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ance, which every one of the faithful ought to conserve throughout the whole time of his life. 2. It is, as it were, a tithe or tenth, which the faithful offer to God, sanctifying by fasting these forty days, which make about the tenth part of the year. 3. This fast is a weak imitation of what Jesus Christ our Lord performed in the desert, in fasting forty days and forty nights, without eating or drinking. 4. It was appointed in consequence of the obligation which Christ our Lord imposed on his disciples, to fast after his ascension. 5. By this fast we participate in the sufferings of our Lord, in order to have a share in his glory. And, lastly, it prepares us to celebrate, worthily, the approaching Easter.

Passion Sunday, so called from the passion of Christ, then drawing nigh, was ordained by the Church more closely to prepare us for a worthy celebration of that solemnity. On this day the crucifixes, &c. in churches, are covered with a mourning colour; both to commemorate our Saviour's going out of the temple and hiding himself, and to dispose us to compassionate his sufferings.

Palm-Sunday, in memory and honour of our Lord's triumphal entry into Jerusalem, is so called from the palm branches strewed under his feet by the Hebrew children, crying Hosanna to the Son of David, Matt. xxi. And therefore this day the church blesses palms, and makes a solemn procession, in memory of that humble triumph of our Saviour, the people bearing palm branches in their hands.

Maunday Thursday, in memory of our Lord's last supper, when he instituted the blessed sacrament of his precious body and blood, is so called from the first word of the anthem *Mandatum*, &c. John xiii. 34.—I give you a new command, that you love one another as I have loved you; which is sung on that day in the choir, when the prelate begins the ceremony of washing the people's feet, in imitation of Christ's washing those of his disciples, before he instituted the blessed sacrament.

Good Friday, is the anniversary of that most sacred and memorable day, on which the great work of our redemption was consummated, by our Saviour Jesus Christ, on his bloody cross, between two thieves, on mount Calvary, near Jerusalem.

On Thursday, Friday, and Saturday, in Holy Week, the