

Children Cry for Fletcher's

CASTORIA

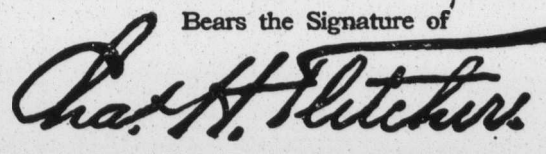
Fletcher's Castoria is strictly a remedy for Infants and Children. Food is especially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

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HEATING STOVES—of most all kinds made.

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I will be pleased to have you call and inspect our stock. Prices and information cheerfully given.

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Do you realise the risk you run riding in a crowded train or street-car without a Peps tablet in your mouth? Every sneeze, every cough, fills the air you breathe with countless disease-germs that immediately make for any weak spot in your throat and chest. Be wise, always carry Peps, and occasionally let one of these germ-killing tablets dissolve in your mouth to ward off the infection. Then you will not be "full of cold" on the morrow, with the possibility of influenza, pleurisy or pneumonia supervening. Just as you breathe in the germs that cause infectious throat and lung ailments, etc., so you must breathe in the soothing germ-killing Peps medicine to rout out the germs before they can cause serious trouble. Free from harmful drugs, Peps are the safest and best remedy for sudden colds and chills, grippe, sore throat, laryngitis, night-cough, hoarseness, wheeziness, bronchitis and chest weakness in old and young.

Of all Chemists and Dealers, or the Peps Co., Dupont Street, Toronto. 50c. box, 3 for \$1.25. Imitations are worthless.

Keep PEPS Always Handy

The Greatest Help

to the progress of King Cole Tea has been the generous praise given it by its users. They were enthused with its full rich flavor,



and to their words of commendation is largely due the very widespread sale King Cole Tea has today.

"You'll like the flavor"



Music For Every Day And Every Day Music

It really begins to look as if though Ontario kiddies were at last going to get a chance to learn, in the public schools, how to love and understand music intelligently. So far little has been done outside of Toronto, and even in the city, little more than the beginning of a foundation has been laid. But what has been begun in Toronto will eventually extend to the rural schools. Of this there is not the slightest doubt. Indeed a certain amount of preliminary work has already been done here and there in the province to pave the way for the big undertaking now well under way in the city.

The man whom the music lovers have to thank for the vision and courage that has been the means of raising music in their schools from a mere side-issue to a place of real importance in the public and high school educational system is Duncan McKenzie, M. A., musical director of the Toronto Board of Education.

Up until the advent of Mr. McKenzie a year ago there was little evidence of any constructive thought behind the periods devoted to music in the schools. No one seemed to have any real idea of just why music was taught or how the children would benefit from it. To most the music period was little more than an interlude to break the monotony of the "Three R's." No one took it seriously. No one could, for the studies in music began and ended nowhere. It remained for Mr. McKenzie to make music really mean something, and the results of his one year's work are quite amazing.

Duncan McKenzie is a graduate of Edinburgh University and a trained musician of recognized ability. He is a young Scotsman, embodying in his six feet and odd inches, all the steady common sense and evenly balanced qualities that characterize his race, coupled with the enthusiasm for beauty and joy that go hand in hand with a true love and understanding of the best in music and art.

Already in the twelve months he has been on the staff of the Toronto Board, the evidences of his work are to be seen vividly in all the schools of the city. Literally he has set lessons to music and turned the class rooms from dry-as-dust forcing beds for young minds, into places where the kiddies delight to be.

Of course it is not Mr. McKenzie's hope or expectation to turn all the children into professional musicians. But what he is working for is, that when they leave school, the boy and girl will carry away so thorough a foundation of musical understanding that they will be able to bring joy to themselves and their friends by an active participation in the musical life of their community as amateurs. But more than this, he would have every man and woman of the future, who received his or her education in the schools of the city, equipped with the musical knowledge that acts as a key to realms locked and barred to many persons to-day who got no musical education while at school and were unable, for one reason or another to acquire such knowledge from other sources. In short, he would give the common school pupil the cultural advantages, so far as music is concerned, that have been

ROYAL YEAST CAKES RICH IN VITAMINES

MADE IN CANADA

The importance of Vitamines in food is being recognized at the present time to a greater extent than ever before. It has been conclusively demonstrated that yeast is rich in this all important element. Many people have received great benefit physically simply by taking one, two or three Royal Yeast Cakes a day. Send name and address for free copy "Royal Yeast Cakes for Better Health."

E. W. GILLE COMPANY LIMITED
WHOLESALE TORONTO CANADA MONTREAL

regarded as the special privilege of a wealthier class.

But in doing this Mr. McKenzie is in no way scamping the practical side of education. Indeed he is so linking up music with other studies that they interlock with perfect adjustment. You see, this young Scotsman has realized that music is so closely related to the every day things of life that to separate it from them is to lessen their value.

Therefore, through the old English, Irish, Scottish and Welsh folk songs he throws a light upon the history of the nation, that gives it a freshness and color unknown to those of us who were school children a decade or so ago. This is just one example of his method, which is followed out through other lines of study.

The way in which good music—classical music, if you will, is accepted and understood by even the younger children is quite astonishing, according to Mr. McKenzie. Only a very small percentage of the children about two per cent, he says, to be exact, have no natural love for music, while once the others are introduced to the higher forms of composition they will have nothing else.

Mr. McKenzie's method is to lead the children from the primary forms, through the simple forms of song music, explaining the way in which simple airs are devised and built up, along through the realms of folk music up to the higher developments in oratorio and part singing and even orchestral music.

One of the first things Mr. McKenzie did was to introduce the music memory tests and competitions. Through the medium of phonographs—of which each Toronto school now has one, purchased by the pupils themselves, he introduced the youngsters to a number of classical compositions. These were explained in form, meaning and the children were shown wherein they were greater than the popular jingles of the street. Competitions were then held, pupil against pupil, to see who could remember the greatest number of pieces when they heard them, and tell what they had learned. The winners formed class teams who again competed for school honors at a great competition, with a real orchestra to play, in Massey Hall.

The results Mr. McKenzie says, were astonishing, and mean that a large number of Toronto school children have packed away in their minds a store of knowledge which will grow and bear fruit when they find on leaving school that the fine concerts of great music are not "over their heads, but forms of en-

tertainments that they can understand and appreciate.

What would not some of us give for the musical education these young folk of to-day are receiving? How we will envy our children when they grow up and are able to sit and listen to the symphony or concerto, that to all too many of us is just a meaningless mass of sounds, with critical pleasure and understanding!

It behooves every rural school board to meet, at least half way, any efforts that are, and will be put forth to give music a firmer footing in the schools of the Province.

The Income Tax

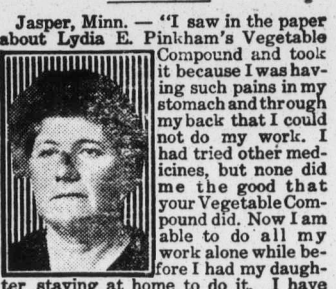
More than eighty-six per cent of the federal income tax due from this district for the current year has been paid, so it is announced by Norman P. McLeod federal income tax inspector. Based on the returns of last year the assessment on the New Brunswick district was placed at a million dollars and in the six months between April 30 and October 30 the total receipts have aggregated \$876,000. Even this return is considered gratifying but it is expected that the amount will be increased by further returns in the matter of assessments which are still outstanding or about which some investigation or adjustment is being made at present. October 30 closed the period during which the last instalment on this year's tax was due.

HEAVY STORM

A heavy snowstorm prevailed last Thursday in sections of Gloucester County. About three inches of snow fell in Caraquet, and there is sleighing in the district. The fall in the Miramichi district was light.

DAUGHTER HAD TO HELP MOTHER

Now Can Do All Her Household Alone Because Lydia E. Pinkham's Vegetable Compound Helped Her



Jasper, Minn. — "I saw in the paper about Lydia E. Pinkham's Vegetable Compound and took it because I was having such pains in my stomach and through my back that I could not do my work. I had tried other medicines, but none did me the good that your Vegetable Compound did. Now I am able to do all my work alone while before I had my daughter staying at home to do it. I have told a number of friends what it has done for me and give you permission to use my letter as a testimonial." — Mrs. JESSE PETERSEN, Route 1, Jasper, Minn.

There is no better reason for your trying Lydia E. Pinkham's Vegetable Compound than this—it has helped other women. So if you suffer from displacements, irregularities, backache, nervousness or are passing through the Change of Life remember this splendid medicine. What it did for Mrs. Petersen it may do for you.

The Vegetable Compound stands upon a foundation of nearly fifty years of service.

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Writes the Nurse who finally tried D.D.D. "The disease had eaten her eyebrows away. Her nose and lips had become disfigured. Since the use of D. D. D. her eyebrows are growing, her nose and face have assumed their natural expression."

Cases can be sent you from your own vicinity. Write for testimonials, or secure a bottle of D. D. D. today. Why suffer today for another moment? If you don't get relief on the first bottle we will refund without hesitation. \$1.00 a bottle. Try D. D. D. Soap, too.

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Beaver Flour is made from the finest of selected Ontario Winter Wheat combined with enough Western Hard Wheat to give it strength.

Beaver Flour is the original blended flour—and blended flour is recognized by all qualified experts to be the best flour for general baking purposes.

Don't hesitate! Try it!
Sold by your grocer.

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Toothache	Neuralgia	Neuritis
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