Young Folks

MY CANADA

My Canada! would that I, thy child, might frame A song half worthy of thy name. Proudly I say

This is our country, strong, and broad, and grand, This is our Canada, our native land!

'Tis meet that all the world should know How tar thy sweeping rivers flow, How fair to-day Thy bonnie lakes upon thy bosom lie,

Their faces laughing upward to the sky My Canada! We look alway with love and pride Upon thy forests deep and wide,

And gladly say "These giant fellows, mighty grown with

Are part and parcel of our heritage."

My Canada! So rich in glow and bracing air, With meadows stretching everywhere. With garden gay, With smiling orchards, sending forth to

greet Full breaths of perfume from their burdens

My Canada! Thou art not old, thou art not skilled, But through the ages youth hath thrilled; Tis dawn with thee,

Thou hast a glorious promise, and thy powers Are measured only by the golden hours.

My Canada! What thou art now we know full well, What thou wilt grow to be, ah! who can tell?

We see to-day Thy lithe form running swiftly in the

For all the things which older lands do

My Canada! With loyal sons to take thy part, To hold thee shrined within the heart,

Proudly we say, "This is our country, strong, and broad, and grand, God guard thee, Canada, our native land!"—Jean Blewett.

AN EXILE'S TOAST

Here's a toast to Canada From across the line, Drunk in pure cold water, Better far than wine; Sing me not of other climes 'Till my voice be done, I will sing her winter snow; Sing her summer sun, Fertile field and bulging sheaf And hearts to guard the Maple Leaf.

Here's a toast to Canada: May the kindest sky Smile upon her golden fields, Smile eternally. Loving hearts to guide her, Loyal hearts to guard; Know she nought of war-cloud, Nought of iron shard; But by the good that's in Make friend instead of foe. Our little baby nation— God teach her how to grow

That's my toast to Canada Weak her smile to share.
But deepest songs oft choke the voice
When all the soul is there.
That's my toast to Canada, From here across the line, Drunk in pure cold water, Better far than wine. Sing me not of other climes; 'Till my breath be done, I will sing her winter snow: Sing her summer sun, Fertile field and bulging sheaf And hearts to guard the Maple Leaf. Leland Armstrong in the Canadian

Magazine.

LIVE UP TO YOUR IDEALS

Hello, Hello, Nephews and Nicces:— How do you like our Progress number. One at a time-one at a time-I can't hear when you are all talking together. Such an army and regiment of boys and girls all clamoring to be heard, but I must take you one at a time. I want you little boys and girls to remember that you are the most valuable assets (what does this mean) to the Dominion of Canada, and it is on just how you boys and girls prepare yourselves to be strong, brave and true to all right principles will depend the glory and beauty of this country. How we will compare with other nations as a world's force for universal peace, brotherhood and right-eousness depends on the girls and boys of to-day, more than all the wealth and magnificient resources we can command. Our Canadian boys, because of their birth and training, are of more value to us than any others. All the time spent in developing your character is a good investment and will repay a huna good investment and will repay a hundred fold. Your word must be your bond, you must be strong, mentally, morally, physically and spiritually. Here is a great big work for our boys and girls to undertake, and help each other. The girls must teach our boys to be gentle, kind and strong. The girls must fit themselves to respond only to the best and most perfect ideal of boyhood and manhood. This would mean true progress, the only progress that counts in the end. No grand houses, fine farms, or money to burn will fit you to take your place in the upbuilding of this great nation, as laying down these rules for nation, as laying down these rules for character building will do.

I am very proud of my boys and girls, and if they will be careful to live up to their ideals contained in their various letters, the coming men and women will be looked up to with honor and respect.

Your own,

UNCLE WEST.

A NATURE STUDENT

Dear Uncle West:—I see that you want to hear what our hobbies are, My hobby is nature study. I love wandering around in the bush and over the dirie studying birds, animals, flowers d other natural things. I know nearly all the birds around. Some of the warblers are the ones I do not know, as they are so small and flit around so quickly that you have to sit still a long time to see them. I put bones out for the birds every winter, I put some on the verandah and some on the flag pole. The birds that come are Blue-jays, Hairy Wood-

Social Affairs

Or for Everyday Use it is Equally Popular



Blue Ribbon is delightful for afternoon tea and is widely used at such functions. It is the great home tea of Western Canada for all occasions, both for every-day and when "a few friends come in for tea." And it is guaranteed to please or the packet can be returned and the money refunded.



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CAN'T YOU TALK

peckers, Canada Jays, Downy Woodpeckers Downy Woodpeckers and Chicadees. Last year there were Downy Woodpeckers or Canada Jays. Canada Jays. The Canada Jays have come back this year. In the winter time Even-ing and Pine Grosbeaks come around to get maple seeds from our trees in front of the house. There are Evening Grosbeaks here yet, but there is a flock of Pine Grosbeaks flying around eating roseberries, hawthorns and snowberries.

I am very fond of flowers and am collecting them. I have quite a lot now. Since our sehool started three years ago, we have had a flower calendar there. We have found over a hundred varieties of flowers this year. Last year we found some yellow violets on one of the hills, we also found some Bird's Foot violets on the same hill.

This year I found some false Dragons' head on another hill. We

December

also found the hills but I have found this last sum I like stu found a ston the place what I think this once covered for animals a and from w

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