

## Page of Interesting News for Women

### A Black and White Effect



An odd effect of full dress and negligee combined is noticed in this gown, which is made of white satin. The waist resembles a tailored blouse with its shoulder tucks and bow-pleat. The skirt shows the new drooping pannier effect, the drapery crossing in the back and one end extends upward to the girdle. The black taffeta collar and covered buckle are distinctive touches that mark the gown as one of the newest. Small satin covered buttons are used.

### The Bargain Figure

Election night the lady board of canvassers sat late. Miss Green had polled a thousand votes. Miss Brown, nine ninety-eight. "Miss Brown elected," they declared. And went home to their slumber. For, being women, how could they resist that magic number?

### Cause of Flat Foot

Tight shoes are one of the chief causes of flat foot, as they are of all other foot ailments.

Occupations in which it is necessary to move about a few steps on the feet slowly are another cause.

The physiological reason is that the long arch bone of the foot has given away under pressure.

Flat foot can be cured to a degree at least. There are two methods. The easiest and quickest is to place inside the shoe a carefully molded arch which is made out of metal and does not look unlike a broad shoe horn. This, if properly fitted by an expert, will relieve the pain which comes with a broken arch. It will make walking comfortable and so give the weak muscles a chance to build up. The best way is to begin with a rather low metal arch and increase its height as the muscles tune up to their proper standard and position.

The other way is to take a series of exercises, including skipping, dancing, rising on tiptoe, bending the ankles in and out, etc. This should be combined with proper food, plenty of fresh air and sleep. It is a longer method, but its results are more permanent.

### How to Remove Stains

The laundry closet should hold all necessary articles, such as starch and soap. It may also contain things for removing stains, and on the door might be placed the following list of directions for this purpose:

Fruit—Pour boiling water through, or use alcohol.

Chocolate or Cocoa—Wash in cold water, then pour boiling water through.

Tea—Wash in cold water, then in boiling water.

Coffee—Pour boiling water through.

Iron Rust—Cover with lemon juice and salt; then put in the paste of cream of tartar and water, and cover the spot, putting in the sun. Or, wet the spot with lemon juice and hold over a hot iron. (Good for white wash goods.)

Grass Stain—Wet in cold water and cover with cream of tartar and put in sun. Or, use alcohol if goods cannot be washed.

Mildew—If fresh, wet in strong soda, cover with paste of salt and soap, and put in the sun.

Blood—Soak in cold water, or water and salt. When nearly gone, use soap and water. Or, use starch paste.

Wine (red)—Cover with wet salt and wash in hot water. (Yellow)—Wet in cold water and wash with soap.

Machine Oil or Axle Grease—Cover with lard and wash with soap and water. Finish with hot water and soap.

Red Ink—Ammonia and water. Milk or cream. Cold water and soap.

Javelle Water—One pound of salt soda, quarter pound of chloride of lime and two quarts cold water. Mix, let stand several hours, drain off and bottle clear liquid. Keep cool and dark. Wet the stain with soft cloth; rinse well with cold water. Repeat, if necessary, and wash at last in ammonia and water.



### Better than the Sun

Before OMO the usual way was to spread the clothes on the grass exposed to the sun. Now OMO cleanses thoroughly, bleaches and purifies better than the sun can do it. It has the bleaching and purifying properties of fresh country air for linens and all white things. Harms neither hands nor clothes.

No rubbing. Directions are easy. Works quickly. Coffee, tea, cocoa, fruit and other stains disappear like magic.

Safe and sure but must not be used for colored articles, woollens or flannels.

10c. As Pugsley, Dingman & Co. Limited, Toronto

### A Stamping Hint

Here is a hint for those who do their own stamping. Instead of using stamping wax, mash a small ball of clothes blueing, and with a little piece of velvet rub it over the perforated pattern; then remove the patterns from your goods and trace the design with a lead pencil. This must be done on the blueing will rub off. This method is not so expensive, and if the work does not entirely cover the stamping the marks will come out when laundered, which those made with the wax will not always or often do.

### The Birthday Calendar



### IF THIS IS YOUR BIRTHDAY

Be careful and avoid giving offence, as the consequences may be more than you can foresee. In material things fortune will favor you and you may expect advancement and prosperity. These born today will have strong, well-balanced natures, and will accomplish much in this world. They should cultivate consideration for others.

### Problems of the Fair Sex Solved by Cynthia Grey

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn as they are received.]

#### Tomato Soy.

Dear Miss Grey: Please print for me a recipe for green tomato soy, and I will be much obliged. ANNA.

A.—Take 4 quarts of green tomatoes, sliced but not peeled, 12 onions peeled and sliced, add 2 cups sugar, 1 tablespoonful each of cloves and allspice, 2 tablespoons each of black pepper, ground mustard and salt, and ½ gallon good vinegar. Boil gently, stirring frequently until tender; bottle and seal.

#### Owes Him an Apology.

Dear Miss Grey: I am eighteen and have been keeping company with a young man two years my senior for the past six months. About six weeks ago we went to a place of amusement and after coming home had a little quarrel, but made an appointment for a few days later which I deliberately failed to keep, being still angry from the previous evening. I have seen him many times since, but he never speaks to me. I am a very good friend of mine. He has never asked to call on me steady, but called three consecutive Sunday evenings when I met him the following Sunday afternoon at a club meeting. At this meeting he said nothing about calling that evening. Should I have asked him whether to expect him that evening, or should he have asked to call? Do you think he got the impression that I did not care for him? FRIEDA.

A.—If he got the impression you did not care for him, it is a very good thing for you. It is never to a girl's interests to let a man know that she does care. There would have been nothing wrong in asking him to call, but I am of the opinion that if he had wanted to come, he would have followed his usual procedure. Rest assured, my dear, that if he cares for you he will come back. If he doesn't, he won't, and the sooner you forget him the better.

Cleaning Methods. Dear Miss Grey: As I have written to you before and had satisfaction, I thought I would like to write to you again, for I have found out a lot of useful hints in your small corner. The first question might be: 1. How can you take the shine off a blue or black skirt, the skirt being serge. 2. Could you tell me how to clean brown kid gloves without spoiling them? 3. When introducing a girl and boy, should the boy's name be mentioned first, or the girl's? 4. What is the meaning of Mary and Margaret? Hoping to see this in print, and I hope I haven't taken up too much of your precious space, I remain,

CHERRY.

A.—1. It is difficult to obtain satisfactory results if the shine has become very deeply set into the material. Alcohol is about the best agent for removing shine, and a compound made of equal parts of alcohol, ether and ammonia is excellent. Apply with a clean cloth, brush free from lint, and press. 2. Pour a pint of gasoline into a small basin, draw the gloves on the hands and wash in the gasoline, leaving the gloves on the hands until dry, which will not take long. Be sure and do the work away from fire—out of doors is the best place. The gasoline need not be thrown out, but allowed to settle, poured into a clean bottle and used over again. 3. In making introductions, the gentleman should always be presented to the lady. 4. Mary means bitter or unpleasant; Margaret, a pearl, or precious.

#### NO WONDER.

[Hamilton Spectator.] The Marquis of Anglesey was married recently in London. All Belgians and his wife were in attendance, in gorgeous attire. Incidentally, the duke's income is about \$300,000 per annum. At the same time, thousands were starving as a result of the war in the east end. Can one wonder at the unrest among the English laboring classes?

Mrs. Winslow's Soothing Syrup has been used for over SIXTY YEARS by MILLIONS OF MOTHERS for their CHILDREN WHILE TEETHING, with PERFECT SUCCESS. IT SOOTHES THE CHILD, SOFTENS THE GUMS, ALLAYS ALL PAIN, CURES WIND COLIC, and is the best remedy for diarrhoea. Sold all over the world.

AGENTS FOR THE LADIES' HOME JOURNAL PATTERNS.

### A NEW DEPARTMENT

## Berlin Wool

We have just opened this department, and from now on the women of London will be able to choose their yarns from our complete stock. We have now in stock a complete range of colors in both single and double Berlins, also Andalusian and Zephyr Wools, which sell at, skein...8c

### Pure Linen Centre Pieces

Pure Irish Linen Embroidered Centre-pieces, 18 inches, round style, with scalloped edge. See these this week at, each...49c

## GRAY'S

## GRAY'S

Mail and Telephone Orders Promptly and Carefully Filled. Phone 1182.

### Table Napkin Special, \$2.48 Doz.

Here is a special in Table Napkins for Tuesday's selling; several beautiful patterns, all excellent quality linen, at a dozen...\$2.48

### One Design Only at \$2.79

Beautiful quality, one design only, in Table Napkins. Perfectly plain centre with neat scroll border, size 24x24 inches. Regular \$3.50. Special sale price Tuesday, at per dozen...\$2.79

### Tray Cloths and Stand Covers, 49c Each

Hemstitched, Embroidered Tray Cloths and Stand Covers, size 20x40 inches. Very pretty embroidered. Regular 75c, to clear, each...49c

### Damask Tray Cloths 25c Each

5 dozen Embroidered Damask Tray Cloths, special at, each...25c

Embroidered Dresser and Stand Covers, regular 50c, for each...39c

We CLOSE TONIGHT 5 P.M. SATURDAY AT 10 P.M.

## GRAY'S

### WOMANKIND

Queen Alexandra has been spending much of her recent leisure in the pathetic task of re-arranging some of the rooms in Marlborough House so as to recall the associations of past years. The personal souvenirs of the late King Edward have now been removed from Buckingham Palace, with the exception of those for which King George expressed a wish. They have either been placed in the positions which they formerly held, or have been collected together into rooms which are to be kept sacred to his memory. In no circumstances will any persons outside the privacy of the Royal family be permitted to intrude upon these apartments. In that respect Queen Alexandra is disinclined to follow the usage of some European palaces, as for example, the winter palace at St. Petersburg, in which one may visit the personal rooms of the late Emperor Alexander III. The pictures have also been re-hung, and a score of changes made, with the result that Her Majesty now feels as thoroughly at home at Marlborough House as she has always done when residing in her favorite Norfolk home. Queen Alexandra will observe the duties of hospitality in her own gracious way when the proper time comes.

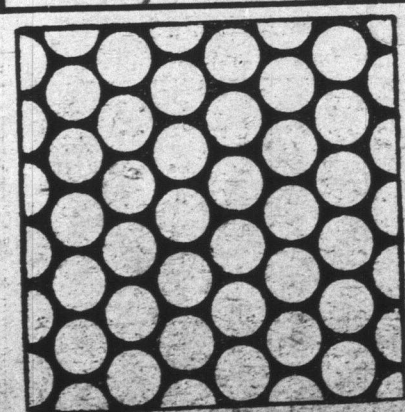
There were 120 women physicians from all parts of the United States at a recent meeting of the American Medical Association in Atlantic City. They had a banquet at the Hotel Denis and Dr. Clara Marshall, dean of the Women's College of Pennsylvania, the oldest existing medical college for women, presided.

Mrs. Meyer Borman represented the Nursing Sisters of the Johannesburg, South Africa, at the Royal Review, held recently in Windsor Park, London. The Johannesburg corps of nurses is said to be the only one in the world whose members are required to know how to shoot and swim and who do most of their work on horseback. They wear a khaki uniform with the St. John badge across the shoulders. Mrs. Meyer received a personal letter from the Duchess of Connaught thanking her for the street and field work done by these nurses during the Duke of Connaught's tour of South Africa.

Another interesting woman who attended the review was Mrs. Cottle of India, who organized and managed the street nurses during the recent durbar. The viceroys of India presented her with a special medal for her services. She has done a great deal of ambulance work in Calcutta and is now organizing a division of the St. John Ambulance Nursing Sisters in London.

Norway's women voters have obtained higher salaries for women workers, and opened to women positions formerly closed to them. There are now women police, doing a great deal for the betterment and protection of women, and there are now women principals in some of the public schools where formerly the principals were required to be men.

### An Eye Trick—No. 8



An effect of irradiation. Circles which seen at a distance, look like the hexagons of a beehive.

### A Vacation in a Bottle

A month's vacation will not do you any more good than a bottle of

### Nyal's Spring Tonic

It's good all the year round. Dollar a bottle.

PERCIVAL, Richmond Cor. Central Phone 1261. LISTER, Wortley Road, cor. Craig Phone 1920. OMOND, 468 Dundas Phone 1429.

THE PROGRESSIVE DRUGGISTS.

We close Wednesday afternoons, during July and August.

### DON'T 'DRESS UP' BABY IN SUMMER

Mother's Pride Hard on Little Folks When It's Hot



### "ALL READY TO GO BYE-BYE."

[By Idah McGlone Gibson.]

Don't "dress up" your baby if you take it out for a ride. Many mothers would find time to take their babies outdoors if they did not think it was necessary to fuss them all up in scratchy, starched clothes. The best warm weather garment for a baby is made of very light-weight flannel which grows softer with every washing. Make up a dozen of these with no trimming, and put one on clean every night and morning. You will find that the laundering of these little slips is much less trouble than where more clothes are used and not changed so often.

Never use a diaper after it is once wet. Wash and dry thoroughly. The practice of drying it, before washing, and using it again, has been known to chafe and put one on clean every night and morning. Only three per cent of the children of young parents were homicides.

Be sure that the pad under the baby is perfectly clean, as is everything about her, and you will find that she wakes and greets you with a smile when you say: "Come, let's go bye-bye."

### BLOND AND BRUNETTE

Hair and Eyes That Descend From the Grandparent.

In a paper by Professor V. Guelfrida-Ruggeri (Naples), read at the Engineers' Conference in London, it was pointed out that it was now certain that the races of man acted exactly as the races of animals. Two gray mice produced gray mice, and it had been shown that two Albino parents had only Albino children.

Blonde parents had only blonde children. If from two brunettes parents there were four children, one of whom was blonde, it implied that both had sprung from crossings with the blonde type. Such was the case of the grandson who resembled his grandfather, the rule always being that of 25 per cent.

The same facts were verified by the color of the eyes and the smoothness of the hair. The children of parents with blue and dark eyes might themselves have dark eyes, with the blue latent; and if they married

amongst each other, one child in four had the blue eyes of the grandparent. Professor Antonio Mario, director of the Turin lunatic asylum, gave figures showing that over 52 per cent of assassins were children of fathers of advanced age. Only three per cent of the children of young parents were homicides.

### A LONDON WEDDING.

Passing through the east end of London a tourist observed a great crowd of costers watching a young couple entering a church, obviously with the intention of committing matrimony.

Feeling inquisitive and wondering who the couple were to command the presence of so many of their clan, the countryman turned to an archer near by.

"Sonny," said he, "who is it being married?"

The small boy solemnly scratched his head for a full minute, as though contemplating his reply. "Well, gov'nor," he remarked at length, "I ain't perfectly sure, but I think it's the bloke and the gal wets dressed up like am'ones!"

## Billie Burke on Hairdressing



[By Billie Burke.]

The First Word: Never mind the fashion. Dress your hair becomingly.

I see by the hair-shop windows and the shapes of the new fall hats, that the elaborate coiffure is still to be worn this fall and winter.

"What has the shape of the hat got to do with it?" you ask. A great deal; hair-dressing always follows the shape of the hat, and with the big crowns that one sees in all the new hats, one must dress one's hair in a way to fill them out.

Many young women follow every vagary of fashion in regard to the hair, and regardless of the fact that they may have round faces and low foreheads, they will this year bring their braids and twists forward clear over their foreheads, and allow little curls which peep from under to reach their eyebrows. It will not matter to them whether their heads are large or small, they will pile on fake hair because it is the fashion.

Many women look well with their hair arranged elaborately, but it usually adds ten years to one's face, no matter how becoming it is. As a rule the simpler one combs one's hair, the younger it will make one look, although many women can in their later years improve upon their youthful style of hairdressing.

Coiffures should grow more formal as one grows older, and after one turns gray nothing but the most elaborate hairdressing of puffs and soft braids should be used. Don't, I beg of you, if your hair is turning gray, think it will look well with flying tendrils and wisps about your face. These may be all right on a young girl, but they make a woman over forty look like a picture of the Witch of Endor.

I think one's hair shows age sooner than any other part of one with the exception of the hands. Even if your hair does not grow gray, it becomes limp and stringy. It does not seem to have that life and electric energy which makes it fluff and curl about a woman's face.

The girl whose hair grows pretty



around her face is fortunate indeed, and the one who has the "five points of Venus," as the little points of hair at the ears, the temples and the one in the middle of the forehead are called, should always comb her hair so that they will show. There is, however, a little superstition about the girl whose hair grows in a deep point in the centre of her forehead. It is that she will be a young widow.

A great many women of individuality wear their hair always in the same way. Mrs. Langtry has always worn

hers in that soft, low coil at the nape of the neck, which was so much worn by every English woman when she was the professional beauty of England. This way of combing the hair sets off the line from one's temple to one's shoulder perfectly. Bernhardt has always worn her hair in a tangle over her eyes and about her ears. She did this to conceal the thinness of her face. Ellen Terry has always affected a low hair dressing, with a big black bow. This sets off her blonde coloring, and brightens the gold of her hair. You can see from my pic-

ture that I wear my hair very simply, as it curls naturally about my face, and I shall hate the day when I have to "tidy up" the stray locks.

It will be seen by the pictures which I have had drawn, of some of the very latest coiffures, that to be in style you must wear either coils and braids from the nape of your neck clear over your forehead. The ears are covered and in many cases ornaments are placed just above them. A bright girl will look at these pictures and, seating herself before her mirror, can ar-

range her hair so that it will have the same contour as these drawings and yet she will give an individual twist to her hair that is for her only. She can always remember one thing, however, even if she wears her hair very differently, she will not look out of style if she keeps her hair clean and fluffy, and dresses it becomingly.

JUST ONE LAST WORD: If a woman's hair is her crown of glory, it behooves her to keep it bright and shiny, as well as properly placed.

Billie Burke