glory see at Ars?" replied a prominent anthor to one who inquired of him. The process, in fact, is so long, so "I saw John in the wilderness! I complicated and so costly that it is was one of the eighty thousand or so neually only organizations such as that went there last year. People

the J suits, the Franciscans, etc., tell me of marvellous things that go that can afford to pay for it; and it on at Ars. I doubt not the power is only they, as a rule, who preserve of God; it is as great in the ninethe records and traditions of those of teenth century as in the first days of their members who have been re- Christianicy. I am convinced that Nay, even some of those "orders" obtain surprising and even miracuas they are called, seem to object to lous cures; but to recognize the prethe distraction incidental to promot- sence of the supernatural there I ing the canonization of their beroes; have no need of all this. The great and so the rigid Carthusian monks, miracle of Ars is the laborious and though belonging, as Cardinal penitential life of its cure. That a Vaughau says, " to the highest state man can do what he does and do it of contemplatives, have but few can every day without growing weary

The cure was born in 1786, and erable in 1872, and now, forty-five Be this as it may, the poor, lonely years after his death, when all danhabits in what regards eating, drinkopen air, be lived in constant, almost uninterrupted, mental and bodily John Baptist Vianney, as he was activity to the age of 73, and full of

Impoverished soil, like impoveerished blood, needs a proper

your doctor will tell you what a doubt, is any reason for the suppres- chusetts Society for the Prevention of Ryan, Sand Point, N. S. you need to fertilize it and give it the rich, red corpuscles that need a concentrated fat food, ation of the "Gloria in Excelsis" in schools of Boston and throughout and fat is the element lacking the Mass, a Bambino, or figure of the the archdioces, where they have not in your system.

There is no fat food that is so easily digested and assimi- Tabernacle, where it remains till after

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also by an English Protestant lady, After this are sung Lands and the make del ghtful reading. Indeed, and the third Mass, usually pontificat You don't and can't if your stomach there is no reading more delightful ed by the Cardinal Arch-priest of the than the lives of those real heroes Basliea. The whole is fully choral and admirable men and women, and occupies all the morning till past

atter simplicity, nay, bard poverty urgy. of his long career, of his wendrous fluence for good and the marvelhat God worked in his favor, but will close my letter with this state some of his blood preserved in a mall visl. It was perfectly liquid, as one perceived when the vessel lark look, with the bubbles I oticed in that which St. Januariu hed fifteen hundred years ago for div in Naples on September 19 ard and Times.

### Christmas in Rome.

For the N. Y. Freeman by Rev. H. G. Hughes.)

It is Christmas Eve in Rome. carnate has gone out into the ends able prophecy of the Sibyl, the fact

be coming Saviour.

ord cometh; and in the morning easily forget it. ye shall see His glory." Thus have ve sung at Matins, and thus through every hour of the Church's prayer, ed a large "Crib." There is the ered in with the first Vespers.

There are ceremonies, also, of sight it will be the most vivid of all the city which have some special them after spending a Chrismas in connection with the mystery of the Rome. Incarnation. Thus, early on the morning of the Vigil, the sacred relic to the veneration of the faithful.

Like many other venerated relics. fertilizer. A chemist by analyz- Infancy, and, since their devotion is Father's house." fertilizer to use for different but to Him with whose earthly life it sion of an edylying act of homage?

Holy Child, generally of wax, is in already been formed. many churches exposed in a prominent position, frequently above the the Epiphany, and is the object of to which we are accustomed in our Euglish churches. The moment when the Bambino is placed in its shrine is eagerly awaited by the people, and is

expressions of devotion. any cause, either in children at dawn, interest centres in the Church maimed, in the face of trials and diffi second Mass of Christmas day.

> To many the solemn functions at alded achievements of the Sisters of St. Peter's are an attraction. These Mercy during the career of St. Mary's begin at 6 a. m. with the singing of Hospital now rounding out fif y usc-Matins. Then follows the first Mass. ful and fruitful years."

Geraldine \_\_\_\_\_. Both the books second Mass, followed by Prime Terce make del gbtful reading. Indeed, and the third Mass reveals positions.

riends and favored children of God, midday. The responsories of Matina are sung to pastoral music of a very I will not anticipate further the pleasing character. It is edifying to profit and pleasure in store for those notice that many of the faithful present who procure one of the lives of the at these solemn offices at St. Peter's cure, with its account of his plain are provided with books in which they nod, poor lodging and attire and carefulty follow the words of the lit-

On the afternoon of Christmas Day

the Church of St. Mary Major is the great rendezvous, in view of the pronent : I visited the house in which cession of the relic of the Holy Cradle he cure lived and died, and sow But the church traditionally connected more than any other in Rome with the Birth of our Blessed Saviour is that of Ara Coeli, on the Capitol, was moved, and had the rich, About this sanctuary are gathered tie Temple of Capitoline Jove, the the truth, and which liquefies appu- central shrine of the religion of Pagan Rome, and, since that religion was My visit to Ars was on the first Sun- identified with the glory of the Roman day of Ootober, 1880, twenty-one people, the centre also of the national years after the cure's death .- S'and life. Here victorious generals came in triumph to celebrate their conquests. Within this temple the great Augustus, in whose reign took place the birth of the long expected Rules of the Nations, is said to have erected an altar to the "Firstborn of God," foretold by the Sibyline oracle. Hence, according to the tradition, the The Holy City is preparing, nay, has name of Ara Coeli, the "Altar of already begun to celebrate the Nas Heaven." The building of a Chrisivity of the Saviour of mankind, tian church on the site of the heathen Nowhere, perhaps, except in Bethle. temple is by some attributed to St hem itself, does the celebration of Gregory the Great. Whatever may this festival rouse such devotion in be the foundation of truth that con-Cathelie heart as in the centre from nects this church with the great emwhich the message of the Word Ic- peror of heathendom and the remark- that?"

remains that, in the eyes of Christian Rome " Ara Coeli" has for ages been The clear Roman sky, decked to. the special shrine of the Child whose ight with a myriad of shiring orbs, peaceful sway succeeded to the hard scalls the splendors of the night rule of the Rome of ancient days, when shepherds watched their flocks All are familiar with the venerated nd the angels' song was heard. As Bambino kept in this church; and monials, not press agents' interviews were with a holy impatience, the all have read or heard of the beautiful from well known people. Church, in Mass and Office through- custom which obtains here when, year out the day, has sent forth words of by year, from Christmas to the Epiph to the merits of MINARD'S LINIwelcome and expectation to meet any, the voices of children proclaim MENT, the best of Household Remethe honor of the Infant King. No dies.

"To-day ye shall know that the one who has witnessed the scene will In one of the side chapels is erect-

the note of hope and joy has sounded mother, with the celebrated Bambino York, after hearing an older brother with ever-increasing eagerness, till in her arms; there is St. Joseph, the tell about a one-karat diamond that now the great feetival has been ust. shepards with their sheep, the ox and the ass, the wise men with their gifts of gold and frankincense and myrrh. In Rome, besides the liturgy of Opposite this graphic representation farm." the Latin Courch, one may witness of the events of Christmas is raised a also the more elaborate rites of E 18t. wide platform, from which the little orn churches in communion with the ones of Christ's flock speak his prais-Holy See. During the octave of the es. Little sermons, bymns and Epiphany Masses are celebrated ac. poems are delivered by these Roman ording to the various Eastern rites children with all the sweetness that P. Q, wrote the following: "One and sermors are preached in many their beautiful Italian tongue and na- of my children took sick with worms tongues in the great church of St. tural grace of gesture can give them; and after trying everything without Andrea della Valle, affording a strik. nor is the note of truth and real de getting relief we procured Dr. Low's ing object lesson of Catholicity and votion wanting-a devotion which Worm Syrup which acted promptly unity. On the eve of Christmas, at dose not fail to communicate itself to and effectually. bree in the afternoon, Sol mn High the hearts of those who stand by and lass is celebrated according to the are moved more deeply than by many Armenian rite in the Church of St | an eloquent discourse as they listen to Bleze and that of St. Nicholas of the innocent voices ringing through and now I notify you that I intend to the vast and solemn building. To

The intention for the month of of the cradle of our Lord, preserved January is the Apostolate of the Press. in the House. at St. Mary Mojor, is carried in sol- Let us suggest that Catholics be not emn procession from the inner chapel satisfied with praying for the success

Heart Review.

"The cup of illicit pleasure has his one has not escaped the attacks ever a bitter sediment, and those who forgotten much." of modern historical criticism; but drink must taste that sediment," says notwithstanding this fact, crowds of the Catholic Universe. "Its bitterfaithful flock to do honor to what ness often turns the prodigal home they believe to be a true relic of the ward and then keeps him in his

is held to have been connected, who directors of the American Humane They did me more good than any If your blood is impoverished shall say that a doubt, while it is only Education Society and the Massa- medicine I ever used. Mrs Annie Cruelty to Animals, held last week. Professor Angell reported that, with When midnight comes, the first the kind approval of Archbishop Wilneed a tonic, but more likely you the principal churches. At the inton- mation of Bands of Mercy in all the improvements?

The fiftieth anniversary of the coming of the Sisters of Mercy to San Fran cisco was celebrated on Dec. 25th, in Scott's Emulsion great devotion. This figure usually that city. Apropos of the celebration takes the place in Rome of the "Orib' the Monitor remarks." "The appeal the Monitor remarks: "The angels of mercy in the human form, consecrating their lives and skill to the service of God and of their fellow beings, not only do not court the the sign for many touching outward world's applause for their self sacri ficing charity, they disparage it. It is impossible therefore to speak of their At the second Mass of Christmas, half century of devoted nurswhich properly should be celebrated ing and care of the sick and the of St. Anastasia. In former and culties unknown to the world, otherbetter days this Mass was celebrated wise than in general terms from an at St. Anastasia by the Holy Father objective point of view. Such an Be sure that this pioture in the form of s
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Such an
appreciation of unselfish humanity
will appeal however to that very large
section of a grateful public which in one way or another is more or less familiar with the sp'endid if unher-

Untold Agony From Kidney Trouble. Very often they think it is from socalled "female disease." There is less

female trouble than they think. Women suffer from backache, sleeplessness, nervousness, irritability, and a draggingdown feeling in the loins. So do men, and they do not have "female trouble." Why, then, blame all your trouble to female disease? With healthy kidneys, few women will ever have "female dis orders." The kidneys are so closely connected with all the internal organs, that when the kidneys go wrong, everything goes wrong. Much distress would be saved if women would only take

DOAN'S KIDNEY PILLS at stated intervals. Miss Nellie Clark, Lambeth, Ont., tells till 6th day of January will traditions going back to the very time of her cure in the following words :- "I when Christ was born. Here stood suffered for about two years with kidney trouble. I ached all over, especially in the small of my back; not being able to sleep well, no appetite, menstruation irregular, nervous irritability, and brick-dust deposit in urine, were some of my symptoms. I took Doan's Kidney Pals. The pain in my back gradually left me, my appetite returned, I sleep well, and am effectually cured. I can highly Pownal Street and Sunnyside, recommend Doan's Kidney Pills to all sufferers from kidney trouble. Price 50 cents per box, or 3 for \$1.25. All dealers, or DOAN KIDNEY PILL CO. TORONTO, ONT.

### MISCELLANEOUS

He was an inspector of schools, and he was testing the knowledge of the class on the value of coins.

He pulled out a half dollar, threw t lightly from on hand to the other and asked a pupil, "Well, what is

"Heads, sir," said the boy.

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Eight year old Henory, who had spent a summer on a farm in New had been found, said :-

Frank had a barrel of carrots on the

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"That dog of yours flew at me this morning and bit me on the leg shoot it the fiirst time I see it. many who have seen this touching "The dog isn't mad"

"Mad! I know he isn't mad. great interest proper to churches in memories which they carry away with Whats he got to be mad about? It's me that's mad."

Keep Minard's Liniment May 2

To the infamous Judge Jeffreys, who taunted him with having grown so old as to forget his law, the great Sir John Maynard replied, "I bave forgotten more law than you ever knew; but allow me to say I have not

# Neuralgia

"I had been suffering about six months with Neuralgia when I started At the December meeting of the taking Milburn's Rheumatic Pills.

Teacher (to georgraphy class) . -Can any of pou boys tell me what are lacking in it. It may be you Mass of Christmas is celebrated in liams, the Society has begun the for- island is noted for its great internal Bright Youth .- Castor ile!

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