

steps, which echoed through the passages. What must these poor wretches feel, said he, shut up from all converse, some even deprived of light, with no other object to occupy their thoughts or attention, than the reproaches of their own conscience. The punishment, I replied, is terrible to endure, but the good of society requires that offenders should be made an example, to deter others from injuring their fellow-citizens; and if their sufferings tend to their reformation, it has not been inflicted in vain. Upon this the conductor assured us of the good effects of the regulations observed in this gaol; and told us, that as soon as a prisoner is admitted, he is washed, and furnished with clean clothes: he is then led to one of the solitary cells, where he remains secluded from the sight of every living creature but the gaoler, who is forbidden to speak to him without absolute occasion. If he is refractory, or committed for an atrocious crime, he is confined in a dark cell.

The first improvement in the condition of a prisoner, is the permission to do some kind of work; an indulgence, prized even by the idle, after they have endured the wearisomeness of solitude and privation of employment. On further amendment, they are allowed to labour in company, but still without partaking of the pleasures of conversation. Our countenances assumed a more cheerful appearance, when we saw the variety of  
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