

FIVE MINUTE SERMON

SEXAGESIMA SUNDAY

THE USES OF TEMPERANCE
My grace is sufficient for thee; for power is made perfect in infirmity.

To all who are striving to lead a good Christian life the example of the saints is a powerful means of encouragement...

And so St. Paul's account of himself in the Epistle to-day has been a ground of encouragement to many a soul that has grown weary of an incessant warfare with temptation...

Fillers Used
A yeast cake may be made any size by adding "fillers." White Swan Yeast cakes are made just the right size and contain the strength to raise more sweet, wholesome bread than any other yeast made.

TEMPERANCE

THE EVILS OF INTemperANCE
The campaign, which is being waged against alcoholic intemperance in almost every country in the civilized world, is resulting in much good.

every condition and rank. The new and irresistible Christian virtues faced Roman societies at all times, and particularly Christian charity...

Great, however, as were the works of charity inaugurated and conducted by the Church in her earliest days, they are surpassed by the gigantic labors of the centuries that followed her triumph...

GOLDEN AGE OF CATHOLIC CHARITY
It may be said without fear that these three or four hundred years, during which the Roman majesty gradually shrank to the pitiful nucleus, were the golden age of charity in the Catholic Church...

"Onward, Christian Soldiers"
"Onward, Christian Soldiers," the hymn which figured in the recent political campaign, was written by the Rev. Sabine Baring-Gould...

He argued that its implied "papistical tendencies" were "very well, sir," said the author, "I will change it. How would this do?" and he recited these lines:

This Free Book
When Poultry Pays
is worth dollars to any farmer's wife in Canada.

Lee Mngf. Co.
14 Pembroke St.
PEMBROKE, ONT.

Rheumatism
Don't Take Medicine, But Let Me Send You a Pair of My Pain-Soothing Drafts, Which Are Bringing Prompt Relief to So Many Thousands TO TRY FREE

Send Your Name Today
Just write me that you want to try my Drafts (a postal will do) and I'll send you a One Dollar Pair by return mail, prepaid, for you TO TRY FREE...

THE SHERLOCK-MANNING 20th CENTURY PIANO
"Canada's Biggest Piano Value"
The final consideration of all careful piano-buyers is summed up in the words: will it endure?

SHE FAINTED WITH THE AGONY



Miss MAGGIE JANNACK

MOUNTAIN, ONT., DEC. 14th, 1910
"I desire to let the world know the great debt I owe 'Fruit-a-lives' which saved my life when I had given up hope of ever being well again."

For six years, I suffered from dreadful Kidney Disease. My legs and lower part of my body were fearfully swollen. The pain in my side and legs would be so bad that I would faint with the agony.

Five different doctors attended me and all said it was Kidney Disease and gave me no hope of getting well. A kind neighbor visited me and mentioned the case of Mrs. Fenwick who had been cured of a sickness like mine.

I have gained over 30 pounds since taking 'Fruit-a-lives'—and my friends look upon my recovery as a miracle. (Miss) MAGGIE JANNACK

"Fruit-a-lives" are sold by all dealers at 50c a box, 6 for \$2.50, trial size, 25c.—or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

THE CHURCH IN CHARITY
THE SPIRIT OF THE GOSPEL—THE GOLDEN AGE OF CATHOLIC CHARITY—MODERN FORMS OF CHARITABLE ENDEAVOR

At the conference of Catholic Charities, held at the Catholic University, Washington, D. C., Right Rev. Mgr. Shahan, D. D., Rector of the University and President of the United Catholic Charities, delivered the following interesting growth and extension of the work of the Catholic Church in charity in the different centuries of the history of the Church:

"Scarcely had the gospel of Christ been preached in the cities of the Greek and Roman heathen when a new spirit was kindled, the hearts of many were deeply touched by the new fire and soon the vast basin of the Mediterranean was the scene of a new social order. In every one of its thousand cities was a little Christian church, where a place of honor was made for the poor, the slave, the widow, the orphan; where the sick and the helpless were comforted physically and spiritually; where each was held brother to his neighbor, but by deeper ties than any human relationship; where it was understood that the wealth of all was a divine gift for the common welfare; where the social inequalities of daily life disappeared, and all were one in the divine banquet whereby they were united with Christ Jesus, the Lord of heaven and earth."

"It was in this ancient world that the Catholic Church gained her first laurels as the mouthpiece and the model of Christian charity. For the first time in the history of mankind virtues were not only preached, but were actually lived out, and not by a few philosophers, but by countless thousands of men and women of every condition and rank. The new and irresistible Christian virtues faced Roman societies at all times, and particularly Christian charity that, like an atmosphere, or an odor, soon permeated all ancient life. Men and women did not cease to be Greeks and Romans, perhaps with all the prejudice of race or nation, but they were now ensouled with a new spirit, breathed with a new temper, for they had risen through the perfect gospel of Christ to that higher and holier citizenship which embraces all mankind."

DEVELOPMENT OF CATHOLIC CHARITY
"And while Catholic charity found an unexpected development in the missions of the New World, likewise of India, China and the Philippines, in its native Europe it took on a marvelous growth. After the Council of Trent there arose whole orders and associations of Catholic men and women devoted to the relief of the sick, the destitute, and abandoned. Out of the century of economic and political devastation which Louis XIV. worked in France and largely in Europe, arose St. Vincent de Paul, the greatest of all modern apostles of charity, and when he passed to his reward his Sisters of Charity were covering all France with their holy herculean labors until the whole world is bound by the network of their institutions that relieve every kind of human misery. When Whittier wrote his 'Angels Buena Vista' he may not have reflected that for two centuries these angelic women had followed the battlefields of Europe with their holy and welcome ministrations. 'In the seventeenth and eighteenth centuries the hospitals of Catholic countries grew in number and efficiency. The Hotel Dieu of Paris

PRESIDENT SUSPENDER

was long famous as the chief center of Europe, and we can point with pride to the Hotel Dieu of Montreal, as the oldest institution of its kind in North America, the creation of the venerable Mademoiselle Mance, and yet an active servant of God and mankind. In Mediterranean countries loan banks to the poor were opened that permitted them to obtain small sums by pledging their modest belongings at a very low rate of interest, and proved an efficient offset to the ravages of usury. Prison reform, the separation of the youthful criminal from the aged, and improved prison architecture, are owing to the Popes of the eighteenth century, and in general, despite the wretched politico-ecclesiastical conditions, a spirit of progress, a large measure of efficient work, and many strong personalities, mark these two centuries of Catholic life, although the Church was at this time more than ever pinched and harassed for the means of carrying on all her great works of charity and education."

"Onward, Christian Soldiers"
"Onward, Christian Soldiers," the hymn which figured in the recent political campaign, was written by the Rev. Sabine Baring-Gould, then a curate of the Church of England.

He argued that its implied "papistical tendencies" were "very well, sir," said the author, "I will change it. How would this do?" and he recited these lines:

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Send Your Name Today
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The final consideration of all careful piano-buyers is summed up in the words: will it endure?

Sherlock-Manning Piano & Organ Co.
London (No street address necessary) Canada

HIGH WATER MARK

The past year recorded a healthy expansion in every department of the Company's activities. For instance, during 1912 the NORTH AMERICAN LIFE issued 25% More Business than in 1911. Moreover, this most satisfactory increase was obtained without the use either of delusive promise or of extravagant expenditure.

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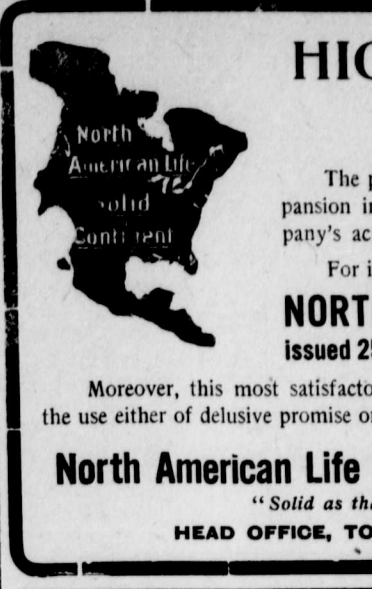
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SWEET, CLEAN and SANITARY With Old Dutch Cleanser
MANY USES AND FULL DIRECTIONS ON LARGE SIFTER-CAN 10¢

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O'KEEFE'S Liquid Extract OF Malt with Iron
The Time of Good Resolutions
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