OUR FISHERIES PRODUCTION 1920

REPORT OF BUREAU OF **STATISTICS**

Shows Steady and Maintained Development of Canada's Wonderful Waters.

The total value of the fisheries pro The total value of the fisheries production of Canada in 1920 was \$49-321,217, according to a preliminary re-port prepared by the Dominion Burcau of Statistics. This shows a of Statistics. This shows a decrease blood supply and banish anaemia before it has obtained a hold upon the previous year of \$7.187.262, the which is, however, to be accounted for by the general decline in prices experienced during this period. In off mothers know that anaemia is the specific of mothers know that anaemia is the signal officer finds it difficult to reday the reality of the world has brought into existence such a number of new national flags that even the experienced while the international pilot flag in the Navy is not S at all, but V.

Another cause of confusion to the every catch there was an increase in quantity, amounting to substantial the difference that good red blood Czecho-Slovakia,

wonderful waters. point of value accounting for a sum new blood, and the only sure way to of \$15,595,970, or nearly one third of do so is through the use of Dr. Wil- all those flags. The Admiralty prothe total value. Lobsters came next Hams' Pink Pills. \$7.152,455; cod, \$6,270,171; haliherring, \$3,337 680; and mackerel, \$1.126,703. Trent, springs good health, an increased ap-sardines, smelts, pickerel and pil-chards came in the order named be-perfect womanly development. Give tween a million and a half million dol-

British Columbia to the Fore.

Scotia, with her fertile sea fisheries, assumes second place with \$12,742.-659... Following in order are New Brunswick, \$4,423,745; Ontario, \$3,-\$1,249,607: Alberta, \$529,078; Saskatchewan, \$296,472; and the Yukon, cook them myself and then I wash the

landing the fish during the year 1920 was \$29,663,359. The number of em ployees engaged in these operations was 57,660. In fish canning and curing establishments there was a sum of \$20,512,265 invested, and these plants gave employment to a total o 18,499 work people.

Happenings in Canada.

The National Industries Corporation is about to commence construction of a large manufacturing plant on Indus-trial Island, where rivetless sickle blades will be rande. Kutves will be

the Prince Rupert Pulp and Paper Company will go ahead at once with construction of the first unit of its Company will go ahead at once with construction of the first unit of its These cases nearly always occurring two hundred ton per day suiphite mill, having an initial output of forty tons per day. This company recently pur chased the British Columbia holdings of the North Empire Timber Company, approximately 1,000,000,000 feet, or which fully ninety per cent is spruce and hemlock.

A large shipment of threshing mas by in order to encourage the growth of the hair. Sun stroke sometimes ochines to Palestine is being made by the hair. Sun stroke sometimes ochines to Palestine is being made by the hair. Sun stroke sometimes ochines to Palestine is being made by the hair. Sun stroke sometimes ochines to Palestine is being made by the hair. Sun stroke sometimes ochines the sun's rays. A somewhat common may take place from the bady. Some of them were quite humorous. One sentor officer semaphored to an other, just befort Jellicoe's big ships came into action: "It seems to be gettered and confine themselves to the parks, which will afford them comfort and relief.

People should vear light-colored, the ships found themselves. It was easier to joke the next morning; when were quite humorous. Some of them were quite humorous. Some of them were quite humorous. Some of them were quite humorous. The sun's rays advanced in years should avoid the crowded streets and thoroughfares and confine themselves to the parks, which will afford them comfort and relief.

People should vear light-colored, the ships found themselves. It was easier to joke the next morning; when we first the sun's rays. A somewhat common on holiday to go through the state of the day, persons advanced in years should avoid the crowded streets and thoroughfares and confine themselves to the parks, which will afford them comfort and relief.

People should vear light-colored, the ships found themselves. It was easier to joke the next morning; when the confort and confine themselves to the parks, which will afford them comfort and confine themselves to the parks, wh

A large shipment of threshing machines to Palestine is being made by Sawyer-Massey Company of Toronto.

An order amounting to about \$40,000 proved fatal. Living in apartment make the wearer uncomfortably hot.

In order to encourage the growth of mer, and dark clothes should be avoid—we find among the recorded signals this enquiry from the Princess Royal make the wearer uncomfortably hot.

In order to encourage the growth of mer, and dark clothes should be avoid—we find among the recorded signals this enquiry from the Princess Royal make the wearer uncomfortably hot.

In order to encourage the growth of mer, and dark clothes should be avoid—we find among the recorded signals this enquiry from the Princess Royal make the wearer uncomfortably hot. An order amounting to about \$40,000 proved ratal. Living in apartment has also been received from Kingston, houses during the hot weather where Indoor workers should have winJamaica, for road machinery. This no great amount of through draft is dows and doors open to create a draft, and the light should be suppressed, so as not to let in the full glare of the ample, the signal made—of course, in

to the same destination in the spring.

Work is being rushed on the plans for the erection of a model town at avoid stuffy apartments during the or silk. Everybody should try to in the darkness of the night battle: Kapuskasing, Ont., by the Spruce Falls summer months, but the present houspast year the Spruce Falls Company oxpended \$4,000,000 in development there, while only \$2,500,000 is required to complete the work. The plant when completed will be able to handle 20. The summer if cooped up in apartments of the right battle:

Avoid stuffy apartments during the or Sik. Everybody should try to avoid hurry and excitement as these avoid hurry and excitement as these ingstructions. In the darkness of the right battle: "Have expended all torpedoes. I am every and excitement as these in the darkness of the right battle: "Have expended all torpedoes. I am every and excitement as these in the darkness of the right battle: "Have expended all torpedoes. I am every and excitement as these instructions."

There is something plaintive about that "I am alone," but it serves to show what an immense area was completed will be able to handle 20. The plant when impossibility to keep them well in summer if cooped up in apartments or the right battle:

The darkness of the right battle: "Have expended all torpedoes. I am only intensify the heat, but healthful alone. Position doubtful. Request in the darkness of the right battle: "Have expended all torpedoes. I am expended a company is also considering the erec-tion of a pulp mill and power plant. tenements. Babies must be given special attention, and mothers living retiring, so as to induce sleep. Dur-

It is reported that gold hunters are swarming over the country drained by the Wapshe River. New Brunswick, and panning the sands of the stream in search of the yellow metal. The prospectors are looking for the Gilbertson lode. The story is told how offibertson lode. The story is told how represented by the stream of the yellow metal of the story is told how arm, especially during the afternoon and evening when the sun's rays have fiver some sixty years ago, and while making camp for the night, came across a large body of gold-bearing ore. Not knowing what it was he took ore. Not knowing what it was he took home a large piece to use as a door weight. Sometime later a geologist visiting Gilbertson identified the ore, and a mad rush to stake claims along the Wapshe River ensued. Gilbertson refused to tell where he found the ore. Later he became insane and died without revealing the secret. This season

a systematic search is being made.

The new Furness-Bermuda line summer cruises from New York to Quebec has been inaugurated with the arrival at Quebec of the Fort St. George with 150 passengers. This is the first time that a summer service has been run ning between the American and Cana dian ports since pre-war days. The round trip takes twelve days.

The coast line of England is 2,200

miles long. Chalk is formed almost entirely from the shells of creatures which once lived in the water. Wherever we see chalk in a state of nature we low that a sea or lake once occupie

LISTLESS, PEEVISH GIRLS FLAG-WAGGING

When a girl in her teens becomes peevish, listless and dull, when noth-ing seems to interest her and dainties do not tempt her appetite, you may be certain that she needs more good blood than her system is provided with. Before long her pallid cheeks frequent headaches, and breathless-ness and heart palpitation will con-firm that she is anaemic. Many moth-ers as the result of their own girlhood experience can promptly detect the early signs of anaemia, and the wise blood supply and banish anaemia be-

quantity, amounting to substantial the difference that good red blood proportions in cases, and the Dominion thas reason to be satisfied with the record of the year as recording a steady and maintained development of her Salmon continued to hold the pre-nier place among Canadian fish in the best steps to give your weak girl of a half-flotilla of torpedo-boats.

> springs good health an increased apterings, and forkings, and other dispetite, new energy, high spirits and tringuishing marks. your daughter Dr. Williams' Pink Pills, and take them yourself and note how promptly their influence is felt in bet-

Depressing Conditions.

Doctor-"Your trouble is dyspensia. ck, \$4.423,745; Ontario, volume of the control of t You should laugh heartily before and

HEALTH EDUCATION

BY DR. J. J. MIDDLETON

Provincial Board of Health, Ontario

ters through this column. Address him at the Parliament Bldgs,

Heat stroke and heat exhaustion side of the street, or in spots not ex-

Dr. Middleton will be glad to answer questions on Public Health mat

AND SIGNALLING

PLAYS BIG PART IN LIFE OF BRITISH NAVY.

During Battle of Jutland More Than 3,500 Signals Were Exchanged by Our Ships.

Seaside holiday-makers, particularly often wonder what the various flags mean which they see hoisted in ships that pass to and fro. To-day the redis-

member them all.

Czecho-Slovakia, Danzig, Memel and
Russia have all got national flags, with
Russia have all got national flags, with
this in the international code, and variations for the ensign, the inercan-tile flag, and the President's standard; and some countries like Finland go so pain she suffers in her back and limbs far as to have a special flag for so unnmander

Hams' Pink Pills.

New, rich red blood is infused into the system by every dose of these "Admiralty Flag Book," in which they are the system by every dose of these "Admiralty Flag Book," in which they whitefish, \$1,992,107; haddock, \$1,552. pills. From this new rich blood are all set out in their sizes, and quar-

With Different Meanings.

Her gigantic salmon catch keeps
British Columbia to the fore among the provinces of Canada, and in 1920 she continued in the supremacy with a fisheries' value of \$22,329,161. Nova

The merchant ships, passenger and cargo, fly a house flag age. The man-o'war, much more as well, to show who the owners are sawell-known as the bounds of the Empire. Like Puck, they have put a girdle round the earth. Approximately three-quarters of the total number of Boy Scouts in please repeat"—time and again as her Part at 50 cents a box of six boxes for six the Compagnie Gerenale Trans-Atlan-tique, and the Navigazione Generale At las Italiana, for example. But there are hundreds of others as well, and all of slowly and distinctly, "Do you speak spreads and the totals increase, more them convey a meaning to the sea- English?" And that to a ship flying the boys and girls pass into the companies farer.

The really chatty flags are the little oddly-patterned squares and triangles

these, the first twenty-six of which re-CHOLERA INFANTUM present the alphabet, the remainder being numbers, and special flags such

as "Yes," "No," "Prepare," "?" and so on. The international code is shorter, and different. There are only the twenty-six letters of the alphabet and ailments of childhood. It is a trouble that comes on suddenly, especially during the summer months, and un less prempt action is taken the little one may soon be beyond aid. Baby' one over to serve as an answering pen-Own Tablets are an ideal medicine in cognize it when they see it hoisted. It is a blue flag with a white spuare in the centre, and stands for the letter P in the alphabet. When the centre is the control of the centre is the centre in the centre is the centre in the alphabet. the centre, and stands for the letter P in the alphabet. Many who think they knew mistake the white flag with a blue square in the centre for the Blue saved the life of our baby when she Peter. It is, in point of fact, the let-had cholera infantum and I would not ter S, and the signal "I require a be without them." The Tablets are pilot."

had cholera intantum and I be without them." The Tablets are pilot." at 25 cents a box from The Dr ever, has quite a different meaning. Hams' Medicine Co., Brockville, Ont.

Boy Scout and Girl Guide Another cause of confusion to the Movements As World Leaven.

Rubbing It In.

In the feverish hurly-burly of mod ern life, in the strife and clash of gas works.

"What ca many people think it means that there is plague on board. It does not. The flag for that is L, made of equal yeland nations, there is a toof purpose and achievement in man.

—Almost anything, sor," said Mike.

—Almost anything, sor," said Mike. the twin fraternities which owe their low and black squares, the first yellow square being in the top corner near the staff. says the London Times, writing editorially of the far-flung Girl Guide and Signalling with flags was not much bractised in the merchant service be of self-interest, giving instead of ore the war, and morsing with sema-grasping, doing rather than talking. phore or flashing lamp was little are the guiding principles. From an known. It is recorded of a famous merchant skipper that on one occa- justly claims for the branch of which sion, fancying his trained signaller she is Chief Guide, and Princess Mary With Different Meanings.

Every ship is expected, by international law, to show her national colors, passing-man-o-war. The mercantile good. They have expanded beyond Guides (six times as many as there At last the signaller in the man-o'- were in 1912), live in foreign coun

blue easign of a British auxiliary and troops, and out of them into the cruiser! The use of convoys during the sub- larger number of countries. that are hoisted at the yardarm in the vessels, boats, nets, traps, piers, and wharves, etc., engaged in the primary operations of catching and for good signalling in the merchant ships, and they became quite expert in reading, against, the difficult back.

That are hoisted at the yardarm in marine campaign sharpened the need for good signalling in the merchant ships, and they became quite expert in reading, against, the difficult back. marine campaign sharpened the need A third of the Boy Scouts who came from her pupils. ground of the sky, the meanings of Baden-Powell have recently returned, the jumbled colors, which said "Altar there are in the eight provinces thous course two points to starboard," Admiral intends to proceed at 15 knots," there are in the eight provinces thous course two points to starboard," Admiral intends to proceed at 15 knots," there are in the eight provinces thous blankly at each other. Then a hand was waved frantically in the air, and "Altar course in succession N. 86 E." English and Indian parentage, and and so on.

Flag signals in the Navy are mainly Chief Guide went out on the invita-Flag signals in the Navy are mainly concerned with manoeuvring; general conversation is carried on by means of semaphore or flash-lamp. The amount of talking that is done in a their visit some 20,000 Indian Boy conversation of Lord Chelmsford, the Viceroy, with the object of consolidating the Dolio man brought up his son to be unified organization. As the result of their visit some 20,000 Indian Boy fleet in twenty-four hours at sea is their visit some 20,000 Indian Boy scouts, who had been enrolled inde-Few people probably realized, be- pendently of the parent organization, sland. where rivetless sicile will be made. Knives will be often occur in hot weather, with seri-cutured for all standard grain of middle-aged men and women collapsing and dying on account of the baby should consist only of a losse cetton wrap, the arms and legs losse cetton wrap, the baby should be bath-leat, especially if there is much humpertant that the baby should be bath-leat, especially with the high temperature. Wit in War-time.

These areas parks and a further association of 15,000 Scouts and Guides enrolled by Mrs. Becaute, with series lossed to the street, or in spots hot extended by the parks and a further association of 15,000 Scouts and Guides enrolled by Mrs. Becaute, with series lossed to the street, or in spots hot extended by the parks and a further association of 15,000 Scouts and Guides enrolled by Mrs. Becaute yield a further association of the official Jutland papers were issued, that from start to finish more issued, that from start to finish stances out of many of the univer-sality of the spell exercised by the principles of Scouting. British origin, pan-British by adoption, t have in them something that appeals to the boys and girls of all nations. and binds them together in a comm fraternity that can rise to a pla above the ordinary distinctions of race. With the passing of youth and its enthusiasms, the inspirati cases, inevitably decay. But if, in the majority, they survive, then it is a ly visionary to hope that, in each country where they thrive, they may in-

the germ of a real and abiding League Good Company.

sensibly leaven the lump and be

To-day I have grown taller from walking with trees The seven sister poplars who go softly in a line; And I think my heart is whiter for its

parley with a star, That trembled out at nightfall and hung above the pine

The call-note of a red bird from the cedars in the dusk, Woke his happy mate within me to an answer free and fine And a sudden angel beckoned from column of blue smoke—

stoop-these holy folk of Thine MONEY ORDERS. Dominion Express Money Orders are on sale in five thousand offices

Lord, who am I that they should

Why Dogs Bark.

It is a curious fact that dogs bark only when they are in association with man. The dog in a state of nature

baby. For three days and nights her husband, assisted by blacks, rowed them in a small boat to hills sixty asking for some.

abuse and reproach. probably arose in the East, where dogs are considered of very little ac packages. Made in Canada.

Minard's Liniment for sale every where

BITS OF HUMOR FROM HERE & THERE

Tent In Coat Pocket.

So thin is the material with which s four feet high tent, invented in Eng-land, is made that it can be folded and carried in a coat pocket, the pole also folding and serving as a walking stick.

On Schedule.

know, I puts them in regular as the was pretty much of a wreck. I used

Equal to the Occasion.

Shurel could do that," said Mike, start and has relieved me of all my

Credit Where it is Due.

Evidently a young editor in Missis-lipi was a firm believer in the doc'trine that if a newspaper copies an item from another paper, it should always give full credit to the paper from which it conies.

The data by well and my look agrees with me, My nerves are now steady, I no longer have fainting spells, I no longer ha

This young man copied in his sheet poem beginning "Full fathom five"

Tanlac is sold by lead az druggists poem beginning "Full fathom five Tanlac is any father lies," and at the end put everywhere.

William Shakespeare in the New

"And now, children," asked the his wife." teacher, at the end of the lesson, "can "That c you tell me the Enlish national flow-

"The rose!" came in an eager chorus "And the French?"
"Lilies!" was the response, after

me hesitation.
"And the Spanish?"

"Onions

president his desire that his boy take a course shorter than the regular one "My son," he explained, "can never take all those studies. He wants to get through more quickly Can you arrange it for him?"

can take a short course; it all depends on what you want to make of him. When God wants to make an oak He takes a hundreds years, but he takes only two months to make a squasi-

Never explain: your friends do not need it and your enemies will not lieve you anyway.—Fra Elbertus.

BRINGS HAPPY EASE. Don't Endure Pair. Apply



Rub it in.

A Good Thing.

America's Pioneer Dog Remedies DOG DISEASES and How to Feed Mailed Free to any A& dress by the Author. E. Clay Glover Co., Yan 113 West 31st Street New York, U.S.A.

ASPIKIN

Only "Bayer" is Genuine



Warning! Unless you see the name "Bayer" on package or on tablets you are not getting Aspirin at all. Take asking for some.

Another dog, which is in the habit of going to bed at sundown, will bark to tell you he is ready when the time comes.
It is also curious that, although the dog is so much the friend of man, his twenty-one years and proved safe by name is used in many expressions of millions. Handy tin boxes of twelve Such phrases Bayer Tablets of Aspirin cents. Druggists also s is the trade mark (registered in Cana-da), of Bayer Manufacture of Mono-aceticacidester of Salleylicacid.

WORTH ITS WEIGHT IN GOLD, HE SAYS

BRAHAM POURS OUT HIS GRATITUDE TO TANLAC

Toronto Man Declares He Was Almost Physical Wreck When He Began Taking It.

eggs for breakfast are cometimes bell.

Tanlac has done me," said George W.

Braham, 2i Grove Ave., Toronto, Ont.

"When I returned from oversease." "I wouldn't take all the gold you clock strikes eight, and I takes them out without fail when I bears the down train go by."

to have fainting spells and my nerves were in such a bad state that I used to jump at the least sound. My stom-

Equal to the Occasion.

An Irishman applied for a job at the a good night's sleep and I always got up in the merning feeling tired and weary. I was steadily losing weight and finally got very weak.

"One evening I said to my wife: "I

ach was always out of order, so that

"Well," said the foreman, who was a bit of a joker, "you seem to be all right, but could you wheel cut a barrow of smoke?"

"The work and the result was weggerful. It just seemed to result was weggerful. It just seemed to result my needs from the

want to express my gratitude for what

That Proves Him Sane.

"He's crazy, Your Honor," said the oliceman to the magistrate. "I found im standing at the coreer scotling

"That doesn't prove him crazy," re joined the judge.
"His wife wasn't there, Your Henor,"

added the officer. The Canadian Pacific is the only solvent railroad on the North An erican continent, says the Wall Street

COARSE SALT LAND SALT

Bulk Carlots TORONTO SALT WORKS C. J. OLIFF . TORONTO

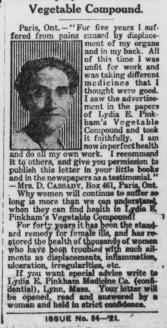
ECZEMA IN RASH **CUTICURA HEALS** Very Itchy and Burned. Troubled Six Weeks.

"Our daughter's face came out in rash that we were told was ecsens a rash that we were told was eczema.

Her cheeks got sore and she rubbed causing loss of sleep. The breaking out was very itchy and burned so that I had to tiegloves on her hands to keep her from scratching.

on her hands to zer her from scratching "This trouble lasted about six weeks before I used Cuticura. I used one large box of Cuticura Olarmen with two cakes of Cuticura Soss when she was healed." (Signed)Mr H. Stares, Blenheim Rd., Galt, On Soap 25c, Ointment 25 and 50a. Sok throughout the Dominion. Canadian Depot Lymans, Limited. St. Paul St., Mentreal.

Finally Was Restored to Health by Lydia E. Pinkham's Vegetable Compound.



INSTANT O

Have you noticed how many of your neighbors have changed from tea or coffee to

INSTANT POSTUM

The smooth, rich flavor of this cereal beverage appeals to the taste, and it is free from any element of harm. Better nights and brighter mornings usually result from Postum in place of tea or coffee.

"There's a Reason"

Ptum Coroel Comp Brita Dept. Hos. U.S.A. INT WEBST COMT COMES

miles away, and it is two hundred throughout Canade miles to the nearest white settler.
Only once a year does the missionary obtain news from the outside world.

and sometimes eighteen months elapse before a mail is received.

Some months ago the homestead was buried twenty feet under water merely growls, howls, or whines through a sudden flood. It was a try-ing time for the missionary's wife, who had just given birth to her first tainly seem like it sometimes; as, for distant, heavy rains drenching

them all the time. Vegetable Leather in Japan.

through it, and as pliable and soft as

A plant grows in Japan which furnishes a sort of vegetable leather. It is a pretty shrub called the mitsumata and its inner bark, after going through certain processes, is converted into a substance as tough as French kid, so translucent that one can almost see