"Mount Pearl Turnip Greens."

Since the canning of Food Products has been commercialized, it is a daily occurrence to eat fruits and vegetables grown 10,000 miles away from Newfoundland; now for the first time one of our local Newfoundland vegetables has been canned, and is offered for sale.

During the past summer about 10,000 lbs. of Turnip Greens were packed in the factory of the UNITED CAN MANUFACTURING CO., LTD., under expert workmen and thoroughly sanitary conditions. These Turnip Tops were purchased mostly from farmers in the Mount Pearl district and are now on the market under the name of "Mount Pearl Turnip Greens." It took 4½ lbs. of fresh turnip greens to fill each can, and as the retail price is 35c., they come really cheaper than early spring greens, in addition to which they are already thoroughly cleaned and only have to be heated to be ready for the table.

Those who have already tried some speak very highly of them, and a brisk sale is expected by the following grocers who have them for sale:—

AYRE & SONS. BOWRING BROS. M. O'BRIEN.
M. A. BASTOW. C. P. EAGAN. STEER BROS., LTD.
W. E. BEARNS. E. J. HORWOOD. JAMES WISEMAN.
BISHOP, SONS & CO. GEO. KNOWLING. J. M. BROWN.

jan10,3i

SIDE TALKS.

By Ruth Cameron.

YOU LUCKY LITTLE GIRLS.

"I wish," I heard a man of about 50 say the other day, "that I had been born 20 years later. That would have given me my allotted four score years and ten ending during the war," instead to live through these unsettled reconstruction days. I don't like them. I don't like the way things look."

I used to wish I had been born 20 years earlier but for a more frivolous reason. I would like to have been born in the time when old furniture and old houses could be picked up for a song,—and not Caruso's kind.

Tomboys Are the Rule Now.

But to-day I have reversed this idea. I think I should have liked to be born 20 years later so that I might have been a little girl in these days when little girls don't have to be tomboys to have almost as much outdoor freedom and fun as boys. Indeed that old word tomboy is seldom used nowadays because it is the accepted and the desired, instead of the surprising and objectionable thing for a girl to play outdoors just as a boy does.

Think of the good things that have been added to a little girl's life without her losing any of the prerogative of girlhood,—dolls, if she likes them, tea sets and anything else that is preeminently feminine.

The Advantages of Both Sexes.

And while her party dresses are just as dainty or dantier than ever, think of the suitability of her outdoor dress; khaki bloomers and middy take the place of a dress that hampered all her movements, made climbing trees and such joys undignified, and had to be watched all the time lest it get torn or dirty.

I never see a little girl from five to ten in khaki middy and bloomers, bare legs and bobbed hair without a feeling of envy. How I should have loved it!

Think of the girls' camps and all the wonderful, health giving, joy giving sports the little girl lucky enough to attend them enjoys.

Think of all the wonderful good times, and all the healthful interests the Girl Scout movement brings into the lives of hundreds of thousands of girls.

Think of the freedom and joy in the water the little one piece bathing suits for children give compared to the long skirted affairs even children used to wear. No wonder the girl who doesn't swim is becoming almost as much of a rarity as the girl who did was 20 years ago.

Think of the fun and interest, sports at school and the great goal of the women's Olympic supply.

Less Room For Morbid Interests.

And while you are thinking of all these things remember that every health interest may serve by crowding out so unhealthful or morbid interest, in the girl as well as the boy.

I think all the children of to-day have reason to thank their lucky stars that they were born in what is surely the golden age for children. And I think girls ought to give double thanks to the stork, or the stars or whatever it was, that decided that they should be born at just this time.

Harbor Grace Notes.

The body of the late Mr. James Stowe, whose death occurred at St. John's on Saturday was brought here by this morning's train for burial. Mr. Stowe was 78 years old and had been ill but a short time. He had been a ship's carpenter by trade, and formerly belonged to this town, but had resided in St. John's latterly. Deceased was twice maried, both his wives having predeceased him. He is survived by two brothers, Richard and Samuel, both of St. John's. Another brother, Mr. Will Stowe, of this town, passed away here last spring. To the bereaved relatives and friends, we offer our sympathy at this hour of sorrow. Funeral takes place to-morrow, (Tuesday) afternoon, from the residence of his sister-in-law, Mrs. Will Stowe, Caplin Cove, interment being made in the Methodist Cemetery.

Messrs. Thomas Thistle and Christopher Pike, who have been at Hoopers Harbor, White Bay, acting as agents for Mr. E. Simmons, who has business there, returned by the last trip of the Portia. They arrived in St. John's on Thursday and came to town by Friday morning's train. It was the intention of the above parties to leave for home earlier, but owing to the fact that the Prospero did not call on her last trip, and was afterwards wrecked, the men were unable to get home ere this.

The Bell Island Steamship Co.'s yacht "Pawnee," Capt. A. Bourne, was towed from Bell Island Sunday morning by the S.S. Othar, for dockage. She will be taken up first opportunity. It is understood that the "Pawnee" will remain on dock all winter.

Mr. J. A. Dunbar, of the Confederation Life Assurance Co., St. John's arrived in town by Saturday night's train.

Mr. E. E. Parsons was confined to his home some days last week through illness, but is now able to get out to business. His many friends are glad to see him about again.

The several day schools re-opened yesterday, Monday 8th, to resume work, the Christmas Holidays having terminated. We trust that both teachers and scholars will go back to their studies feeling fit and refreshed to renew their task, after the short cessation from study, and that this year will be a very successful one for the schools.

Miss Muriel Forsey left town by this morning's train for St. John's.

At the present time and for the past few days, the streets have been very icy, making it difficult for pedestrians to get about, and the rain of to-day has added to the discomfort. When Jack Frost lends his hand with the "finishing touch," walking will be anything but pleasant.

Mr. A. J. Walsh, Principal of the R. C. Academy, spent the Christmas vacation at his home, Holyrood, and returned here by Saturday night's train.

The old "Bog Pond" of Carbonear Road, is visited by some of our young folks, from time to time, when it is in good trim for skating, and much enjoyment is gathered thereby.

Messrs. A. Anonsen and E. Simmons were passengers by this morning's train on a brief business visit.

The "Star Movie," which has been carried on here for some years, under the management of Mr. I. E. Forsey, in St. Paul's Hall, has closed down. Mr. Forsey has been in poor health for a long while.

S.S. Cabot arrived in port on Saturday and towed the schr. Herbert Fearn to St. John's on Sunday. This schooner had been here with a load of coal to Messrs. R. D. McRae & Sons.—COR.

Jan. 9th, 1923.

A SURE SIGN.

Sam Baggs says when that day arrives when ten cigarettes can be had for a nickel, then may it truly be said that at last normalcy has arrived.

BOTH ROASTED.

Marge—"I don't like either of those young men you introduced to me."

Marie—"What's wrong with them?"

Marge—"One is hard boiled and the other is half baked."

Something to think about

WHEN lying awake at night, stop "counting sheep" and think what is probably the cause of your sleeplessness.

Both tea and coffee contain a drug element that irritates the sensitive nervous system, often causing restless nights, followed by drowsy, irritable days.

A delicious, hot cup of Instant Postum contains nothing that can deprive you of restful sleep at night, or hamper your days. But it *does* supply all the warmth, comfort and satisfaction that can be desired in the mealtime beverage.

Instant Postum is made "quick as a wink," in the cup, at the table—no boiling, no waiting, no waste. A level teaspoonful in a cup, with boiling water added, makes a fragrant, seal-brown beverage, which turns to a rich, golden-brown when cream is added. Sweeten to taste, and the fine, full-bodied flavor will be pleasing, satisfying and delightful.

At your Grocer's in Sealed, Air-tight tins

A generous sample tin of Instant Postum will be sent, postpaid, for 4c in stamps. Write

Instant Postum
FOR HEALTH
"There's a Reason"

Canadian Postum Cereal Company, Limited
45 Front St., E., Toronto — Factory: Windsor, Ontario

Young Preacher Dies.

BODY SENT HOME FOR BURIAL.

News reached the city yesterday conveying the sad information of the death of Rev. W. S. Howell, son of the late George William Howell and Mrs. Howell of Carbonear which took place at Bayestown, N.B., from Meningitis of the brain. The deceased was a member of the Newfoundland Conference for four years, most of his work being in Twillingate District. In 1919 he entered Mount Allison University where he won high honor as a student and scholar. His studies became interrupted owing to serious illness, and since last September he had been confined to his room. The late Mr. Howell had a brilliant and useful career before him but Providence ruled otherwise and he entered into Eternal rest. He is survived by his mother, two sisters, two brothers, who mourn their sad loss. Mr. Frank Howell agent for Harvey & Co., at Carbonear is an uncle. The remains are being forwarded from Bayeston to Carbonear where interment will take place. Miss Emmie Howell, a sister of the deceased, is accompanying the body.

Supreme Court.

GRAND JURY FIND TRUE BILLS.

The Grand Jury brought in true bills in the cases of J. A. Basha who is charged with arson and Thomas Quilty charged with rape. Mr. F. Knight as foreman retired from the consideration of the first bill, as he was a witness in the case, and his place was taken by Mr. W. H. Peters. In the Quilty case Mr. Knight resumed his position as foreman. The consideration of the indictments occupied over 5 hours.

C. C. C. Band.

POPULAR INSTRUCTOR RESIGNS.

It is learned that Capt. Arthur Bulley has tendered his resignation from the C.C.C. Band. Mr. Bulley has been a member of the band for the past 23 years and since 1919 he has been in charge. It was due to Mr. Bulley's untiring energy that the band has been brought to such a high state of efficency. It was through his efforts that the C.C.C. Hall, formerly owned by the Mechanics Society, has been acquired. He labored incessantly to reduce the debt on the building, and now that his aims have been accomplished he retires. General regret will be expressed at his retirement.

British Troops on Rhine

HAVE COST $270,000,000.

LONDON—The strength of the British Army of Occupation in Germany on November 1st was 552 officers and 8,158 men of other ranks, according to Walter Guinness, Under Secretary to the War Department. The total cost of maintenance, exclusive of accommodation and miscellaneous services, from the armistice to July 31, 1922, amounted to 54,658,000 pounds sterling.

Coats and suits for spring will have kimmono sleeves.

It is to Your Advantage to

GET OUR PRICES

on the following:

OATS

in four bushel Sacks.

HAY--No. 1

MOLASSES

in Puncheons and Tierces.

FLOUR

Reputable brands of uniform quality.

"WHITE OAK," "VICTOR"

and others.

Our Prices on

TEAS

are especially attractive,—as we bought heavily before prices advanced, thereby enabling us to offer you to-day your favorite

TEA
at the old price
'BLUE BIRD' TEA

in Pound and Half Pound Packages.

James Baird LIMITED

Provision & Grocery Dept.

Why The Hermit Crab Feeds His Pals.

LONDON—The mystery of the hermit crab, and the reason why he always lives with "messmates" of other species, has at last been cleared up. Dr. J. H. Orton, of the Plymouth Marine Biological Labatory, whose pet oyster became famous by revealing to science the power of the moliuso to change its sex, has studied the relationship of the common hermit crab to the anemone and certain squatic worms which live communally with it. The conclusions reached by Dr. Orton are that both animals are benefitted by their habits. The anemone derives advantages from the hermit crab by being dragged about with its tentacles on the ground, and being given opportunities for the picking up of food left or lost by the crab. The crab obtains protection from fish attacks owing to the unpleasantness of the anemones as food. In the case of the worm, one was observed to crawl alongside the body of the crab and literally take with impunity a piece of food from between the crabs jaws and bolt it—an action tolerated by the worm's land lord.

Austria to Discharge State Employees.

NEWFOUNDLAND MIGHT ADOPT SIMILAR POLICY.

VIENNA—More than 100,000 government employees will be discharged within the next two years under the new economy plan adopted by the Austrian government with the approval of the League of Nations. It is purposed to discharge the public employees gradually but in such a way that at the end of two years there will be only 50,000 men on the payrolls of the State.

Beans and Green Peas!

Overstock of best quality Baking Beans specially reduced to clear.

Best Large White Kidney Beans, 5c lb. 14 lbs. for 60c.

Best Small White Kidney Beans, 5c lb. 14 lbs. for 60c.

Small California Pea Beans, 5c lb. 14 lbs. for 60c.

California Green Peas, 7c. lb. 14 lbs. for 90c.

C. P. EAGAN,

2 Stores:

Duckworth Street & Queen's Road

Sunday Issues Create Newsprint Demand.

AVERAGE SIZE OF DAILIES LARGER THAN EVER BEFORE—MORE PAPER MACHINES.

(Financial Post.)

Montreal.—Some idea of the causes underlying the huge demand for newsprint from the United States may be gathered from the fact that there are between sixty and seventy newspapers in the United States with a circulation exceeding 100,000 copies each. During the first ten months of 1920 these dailies averaged twenty-three pages, during the same period of 1921 twenty-two pages and during the first ten months of 1922, the average was twenty-five pages or three each more than in 1921 and two more than in 1920. The Sunday issues of these papers averaged 78 pages in 1920, 79 in 1921 and 88 pages in 1922, an increase of ten pages in each case over 1920.

The volume of newspaper advertising in the leading cities up to October 31, was about 8 per cent. more this year than last, but about 6 per cent. less than during the same period of 1920. It is expected, however, that the volume during November and December will be found to exceed the total for 1920. It is thus seen that the great demand for newsprint has been rather from the increase in the number of pages and the great use of features amongst the newspapers, than in an increase in advertising. Indications are for a very large volume of newspaper advertising next year, says the "Fourth Estate," a newspaper publication.

According to a compilation of the Curtis Publishing Co., advertising in seventy-two weekly and monthly magazines in 1921 exceeded $95,000,000 for the space value while the estimates of the Bureau of Advertising of the A. M. P. A. are that the total value of newspaper advertising for 1921 was $650,000,000, of which $180,000,000 was national advertising and $470,000,000 local advertising.

A large number of newspaper making machines will have come into operation by the middle of next year and bring the capacity of the newsprint mills in the United States up to 5,110 tons daily and Canada up to 4,160, making a total of over 9,270 tons a day.

In a recent article in these columns the statement was made that the average of imports of newsprint during the seven months ending with September of this year was only about half what it had been from August, 1921, to February, 1922, 7,500 tons as against 14,500 tons. The total imports of newsprint from Europe amounted to 250,000 tons from September 1, 1920, to the end of September of this year, that is for the two years. The former date was the month during which the first German paper arrived in the United States. Of this total, 80,000 tons came from Germany, 94,000 from Sweden, 44,000 from Finland, 32,000 from Norway and 7,000 from other European sources. The average for the entire twenty-five months has been about 10,000 a month.

A Graveyard of The Great.

A simple ceremony in a London cemetery recently drew attention to the fact that the authors of two of the most popular works in the world are buried in Bunhill Fields.

These authors, whose works have been more widely read than any books produced since the birth of English literature, are John Bunyan, the immortal dreamer of "The Pilgrim's Progress," and Daniel Defoe, creator of "Robinson Crusoe," dear to the heart of boyhood the world over.

The ceremony, which has revived interest in the literary and other associations which cluster about Bunhill Fields, the historic burial ground of English Nonconformists, was the dedication of the restored monument to John Bunyan. This little cemetery, long closed for purpose of burial, but maintained as a public sanctuary, contains the dust of a greater number of notabilities than any other burial-place in England with the sole exception of Westminister Abbey.

Defoe is buried only a few yards from Bunyan. Near the creator of Robinson Crusoe is the tomb of Isaac Watts (1674-1748), author of 600 hymns including "O God, Our Help in Ages Past." Nearer to the Bunyan tomb but across a walk from Dr. Watts' grave, sleeps the redoubtable Susannah Wesley, mother of John Wesley, founder of Methodism. Representatives of probably every denomination of Christians here have found a resting place. The place probably dates from about the Reformation. In Strype's Stow we read that in 1549 more than one thousand cartloads of human bones were removed from the charnel house of St. Paul's Cathedral and deposited here. In the two centuries preceding 1852, when the cemetery was closed, not fewer than 120,000 burials were made.

For a delicious cake filling, scrape and mash two bananas and mix with one tablespoonful of lemon juice, two of powdered sugar, and one-half cupful of candied orange peel.

Fashion Plates.

The Home Dressmaker should keep a Catalogue Scrap Book of our Pattern Cuts. These will be found very useful to refer to from time to time.

A PRACTICAL APRON STYLE.

4214. Percale in a neat pattern of blue and white, with bands of black sateen was chosen for this model. It is easy to develop, easy to adjust, and easy to launder,—three good points. Crepe or gingham would also be good for this design.

The Pattern is cut in 4 Sizes: Small, Medium, Large and Extra large. A Medium size requires 2⅝ yards of 27 inch material.

Pattern mailed to any address on receipt of 10c. in silver or stamps.

AN "EASILY MADE" FROCK.

3854. This becoming "Slip On" model has smart jaunty lines, and a choice of sleeve finish one may have it fitted in wrist length style, or with cuff in elbow length. Serge in blue or brown is nice for this dress, as is also velveteen or prunella. Collar and cuffs of organdie or linen will be a pleasing variation.

The Pattern is cut in 5 Sizes: 6, 8, 10, 12 and 14 years. A 10 year size requires 2⅝ yds. of 44 inch material.

A pattern of this illustration mailed to any address on receipt of 10c. in silver or stamps.

No. .....

Size .....

Name .....

Address in full:—

.....

CENTENARIAN MADE THIRTEEN FLIGHTS.

MANSFIELD, Notts.—Mrs. Ann Sissons, Mansfield's flying centenarian has died at the age of 103. The old lady was walking about Mansfield on the day of the Parliamentary election, Nov. 15, but on reaching home took to her bed and did not get up again. Mrs. Sissons got a liking for aviation when she had turned 100 and she made 13 aeroplane trips. Asked if she was nervous, the "flighty" centenarian replied: "Not me. You only want a bit of pluck and that is what I have always had."

Eat Mrs. STEWART'S Home Made Bread.—oct4,6mo

A good stuffing for roast duck is made as follows: To one pint of well seasoned mashed potatoes add one cupful of stoned and chopped olives and one half cupful of chopped bacon. Season well with dried herbs.

MINARD'S LINIMENT FOR COUGHS & COLDS.