BERREE BER

"Lest We Forget'

Made the Supreme Sacrifice

WATFORD AND VICINITY

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Sergt.-Major L. G. Newell
Pte. Alfred Woodward
I'te. Percy Mitchell
Pte. R. Winslton
Pte. Thos. Lamb
Pte. J. Ward
Pte. Sid Brown
Pte. Gordon Patterson
Pte. F. Wakelin, D. C. M.,
Pte. T. Wakelin

Pte. F. Wakelin, D. C. M.,
Pte. T. Wakelin
Pte. G. M. Fountain
Pte. H. Holmes
Pte. C. Stillwell
Pte. Macklin Hagle
Sergt. Clayton O. Fuller
Gunner Russell H. Trenouth
Pte. Nichol McLachlan
Corp. Clarence L. Gibson
Signaller Roy E. Acton
Bandsman A. I. Small
Capt. Ernest W. Lawrence
Lieut. Leonard Crone
Pte. John Richard Williamson
Lieut. Chas. R. Hillis
Lieut. Gerald I. Taylor
Pte. Charles Lawrence

Pte. Charles Lawrence Lieut. Basil J. Roche Pte. Alfred Bullough

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line, inside pages 5c per line.

W. C. Aylesw. T Harris, Editor.

ONTARIO'S BUTTER

Zealand, according to the words of Joseph Calder, of the Saskatchewan Creameries of Moose Jaw.

In dealing with the progress of better grading in Ontario, John Scott, provincial butter grader, stat-ed that Ontario butter is becoming poorer in grade from year to year and he agreed with Mr. Calder that as long as the present system of buy-ing cream prevails there can be little hope of real progress. Mr. Scott felt that about 75 per cent. of Ontario's butter is second grade.

STRIKING BANQUET DECORATIONS

The Albany Democrat, Linn Co., Ore., contains the following:
More than one hundred of the Wellamette Valley enjoyed the annual banquet of the Santiam Fish, Game Propagative and Protective Association which was held at St. Francis Hotel last evening. It was a venison feed and was thoroughly envenison feed and was thoroughly enjoyed from beginning to end. When the hungry crowd entered the dining room the gaze of the banqueters fell upon two long, artistically decorated tables. Russell Gott, well known for his ability as a decorator, was in charge of this feature, and his settings made the fishermen and hunter feel very much in the wilds. Along enarge of this feature, and his settings made the fishermen and hunter feel very much in the wilds. Along the center of each long table were clusters of Oregon grape, upon which were shot guns, rifles, fishing rods, creels, landing nets and other sportsmen's paraphenalia, on the end of each field line was hooked a houtiful each fish line was hooked a beautiful Dolly Varden or Rainbow Trout, lifelike in appearance. These were made by Mr. Gott for the occasion.

for his work in planning and execut-ing the decorations for the evening. Among guests present were A.E.
Burghduff, state game warden; F.
M. Brown, chief deputy game warden; E.S. Hawker, deputy warden; Gene Simpson, state game farm, near Cowallis; Hon. Fred Fisk, Eugene; Hon. S.M. Garland, Leabon; Dr. A. Ficqe, Scio; I. V. Mcbon; Dr. A. Ficqe, Seio; I.V. Mcbon; Dr. Miller, Lebanon.

After the banquet was over, a vote of thanks was extended Russel Gott

The decorator, Mr. Russel Gott, is a former Strathroy boy and brother to Mrs. John Bryson of Watford.

NERVOUS EXHAUSTION

THE BLOOD

Nervous exhaustion is the cause of headaches and dizziness and it is due almost always, to conditions of im-poverished blood. Tablets and powders for headaches should never be taken, they cannot possibly reach the root fo the trouble and are often most harmful. All that is needed to bring relief is a tonic that will enrich and purify the blood and the very best tonic for this purpose is Dr. Williams' Pink Pills. These pills have a direct action on the blood, and in this way the headaches, dizziness and other bad symptons rapidly disappea r. Mr. Mark F. Taylor, of Granby, Que., tells what this medi-cine did for him. He says:—"I had severe headaches which would be accompanied by vomiting spells. These would last for two or three days at a time. I would take one of these spells every three or four weeks, and it is almost impossible for me to describe the misery they caused me. I tried a number of medicines without getting relief, until one day my mother brought me six boxes of Dr. Williams' Pink Pilks. When they were used I was feeling much better and I got a further supply, and under the continued treatment every symptom of the trouble dis appeared. I cannot speak too highly of this medicine for it certainly has done wonders for me."

You can get these pills through

any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co Brockville, Ontario.

Asthma Victims .- The man or oman subject to asthma is indeed a victim. What can be more terrifying than to suddenly be seized with paroxysms of choking which seem to fairly threaten the existence of life itself. From such a condition Dr. J. D. Kellogg's Asthma Remedy has brought many to completely restored health and happiness. It is known and prized in every section of this

Farm Financing

The Sterling Bank is prepared to make loans for legitimate needs in the farmer's interest. Your problem will be treated with the utmost confidence by our local Manager. See him next time you come to town.

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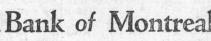
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FROM OLD SUBSCRIBERS

Mrs. F. Acton, of Calgary, in remitting her subscription says: "We always enjoy the home news."

M. S. Campbell, Armstrong, B. C., writes:-"Trusting all our old friends and acquaintances are in usual health I extend the compliments of

the season's greetings". T. H. Collier, Edmunds, B. C., writes:—"Enclosed please find \$2.00 for the old "Home Sheet" for the

season's greetings and a prosperous year during 1923."

Mrs. P. H. McMillan, Hamilton, N.D., writes:-"Enclosed find cheque for subscription for 1923. We have taken the "Guide" here for over 40 writes:—"Enclosed please find \$2.00 for the old "Home Sheet" for the year 1923. We could not very well do without it, after so many years receiving it regularly, as it keeps come to town. I wish you all a happy ne in touch with the Old Home and prosperous new year. Town. It is very mild and spring like here today. We had about a foot of

snow and splendid sleighing, but few

sleighs, but it has rained nearly

every day for a week and things look green and like spring today—Christmas day. Wishing the Guide-Advocate and all old neighbors the

Pay Your Subscription in Advance

THE COUNTRY EDITOR * * * * [Yucaipa (Cal.) News]

(G. D. Lee, who grows fine apples and cherries at his ranch on Sixth avenue and also finds time to sing praises of the beauties of Yucaipa Valley in verse, in such a range of theme and meter as to have earned the title "Poet Laureate of the Yucaipa Valley", has submitted the following dedicated to The News. Needless to say we are flattered-who wouldn't be when the Poet Laureate chooses him as a subject?—Editor's Note.)

One day a week I greet with eager zest The local paper that comes fresh to me. It gathers up the news, and culls the very best, And fills a page for you and I to see. I settle down and ramble through the news That cheers my heart and drives away the blues.

I read the local columns through and through, They tell about the guests who come and go, And tell in wholesome gossip what our neighbors do And who is Sally Perkins' latest beau-I scan those columns, and let nothing there get by,

Though frequently I have some other fish to fry. I read the adds, where merchants boost their wares, And give us free advice, and tell us how to save,

And note the local barber in one place declares

"He's got a fresh carload, come in and get a shave." Still others state Sam Beck has got a cow to sell, And that we should buy stock and boost our new oil well. With some, they think the Country Editor has an easy time,

But that's sure proof there's something yet they ought to learn Why! He has to put up with the guy who writes in rhyme! And be roasted 'twixt two fires that often burn,-Poor Soul! He surely has the time of his young life To please a thousand folks, and then condone to please a wife! (?)

But, getting back once more to where we started out, We still repeat, "The Country Paper" is a friend indeed-It would indeed be very lonesome here about, If we did not have it once a week to read. The good things by the Editor said we'll keep in mind,

His faults, we'll bury deep, and leave them far behind.

-G. D. LEE.

FRIDAY, JANUARY 19, 1923 RATES IN TOWN AND COUNTRY

By J. B. Middleton There are men in Ontario complaining because the rates for Hydro-Electric service in certain small villages are as much as 5 c. per kilowatt hour, while Toronto, Hamilton, Brantford and London are securing service for about 2c. They say that there is discrimination in favor of urban communities, although they must know that Cost is the basis of every man's service, whether he lives in town or country. The same conditions of concentrated population which make it possible for a City to maintain a professional Fire Department and Police Force reduce the Cost of Hydro-Electric service. No man of sense complains because a village has no highly organized Fire Department. The danger from fire

Department. The danger from fire is less pressing in the country. In like manner the resident of a small community is less hardly pressed for taxes and the like than the urban dweller and can afford to pay the Cost of his electrical service.

**Particularly is this the case in Ontario where the average rate in the smallest municipalities associated with the Hydro-Electric System is conly about half the charge for similar service in Buffalo, Detroit and any other large city where distribution of energy is wholly in the hands of private interests. Five cents a kilowatt hour compares well with the rate charged in Toronto before the advent of "Hydro." It averaged 8 cents. In Winnipeg before the municipality set about securing its own municipal supply of energy, the prevailing rate was 20c. In Quebec City, seven miles from Montmorency Falls, the cost of lighting the City Hall is 7½c. There is discrimination in that city, for the prevailing domest-c rate is 5c; and some favored customers get even a lower rate. In British Columbia the people of the Okanagan Valley are pleased at the construction of a new transmission line by the Kootenay Power Company. They say that their rate will be cut in two. Under the new conditions they expect to pay only 5c, per kilowatt hour, A fruit broker told the writer that 5c, was "dirt cheap." So it is in comparison with the prevailing charge by private corporations.

The fact is that throughout that part of Ontario served by the Hydro-Electric System all people are being served at rates which no private company anywhere can approach for cheapness, and the small user is not being penalized for the advantage of the heavy consumer. There are only three municipalities, of hundreds with "Hydro" service, where the average monthly bill for domestic service has reached \$2. The first seven municipalities named in the Reports have average bills as follows:

Acton, \$1.00; Ailsa Craig, \$1.38; Alliston, \$1.46; Arthur, \$1.81; Ancaster, \$1.42; Aylmer, \$1.44; Ayr, \$3.40. These sums of course include th

EXAMINATIONS A THING OF THE PAST

Dr J. L. Hughes, addressing the Progress Club at the King Edward Hotel, Toronto, the other day came out broadly on the radical suggestthat "examinations are a thing

of the past."

The development of the child's individual mind is the proper educa-tional process," he said. "A child's brain should not be used for the storage of facts to be sorted out and used for examination purposes. On-tario is very much behind in this regard and I hope that the examin-ation system will pass out during my time. At present, in the more en-lightness of this world lightened sections of this world, there are places where there are no normal school examinations. I hope that in the near future it will

be the same in Ontario."

At the present time 90 per cent.
of educational time was taken up
by endeavoring to cram knowledge
into a child. He advocated that 95
per cent. of the time should be used
for individual development. for individual development.
"Prevent a boy from doing what

he likes and you destroy his self-development," he said. "Rather dirdevelopment, ne said. Rather direct his attention into other channels if he is not doing just as you wish. Don't, was the chief word of training in the past and it has resulted in making tetanger, etanger, then making 'stoppers' rather than 'doers.' It is not keeping away from evil that makes a man good; it is doing good."

CONCENTRATED ENJOYMENT

During the year which has just commenced the Family Herald and Weekly Star of Montreal plan to run at least ten stories in serial form. They will be the best obtainable, regardless of cost. In book form, each story would cost the reader two dollars, which is all one has to pay for an entire year's subscription to The Family Herald and Week ly Star, containing the whole of the ten splendid stories and a great wealth of most absorbing matter never before attempted in any paper. One must bear in mind also that these exclusive serial stories repre-sent less than one-tenth of all the reading in this wonderful combination of a farm journal, home magazine and weekly digest of world news. The Family rHeald and Weekly Star of Montreal is the most econ-omiacl journal for the home because

it satisfies every member of the family at a very low cost. A subscription of only \$2.00 sent in immediatly to the Family Herald and Weekly Star of Montreal will bring you the opening chapters of two great stories and "52 issues of concentrated enjoyment."

RESCUES AGED WOMAN FROM BURNING HOME

Vernon White Performs Heroic Deed

At 23 Empress Avenue

Mrs. Bennett, an aged Syrian lady
residing at 23 West Empress avenue today owes her life to the prompt and courageous action of Vernon ENRICH AND BUILD UP White of 3 Westmorland avenue, who smashed a window of her house and rescued her from death by suffocation at 12:45 this morning.

White, who was on his way home from St. Thomas, noticed her residence on fire and with rare presence of mind succeeded in saving her. It was only after considerable difficulty however, that he was successful in doing so, as Mrs. Bennett was partially overcome by the fumes and

fought viciously against her rescue. The fire department after a short battle brought the blaze under con

The blaze is believed to have originated from some boxes of rubbish and papers in the basement, and eating its way along the walls of the partition, through the ceiling had reached the attic when the brigade arrived.

Vernon White is the eldest son of Mr. and Mrs. Sam White formerly of Watford, and is well known in this



What kind of protection is promised to the godly? —Psalm 91:1-7
What promise is made to those
who make the Most High their habit-

ation?—Psalm 91: 10, 11.

Is it a good thing to give thanks unto the Lord?—Psalm 92: 1, 2.

How will the righteous flourish? -Pslam 92: 12, 15.

What is the power and majesty of God? —Psalm 93: 1, 4. How should w ecome into God's resence? —Psalm 95: 1, 2. How should we worship God? Psalm 95: 6, 7.

How should we sing unto God? Psalm 96: 1,2. What is the majesty of God's kingdom? —Psalm 97: 1-6.

A Fine Kettle This is a fine ettle, not only for oup, but for boil-ing meat or stew-ing, cooking vege-

Its Sale is

Its Quality

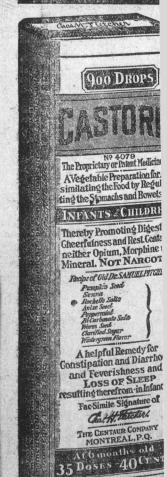
Is the Purest an

We Carry a Com

N. B. HO

Examine Our

Jack Gillett, Harvey Clar Wm. Allison were busy cl down a large tree on the four cession of Gosfield, Monday they thought they heard noises in the air, but when tree fell, they found the no been made by thousands of honey bees which had been h



Exact Copy of Wrapper.