

A PAGE OF GENERAL INTEREST TO WOMEN READERS

You'll never know how good your bread and pies—your cakes and pastry will be, until you make them with

PURITY FLOUR

More Bread and Better Bread Buy it and see for yourself.

Schoolboy Howlers. Here are some amazing bits of information from genuine examination papers: "Queen Elizabeth rode a white horse from Kenilworth through Coventry, with nothing on, and Raleigh offered her his cloak."

MADE IN CANADA

The Bread that Builds Brain and Brawn must be made of the whole wheat grain—white flour bread will not do it—neither will the so-called "whole wheat flour bread."

TRISCUIT

It is made of the whole wheat grain steam-cooked, shredded, compressed into a wafer and baked by electricity. All the meat of the golden wheat prepared in its most digestible form and smallest bulk.

Made at Niagara Falls, Ontario

Toronto Office: 49 Wellington Street East

PIANOS TO RENT

Big choice of splendid instruments on most reasonable terms. Ye Olde Firme

Heintzman & Co., Ltd. 242 Dundas St., London, Ont.

For my "best" trade

I know I am safe in recommending Century Salt. Its superior cleanliness, and its gleaming whiteness—all proclaim purity far beyond the ordinary.

Century Salt

"The Salt of the Century" is made by vacuum processes of proven superiority. For Table, Dairy and Farm use—always ask for Century Salt.

DOMINION SALT CO. Limited, Sarnia



THREE SCORE AND FOUR

Sixty-four years is a long time. A product that can hold the popularity of an entire dominion for 64 years must be meritorious—dependable.

EDDY'S MATCHES

Have been the same good matches since 1851. Like Eddy's Fibreware and Eddy's Washboards, they are considered standard by all loyal Canadians under the "Made-in-Canada" brand.

Cynthia Grey's Mail-Box

Read the Ads. Dear Miss Grey.—Could you tell me if there is a teacher in London who teaches the clog dance, and tell us, please, his name and address?

Ans.—You will find the business cards of several dancing teachers in our amusement advertising column. Why not try their names and seek the information direct?

Sends Knitting Instructions. Dear Miss Grey.—Having seen "Married" request for directions for knitting, I thought this might help her. Wishing your paper every success, I remain, YOUNG MOTHER.

Home Economy. Dear Miss Grey.—I saw in the paper some time ago "Mother of Eight" who wanted to know how to make mitts. My idea is that she wanted to be able to make three or four pairs of mitts at a time.

Green Tomato Converse.—Twelve lbs. green tomatoes, 10 lb. sugar, 1 lb. salt, 3 lemons; cut the tomatoes in slices, sprinkle on a little salt (it helps to draw out the water).

Wish I was a little rock. A-settin' on a hill, A-settin' on a hill, A-settin' on a hill, A-settin' on a hill, I wouldn't eat, I wouldn't drink, I wouldn't even wash.

Calamity Anne's Problem. My Dear Cynthia,—I am back again; this time for a squint in that "substantial chair" you promised me.

Headquarters, Hyman Hall. During the month of November, the Red Cross received donations from the following:

Wanted Miss Grey.—Shoo 'em away! I don't say I could make anybody's hair grow. I'm no wizard. I expect I was foolish to think I could help any one else by my varied experiences in painting and coiffing up my scant locks.

It is gratifying to note that there is still the same number of steady contributors to the Red Cross every month as well. Many of these societies have sent, not only once, but many times during the month.

Household Economy. How to Have the Best Cough Remedy and Save \$2 by Making it at Home.

Cough medicines, as a rule, contain a large quantity of pain syrup. Two cups of granulated sugar, with one cup of warm water, stirred for two minutes gives you as good syrup as money can buy.

Then get from your druggist 2 1/2 ozs. Pinex (60 cents worth), pour into a 1/2 oz. bottle and fill the bottle with sugar syrup. This gives you, at a cost of only 54 cents, 1 1/2 ozs. of really better cough syrup than you could buy ready made.

It takes hold of the usual cough or cold held at once and conquers it in 24 hours, spending for whooping cough, croup and whooping cough.

It's truly astonishing how quickly it loosens the dry, hoarse or tight cough and tends and soothes the inflamed membranes in the case of a painful cough. It also stops the formation of mucus in the bronchial tubes, thus ending the persistent loose cough.

Pinex is a highly concentrated compound of genuine Norway pine extract, combined with guaiacol, and has been used for generations to heal inflamed membranes of the throat and chest.

To avoid disappointment, ask your druggist for "2 1/2 ounces of Pinex" and don't accept anything else. A guarantee of full satisfaction, or money promptly refunded, goes with this preparation. The Finex Company, Toronto, Ont.

Like Old Time Coachman's Cloak.



This is a smart top coat of navy and green plaid mohair. The dashing high collar, with its four metal buttons and fur-lined shoulder cape, is quite the smartest trick.

It's a problem that I have been trying to solve: Why are young men "out dead" if they do not enlist, and why "sublimed" if they are soldiers?

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writing your letter, E. J. has paid a return visit, also B. D., and both have welcomed you with open arms. In regard to your problem, I don't know personally any young man who is being "snubbed" by his woman friends.

Head Over Heels. Dear Miss Grey.—Another troublesome guest coming to bother the much-enduring hostess. I certainly am head over heels in love with B. D. and C. A. also, and I am sure the newly-formed circus would reach the extent of an up-to-date menagerie if one more addition, namely, myself, was admitted.

What advances should a girl make towards "making up with" a young man, with whom she has not been on speaking terms for some months?

How about some articles for the toilet table in white ivory? A box of toilet water or perfume, silver thimble, pair manicure scissors, patrician pin, pair collar pins, military scarf, or a dainty bit of neckwear would be things to choose from.

Would Like Wrappers. Dear Miss Grey.—I am a constant reader of your helpful and interesting column. In last Saturday's paper, November 27, I saw where "Twenty-One" had some Gypsy chewing gum wrappers. Would you please send them to me, Miss Grey?

Books for Girls. Dear Miss Grey,—Here I am to bother you for the first time. Would you mind me asking you a few questions?

Dear Miss Grey,—I saw in this morning's Advertiser where "A Clerk" was sending in gum bags. I would like to get twenty. I am saving them for a quilt. Please answer through the columns of your paper and let me know how much postage, and I will send same by return mail.

Dear Miss Grey,—I see by yesterday's paper that "Elsie" would exchange croquet patterns. I would like to exchange some with her. Will you send me her address if I send you a stamped envelope? BEATRICE.

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IT'S RATHER UNUSUAL—



BESSIE CLAYTON.

For an actress possessing all the artistic temperament of the stage to eat such prosaic things as corned beef and cabbage, but Bessie Clayton, the noted dancer, fairly dotes on that piebald dish.

How about some articles for the toilet table in white ivory? A box of toilet water or perfume, silver thimble, pair manicure scissors, patrician pin, pair collar pins, military scarf, or a dainty bit of neckwear would be things to choose from.

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MAGIC BAKING POWDER



NO ALUM READ THE LABEL. Guaranteed to be the purest and best baking powder that it is possible to produce.

To act with common sense according to the moment, is the best wisdom I know and the best philosophy is to do one's duties, take the world as it comes, submit respectfully to one's lot; bless the goodness that has given us so much happiness with it, whatever it is, and despise affection.—Walpole.

Whenever the children suffer from earache, think of COMPASS OIL. Three drops, heated in spoon, and dropped into ear, cures.

Sweetheart. A Christian college-home, healthful situation. For prospectus and terms, write the Principal, E. I. Warner, M.A., D.D., St. Thomas, Ont.

What is Billy Coffey-ban saying to-day? DRINK RIDEAU HALL COFFEE.

HUNT'S COAL. ALL COAL—FULL WEIGHT. GEETEE UNDERCLOTHING. Guaranteed Not To Shrink.

AN EXPERT CLEANER. is in charge of our New Dry Cleaning Department. This assures you of perfect work in every detail. Give us a trial on your Overcoat, Suit, Skirts, Furs or Gloves. Our wagon will call.

Parisian Laundry. PHONES 558, 559. LUNDY'S CHOCOLATES. "A REPUTATION IN EVERY PIECE". FRY'S COCOA. GEETEE UNDERCLOTHING. Guaranteed Not To Shrink.

Buy Your Christmas Gifts NOW! A small deposit will reserve anything in our store till Christmas. H. WOLF & SONS. 205 DUNDAS STREET. SALADS. Tomatoes, fancy, hothouse, lb., 30c. Cucumbers, fancy, hothouse, each, 20c. Celery, hearts, 4 in bunch, 10c. Lettuce, head, 15c, 2 for 25c. MAIN & COLLYER. Telephone 2831. P. O. Box 278.

CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Chat. H. Hutchins. In Use For Over Thirty Years. CASTORIA. THE CENTAUR COMPANY, NEW YORK CITY.

Exact Copy of Wrapper. KATHLEEN BOWKER, Corresponding Secretary.