

TO CURE CONSTIPATION USE
"RIGA"
 PURGATIVE WATER
 It encourages normal healthy bowel movements, cures constipation and stomach troubles and insures health.
 ON SALE EVERYWHERE USE IT FOR HEALTH'S SAKE
 National Drug & Chemical Co. of Canada, Limited, St. John, N. B.
 Distributors for the Maritime Provinces

GIRL WORKERS ON PACIFIC FARMS
 Thousands Picking Berries in British Columbia
 All Wear the Overalls

The Halifax Mail is in receipt of a number of letters from girls in British Columbia who have been rendering signally effective national service on the farms in that province. British Columbia can undoubtedly give points to Nova Scotia in this matter, thanks to thorough organization. As yet the farmers of this province have treated the suggestion of the substitution of women for men on the farms, in order to release men for military service or for such other national service as only men can render, as an impractical idea—not so the farmers of British Columbia where, on a single farm in the Fraser Valley, over three hundred girls and women of the educated classes—professional women and women of established social position—have been employed this season in berry-picking.

The Mail's correspondent writes: "I am surprised to hear that in Nova Scotia women have as yet not been taken seriously as workers. Don't you think the trouble is in lack of efficient organization on the part of the women? Here in British Columbia 8,000 fruit-pickers were asked for in the Okanagan, and there was a fine response from the girls all over the province—they offered for such service as they could render, and they have done and are doing well, and have a well organized system by which they can promptly place them where there is demand for their help."

"The farmers supply the tents, shacks and cots or bunks, the girls providing the bedding. The cooking utensils are also provided by the farms, and an arrangement is made by which the butcher, the baker and the grocer call regularly, the girls doing their own cooking. Among the hundreds who have undertaken the work this summer are college girls, trained nurses, a large number of stenographers who have given their vacation in order to render service; teachers—as I have told you, they are in most cases girls of education and refinement, and perhaps they will interest you as showing how smoothly and happily the work has gone on."

One girl writes: "We have arrived here and Mr. and Mrs. are so nice. It is not as though we were really working for them, but just visiting them and helping them pick the fruit. We all went down to the beach, and I feel the responsibility and sometimes wish Mr. had come, for I can see that Mr. B. had come to see that things run smoothly. I will not write about the camp life—some of the other girls will tell you about that."

Writes another: "After waiting patiently we have at last reached the berry patch. We arrived here on the 7:30 train last Friday, and have been here just a week tomorrow. I must say that we are having the time of our lives—only the mosquitoes are pretty bad, but still we expected them to be far worse than they are. The heat is intense, but still with just our overalls and large hats we manage nicely. Mr. B., the owner of the farm, is very nice, and the different farmers around here say we surely are lucky to have such a fine farm for our boss. The scenery is just lovely from our tent, which is on the side of the mountain. We can see the Fraser River, and behind that are the mountains—Mount Baker, of which I dare say you have heard, is one of them."

Another writes: "As you will see we are here at last, and are having such a lovely time—we have everything we could wish for, and Mr. and Mrs. are exceeding efficiency. The mosquitoes—we can't get accustomed to them. As to the work, it is a pleasure, and we are enjoying ourselves."

"I have just glanced at some biscuits I made tonight, and I'm certainly proud of them. We take turns in cooking and have to make an attempt at it."

Still another writes: "If you could only see us in our overalls! We look exactly like farmers. I guess we'll be quite used to farm life soon. I'm really enjoying it. Even though we work hard during the day, we have nice times in the evenings. The berry pickers are paid forty cents a crate, a bonus of ten cents being paid to all who remain for the entire season."

The Mail's correspondent writes that the farmers have found the work of girls satisfactory, and are anxious to contract take the matter seriously. It is much to be hoped that organization of women in Nova Scotia with a view to their rendering really efficient service will shortly be effected, and that the attitude of the farmers may be such as to make it effective. There are two mutual interests in women's work to be utilized helpfully. Up to the present time the organization has not been adequate, nor has the attitude of the farmers, generally speaking, been sympathetic.

Professor Harcourt of Guelph Agricultural College says that in using substitutes for wheat flour in bread, it would be best for women to mix their own flour.

Claims German Revolt is Near

Central Powers Situation Precarious; Russia Must Re-establish Military Power
 Rome, Aug. 15.—M. Ransanoff, the delegate to Italy of the Russian council of soldiers and workmen's delegates, in a report addressed to the council, says that there exists in Germany a revolutionary movement, the success of which, however, is hardly probable. Russian military weakness, he adds, is serving German imperialism, the Russian offensive had compelled the Russian Reichstag to vote a peace resolution, but the Russian check on the southwest front has re-established the morale of the Berlin military authorities. Nevertheless, he contends, the situation in the Central Powers remains precarious. M. Ransanoff's report concludes: "The success of the Stockholm conference depends upon the attitude of our French and English comrades. It depends also on ourselves for development like those of July 16-18 (the period of anti-government demonstrations in Petrograd) compromised the prestige of the council of soldiers and workmen's delegates not only abroad, but also in Russia. That is the reason why we must seek with all the means at our command to overcome our present disorganization and to re-establish our military power."

LOCAL NEWS

\$12 suit week at Turner's, Out of the High Rent District. 440 Main. t.f.
 \$12 suit week at Turner's, Out of the High Rent District. 440 Main. t.f.
 \$12 SUIT WEEK AT TURNER'S
 Selling all \$15 and \$16 suits at \$12. Call and get a genuine suit bargain. Turner, Out of the High Rent District. 440 Main.
 NOTICE
 Wanted to adopt two children of widow whose husband has died in service at the front. Address "E 27," Times office.
 NOTICE
 Tenders will be received by the undersigned until Aug. 22nd, 1917, for about one hundred tons of good screened soft coal to be delivered at the Hampton Consolidated School in car load lots, as required. Brand of coal to be named and tender marked "Coal Tender," and addressed to Thos. E. Smith, Secretary to Trustees, Hampton Coal School, Hampton, N.B. Aug. 16th, 1917. 9-18

NORTH END GIRL, A PROMINENT ACTRESS, MEETS TRAGIC DEATH

Miss Annie Moore, of 840 Main street, does not expect a very large legacy from the estate of Mrs. Alice Epstein, who died recently in New York. That she left an estate about \$800 in personal property and unknown value in real estate when she died in the Polyclinic Hospital, July 29 last, has been revealed in the Surrogate's court by the granting of letters of administration upon her estate to her husband, Louis Epstein, of the Palace Hotel, by Surrogate John P. Colahan.
 Mrs. Epstein met with a very tragic end. She had been staying at the Palace Hotel, New York, and on coming in on the day of July 25, she asked the bell boy to bring her some lead water. Her room was on the seventh floor, and on reaching there she attempted to open the door but it was locked. She suddenly gave way, hurling her to the pavement, seven stories below. She died later in the hospital.
 Mrs. Epstein was an actress and had been on the stage since she was four years old. At the time of her death she was only twenty-four years old, and was leading lady in "Step Lively." She had signed a contract with this producers for three years. Mrs. Epstein is survived by her father, Louis Epstein, manager of the Majestic Theatre, Scranton (Pa.).
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 Mrs. Epstein is survived by her father, Louis Epstein, manager of the Majestic Theatre, Scranton (Pa.).

Don't Use Dangerous Antiseptic Tablets

It is an unnecessary risk. Absorbine, Jr.—It kills germs quickly and surely without any possibility of harmful results; made of pure herbs, non-poisonous, and there is no danger whatever if the children get hold of the bottle. It retains its germicidal powers even when diluted one part Absorbine, Jr. to 100 parts of water—and its antiseptic powers one part Absorbine, Jr. to 800 parts of water.
 The germicidal properties of Absorbine, Jr. have been tested and proven both in laboratory and actual practice. Detailed laboratory reports mailed upon request.
 Absorbine, Jr. \$1.00 and \$2.00 per bottle at druggists or postpaid.
 A liberal trial bottle postpaid for 10c in stamps. W. F. Young, P.D.F., 317 L'Orman's Bldg., Montreal, Can.

MEATLESS DAYS IN HOTELS NEXT WEEK

Ottawa, Aug. 14.—This is the first of the beefless-baconless days as ordered by Food Controller Hanna. The Chateau Laurier observed the regulation in full, and had a notice to that effect on its menus, fish taking the place of the beef and bacon. Some of the smaller hotels and restaurants did not enforce the rule, as they were not sure if it was in effect, no official notice having been sent direct to them. Where the rule was enforced, the eating public took it good naturedly, those who asked for bacon and beef doing so mostly as a joke.
 In the food controller's office it was stated that the rule was effective today. No penalties, however, would be imposed this week, as some latitude will be allowed to get things in order for the change.
 The next beefless day will be Friday, and then for next week offenders of the regulation will be liable to prosecution for serving beef or bacon on Tuesdays or Fridays.
 The local hotel managers did not observe the beefless and baconless day yesterday as ordered by Food Controller Hanna. Several managers said that they would not do anything until they received official notice from Ottawa, but according to the foregoing they will not receive any official notice and if they do not observe these days next week they will be liable to a fine of \$250.

MONTRÉAL'S POPULATION

The total population of Montreal and suburbs at the present time is given by Lovell's City Directory as 797,962, against 788,200 last year. The population of the city proper is estimated at 664,454, an increase of 26,796 during the last year, which ended July 31.
 The population of the suburban cities is given as: Westmount, 18,000, an increase of 500; Maisonneuve, 84,856, same as last year; Outremont, 12,000, same as last year; Verdun, 28,000, a decrease of 2,000.
 Harvest Battalions
 T. H. Molloy, secretary of the provincial bureau of labor, estimates that 20,000 harvesters will be needed in Saskatchewan this season. Let men who are rejected by the recruiting sergeants for the army be organized into military battalions to save the harvest, is a suggestion.

SHIPPING

ALMANAC FOR ST JOHN, AUG. 15.
 A.M. P.M.
 High Tide... 10.17 Low Tide... 4.32
 Sun Rises... 5.58 Sun Sets... 7.24
 Time used is Atlantic standard.
 PORT OF ST JOHN.
 Arrived.
 Tag Stadium, 49, Polk, Windsor.
 Str Ruby L, 81, Baker, Margareville.
 Str John L Cann, 77, McKinnon, Westport.
 Str Granville, 60, Collins, Annapolis Royal.
 Cleared.
 Str Granville, 60, Collins, Annapolis Royal.
 Str John L Cann, 77, McKinnon, Westport.
 Str Empress, 612, MacDonald, Digby.
 Str Ruby L, 81, Baker, Margareville.
 Str Grand Mannan, 180, Herson, Wilson's Beach.

PAINLESS EXTRACTION!
 Only 25c
 We make the best teeth in Canada at the most reasonable rates.
 BOSTON DENTAL PARLORS
 Head Office: Branch Office:
 627 Main St. 35 Charlotte St.
 Phone 683 Phone 38
 DR. J. D. MAHER, Prop.
 Open 9 a. m. Until 9 p. m.

BROWN'S GROCERY COMPANY
 86 Brussels St. Phone M. 2666.
 134 King St. West. Phone W. 166.
 Purity Flour, Per bbl. \$14.00
 98 lb. bags Purity... \$7.00
 25 lb. bags Royal Household... \$7.00
 24 lb. bags Five Roses Flour... \$7.00
 10 lb. bags Purity... \$2.85
 24 lb. bags Royal Household... \$7.75
 11 lbs. Finest Granulated Sugar... \$1.00
 10 lb. bags Lantic Sugar... \$5.00
 5 lb. boxes Lantic Sugar... \$5.00
 5 bottles Lemon or Vanilla Flavoring (With Order)
 2 boxes Shredded Wheat for... \$2.50
 2 pkgs. Raisins for... \$2.50
 2 cans Evaporated Milk for... \$2.50
 2 cans Quaker Oatmeal per pkg... \$2.50
 2 pkgs. Jelly Powder for... \$2.50
 Domestic Shortening 10 lb. pails... \$2.45
 3 lb. pails Domestic Shortening... \$2.50
 1 lb. block or bulk, per lb... \$2.50
 Choice Country Butter per lb... \$4.00
 Fresh Eggs, per doz... \$4.00
 All Other Goods Equally Cheap.
 Goods Delivered All Over the City, Carleton and Fairville. 8-12

For **INDIGESTION**
WASSONS STOMACH TONIC
 Is Guaranteed to Cure or Money Back
 45c and 75c Bottle at
WASSONS CUT RATE DRUG STORE
 Phone 110. 608 Main St. 711 Main St.

Robertson's Specials
 SUGAR
 100 lb. bags... \$9.00
 10 lb. bags... \$95c
 11 lbs. for... \$1.00
 3 lbs. Pulverized... \$3.0c
 2 lb. pkgs... \$2.0c
 FLOUR
 Purity in barrels... \$13.90
 Purity in one-half barrels... \$7.00
 98 lb. bags Household... \$6.90
 24 lb. bag Purity... \$1.80
 24 lb. bag Household... \$1.75
 SOAP—(Very Special)
 6 cakes Lenox for... \$2.5c
 100 cake box... \$4.15
 2 tins Soap... 25c
 2 tins Evaporated Milk... 25c
 2 pkgs. Shredded Wheat... 25c
 3 tins Saffron Stove Polish... 25c
 3 tins 2 in 1 Shoe Polish... 25c
 3 bottles Ammonia... 25c
 25c large bottle Pickles... 25c
 Clark's Chili Sauce Beans... 25c
 Finest Delaware Potatoes... 40c peck
 Little Beauty Brooms... 65c
 J. C. Baker's... 25c
 1 lb. tin Corned Beef... 30c
 10 lb. tin Crisco... 42c
 Finest Yellow-Eye Beans... \$2.50
 2 lb. tin Peaches... 25c
 Large tin Fancy Peaches... 25c
E. R. & H. C. Robertson
 Phones 3461 and 3462. COR. MAIN and DOUGLAS AVE.

FOOD REGULATIONS IN GREAT BRITAIN

Observed by the Public Under Heavy Penalties
 Restriction on Buying—Absolute Prohibition of the Use of a Large Number of Articles
 The following is a summary of the orders issued by the British Food Controller from time to time and now in force. Only those provisions are given which affect the general public, and as was-time measures, especially in the line of food conservation. The compilation is that of the official bulletin of the National Wholesale Grocers' Association.
 Public Meals
 Hotels, restaurants, clubs, boarding houses and refreshment places generally are retained weekly average of meals served in them. The allowance of meat is based on an average of five ounces for each luncheon and dinner, and two ounces for each breakfast served on non-meatless days; bread, two ounces for each breakfast, luncheon, tea, and dinner, with one ounce of flour for each luncheon and dinner, and sugar, 2-7th of an ounce for each breakfast, luncheon, tea, and dinner.
 Tuesdays are meatless days in London and Wednesdays elsewhere in the kingdom.
 Establishments at which no meal is served costing more than 1s. 8d., exclusive of beverages, are exempt from the provisions of the Public Meals Order by reason of the fact that it never charges more than 1s. 8d. for any meal, it shall not serve any individual between the hours of 9 p. m. and 6 p. m. with more than two ounces of all bread and cakes. This does not apply to places which limit to 6d. the maximum price charged for any meal not containing meat, fish and eggs.
 Cakes and Pastries
 The making of any light fancy pastries, muffins, crumpets, fancy tea cakes, and other light articles of food is prohibited.
 Cakes, buns, scones and biscuits, which are not permitted, must conform to certain requirements as to the amount of sugar and wheaten flour that may be made.
 Fifteen per cent of sugar is allowed in cakes, buns, crumpets, fancy tea cakes. No sugar may be used in scones.
 Not more than 80 per cent of wheaten flour may be used in cakes and 50 per cent in buns and scones.
 No ornamental cake or bun may be made.
 Food Sale and Hoarding
 No trader, in selling an article, may impose a condition involving the purchase of any other article.
 No person shall acquire supplies of food beyond the needs of his ordinary consumption.
 A tradesman shall not sell any article of food where he has reasonable grounds for believing that the quantity ordered is in excess of requirements.
 The Food Controller may order the inspection of premises in which he has reason to believe that hoarding is taking place.
 Wheat, Flour and Bread
 The maximum price of wheat is fixed at 78s. per quarter of 480 pounds; of barley (other than kiln-dried), at 68s. per quarter of 480 pounds, and of oats at 65s. per quarter of 812 pounds. This does not apply to seed until May 12. The extraction of flour from wheat is raised to a basis of 81 per cent, the percentage of flour from other cereals to be mixed with wheat flour must not be less than 10 per cent, and not more than 25 per cent.
 Barley, maize, oats and rice may be used in the manufacture of bread, but when wheaten flour is used it must not be of the regulation grade.
 Bread must not be sold until it has been made at least twelve hours.
 The only loaves allowed are the tin loaf and the one-piece oven-bottom loaf. No currant, sultana, or milk bread may be made.
 No sugar may be used in bread.
 All bread may be sold by weight. All loaves must be one pound or an even number of pounds.
 No wheat, rye, rice, or products thereof, or arrowroot, or tapioca, saccharine or any other substance, may be used for human food.
 No bread or other product of the cereals mentioned above must be wasted.
 No maize, barley or oats, or products thereof may be used except for human or animal food.
 The Food Controller has taken over all flour mills of the United Kingdom which use wheat in the making of flour, except those with an output of less than five sacks of flour per hour.
 Sugar
 No chocolate must be sold or bought retail at a price exceeding 8d. per ounce, or any other sweetmeats at a price exceeding 2d. per ounce.
 The quantity of sugar used by manufacturers other than jam, marmalade or condensed milk is reduced to 40 per cent of the 1915 supply.
 The maximum retail price of milk is 2d. a quart over the price on the 15th of the same month in 1914.
 Tea and Coffee
 Since May 1, no tea may be packed other than the net weight.
 After July 1, all tea retail, whether contained in a package or not, shall be sold by net weight.
 Forty per cent of the total imports of tea from India and Ceylon are allocated for the purpose of the sale retail at 2s. 4d. per pound.
 An arrangement has also been made with the Coffee Trade Association to supply a good, sound pure coffee at a rate which would enable grocers to sell retail at 1s. 6d. per pound.
 Barley and Brewing
 The Food Controller has taken over all barley, foreign and home grown, other than home grown barley which has not been kiln dried.
 The output of beer is limited to the rate of 10,000,000 barrels per annum, as compared with 86,000,000 barrels before the war.
 The manufacture and sale of malt or its use by other than a brewer for sale, is prohibited.
 Note—Any infringement of an order made by the Food Controller is a summary offense under the Defense of the Realm regulations, and the offender is liable to imprisonment for six months, with or without hard labor, or a fine of one hundred pounds, or both.

Horlick's Malted Milk
 Safe Milk
 For Infants & Invalids
 A Nutritious Diet for All Ages.
 Keep Horlick's Always on Hand
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You Furnish the Boy And We Will Make Him Happy
 If all parents bought where the qualities are best, the styles hand-somest, and the prices sweet, we would have a monopoly on the trade.
 Just bring the boy in and let him try on some of our suits and we will take the chances of making a sale.
 BOYS' SUITS, \$4.00 to \$12.00

H. N. DEMILLE
 199 to 201 Union Street Opera House Block

New Parlor and Bedroom Suites
 —Just Arrived!
 We have a beautiful selection of new parlor and bedroom furniture in the late t designs.
 We make a specialty of furnishing new homes.
 Furniture, Carpets, Squares, Oil cloths, etc., at all Prices.

AMLAND BROS., LIMITED
 19 Waterloo Street

LOCAL NEWS

Ralph St. J. Freese, who had his arm broken in an automobile accident on the Black River road on Monday, left the hospital yesterday and returned to his home in Sussex.
 A social and open evening was held by the Dominion L.O.M., No. 141, last night for the purpose of tendering a welcome to Rev. Bro. H. A. Goodwin and Mrs. Goodwin. Mr. Goodwin is now the new pastor of the Centenary Methodist church, coming from Moncton recently. The allowance of meat is based on an average of five ounces for each luncheon and dinner, and two ounces for each breakfast served on non-meatless days; bread, two ounces for each breakfast, luncheon, tea, and dinner, with one ounce of flour for each luncheon and dinner, and sugar, 2-7th of an ounce for each breakfast, luncheon, tea, and dinner.
 Colonel J. L. Sharples, S. Armstrong and C. S. Segeworth, members of the hospital commission, made an inspection of the barracks and the Parks Convalescent Home yesterday afternoon. They found them in as good condition as could be expected.
 A meeting of Local 110, Coal Handlers and Trimmers' Union, was held last evening at 8 o'clock, at the Odd Fellows' hall, at which routine business was transacted. The union extended their deepest sympathy to J. McDonald, of 86 St. Patrick street, in the recent loss of his wife.

Kirkpatrick & Cowan
 Cash Specials
 22 King Square
 (Next Imperial 1st street)
 PHONE M. 3158

Mayflower Condensed Milk... 16c
 Fly Catches... 2 for 5c
 2 cans Salmon... 25c
 2 pkgs. Dates... 25c
 Puffed Rice, per pkg... 14c
 2 pkgs. Lipton's Jelly... 25c
 Bulk Tea, per lb... 40c
 Fresh Ground Coffee, per lb... 35c
 6 cakes Yerxa's Soap... 25c
 Sardines, per can... 25c
 Jersey Cream Baking Powder... 23c
 New Potatoes... 40c peck
 Beans... 25c
 1/2 lb. tin Lobsters... 28c
 3 lb. bag Purity or Five Roses, \$1.85
 24 lb. bag Star... 22c quart
 Red Canned Beans... 20c can
 Canned Pineapple... 15c pkgs.
 Green Beans... 60c peck
 Cucumbers... 4c each, 2 for 7c
 Oranges... 40c doz.
 West Side Delivery Tuesdays and Thursdays.
 Store Open Friday and Saturday Evenings

Good Values at Yerxa's

Large pkg. Quaker Oats... 22c
 King Cole Tea... 45c. lb.
 Lipton's Tea... 45c. lb.
 4 lb. cans Jam... 60c
 Choice New Potatoes... 45c peck
 Fancy Bartlett Peas... 30c and 35c doz.
 4 pkgs. Jelly Powder... 25c
 3 regular 15c. pkgs. Mats... 25c
 2 bottles Tomato Catsup... 25c
 New Mild Cheese... 28c. lb.
 6 pkgs. Cow Brand Soda... 25c
 10 lb. bag Best Grain... 95c
 Best Red Salmon... 20c can
 Best Pink Salmon... 18c can
 3 bottles Vanilla Extract... 25c
 6 pkgs. Washing Powder... 25c
 6 cans Babbitt's Cleanser... 25c
 1 lb. Capital Coffee... 35c
 24 lb. bag Flour... \$1.75

Yerxa Grocery Co.
 443 MAIN ST. Phone Main 2713

SPECIALS AT LILLEY & CO.

FLOUR LESS THAN WHOLESALE
 Clarinet—Highest-grade Manitoba Winter Wheat. Only \$1.50 bbl. Dominion—Best Manitoba Blend. Good for Bread or Pastry. \$13.00 bbl.
 New Potatoes... 50c peck
 Here's Root Beer Extract... 21c
 Quart bottle Tomato Catsup... 19c
 2 bottles Worcestershire Sauce... 25c
 2 bottles Mixed Pickles... 25c
 2 bottles Chow... 25c
 Large tin Peaches... 25c
 3 lb. tin Peas... Only 27c
 Large tin Hawaiian Pineapple... 32c
 10 bottles Lemonade or Occident's Ade... 6 for 25c
 25c bottle Grapejuice... 21c
 4 pkgs. Jelly Powder... 25c
 Evaporated Milk... 9c tin, 3 for 25c
 Cornflakes... 3 pkgs. for 27c
 Pure Gold... 25c
 Chocolate Pudding... 10c pkgs.
LILLEY & CO.
 685 Main St.
 Phone Main 3745
 Store Open Every Evening Till 10 o'clock—Saturdays 11.30

THE 2 BARKERS
 10c Princess... 111 Brunswick