

I am the Living Bread which came down from Heaven : if any man eat of this Bread he shall live for ever.—John vi. 51.

ground taken by all who conscientiously object to *amusements* as a branch of Association work.

We admit that if a whole-souled, spiritually minded man could be secured as instructor in a gymnasium,—a man possessed of skill in physical culture, and wisdom in spiritual devising, he might do a good work in building up some physically weak Christian young men; but we venture to say that such a man would have very few opportunities for working upon any others, for the simple reason, *they would not come round.*

The Bulletin article closes; "Let those who decry secular agencies see, that God can even make wooden horses to redound to his glory." This we question, for it is evident that if the young man referred to, had not been leaving the *wooden horse*, he would not have heard a living voice, pleading with him to accept salvation. One thing is certain, the Wooden Horse did all it was made for. The other very nearly failed to do so, and would have failed altogether if God had not thrust the work upon him.

The work of God does not, cannot need the work of the devil to forward it.—John Wesley.

REDEEMING THE TIME.

"**S**AND grains are easily scattered; but skillful artificers gather, melt and transmute them into glass, of which they make mirrors, lenses and telescopes. Even so, vigilant Christians improve paranthetic fragments of time, employing them in self-examination, acts of faith and researches of holy truth, by which they become looking-glasses for their souls, and telescopes revealing their promised heaven."

YOUNG MEN'S BIBLE CLASS

Every Monday Evening,
AT 8 O'CLOCK.

ALL INVITED.

ONLY ONE DAY AT A TIME.

CERTAIN lady had met with a serious accident, which necessitated a very painful surgical operation and many months' confinement to her bed. When the physician had finished his work and was about taking his leave, the patient asked, "Doctor, how long shall I have to lie here helpless?" "Oh, only one day at a time," was the cheery answer, and the poor sufferer was not only comforted for a moment, but for many times during the succeeding weary weeks did the thought, "Only one day at a time," come with its quieting influence. I think it was Sidney Smith who recommended taking "short views" as a good safeguard against needless worry; and One, far wiser than he, said, "Take, therefore, no thought for the morrow : for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof."—*Selected.*

REMEMBER

—THE—

YOUNG MEN'S MEETING

HELD

Every Saturday Evening,

AT 8 O'CLOCK, FOR ONE HOUR.

COME.

I am the Light of the world ; he that followeth Me shall not walk in darkness, but shall have the Light of Life.—John viii. 12.