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vn Calf, twelve-eighths heel, divide to 8. This shoe makes an ideal

dies' White Pearl **Skating Boots.**

g line of BEDROOM SLIPPERS. are now showing some of the Footwear -ever seen in St. Select your holiday Footwear

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ow Landing: 1000 Tons Anthracite COAL.

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ery boy in the city to-day, yes and the outports too, is interested in OKS. We have eight or ten New es of Boys' Books: Good, Clean enture Stories. We have: Boy Scout Series.

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ROYAL CIGAR STORE,

CUT AND PLUG TOBACCOS OF THE BEST BRANDS.

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Ladies' WINTER COATS.

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Milady's Roudoir.



COMPLEXION EXERCISES. It is often asked why, of all parts of the body, the face is most subject to spots, pimples and other blemishes. It is because the pores are kept open and by frequent baths and the circulation stimulated by the rubbing and drying, the effete humors in the blood find there a readier exit, and consequently crowd thither from all parts of the body, giving the skin there too much to do. If the wole body is subject to a daily bath and a thorough rub down, the secretions will be a equally distributed and no one part of the body overtaxed. Then, some ex-

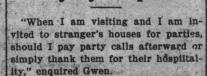
by raising the arms horizontally at ercising by flexing the legs as folthe sides, bent upward at the elbow lows:and continue the movement until the



but invigorating exercise. It can be head. The arms are lowered to the conditions prevailed at Middle Arm. made more intense by clerching the sides by reversing the movements. fists and tensing the muscles as the Two or three minutes are sufficient to arms are bent. Begin the exercise practice these exercises. Finish ex-

Stand with one foot in advance of hands rest on the shoulders. The the other, arms at back, feet firm and arms are now returned to horizontal flat on the floor at all times. Standing soitions and then lowered to the so, the trunk is held erect, but low-= ered by bending at the hips, knees and ankles. This should be repeated a number of times. The other foot is now advanced and the exercise resumed. This calls into play a wide range of muscles, but its efficiency depends upon the vigor with which they are executed.

Everyday Etiquette.



"You should call upon your hostess ithin two weeks after the entertainment, or before leaving the city if

Subdued.

Report From Sinal Armies Given by General Murray.

as freed of all formed bodies of Turkish troops is told in General Sir Archibald Murray's despatch on the rations of the Egyptian force from ober, 1916, to the end of February,

The main factor, he says, was inse and unremitting work. To regain the true eastern frontier of Egypt hundreds of miles of road and allway had been built, hundreds of iles of water piping had been laid, liters capable of supplying 1,500,000 gallons of water a day and reservoirs had been installed, and tons of stone ransported from distant quarries. Kantara had been transformed from small canal village into an important railway and water terminus, with

vharves and cranes and a railway erry; and the desert, till then almost stitute of human habitation, showed successive marks of our advance n the shape of strong positions firmly trenched and protected by hundreds f miles of barbed wire, of standing mps where troops could shelter in mfortable huts, of tanks and reservoirs, of railway stations and sidings of aerodromes and of signal stations and wireless installations, by all o which the desert was subdued and made habitable, and adequate lines o amunication established between

In the Rafa battle, which Sir Archi bald Murray describes as a "fine action," and for which he expresses his ndehtedness to Lieut.-General Sir Charles Dobell, in command of the eastern force, more than 16,000 un casualties amounted to 487 in all, of which 71 were killed, 415 wounded

I was cured of Rheumatic Gout MINARD'S LINIMENT. ANDREW KING.

I was cured of Acute Bronchitis by MINARD'S LINIMENT. LT,-COL, C. CREWE READ.

I was cured of Acute Rheumatism by MINARD'S LINIMENT. Markham, Ont. C. S. BILLING.

Lakefield, Que., Oct. 9, 1907.

Herring Fishery at Bay of Islands.

The stormy weather of the past two weeks has interfered considerably in the prosecution of the herring fishery in Bay of Islands. For six days those operating at Middle Arm were unable to attend to their gear and similar conditions existed in Middle Arm: and when at last they were enabled to get to their nets many tangled with others. As a consequence many nets have been lost. And those who succeeded in getting their gear, found them filled with herring unfit for use.

At Penguin Arm on Saturday there was very good fishing, boats getting as high as thirty tubs per fleet. There was good herring fishing Humber Arm on Friday and Saturday. On Monday there was good herring Lansdowne and fishing all over the Humber Arm. At Cook's Cove and Benoit's Cove there

AT HALL'S BAY.

There was fair herring fishing at An Electric Goad Hall's Bay all last week, but they slackened off somewhat towards the week-end, and one or two of the vessels there left for the West Coast to finish loading, owing to considerable The fishermen operating at Hall's

Large numbers of people are engag-

Western Star, Dec. 19.

en from the soup bone and used in and get on with it. the soup. Marrow is a valuable form

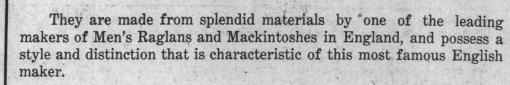
Just in Time for Xmas!

We have just opened a tremendous stock of

Men's and Boys' RAGLANS

Mackintoshes.

In the very newest styles and colors.



As a Christmas Gift for your husband or son there is nothing more appropriate or that will be more appreciated than one of these.

Men's RAGLANS,

34 to 46, \$15.75 to \$25 00,

Boys' Raglans and Mackintoshes,

6 to 11 years, \$6.75 to \$9.25.

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34 to 46, \$11.00 to \$18.50.

Scrims and Curtain **Materials**

IN DESIGNS AND COLORS TO SUIT ALMOST ANYONE.

If you are in need of Curtain materials of any kind, you would be well advised to see these at your earliest convenience.

Prices range from 17c to 55c yard



The Empire.

were from three to five tubs per fleet.

Similar catches were made at the Farm, and at McCarthy's the catches range from five to six tubs per fleet.

The price of herring on Saturday was \$3 per barrel.

Two schooners at Middle Arm went to Bonne Bay last week.

The "Scotch" packers at Curling had all the herring they could handle horizontal position, bend at elbow and, with energy, thrust them high overbeat lightly flexing the arms is a mild but invigorating exercise. It can be were from three to five tubs per fleet. Similar catches were made at the Farm, and at McCarthy's the catches there in the Lansdowne proposal than craven surrender to Kaiserism, a particularly paltry surrender, since its only purpose is to save to a British junkerthum its pots and its pans, its landed estates and its caste? Are the myriad sons of the Empire who have flocked to the standard from Australia and New Zealand, from Africa and from Vernard and New Zealand, from Africa and from Canada and from the four corrections. from Canada and from the four corners of the earth to save the hard won emocracy of the English speaking The price of herring at Bonne Bay peoples to be told that, after all, this is no fight for democracy and that and the price on Saturday was reported at \$2.50. Some big catches were home in order that the world may be made, when the weather conditions made safe for toryism? How long Empire last?

for Oxen.

In some parts of the U.S.A. they no longer use the old-fashioned whip to urge on lazy cattle.

An electric substitute for the goad Bay suffered very heavily through has been patented some time ago, and storms, many of them losing two sets is supposed to be the last word in upto-date farm appliances. It is a hollow rod, with several

"When I am visiting and I am ined in the herring fishery in Hall's Bay small batteries and an electric coil in the handle. At the other end are two set so close that motor boats find it contact-points, spaced a little distance difficult to move between them - from each other. When the cowman wants to hurry his cattle up he touches them with the rod, and they get a The marrow should always be tak- mild shock, which make them move

Some up-to-date hustle—this,—An-

THE HUBBARD **MOTOR ENGINE**

is strong, sturdy and reliable, and is very easy on fuel.

Sales for 1917, which have broken all records, prove the popularity of the Hubbard. Before buying an engine ask for the Hubbard

GEO M. BARR,

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WE CAN DELIVER THE GOODS.

In stock, a large assortment of DRESS GOODS

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