

New program for women entering the workplace

THE TURNING POINT - a Program for Women in Transition is a new non-degree course being offered at the University of New Brunswick this fall. The program is especially designed to help women make the transition from home to the workplace.

Beth Leroux, owner and Career Consultant with CAREERGUIDE in Fredericton will be the course leader. She has extensive experience in the counselling field and has led seminars for various women's groups in Communication and Career and Life Planning in Government, Business and Educational settings.

There are eight workshops in the Turning Point series. The first five workshops emphasize life coping skills. The objective of these workshops is to help women become better prepared personally to cope with their everyday lives. The information builds upon itself so that women gain competence in their coping skills with each additional workshop. A primary concern for all individuals is a support system from which personal and emotional strength is gained. Through identification of and participation within a

support system, the women in transition (the displaced homemaker) is better able to cope with the process of entering or re-entering the world of paid work. In the stress management workshop, women identify the causes of their stress and the physical manifestations of that stress. Being able to effectively speak up for one's own rights, without infringing upon the rights of others, is the purpose of assertiveness training, the third workshop. During the fourth workshop (financial management), consumerism, credit, budgeting, and money management are covered. In the fifth of the life coping skills workshops, women learn what questions are necessary to ask when they are in need of legal assistance.

The last three workshops focus on job-readiness--but job-readiness as a career/life planning process. This is a combination of explorations and activities that help a person draw conclusions about herself and the way she wants to lead her life. It also includes an awareness of practical considerations, goal-setting, integrating the future with the past, marrying the possible to her wants and

needs, relegating the not-so-possible to the dreamed-of future, and learning the nuts-and-bolts of job-seeking. **THIS IS NOT A SIMPLE PROCESS.** Let us repeat: **THIS IS NOT A SIMPLE PROCESS.**

We have broken it down to what we hope are manageable tasks:

- 1) Self-Assessment
- 2) Career Exploration and Choice
- 3) Conducting the Job Hunt

Although these are separate workshops, the content and tasks inevitably overlap. We have found that this sequence of tasks works for many people.

The non-degree course fee is \$60.00 and the starting date is September 18. The group will meet each Tuesday from 7:00 to 10:00 p.m. for eight

weeks. Further information is available at UNB, Department of Extension and Summer Session, 453-4646.

NOTICE TO STUDENTS

The Board of Deans, which is responsible to the Board of Governors for disciplinary matters, has instructed me to bring this notice to the attention of all students. **STUDENTS ARE MEMBERS OF SOCIETY, AND NO MEMBER OF SOCIETY IS ABOVE THE LAW.**

The Board of Deans is concerned about several recent reports of theft of University property, and the property of individuals on campus, by students. It wishes to issue a clear warning that students, or others, found removing or in unauthorized possession of University property, including signs, furniture and other articles, or the property of individuals, may have criminal charges laid against them. This applies also to theft from the campus bookstore, or from lessees operating businesses on campus, and includes fraudulent use of meal tickets.

Conviction, even for the theft of minor articles, results in a criminal record which can have serious consequences in terms of careers. For example, a criminal record may be an obstacle to entry to the United States or other countries, and may prevent the holder from entering the Federal Civil Service.

The Board of Deans is aware that these acts are committed by only a few students, but trusts that this warning will prevent those few from endangering their careers by thoughtlessness, and usually silly thefts. **STEALING OF ANY KIND WILL NOT BE REGARDED AS A PRANK.**

The removal of traffic signs, in addition to being an act of theft, is a cause of danger to others and will be as a serious matter.

Disorderly and Rowdy Conduct

The Board of Deans also wishes to issue a clear warning that it will not tolerate disorderly or rowdy conduct, or bullying behaviour on campus.

Evidence of such behaviour may lead to disciplinary action, even to a recommendation for expulsion from the University. The rights of others must be respected.

Vandalism

Damage to University property, and to the property of other people, will also be treated as a serious offence, and if evidence is sufficient, charges will be laid.

James Woodfield, Secretary, Board of Deans

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