Big Rally of the A. Y. P.A. Will be Held Next Week. Baby Billy - His Story.

WHAT EVERY WOMAN WANTS TO KNOW

How to Chose a Recipe. Story From "Olive's" Pen. Home and Fashion Hints.

MRS. NORTON TELLS HOW TO PICK OUT THE BASIC PRINCIPLE OF ANY FOOD RECIPE - IT'S SIMPLE, TOO, AND SAVES A LOT OF PUZZLING OVER COOKBOOKS

EDITOR'S NOTE-Scientific and practical knowledge, gained both in the laboratory and in her own home, combine to give these articles by Mrs. Norton a strong appeal for women who do their own housework.

BY MRS. ALICE P. NORTON. Head of the Department of Home Economics of the University of Chicago.

A neighbor of mine said one day: "I have just bought a new cook book. There are 22 rules for muffins in it. How can I tell which one I want for

If she had studied the receipts a little, she would probably have found that most of them were based on ONE COMMON RULE. The housekeeper who knew the general proportions could easily make the few variations for easily make the few variations for richer or plainer muffin.

A general rule for common dishes saves time and helps one to use any material that is at hand.

If you know that the essential in making a gelatine dish, for instance, is the proportion of gelatine to liquid (one-half package of most gelatines make a quart); that practically any fruit or mixture of fruits may be used (except uncooked pineapple or cur-rants that prevent the gelatine from milk takes 11/2 of flour. A cup of setting); that the gelatine must be SWEET milk takes 1½ of flour. Wafsetting); that the gelatine must be SWEET mink takes 1½ of nour. Warsoftened in cold water and dissolved in fles need 1¾ cups of flour for each cup
boiling water (do not be afraid to of liquid, while the general proportion
boil it a minute if it does not dissolve); for muffins is one cup of liquid to two
that it may be avacated to tests and of flour

tar. Don't pay the cream of
tatar price for cheap powder.

Be careful, too, that a cheap powder
is not cheaper just because it contains that a grain of salt improves its flavor, These proportions will vary just a Starch is put into powder to keep you do not need to wade through the little with the kind of flour used. The it dry; a certain amount is legitimate. numberless receipts to find how to flour is always measured after sitting, but starch is very cheap, and is often make the particular dish you desire, and just level. A measuring cup dividused simply to increase the weight.

Just add fruit juice and sugar to the ed into quarters may be purchased for Test the powder by adding a teadiscolved gelatine and enough cold 5 cents.

The liquid may be water or milk or boiling it for a moment. Try the same

If you wish a "sponge" let the mixture stand till it just begins to thicken, then add two or three unbeaten whites of eggs and beat the whole thoroughly stiffens slightly, then pour into a mold. If you would have a Bavarian cream substitute milk for water, using

fine satin-like da-

lun cheon.

MARJORIE AND DISHWASHING

Miss 14-Year-Old Has a Few Opinions Regarding the

Household Science.

BY "OLIVE."

Marjorie has just reached the age voices her opinion of big folks and

it is a tear in Marjorie's blue eyes.

dishwashing is an essential part of

housework. Marjorie remains uncon-

and hurry to the rescue?

when she has been initiated into the their mode of doing things. Perhaps

said, very much against Marjorie's mouth that makes me grasp a towel

oolished

be said for the older usage of a table-

cloth. Its daintiness is indisputable.

Its simplicity is always charming and

in good taste. And it is by no means

an ineffective background for decora-

tive purposes. It is very restful, that expanse of shimmering white, broken agreeably by its shadowed candles

and floral centrepiece. Indeed one is often tempted to think that the older

generation of women is right in con-

sidering that silver and glass and china never look so well as they do

upon the soft lustrous background of

snowy damask. When, therefore, a

woman who wishes to give a luncheon party, has not a smoothly polished

table upon which to place the more

modern doily, she may fall back with

perfect assurance upon a damask cloth. It will always be in place.

There is no doubt that the table cloth

will hold its own and that it will prob-

ably outlive the fashion for doilies

and centrepieces of lace and linen.

For one thing it simplifies work for

the housekeeper. The care of dollies

cause of their handwork, is no small

ftem to add to the duties of the house-

keeper, whereas a table cloth comes

from the laundry softer and silkier and

gentle art of dishwashing, and, be it

washing was originated for the sole

purpose of tormenting small girls.

Deep down in her inmost being, I

know she heartily dislikes anything in

the crockery or china line. She says.

indeed, that she wished dishes had

"There's always dishes to be wash-

ed," she grumbles, as with sleeves

rolled up on two dimpled arms, and

one of Mother's big gingham aprons

pinned around her, she rinses a cup in the clear water. "I do wish I were

a boy. They never have to wash dishes." Here she attacks a plate and

scrubs at it vigorously. "I don't see why big people can't take their meals

just as I do when I come from school.

I just take a piece of pie or cake in nv hand."

Now I realize how the stains of

current pie came to be dyed into a certain pinafore. But I say nothing.

for Marjorie's underlip is curled in a

manner that predicts a storm, as she

never been invented.

and centrepieces that are costly be-

baking powder. It is easiest to measure the baking powder by rounding it against the side of the can, remembering that one rounding teaspoon is equal to two level ones. The easiest way of mixing gives as good results as a more elaborate method. Put the sugar in the bowl, add the unbeaten egg, the melted fat beating for a moment, then the liquid, then the flour sifted with the baking powder and salt. until it is thoroughly mixed and put in greased mussin tins (choose some that are round), and so easily washed).

MRS. ALICE P. NORTON.

With doughs and batters the chief proportion to consider is that of flour to liquid.

you do not need to wade through the active with the wind of hour used. The it dry, a certain amount is legitimate. numberless receipts to find how to flour is always measured after sifting. But starch is very cheap, and is often

The liquid may be water or milk, or boiling it for a moment. Try the same The liquid may be water or milk, or boiling it for a moment. Try the same a mixture. For a plain muffin one egg, with some standard powder and comtwo tablespoons of sugar, two tablespoons of melted butter or other fat the powder is half starch, you will have suffices For 1 cup of flour allow 14 teas to use just so much more to get your spoon of salt and two teaspoons of results

TABLE CLOTH AND DOILY.

Many women of daintier than ever. The more general

prefer the difficult to use many of the old square

and oblong table cloths. And, by the

the older genera- use of the round table has made it

mask table cloth way, what lengths some of those old

with its immacu- table cloths were! They suggest large

white sur- families and much hospitality.

face, to the mod- round table has ushered in the circu-

suffices. For 1 cup of flour allow 1/4 tea- to use just so much more to get your FOOD ISN'T ALL MRS. NORTON KNOWS ABOUT. In her half a cup less, then add a half-pint of water, using half a cup less, then add a half-pint of whipped cream as you did the egg next article she talks on "dirt." She gives many helpful hints and time, as all letters have to be answered Mr. H. I

y in the cupboard until, with a glad ery, she rushes breathlessly out freedom, hurrying all the faster, no

loubt, for fear of more soiled dishes making their appearance. What a crafty little rogue she is to What a crafty little rogue she is to be sure! The ingenious excuses which makes to get out of dishwashing.

2. Please tell me what you think of my writing. she makes to get out of dishwashing, are really clever, and often I fear for digestion she eats her meals with such speed, and then, like the Arab,

silently steals away." Never mind, little girl. Perhaps some day you really won't mind the as "g" and "y." task of washing the cups and saucers and brushing the crumbs away. Why it seems only yesterday that I disliked dishes myself, and I remember well how, with one envious eye on the children across the way, I hurried through the ordeal with a haste that boded ill for the family porcelain, and how I used to balance a cup in a perilous way on a pile of plates

despite my mother's warning of "Don't take a horse load; just carry a few at a time." So, you irresistible rogue, have just as much fun as you can possibly crowd into the short day of childhood.

doily-spotted lar cloth and the folding of this cloth table is one of the many troubles of the housekeeper. If it is folded in quar-There is much to ters there will be a provoking point in only hope that your troubles will the middle; if it is rolled where shall be as light as the bubbles floating in Its fineness and quality and design leave the middle or centre quite flat, it be stowed? The best way is to the water, and that nothing more than dishwashing will cause you to sigh. fold up the edges till the circle becomes a square, after which it can be folded and put away quite easily

For Eastertide

Every housewife likes to have her ouse and table tastefully decorated oblige, yours truly. with flowers, but when one's purse is slender or a florist's shop is not within quer difficulties, and your purpose will reach the matter is hard to solve. Yet and dear friendship will be formed. of trouble it is possible to have enough energetic and sure to have their own plants and flowers to last through the

Much can be done by the merest the ways of cruelty and selfishness. amateur, provided care and attention are given regularly, but the woman who remembers on one day and for- you which will tax your strength. Any gets on the next had better not at- employment which you value should be tempt to grow anything. Bulbous given your best attention lest you lose plants are the easiest to handle, and

of being clean to keep in the house, no if these traits are early recognized by soil being required. Fill the pots to their parents much improvement is posbles, set the bulbs in and cover the whole with water. Put away in a dark, cool place for two or three weeks but take care to keep the water at the same height all the time, then bring is a company in Canada which sells them out and give them as much light masquerade costumes, and oblige? and air as possible, changing the water every eight days by draining it off and by replacing it with water of the same temperature. The question of keep-

ing the water at the same temperature all the time is an important one. Artistic pots and vases matching the color scheme to place the bulbs in add much to their attractiveness. For instance, there are ten or twelve varie-It is in vain I reassure her that and pink being the most usual, but red, ties of hyacinth, white, bluish purple yellow, various shades of blue vari-colored ones are also to be had. It is easy to see that if the pots are meted out to small girls. With such tastefully chosen a pretty and artistic alacrity does she put the cups and saucers away that I almost fear for their safety, and the last one is hard-

suitable: "Dear Lord, I thank Thee for my and the best will come back to you." Bulbs started now will be at their Her Income Would Cease.

he right man A.—If you are in love with the girl and you think she is love with you there is

Rally of A.Y.P.A. RABYandDoctor



Just beat it

Bake in a moderately hot oven 25 min-

may be substituted for the sugar if you

are making a graham muffin, but re-

member that you are adding liquid as well as sweetening. If the flour is gra-

If you wish a light corn meal muf-

fin make it half flour or use more eggs.

different form from flour, so we do not

Cooked rice may be used in the muffins,

or cut dates may be added, or blue-

In choosing your baking powder read your label. Phos-

phate powders and alum pow-

ders are much cheaper than

The corn meal has its protein in

ham a little more must be used.

If you want a rich muffin use more

BILLY STEVENS -His Story. I.-Mrs. Katchpane Copyright.

"A made-up name" - I knew would think Very likely it is a made-up name did not make it up. saw it today, "Nearest or friend, Mrs. Katchpane." relative For it

egg, more fat. You may use 1/4 cup of sugar if you wish it sweeter. Molasses was Mrs. Katchpane who Billy Stevens to the general hospital on the 19th day of August, A. D. 1912. This is the true story of Billy Stevens, without any "local color." Billy Stevens is a Canadian, but a very little one, and he does not even know his right hand from his left, nor his name, nor anything at all even his parents, and most likely he get the elastic gluten, and the egg must take its place to retain the gas. never will know his parents. At least, we do not, and we do not know anyone who does. The hospital represents father and mother, sisters and brothers, to Billy, and the nurses, in their merciful kindness, have done for

him all that they could do. "Can a woman forget her sucking child, that she should not have compassion on the son of her womb?— Yea—she MAY forget!" Perhaps she did not, though. Who knows whether the mother that bore him survived the

Problems of the Fair Sex Solved by Cynthia Grey

their inquiries as brief as possible, and to of Brantford, are among the speakers, write on one side of the paper only. It is and His Lordship Bishop Williams, who impossible to give replies within a stated will preside, is also to address the In turn as they are received. No letters can be answered privately,]

Proper Gloves.

My Dear Miss Grey-Will you kindly tell me if it is proper for a girl of 16, "not out," to wear long white kid Thanking you in

ours truly, "PATTY." A.-1. It is. 2. Your writing is quite neat. Take more care with the loop letters, such

From a College Lass.

My Dear Miss Grey-I am a college girl, 18 years old, and am greatly perplexed, and thought you might be able to help me. If a girl sends invitations for a college affair to two young men, and they both send flowers, what should she do? Should she wear the flowers that match her dress best? 2. What do you think of my writing? Please let me see this answered as

oon as possible, and oblige, yours sin-"A COLLEGE GIRL." A.-1. Why not wear a few blossoms rom each bouquet, even though they do not look quite as pretty as when ideas and will make great progress if

heart-burning and jealousy on the part of either young man. 2. It is rather irregular in formation, but is otherwise easily read.

Is This Your Birthday?

Dear Miss Grey,—I have been watching the birthday calendar, hoping mine would be in, but for a few days there was none published. Would you kin by publish mine of Jan. 6, also Aug. 27, and BLUE EYES. "Those born today will be strong and way. It is the duty of guardians to teach these children kindness and consideration, so that they will never choose

"You are urged to take special care

in addition the bulbs can be bought ful horoscopes, and their tendencies will Bulbs, too, have the great advantage the usual consequences of unhappiness. be selfishness and untruthfulness, with sible. (Aug. 27)."

> Send On Address. Dear Miss Grey,-Would you kindly

IGNORAMUS A .- If you send us your personal address we may be able to give you the information which you desire, but we cannot publish business addresses in this

Guest Book Verses.

Dear Miss Grey: Kindly give me through your column verses suitable for and wiped dry before putting away. A.-I think either of these quotations

"Give to the world the best you have,

Dear Miss Grey: I am deeply in love with a pretty young lady who happens to be teaching school in the country. This young lady is very fond of independence and does not wish to be derendent on any young man. Of course, she would have to give up her muchdevoted position and consequently her precious income would cease. Would you advise me to propose to her? She is admired by numerous young men. Will you please tell me how I am to know I am

no reason why you should not prorose to her. Why give the other fellows ail the chances?

on Thursday Next



MRS. (DR.) WYCKOFF.

Dominion Vice-President, A. Y. P. A. Besides holding the above office, Mrs. Wyckoff, a member of St. Matthew's birth of her son? All we know is which is making arrangements for that Mrs. Katchpane left her address, a big rally of the Anglican Young Peoand Billy, and departed, leaving him ples' Association, to be held in Bishop Cronyn Hall on Thursday evening next, Feb. 6. About 500 members of the association from the branches in London and surrounding district are expected to attend the rally, and doubtless an added enthusiasm and interest in the work of the association will re-

Mr. Clarence Bell, of Toronto, Do-[Correspondents are requested to make minion president, and Rev. Mr. Potts,

Mr. H. R. Frank, 193 Duchess avenue, is president of the local union, A.

The Birthday Calendar



IF THIS IS YOUR BIRTHDAY Letters will annoy you and changes and journeys will not be satisfactory Watchfulness and care on your part may avoid some unpleasantness. Those born today will have orginal worn separately? This will prevent any encouraged in these and guided with a firm hand in the common sense essen-



IF THIS IS YOUR BIRTHDAY In material things you will prosper, out some illness or disappointment will occur among those dear to you. If in employ, be careful of the small details

of your work. Those born today will be successful in their undertakings, but too encrossed in them to be valued highly as a friend, with the natural result of loneliness and domestic unhappiness following.

HOW TO MAKE STARCH.

If starch is properly made, ironing should be as simple as with plain clothes. Take as much starch as you want to use, dissolve thoroughly, have it about as thick as cream. The water must be boiling. Pour it on the starch, stirring very quickly. When it begins to get very thick stop pouring on the water and beat it well until the starch is thoroughly mixed. Then add more boiling water; keep on stirring until you have it as thick as you wish. Give t a final boil, remove from the fire and add a teaspoonful of lard and a small quantity of bluing. The flatirons should be washed after every ironing

SAVE THE BABY

Baby's Own Tablets are the only safe medicine to make baby well and keep him well. They are guaranteed by a government analyst to be free from all injurious drugs and are absolutely safe to give even to the new-born babe. Concerning them, Mrs. Oscar Bedard, Manseau, Quebec, writes: "I have used Baby's Own Tablets, and have to thank them that my little one is living today. I know nothing to equal them as a children's medicine." The Tablets are sold by medicine dealers or by mail at 25 cents a box, from The Dr. Williams' Medicine Company, Brockville, Ont.



THE HAT WITH THE CANTALOUPE CROWN,



Here is one of the new hats made of brown hemp, with the cantaloup? rown, and a brown satin faced rim. The spring hats are still trimmed at the back with the drooping feathers.

This hat has a brown plume hanging from a yellow pompom off the back.

fruit that the coarse center is easily removed by taking a pair of scissors and clipping the cords to make a cuplike center for the sugar,

Jam that has become hard and sugary can be made almost as good as new by placing it in the oven until the sugar melts, then taking it out

and leaving !t to cool. To take away the strong, hot taste of onions, pour boiling water over with different ribbon accessories. At one them after they have been sliced,

In winter, when fresh roasting chickens are not obtainable, but a chicken for stewing, steam it in a At another time bring a fold of pink messaline satin around the waist and it. When it is done, it will be brown colander for three hours or until tender; then, put it in the oven and roast

Piano Wisdom

The professional pianist knows exactly what to look and listen for when forming an opinion of a piano. Do you? Before you buy, we would like to point out the things that the professional pianist notices, and explain why the Martin-Orme Piano has such exquisite tone and

Callaghan's 613 Wellington Street N. B. First Door North of Victoria Park.

PERSONALS -

Subscribers are invited to write their items of personal news on this slip and hand it in to The Advertiser office

What You Can Do With Ribbons

The girl who would like to have good looking accessories at small cost should buy ribbons with which to make them. A simple white frock may do duty on a number of occasions if trimmed up time it can have a narrow girdle of black then drain and pour cold water on velvet ribbon brought around the waist, them.
with one long and reaching below the In knees and finished with a pump bow. bow is used at the bust line and a small one at the middle of the back.

bow of five short loops of the ribbon above a knot and three below, with two pointed ends. Make a satin rose of the messaline and green velvet leaves and tuck it in the folds of the fichu. A third idea is to use a straight belt of pinkish purple velvet ribbon six inches wide, ending in two wedge shaped ends where the front drapery laps. One plece is three inches shorter than the other,

which reaches to the knees, and the endi are worked in a wreath of violets in ribbon embroidery. Bunches of violets are scattered on the belt, and two loops of velvet with embroidered ends ace tucked in the overlapping part of the fical. A quaint Victorian effect can be given by making a belt of peplum and chaffen. Two full ends of chiffon are made into a sash knotted at the bottom and finished in a deep upstanding bow, with one loop up and the other loop and two ends The bottom of the peplum, which comes to the hip line, and the edges of the sash and bow are finished with

quilting of changeable taffeta ribbon, CULINARY TIPS.

In cooking a bird in the oven, roast it in the usual way until nicely browned; then, turn it back upward and let it remain so until done. This causes the gravy to run into the breast, making it deliciously soft and

You will find on preparing a grape-