

period when their strength was not equal to the task, suffering and struggling on as best they could. He believed that this was one of the causes that the condition was so often found among teachers and shop-girls. It was often observed that girls of this class frequently become weakened so that they were not able to undergo fatigue. Other causes of the condition were exposure to cold during the menstrual period, constipation and straining at the stool. A weak heart strongly disposed to the condition, also the absence of valves in these veins. The dependency of the parts in relation to the heart aggravated the condition. Another frequent cause was too early getting up after labor, the usual time being, in most cases, nine or ten days. It was to be remembered that it took six or eight weeks for the uterus to return to its normal condition. Miscarriages were another fruitful cause, especially in the early months of pregnancy. The condition was often associated with prolapse, flexions, versions and other diseases of this region, which required to be looked for and treated first.

Case 1. Mrs. G——, aged twenty-eight; tall and slight; never very strong, but always healthy. Was delivered eighteen months previous to consultation. Was not taken care of after confinement, and got up too soon. Complained of weight in the back and pelvis; had a leucorrhœal discharge and was constipated. Examination showed retroflexion and tenderness at the point of flexion; the os was soft and large; the mucous membrane was abraded and bathed in a leucorrhœal discharge; ovaries slightly enlarged and tender; had been under treatment since confinement. After three months' treatment was cured of all but the flexion; the pains ceased, and she was able to resume her duties. The most common symptom in these cases was pain in the back and weight in the pelvis. The veins of the vaginal plexus were seen to be enlarged. Associated with this there might be hæmorrhoids or a varicose condition of the veins in the legs. This condition could not be recognized any more by the finger than piles. To diagnose, the symptoms must be depended on, together with the general state of the patient's vascular system. The patients generally felt better in the morning, especially if the hips were raised during the night to favor circulation from the part. Where this varicose condition exists there may be sudden and severe hæmorrhage internally. Christine Neillson died from rupture of the veins of the ovarian plexus. The treatment of this condition was both local and general. The general health must be toned up, and if any weakness of the heart exists, special attention should be given to it. The diet should be regulated. Sponges with cold water and friction, followed by douches