

**THE EVENING JOURNAL**  
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**A REMARKABLE MAN**  
 A news despatch states that Premier Clemenceau of France intends to lay down the terms of office when the Peace Treaty is ratified. If he does withdraw from office the public career of one of the world's most remarkable men will cease. At his advanced age in life "the tiger" has performed work and inspired his bleeding country during the war as few men in any nation could do. Nature evidently reared him for a tremendous task and he has ably performed it. In the history of modern France no name will be worthy of more distinction. He is a statesman of rare talent and singular physical endurance.

**LOOKING AHEAD**  
 That the City should have a policy constantly tending toward the purchase of more grounds for sports and games for the boys and youths of the municipality is apparent. The Journal believes to all who study this side of city life. The experiences of this summer establish that there is not now suitable accommodation to meet the demands of all the clubs formed.

There are those who would argue that there are other more urgent ways in which public funds could be spent. This depends, of course, on one's point of view, but considered from the broadest standpoint, the growing boys and young men cannot be better employed than out on a field playing a game. Not only does it develop the physical side but it is a pastime which better fits those who are growing up to face and fight the problems of life. When a suitable place can be bought from time to time it is wise, we think to get it. The way is comparatively cheap today may be costly ten years from now.

Some poets are always a-musing, but not necessarily funny.

**NEW STOCK OF**  
**Zenoleum Disinfectant**  
**Paris Green**  
**Red Bug Poison**  
**Insect Powder**  
**Children's Clean Head Lotion and Lysol.**  
**ABBS & McNAMARA**  
 Quality Druggists  
 101 Queen Street, St. Catharines, Ont.  
 Agents for Vinol, Nuxated Iron, Nitro Phosphate, Tyrell's Cascaes.

**MUNICIPAL ICE PLANTS**  
 Twenty cities in Kansas have asked the state legislature for a bill permitting cities to purchase, or build, and operate, municipal ice plants. The proposed bill has the unanimous endorsement of the League of Kansas Municipalities.

The movement receives a great deal of encouragement from the experience of the city of Weatherford, Okla. Weatherford has a municipal ice plant and, according to an official report, is producing ice at a cost of 60 cents a ton. This is delivered to the door at 25 cents a hundred pounds and the city is realizing a handsome profit. In Kansas the minimum rate for ice sold by private concerns is 40 cents a hundred pounds and in some cities consumers are paying a cent a pound.

**PROTECTION SHOULD PROTECT CONSUMER AS WELL AS PRODUCER**

Canadian Manufacturers' Association, plus industrial Canada and the trade papers, is the biggest load protection has to carry in this country. Protection has more to fear from the short sighted greed of professed friends inside the camp of the Canadian Manufacturers' Association than from the still more short sighted greed of the Grain Growers, United Farmers and other preachers of class hatred in Canada.

Canadian protectionists have no reason to be proud of the company they keep when they find themselves in the society of Montreal corporationists and other manufacturers who have no other ambition in life than to add the high in possible percentage of the import duty to the price of products made in Canada. Free trade would wreck the collective fortresses of Canadians without lowering prices to the individual consumers of Canada. Free trade would annihilate the factor of Canadian competition and throw the Canadian consumer into the hands of the foreign manufacturer. The United States manufacturer is no more considerate of the Canadian consumer than is the native manufacturer. Protection may be maintained or free trade will wreck the country. But protection should be maintained with safeguards that will protect the consumer against unfair prices as truly as protection should protect the producer against unfair competition.—The Evening Telegram.

**THE NEED FOR BETTER PROGRAMMES.**

Nothing else used nerves, calms mother, relieves father's cares, sister's loneliness and brother's anxiety as music does, and it is to be hoped that our artists recognize now more than ever the necessity for better programs, better renditions, better accompanists even better gowns and betterment in all the factors which contribute to the success of a performance. First, because such improvement will be necessary to rouse audiences fagged by war time cares, and secondly, because only performances so improved are at all likely to secure for an artist the evidences of appreciation needed to make for a successful evening.

**CONSTRUCTIVE CRITICISM BADLY NEEDED**  
 Constructive criticism is so rare that many critics hardly know of it. They are hardly aware that there is any other criticism than the kind

**NO MORE KIDNEY TROUBLE**

**Since He Commenced to Take "Fruit-a-Lives"**  
 78 LEXA AVENUE, OTTAWA, ONT.  
 "Three years ago, I began to feel run-down and tired, and suffered very much from Liver and Kidney Trouble. Having read of 'Fruit-a-Lives', I thought I would try them. The result was surprising. I have not had an hour's sickness since I commenced using 'Fruit-a-Lives', and I know now what I have not known for a good many years—that is, the blessing of a healthy body and clear thinking brain."  
**WALTER J. MARRIOTT.**  
 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-Lives Limited, Ottawa.

they write. Some of them may be surprised to learn that there is a sort of criticism too high for them ever to reach. Matthew Arnold is ready with some good advice however, when he says: "Judging is often spoken of as the critic's own business; and so in some senses it is; but the judgment which almost insensibly forms itself in a fair and clear mind, along with fresh knowledge, is the valuable one. And this knowledge, and even fresh knowledge, must be the critic's great concern for himself; and it is by communicating fresh knowledge, and by his own judgment pass along with it, that he will generally do most good to his readers." The constructive critic must add to the world's stock of knowledge of ideas, he must shed light on the composer; he must help the artist to a higher development.

**DON'T BUILD ORPHANAGES**

An enthusiastic citizen read in the newspaper about a boy who had run away from a farm, claiming that he had been very badly treated. "If I had my way," he said, "I would not send any of these children out to homes, but I would have the country build a dozen large orphanages and educate the children until they are old enough to go out and work for themselves." There are many who talk that way and unfortunately there are some who practice it. Encourage the retention of children in public institutions when it would be much better for them and for the community if they could be enjoying the freedom and the pleasure of ordinary family life. Children, like other plants grow strong and rugged and develop fine many qualities when they have to face the common struggle for existence and success. If tenderly reared in an institution they will be exactly like the household plants—beautiful to contemplate and admire, but withering and dying as soon as they are exposed to the outside air. It is impossible to teach in an institution all those virtues that make for thrift and independence of character, and even the run-away boy from the institution has testified that his most valuable lessons in life were gained when he had to use his intelligence to gain a livelihood and to compete with his fellows. No, it has been demonstrated many

times, and must be self-evident to any reasonable person that the charity school is and should be a thing of the past. More especially in a young country like Canada, the smaller the institution the better, and the best institutions will always be those that more closely approximate to the small family home.

**WHAT EXCHANGES SAY**

**SIR HARRY LAUDER**  
 (Westminster Gazette)  
 For some time past it has been reported that Sir Harry Lauder is about to retire from the music hall stage, and color if not confirmation, is given to the statements by the fact that he is taking into his own hands the management of all the farms on his recently acquired Glenbranter estate in Argyllshire. The farms number at least half a dozen; so the personal superintendence of them would not leave much opportunity for visits to London and New York or even Glasgow to sing the joys of roamin' in the gloamin' and the merits of a wotch an dnoorin'.

**"PILL BOXES" AS CAFES**  
 (London Chronicle)

A Belgian farmer who has returned to his shell shattered fields near Poelcapelle has solved his own particular housing problem by converting an undamaged "pill box" into a temporary home for himself and family. "Pill box" was always an unfortunate and misleading term for these concrete forts. Nearly all were rectangular and contained four or more large rooms. Very little work would be necessary to turn them into comfortable and everlasting homes. Some near Boesinghe are already being fitted up as cafes, in anticipation of the tourist parties which will through the battle fields as soon as passport and travel restrictions are relaxed.

**HE DIDN'T MEAN TO**  
 (Kingston Standard)

Mr. W. R. Paton of the Paton Manufacturing Company, manufacturer of tweeds, Sherbrooke, Que., by his testimony before the High Cost of Living Commission, has done the public a real service which will not soon be forgotten—though it may be said, parenthetically that Mr. Paton didn't intend it that way. His intelligence is not of that kind. In the meantime, we salute them at the finest variety of the XXX Brand of Patriots we have yet read about. Also, in the meantime, we point this out as one glaring reason why Labor is dissatisfied today and feels it is not getting a square deal, when manufacturers can make and are permitted to make, such unholy profits, while Labor gets only a raise of a few cents per hour or day.

**Jump from Bed in Morning and Drink Hot Water**

Tells why everyone should drink hot water each morning before breakfast.  
 Why is man and woman half the time feeling nervous, despondent, worried; some days headachy dull and unstrung; some days really incapacitated by illness?  
 If we all would practice inside bathing, what a gratifying change would take place. Instead of thousands of half sick, anemic looking souls with puffy, muddy complexions we should see crowds of happy, healthy, rosy checked people everywhere. The reason is that the human system does not rid itself each day of all the waste which it accumulates under our present mode of living. For every ounce of food and drink taken into the system nearly an ounce of waste material must be carried out else it ferments and forms poisons like poisons which are absorbed into the blood.  
 Just as necessary as it is to clean the ashes from the furnace each day before the fire will burn bright and hot, so we must each morning clean the inside organs of the previous day's accumulation of indigestible waste and body toxins. Men and women, whether sick or well, are advised to drink each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it, as a harmless means of washing out of the stomach, liver, kidneys and bowels the indigestible material, waste, sour bile and toxins thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.  
 Millions of people who had their turn at constipation, bilious attacks, acid stomach, nervous days and sleepless nights have become real cranks about the morning inside bath. A certain pound of limestone phosphate will not cost much at the drug store, but it is sufficient to demonstrate to anyone, its cleansing, sweetening and refreshing effect upon the system.

**GRAIN MIXTURE VALUES**

Oats 34 Lbs., Barley 48 Lbs. the Best Combination.  
 By Opening Surface to Rain, Many Dollars May Be Made by Increased Crops—Full Directions Given Regarding Starting Early Celery.  
 (Contributed by Ontario Department of Agriculture, Toronto.)

**A** LARGE amount of experimental work has been conducted at the Ontario Agricultural College in testing grains both singly and in combination for the production of grain. The results of experiments indicate that there is practically no advantage in growing in combination two or more varieties of grain of the same class. Quite decided advantages, however, have been obtained from certain combinations of grain of different classes.  
 In an experiment which extended over a period of five years in which oats, barley, spring wheat and peas were grown separately and all the different combinations which could be obtained by having two, three and four grains in each mixture, it was found that in about ninety per cent. of the experiments the mixed grains gave a greater yield per acre than the same grains when grown separately. Of the different combinations, oats and barley came at the head of the list, giving slightly over two hundred pounds of grain per acre more than when either one was grown alone.  
 It is important to use in combination varieties which will grow satisfactorily together and which will mature at the same time. Such varieties as the O.A.C. No. 21 barley and the Daubeney, Alaska or O.A.C. No. 3 oats give very good results.  
 Of twenty-five different mixtures with different proportions of oats and barley used for five years in experimental work it was found that the greatest returns were obtained by using one bushel, by weight, of each of a mixture of 84 pounds (34 pounds of oats and 48 pounds of barley).  
**Dr. C. A. Zavitz, O. A. College, Guelph.**

**Open Your Surface Drains.**

Drainage—either surface or underground—is essential if farming is to be profitable. With the dearth of machinery, the depleted labour market and the increased cost of underdraining, progress is retarded somewhat. Everything, however, has been done which prevailing conditions permit. Yet forty per cent. (40%) of Ontario is in urgent need of drainage. The underdrainage of so much cannot be accomplished in a short period of time, hence that which renders timely service, even though only of temporary duration, must be taken advantage of.  
 Surface draining must be resorted to. Several lines will be necessary. Indeed, if the majority of farmers would leave all "finishing" furrows open in the "ploughed" ground and connect them by opening up cross channels through the lower lying parts of the field—cleaning out all the furrows thus traversed—a system would be formed whereby the water could be carried to gutters quickly, efficiently and satisfactorily in the early spring.  
 Not alone to level fields or farms does this apply. Large areas of Ontario are quite rolling, hence naturally drained. Yet, a small open ditch or deep furrow will pay for the trouble necessary to make a channel by the greater ease with which water can escape, thus permitting quicker disposal of the same, hence hastening the drying of the land.  
 These surface drains should be opened at least once per year. The best time to do so is in the late autumn after the fall work is done. Labour can be obtained then with less difficulty and at less cost. The work may be done by hand or by the use of a team if water does not prevent.  
 Surface draining, however, is not recommended to "take the place of" tiling.—Thos. Cooper, B.S.A., O. A. College, Guelph.

**Starting Early Celery.**

The starting of early celery should be done immediately as the seed is slow in germination, requiring about four weeks before ready for the first transplanting. The seed should be sown in flats in a soil very sandy in nature. This soil is pressed down about 1/2 an inch in the box and then the celery is sown broadcast over it. The box is then watered through burlap and is left covered with burlap or brown paper until the seed germinates. When the plants are showing two or three leaves they are transplanted into flats, 2 inches each way. The flats are covered with a layer of well-rotted manure and commercial fertilizer, such as a nitrogenous nature. Good fertilizer is necessary at this stage so that the plants will not receive any check. The plants should be thoroughly sprayed with Bordeaux Mixture when they first break into third or true leaf, so that they will be kept free from blight, and every week after being set in the field.  
 Another method in use among growers is that of sowing in hot beds. The seed is planted in rows about 4 inches apart, in making 1/2 an inch wide and press it down on the soil making a furrow about 3/4 of an inch deep in which the seed is sown. It is then covered with burlap or paper as stated before.  
 Celery to germinate properly should be kept at a temperature of 70 degrees until the young plants are growing in good shape, when it will be lower it to 55 or 60 degrees. E. H. McLaughlin, Ontario Vegetable Specialist.

No Thanks.  
 Wife—I can cook and cook and cook for you, and what do I get?  
 Nothing!  
 Hubby—You're lucky; I always get indigestion.

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**Let your Tea-pot be the Judge**  
**"SALADA"**  
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**Security Loan & Savings Company**  
 26 JAMES STREET, ST. CATHARINES

**DIVIDEND NO. 98.**  
 Notice is hereby given that a dividend of THREE PER CENT being at the rate of SIX PER CENT PER ANNUM, upon the paid up capital stock of this Company, has been declared for the half-year ending on the 30th June, inst., and that the same will be payable at the office of the Company, 26 James street, St. Catharines, on WEDNESDAY, July 2nd, 1919, to shareholders of record on the books of the Company at the close of business on the 16th day of June, inst. The stock transfer books will be closed from the 17th to the 31st days of June, inst., both days inclusive.  
 By order of the Board of Directors.  
**E. F. DWYER, Sec'y-Treas.**  
 St. Catharines, Ont., June 4th, 1919.

**THE STERLING BANK OF CANADA**

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**READ THE EVENING JOURNAL**

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For many thousands of women the Path to Health has certainly been through Lydia E. Pinkham's Vegetable Compound. When this great remedy was first introduced, and for many years after, skeptics frowned upon its curative claims, but as year after year has rolled by and the little group of women who had been cured by it has since grown into a vast army of hundreds of thousands—doubt and skepticism have been swept away as by a mighty tidal wave, until today this purely vegetable medicine is recognized as the greatest remedy for woman's special ills in the world. This is because it is a wonderful tonic and reconstructor which acts directly and favorably upon the feminine organization and is a specific for that purpose.

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