

Leroy Leisure in: Scuba & you!

Last Monday night I just happened to be wondering around the gym, when I spotted a funny black creature. It had two gigantic webbed feet, one glass eye and a horn protruding from the side of its head. I decided to take a closer look.

I followed it to the depths of Sir Max Aitken pool. Imagine my surprise when he was joined by ten more of these creatures. My heart skipped a beat as I marvelled at the beasts' abilities under water. The creatures moved with speed and skill under the water and were so silent that they would have gone unnoticed had it not been for occasional spurt of water from the horns. I sat and watched for some time before I realized that these were not creatures from an underwater planet, but rather were members of the UNB Scuba Club.

Scuba or Self-Contained Underwater Breathing Apparatus is a relatively young sport. Jacques Cousteau developed the portable

air tanks and compressor during the 1940's. The YMCA developed the first naturally accredited diving course in 1959. The sport has grown tremendously in the past five years, as can be seen by the growth of scuba clubs in Canada and also in this province. There are at least seven diving clubs in New Brunswick, one of which is located at UNB.

The basic pieces of equipment needed for scuba diving are: a diving suit, fins, mask, snorkel, air tanks and a regulator. The diving suit or wet suit is so called because a certain amount of water seeps through the foam suit and stays between the body and suit. The body heat will warm the water, and then the water will act as an insulator to keep the body warm.

In order for maximum efficiency of movement, the fins should fit snugly on the feet. The actions of the fins are similar to the beating of the tail of the dolphin. The up-and-down push of the fins

against the water moves the diver forward at a rapid speed. The mask must be secure against the diver's face so that water will not leak in. The mask covers both eyes and the nose, and all breathing is done through the mouth. The breathing tube, or snorkel is the simplest piece of equipment yet, yet the most vital if the diver is not using a tank. The snorkel is useful for those divers not wishing to dive too deep.

If a diver wishes to go to deeper depths for longer periods of time, an air tank is needed. The amount of time a person can spend under water depends on the amount of air carried in the tank, the temperature of the water, and the physical effort the diver expends. At a depth of 30 feet a person can usually stay down 35 minutes. A regulator or breathing device is necessary to transfer the air from the air cylinder to the mouth piece, so that the divers breathing remains constant at varying depths.

Before a person can begin his diving experiences there are certain skills he must possess. He

must be able to tread water, and swim above and under water. He should be knowledgeable in first aid and water rescue techniques, especially artificial respiration

which is the most important life-saving skill needed when one is around water. The possession of these skills and the constant avoidance of unnecessary risks will keep the diver relatively safe. However, anyone seriously considering diving should be properly trained.

Currently UNB is offering a scuba diving instruction course. This course began in September and runs every Monday night until April.

The course consists of both classroom and pool sessions. The cost to students to take the course



is only \$57.00. This included all instruction plus the use of scuba equipment. The students are mostly beginner divers, but all are competent swimmers. Sometime in March the divers will travel to the Bay of Fundy to complete their open water dives in order to become certified divers. The UNB scuba club is involved in many activities, one of which is the Underwater Olympics. These unique games will be held in Sir Max Aitken Pool, March 14 and 15 and all spectators are welcome. For more information contact Ian Issacs through the Intramural Office.

Lead-free lemons

Lemons, according to British motorist Anthony Ashill could be the solution to the gas crunch.

No, he's not talking about cars that don't run, he's talking about lemons, like you buy in the supermarket.

It all began when Anthony, a 50 year old watch repairer become alarmed at soaring fuel prices. He remembered a lesson from his school days, that you could generate electricity by putting zinc and copper in acid. So he went out and bought a lemon, put a copper coin in one end and a piece of zinc in the other and wired them to the motor of a toy car. The weak acid in the lemon did the trick, and five months later, it's still going, on the same 15 cent lemon.

Says Ashill, "I thought it would keep going for three days at most, but the car's been buzzing around night and day for five months, and shows no sign of giving up." If I can do that with just one ordinary lemon, he added, "just think of what the experts should be able to do with a load of them." (News-cript)

Tragedy ends clean record

Veteran French motorist Andre Teegue was proud of his record of 50 years as a driver without a single accident. But then when he turned 84 Teegue decided he would hang up his keys and told his 69 year old wife to take over the family driving. He bought her a new car and on the first day they drove off to do some shopping in a Paris suburb.

But Andre's wife parked the car at a slant and this irritated Teegue, so he decided to get behind the wheel and do a better job himself. But Andre who's been used to driving an automatic, forgot that this car was equipped with a manual transmission. He accidentally pressed down on the accelerator pedal. The car leaped forward, smashed through a hedge, shot across the road, went up over the sidewalk and ran into and killed a woman pedestrian.

The woman was Andre Teegue's wife. (NDS)

SUMMER JOBS

- ✓ We provided 70,000 summer jobs through the Summer Youth Employment Programme.
- ✓ Through increased funding to the Research Council, 600 more post graduate fellowships and 3000 more summer research jobs were planned.
- ✓ We also planned increased job opportunities for youth through an employment tax credit of \$80 per week per person employed.
- ✓ The P.C. policy would have restored the \$3 million budget to women's employment programme Outreach.

Re-elect for York-Sunbury

Bob Howie



Real change deserves a fair chance



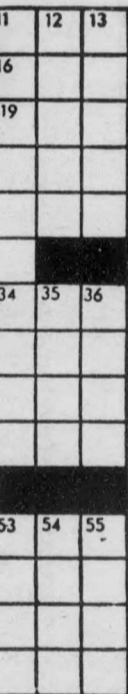
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ZZLE



Squeezes
Ghost word
Mine product
Army beds
Master: Ind.
Spice
Meal
Example
Solar disk
Room to swing
Craze
Trudge
Spigot
N.T. book



CLUB COSMOPOLITAN