THE TRUE WITNESS AND CATHOLIC CHRONICLE.

THE WEEK IN IRELAND.

THE IRISH PARTY.-It has been a pleasant duty of late to refer to the splendid work being done by he Irish Party at Westminster, says be Bellast "Irish Weekly." The meers of the Unionists about dismeers of the Unionists about dis-sension and disunion amongst the party are no longer heard, and the power of a solid party acting as one man is making itself feit. The lists of attemdances which we have pub-lished from time to time had been very satisfactory, all things consi-dered. The disciplinary precaution of putting on record the attendance of members has worked well. They have been as good as could be expected. Of course there have been unavoid-able absences, but these have for the most part been satisfactorily ac-counted for. The system of record-ing attendances in this way is cer-tain to prove an effective check check tain to prove an effective check against any disposition on the part of any members to shirk their duty without reasonable cause. At the same time the satisfactory attend-ances that have had to be recorded ances that have had to be recorded should give a fillip to the fund. If the Irish Party is to be maintained in its present state of efficiency at Westminster subscriptions to the fund must be kept up. The letter with which the Lord Bishop of Cloyne accompanies a subscription to the Queenstown Committee of the Parliamentary Fund puts the case in a nutshell. Briefly His Lordship says if he were asked why he sub-scribed to this fund he would an-swer that he believed in the neces-sity of an efficient and united Irish Parliamentary Party and that we Parliamentary Party and that had such a party at present, united earnest, watchful and determined in arnest, watchful and determined in their advocacy of Irish interests. His Lordship points out that the Irish members unlike others have no re-ward to expect from any Govern-ment, and look for none- neither titles nor honors, nor social station nor professional advancement. The present or any united Irish Parlia-mentary Party cannot continue long in existence without the material support of the people for whom they work. The present party has been recruited principall- from the ranks of the people, and for the most part are not overbuddened 'with the overburdened 'with the are not overburdened 'with 'the world's goods. They have placed their services at the disposal of the people, and surely such services as they have rendered since the open-ing of the session are worth paying for. The present Irish Party is the nearest approach we have had dur-ing many long weary years to what

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ing many long weary years to what we have sighed for, and the Bishop of Cloyne asks pertinently if those "who have clamored for union among our Parliamentary represent-atives, and are now satisfied that after years of painful waiting it has really come to pass, will doom a party the has given mode memode after years of painful waiting it has really come to pass, will doom a party, that has given good grounds for hope and promise. to early death by neglect, or nurture it into vigor-ous growth by kindly sympathy and practical support." That the party has carned the gratitude of the Irish people during the present session is not gainsaid, but that the gratitude smould take tangible shape is an essnould take tangible shape is an es-sential, and judging by the past we have every hope that the National ists of the country will do their dut8 by their representatives in the British Parliament.

CATHOLIC READING ROOMS. On this very important subject Car-dinal Logue in reply to an address from the members of the Catholic Reading Room, Armagh, said :-This age of ours is an age when

This age of ours is an age when great importance is attached to culture—when people endeavor not only to acquire the elements of knowledge

insidious, and no poison more dead-ly than that which is communicated through bad and impure literature. Sometimes it is the cause of weak-ening the faith, but more frequently it leads to the undermining and the destruction of that beautiful inno-cence and that beautiful purity. which are the proudest germs in the crown of a good Catholic. Now, in your reading room you are guarded Which are the proudest germs in the crown of a good Catholic. Now, in your reading room you are guarded against this danger Your newspa-pers and your periodicals and your books are carefully selected for you -selected by those who have more experience of our modern literature than most of you could possibly have, and hence if a reading room is a great blessing—a reading room is a great blessing—a reading room is the abstract—a Catholic reading room, you may acquire knowledge. but you may do so, as I have said, at the expense of faith, and more frequently at the expense of faith, and more in a town or city than to establish a reading room such as you have under the guid-ance of the elergy, who are specially charged with the care of the faith and morals of the young. It have the you may as you have young to have and morals of the young. It have the young to the young. ance of the clergy, who are specially charged with the care of the faith and morals of the young. It has been my privilege to come to your reading room on special occasions when you had some little amusement there, and I can assure you, gentle-men, that none of your members en-joyed these occasions more thor-oughly than I did, and none of you were better pleased with the success of the efforts you made to render the reading room perfect than I was because I think it not only enables its members to pass in the most deits members to pass in the most de-lightful manner the evenings, but it guards them against the very great dangers to which they would be ex-posed if they had not their minds and attentions occupied as they are and attentions occupied as they are occupied in the reading room. There would be dangers it is unnecessary to specify. You all know them. A celebrated old Jesuit was in the hab-it of saying that an idle mind is the devil's workshop. There is no great-er danger to morality than idleness. because people cannot be alwavs working. The body requires rest, and the mind requires rest also, and there is no way in which 'you can have this rest with greater profit than by giving yourselves during

than by giving yourselves during your spare moments to the readin-of interesting articles or periodicals, or some useful and solid and inter-esting books. THE CORONATION OATH. -The following letter from Archbishop Walsh was read at the quarterly

meeting of the Dublin City Council It touches on many subjects, and there can be no two opinions garding its meaning. His Grace writes :--

I have received the copy which you kindly forwarded to me of the reso-lution of our Municipal Council, pro-testing against the disgraceful de-claration with which the new reign has been inaugurated at Westmins-ter.

No one can feel surprised that we No one can feel surprised that we Catholics should strenuously protest against the indignity sought to be put upon our faith and upon the practices of our religion, in having them thus rudely assailed from the Throne. I am happy to see that our resentment is shared in by many of our Protestant fellow-countrymen. But, in all this, there is one thing not to be lost sight of, especially by us in Ireland. We cannot be too careful to leave no room for misuncareful to leave no room for mis to acquire the elements of knowledge derstanding as to our view of the bearing of this particular matter up-their studies in institutions such as on the position of our public affairs yours; and hence from the day I came to Armagh and first became acquainted with what is being done in your Catholic reading room it has been an institution in which I have been an institution in which I have taken the greatest interest. The reading serves many purposes. Its first and principal object is to enable the young people of the city and often those more advanced in life to acquire knowledge, that greater knowledge, that greater knowledge that greater a susful to respire the reading serves more advanced in against the delay of even a single serves ion of Parliament in the removthe derstanding as to our view of bearing of this particular matter session of Parliament in the remov-al of the various pressing grievances —financial, educational, and nation-al, as well as religious—upon the re-moval of which as a matter of ele-mentary justice, we must, without ceasing, continue to insist. See, even in outline, how we stand. Year after year, through the oper-ation of an iniquitous system of tax-biling iniquitous is plundered of millions of pounds. In the matter of education, the claim of our Catholic people to be placed upon a footing of equality with our Protestant fellow-country. men is still unsatisfied, and is now, indeed, beginning to be regarded by some, even amongst ourselves, as lying so far outside the lines of lying so far outside the lines of practical politics that they despair-ingly tell us it is a waste of time, or worse, to seek to press it at all. The religious Orders of the Catho-lic Church within the realm are still under the ban of the law. Our one great national industry, the agriculture of our country, is all but starved out of existence by causes plainly removable by legisla. all but starved out of existence by causes plainly removable by legisla-tion—amongst them the present un-natural system of land tenure, with which no one even professes to be satisfied, and which would almost seem to be upheld in our midst for the purpose sufficiently strained, be-tween those two great sections of our population, the landlords and the tillers of the soil. Underlying all this there is the radical evil that in all matters of this reading room and there is a special reason why we should en-courage Catholic reading rooms at the present day. Sometimes we make our acquaintance with the literature of the day, of the time, and we make ourselves familiar with the leading ideas of the time at the ex-pense of something that is more precious than knowledge—at the expense of virtue. There is no danger i know of threatening the young rem-eration more than the danger of bad literature. There is no poison more

by the interference of a controlling

by the interference of a controlling body in no way responsible to the public opinion of the country. Whilst all this continues to be so -anxious as I am for the abolition of the offensive clauses of the Royal Declaration—I can take. I confess but a secondary interest in the matter. For I cannot, but, think Declaration—I can take. I confess but a secondary interest in the matter. For I cannot but think that, whether as regards the inter-ests of religion or those of our country, there are several ways in which the time of Parliament could be more profitably spent than in legislating for the purpose merely of exempting a Sovereign who believes our faith and our religious worship. as practised by us to be "supersti-tious" and "idolatrous," from the disagreeable necessity of having to avow before the world that he en-tertains this shocking belief about us.

THE TENEMENT EVIL IN THE UNITED STATES.

As an evidence of deep and pra As an evidence of deep and prac-tical interest taken by the Catholic opiscopacy, all the world over, in the conditions—physical and moral— of the poor, especially the poor in large and congested cities, we might cite the following extracts from a letter, dated 26th March last, from His Grace Archbishop Corrigan, of New York, to the Senate Cities' Commission. The eminent prelate says : says

"If, as the report avers, two-thirds of the population of this city are housed in attics or in tenements certainly a wise and enlightene certainly a wise and enlighte public policy should provide t they be not subjected to impairm that they be not subjected to impairment of their physical or moral life. The present system of building tenements necessarily withdraws the light and air physical health demands. The same system, unfortunately, is a growing menace to good morals. "Formerly our clergy, whose dut-ies call them constantly to attend the sick poor in the tenement 'dis-tricts, used to speak with admira-tion of the children growing up in innocence and purity in the midst of

innocence and purity in the midst of crowded surroundings and as amidst the encircling brine, the fabled fount of Arethus preserved its native

sweetness. "Of late many regrets have been expressed that moral leprosy an many deeds that shun the light o many deeds that shun the light of day seek the congenial darkness of the tenement and most of all that the young and the innocent are fore-ed to become familiar with what it most concerns their tender years that they should ignore. "A law that will bring freek site

"A law that will bring fresh air and God's sunlight to the homes of the poor will, incidentally, bring virtue, too; at least it will shield the home from many dangers and the home from many dangers and so help to give our country sound souls and sound bodies. "I trust most sincerely that vour admirable report will be favorably received for the sake of public health as well as public morality."

Here, in Montreal, matters have not reached the dangerous level that exists in New York, but the day is not distant when some means will have to be taken to ameliorate the have to be taken to ameliorate the condition of the poorer classes. The honest truth is that extreme pover-ty is a fruitful source of sin and crime. It constitutes an excuse for wrong-doing, and almost always af-fords the guilty a false ground for deeds that are not to be excused in any form. Honest poverty is ennob-ling, but crime engendering poverty is a menace to society.

HOUSEHOLD NOTES.

USELESS FOREBODINGS. -OI lives is spent in anxious and useless orebodings concerning the future either our own or that of our dear ones! Present joys, present blessings slip by and we miss half their sweet sinp by and we miss half their sweet flavor for want of faith in, Him who provides for the tiniest insect in the sunbeam. Oh, when will we learn the sweetest trust in God that our chil-dren teach us—we, who are, so mut-able, so faulty, so irritable, so un-just, and He who is so watchful, so pitiful, so loving, so forgiving? Why cannot we, slipping our head into cannot we slipping our hand into His each day, walk trustingly over that day's appointed path, thorny or flowery, crooked or staaight, knowing that evening will bring us sleep, peace and home?

hours; you will have almost as good a steak as porter-house. A tough chicken can be made tender by rub-bing with cooking soda and let-ting it stand awhile; then soak in warm water. The secret of good tender chickens is having them kill-ed some time before using ; some people kill frying-size chickens in the morning and eat them at a noon-day dinner; no chicken is good to eat the same day it is killed, no matter now small it is, and the larger the fowl the longer it should larger the fowl the longer it should be kept.

TOWELS. TOWELS, says an exchange, should never be put away. without being thoroughly dried, because if they are consigned to the linen-clo-set without the precaution of a good airing a mould called oidium forms on them. This mould is alleged to be injurious to the skin and liable to produce skin disease. says an exchange

CANDIES .- A vocal teacher says that it is her observation and expe-rience that chocolate confections, partaken of too freely, roughen the voice. It is known that nuts have this tendency, and the clubwomen who must speak at a breakfast or luncheon invariably declines the salt-ed almonds in order to memory. ed almonds in order to

clear voice ABOUT EGGS .- Somebody ABOUT ECUS. when an egg is bout to be eaten from the shell, it s not boiled quite long enough, it

be again put into boiling water, and cooked still longer, if the top be sprinkled thickly with salt. When it is done the second time, take off the coating of salt, and the egg will be the same as if protected by the complete shell.

SALT, it is said by a well-know SALT, it is said by a well-known physician, would be one of the most-used remedies were it only more costly, but, being so very inexpen-sive, and likewise always within reach, it is usually overlooked. As a preventive of sore throat, a gargle of salt and water night and morn-ing is highly recommended; this should be especially used by all members of a family in which there is a case of tonsiltis or diohtheria. is a case of tonsilitis or diphtheria The addition of a few drops of alco hol makes this gargle one which should be used by any person who desires to strengthen a naturally weak threat

weak throat



CAT THAT SAVED A TRAIN. A father and little son were trav-elling from St. Louis to a town in elling from St. Louis to a town in the western part of the State, and among the things they carried was a small yellow kitten in a basket. They had a sixty-mile ride before they changed cars. The gentleman pulled out a newspaper and began reading. The little boy amused him-self by looking out of the window. At last, tired of that, he thought of his pet kitten, and taking him out of the basket played with him until he went off to sleep. The kitten be-ing let alone climbed into the next seat and went to sleep.

The train arrived at the station where the man and little boy were to change cars. And the man, fold-ing up his newspaper, took the lit-tle boy and his bundles and the emp-ty basket and rushed into the other and his bundles and the emp-c and rushed into the other he boy had been awakened y that he had not thought ty basket and rushed into the other tran. The boy had been awakened so quickly that he had not thought of his kitten. The first train passed on. At night when it drew up to its final station

fineer told him how Dick had acted he advised the)ngineer to hack the train to the last station. The en-gineer lost no time in taking the conductor's advice, and backed the train at full speed. They had been in the station about five minutes when in came the tardy freight. They were all agreed that it had been a narrow escape from a serious accident. When Dick's train arrived at the next station they asked why they had not telegraphed back that the freight had already started. The station agent said that he had received no message from the conductor at all. The next day the wires were found broken, so that the station agent had not received the dispatch. Dick received due praise. His mas-ter is very proud of him, and he 's a general favorite on that railroad.

GIRLS IN BUSINESS LIFE.

"Why is it that so many girls work in stores for such low wages?" was asked of the manager of one of De-troit's large stores, by a reporter of the "Nowe". "Because they do not earn more."

"Because they do not earn more." was the laconic answer. This may sound at first thought like a flippant reply to a serious question. But it was not intended as such, and further conversation re-vealed the depth of the argument. The reason for the reason is what is wanted. And this is what the gentleman said : "Girls do not earn more because they do not make themselves effi-

they do not earn more because they do not make themselves effi-cient. Take the millinery depart-ment, for example. Girls enter it, sav at \$4 per week. If they are apt sav at $\4 per week. If they are apt and attentive, they will soon rise and can earn from $\7 to \$10 per week. But so many of them never try. All they think about is to put in the time some war from 8 in the morning until 6 at night, and then when the week comes around, to when the week comes around, to draw their pay. I've seen girls place goods before a lady customer, and then, while she was making her se-lection, if another customer chanced to come to the series customer chanced o come to the same counter. the lerk would act as though she neve saw her, until the first one had ther made her choice, or left with out buying. By that time, 10 to 1

out buying. By that time, 10 to 1. the second customer had gone away, when all that was needed to keep her was a trifling bit of attention. "A word, a smile, an T'll attend you in just a moment, mådame." would have held her till the girl was at liberty. Not all girls are live this, of course. Some girls will hus-tle to keep half a dozen customers at once. These are the ones who are at once. These are the ones who are successful. They are persistent, at tentive and tactful and give their whole mind to their work during their working hours.

working hours. How work girls who, at Then there are the girls who, at the end of about two months' ap-prenticeship, know it all. Some other store will offer them a dollar more a week, and away they'll fly, not at all qualified, not sticking to the same place until sufficient time has elapsed in which to learn the work, where the chances would be good for where the chances would be good fo a raise in wages much beyond what they will ever get at the other place. But eager and short-sighted

place. But eager and short-sighted, they fly after that dollar. The fact that the fair prospect of several dollars' raise after a while is left behind them does not worry them, because they cannot be made to com-prehend the situation. "To be sure," he went on, "the girl clerk has her troubles, too. She has many tastes to please, and many dispositions to contend with. If a clerk under my management is at fault I will reprove her, but if the customer is in the wrong T1 take customer is in the wrong I'll take the girl's part every time. I had a fine example of that the other day. A lady came in here and wanted to see some hats. The only girl avail-able was busy at just that minute, but politely told the lady that she would wait upon her presently. The see some hats. The able was busy at but politely told would wait upon h would wait upon her presently. The woman waited a couple of minutes and then came to me and began to abuse the girl, saying that the only cases that the only reason that the other woman was at better clothes. I tried to reason better clothes. I tried to reason better clothes. I tried to reason with her, but with no success. Then I told her that the clerk was doing the best she could, and added. It is just such women as you are, mad-ame, who make the life of a working girl miserable. You may talk as much as you like about women's unions, or women's church or char-ity organizations; I think that if you would have a little more char-ity for the girl who has to stand all day and earn her own living nonliving, you day and earn her own li would do more good in the 'And what did she say to that?'

Saturday, April 20, 1901

ASSOCIATION OF OUR LADY OF PITY.

Founded to assist and pro-tect the poor Homeless Boys of Cincinnati, Ohio. Material of Cincinnati, Ohio. Material aid only 25 cents year. The spiritual bonefits are very great. On application, each member receives gratis a Can-on Crozier Beads with 500 days' indulgences, also indul-genced Cross. Address, The Boys' Home, 526 Sycamore street, Cincin-nati, O. P

Cananananan Society Directory.

ST. PATRICK'S SOCIETY. -- Established March 6th, 1856, incorporat.
lished March 6th, 1856, incorporat.
lished March 6th, 1856, incorporat.
der street, first Monday of the month. Committee meets last Wad.
nesday. Officers: Rev. Director.
Rev. J. Quinlivan, P.P. Presiden.
Wm. E. Doran; Ist Vice, T. P.
O'Neill; 2nd Vice, F. Cassy.
Treasurer, John O'Leary; Corrsa.
ponding-Secretary, F. J. Curran.
B.C.L.; Recording-Secretary, T. P.

YOUNG IRISHMEN'S L. & B. AS-SOCIATION, organized April, 1874 Incorporated, Dec. 1875.--Regular-monthly meeting held in its hall. 19 Dupre street, first Wednesday of every month, at 8 o'clock, Pm. Committee of Management mets-every second and fourth Wednesday of each month. President, M. A. Pholcn; Secretary-Treasurer, M. J. Power, All communications to be addressed to the Hall. Delegates to addressed to the Hall. Delegates to St. Patrick's League, W. J. Him-phy, D. Gallery, Jas. McMahon.

 Day, D. Gauery, Jas. McMahon.
 LADIES' AUXILLARY to the Ascient Order of Hibernians, Division No. 1. The above Division meets in St. Patrick's Hall, 92 S. Alexander street, on the first Sunday at 4.30 p. m., and third Thursday, at S p. m., of every month. President, Miss B. Harvey, Vice-President, Miss I. Harvey, Financial Secretary, Miss Emma Doyle, 68 Anderson street, Telesphone, 1006 Main: Treasurer, Miss Mary O'Brien; Recording Secretary, Lizzie Howlett, 383 Welling, ton street. Division Physician. ton street. Division Physician, Dr. Thomas J. Curran, 2076 St. Catherine St. Application forms-can be procured from the members, or at the hall before meetings.

A.O.H.—DIVISION NO. 2.— Mests in lower vestry of St. Gabriel New Church corner Centre and Laprairie streets, on the 2nd and 4th Friday of each month, at 8 p.m. President, John Cavanagh, 885 St. Catherine street; Medical Adviser, Dr. Hugh Lennon, 255 Centre street, tele-phone Main 2239. Recording: Secretary, Thomas Donohue 215 Recording-nohue, 311 pione Main 2239. Recording-Secretary, Thourss Donohue, 312 Hibernian street, — to whom all communications should be ad-dressed; Peter Doyle, Financial Se-cretary; E. J. Colfer, Treasurge. Delegates to St. Patrick's Lengus; —J J. Cavanagh, D. S. McCarthy and J. Cavanagh.

A.O.H., DIVISION NO. 3 .- Meets A.O.H., DIVISION NO. 3.— Mesta on the first and third Wednesday of each month, at No. 1863 Notre-Dame street, near McGill. Officers: Ald. D. Gallery, president; T. Mc-Carthy, vice-president; F. J. Devila, recording-secretary, 1635 Ontario-street; John Hughes, financial-se-cretary; L. Brophy, treasurer; M. Fennel, chairman of Standing Com-mit(ee: marshal, M. Stafford.

ST. ANN'S YOUNG MEN'S SOCIETY organized 1885.—Meets in its hall. 157 Ottawa street, on the first Sunday of each month, at 2.30 pm. Spiritual Adviser, Rev. E. Strubbe-C.SS.R.; President, D. J. O'Neill: Secretary, J. Murray; Delegates-to St. Patrick's League: J. Whity, D. J. O'Neill and M. Casey.

Nancy and Shemu wife, and they live the for forty years god-for-nothing si hought what a fin be if Shemus woul could marry Nanc house, the farm an So he up and s what a pity it is beding woman as

THE STRA

king woman as d with that ould

ered with that only for-nothing crony as full of pains an egg's full of meat. of him the morra-handsomest young ish would be proud mile "

a wife." At first Nancy un this, but at last wh it, it began to pro-mind, and she said one day: "I don't of what you say."

mind, day: "I don't one day: "I don't of what you say." "why," says Ror the pick of the par myself." "Is that true?" ss "I pledge you my sy. "I would." "Oh, well, even if self." says Nancy, be buried the morra for ten years to co "You've all that hands," says Rory. "How's that?" sa, "Why you can kil Rory.

Rory. "I wouldn't have

sture's blood on m

Nancy. "Neither you need And then he sat of to tell Nancy how away with Shemus have his blood on 1 Nancy thore was Now, there was Connal, who lived in close by Nancy and fathers before him, o

vas wasted, used to eastle. next day over So next day over this prince, and to 1 Prince Connal, isn't see the likes of yoo 'likes of that house! 'I know it is.'' sa cannot do any bette 'Botheration!'' sa easily can.''

easily can." "I wish you would

said Prince Connal. "Why." says Nanc Shemus has little or

" why don't you a castle?" "Ah," says the pr "Ah," says the pr "sure Shemus could astle."

castle." Says Nancy : "Yo Shemus, for there's the wide world he c. likes to, but he's th you don't break even body to make him do it "

'Is that so?'' says

nal 'That's so," says That's so, 'says you order Shemus to castle an' have it weeks, that you'll tao doesn't, you'll soon castle to live in,'' sa ''Well, if that's so Comal, ''I'll not be castle.'' So on the your so

on the very ner he steps to Shemus, out, and takes him place he had marked site of his castle, an Shemus, and tells him to have a grand cast ished on that spot in time But," says Shemu

never built a castle know nothing abo couldn't have you a thirty-three years, l "Oh," says the pri "T'm toul' there's no

eral knowledge which is so useful to everyone in whatever station of life Providence may place them. They acquire this knowledge by general reading and by judicious reading and there is no way in which this general and judicious reading could be better secured than from an in-stitution such as yours. You supply all your members with the current fiterature of the day, and you sup-ply them with such attentions as will enable, them to pass usefully the leisure time which the8 may have, and hence it is that in this way the members of the Reading Room, who have devoted themselves with such zeal to sustain and make useful this institution are doing a great work everyone in whatever station of life institution are doing a great work both for the rising generation and for those more advanced in life. I don't know of any way which a per-son can spend a free time better than by going to the reading room and availing themselves of the facil-ities there for acquiring knowledge, and though they may not propose to themselves explicitly and directly a mere acquisition of knowledge when they go there to pass the time pleasantly, still, whether they in-tend it or not, if they take up a good book it will help them to leave the reading room with some new knowledge acoured. institution are doing a great work e the reading room knowledge acquired.

new knowledge acoured. There, is, therefore, every reason on the part of those interested in the welfare of the people to encourage this reading room, and there is a special reason why we should en-courage Catholic reading rooms at the present day. Sometimes we make our accumptonce with the literature

VALUE OF APPLES,-Among all

fruits, the apple stands first with ? fruits, the apple stands first with the large number of persons as be-ing obtainable in good condition more days in a year than any other fruit. Apples placed ready for the children when they are awake in the morning, to eat as appetite de-mands, will be found a turning point where little ones are troubled with many petty ailments, remarked a doctor whose name is known all over the country. There are few children who would not eat an apple before the country. There are few children who would not eat an apple before breakfast if allowed the privilege. It is a mistake, says Answers, not to let them have it. The nervous system, always calling for phosphor-ous, is quieted by a full fruit diet Apples relieve the nausea of seasick-ness, and are a helo to those who are trying to break themselves of the tobacco habit. A good ripe, ray apple is com-pletely digested in 85 minutes. This easy digestion favors longevity, the phosphorous renews the nervous

nervous phosphorous renews the matter in brain.

TO MAKE MEAT TENDER.-Here

TO MAKE MEAT TENDER.—Here is a suggestion on this very im-portant question :— Some people will not eat meat un-less it has been killed several days. In winter beef and mutton can be kept weeks if hung in a dry. cool place, and are all the better for it It is not every one who can afford porter-house steak at twenty and twenty-live cents a pound, but one can buy round at half that brice and to tender it pour a few spoon-fuls of vinegar over it and let it stand from twelve to twenty-four

the conductor were through the train and found the little yellow kitten asleep on one of the seats. He car-ried it to the fireman, who was fond of cats. The fireman fed the kitten and put him in the baggage car for and put him in the baggage car for

and put him in the baggage car for the night. When the train went out the next day the k cten, which the fireman called Dick, went with it. Dick rode in the baggage car for a week or so, when his master took him on the engine with him one day. Dick was quite frightened at first, but soon got over it, and always rode on the engine after that. One thing very much teichtened

One thing very much frightened Dick-that was when he heard an-Dick-that was when he heard an-other train coming. He would crouch on the floor of the cab at his master's feet, and would remain so un til the other train passed. His mas-ter had tried in vain to break him of this.

of this. A year passed and Lick was on the same engine with his master, who had been promoted to be an en-gineer. Dick still appeared frighten-ed at hearing another train.

ed at hearing another train. One day in winter Dick's master was running in the western part of Missouri, when a severe snow storm came up. They reached one station at 4.30 in the afternoon, and a freight was due about the same time They waited fifteen minutes for the freight, and then the conductor de-cided to go on to the next station fen miles beyond. So he telegraphed to the next station to keep the

closed to go on to the next station is a miles beyond. So he telegraphed to the next station to keep the freight until he reached there: and receiving no message back that the freight had left that station, he thought is all right and Dick's train started. They had gone about five miles when Dick suddenly raised his head, listened for a moment, and then jumped to the floor and crouch-ed at his master's feet. The engineer knew that Dick had heard a train Then it flashed into his mind that perhaps it was the freight. He reached his head out of the cab win-dow and listened, but he could hear nothing but the wind. He had so great confidence, nevertheless, in Dick that he signalled for the con-ductor. The conductor came and in-quired the matter, and when the en-

was inquired. "Well, she was not looking for well, she was not looking for any such attack, and she fied highly indignant. But I only told the truth. It does seem sometimes as times as kind to though women are not as ki each other as they should be

PATENTS GRANTED.

CANADA

70,765 - John G. Rattray, Pipe stone, Man., heater. 70,796.--Dr. M. J. B. Schmitt, An ticosti Island, P.Q., remedy agai

ticosti Island, P.Q., remedy against insect bites.
70,820.—George Elmes, Farnham.
F.Q., extension bicycle cranks.
70,821.—Joseph Lalonde, Ste.
Cunegonde, P.Q., vehicle tire.
70,891.—L. P. Morin, St. Hyacin-the. P.Q., hen's nest.
70,880.—R. J. Stroud, Milford Bay, Ont., wrench.

UNITED STATES.

671,686.-H. Bergeron, Longue Pointe, P. Q., means for utilizing space in crowded municipalities. 671,700.-William Jennings, Mont-real, P.Q., tire fastener.

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.M.B.A. OF CANADA, BRANCH 26 -(Organized, 13th November, 1883.)- Branch 26 meets at St. Patrick's Hall, 92 St. Alexander Patrick's Hall, 92 St. Alexander street, on every Monday of each month. The regular meetings for the transaction of business are held on the 2nd and 4th Mondays of each month, at 8 p.m. Applicants for membership or any one desirous of information regarding the Braach may communicate with the follow-ing officers: Frank J. Curran. B. C.L.; President; P. J. McDonagt. Recording Secretary; Robt. War-ren, Financial Secretary; Jao. H. Feeley, jr., Treasurer.

ST. ANN'S T. A. & B. SOCIETY, es-tablished 1863. — Rev. Director, tablished 1863. — Rev. Lifeton, Rev. Father Flynn. President. D. Gallery, M.P.: Secretary, Jas. Bra-dy, No. 97 Rosel street. Meets on the second Sunday of every month, in St. Ann's Hall, corner Yousg and Ottawa streets, at 3.30 p.m. Delegates to St. Patrick's League Messrs. J. Killfeather, T. Rogers and Andrew Cullen.

PROVINCE OF QUEBEC, District of Montreal. SUPERIOR COURT. No. 2990.

Dame Florence Gagnon has this day instituted an action in separa-tion as to property against her hus-band, Leon Girard, merchant, of the City and District of Montreal. has this

Montreal, 16th March, 1901. BEAUDIN, CARDINAL. LORANGER & ST. GERMAIN.

can build a castle bet than you if you only you haven't that cast You haven't that casts ground in three wee 'I'll have your life. for yourself." And h and left Shemus stan When Shemus heard down-hearted man, fo Prince Connal was a word, and he would n ing a man's life any i would from putting t of a beetle. So down gins to cry, and while gins to cry, and while crying there, up to hi red man, and said to

red man, and said to . are you crying about "Ab, my poor man mus, says he, "don't for there's no use in t could do nothing to 1 "You don't know th "You don't know th "tell me anyhow." So Shemus to cult

tell me anyhow." So Shemus, to reli-ups and tells the we Prince Connal had th to him if he had not inished on that spot of Says the little man. Says the little man. To the Fairies' Glen a night, and under the at the head of the gle white rod. Take that and mark out the pla on this ground with back and leave the ro got it, and by the ti back again your cast ished."

thed." At moonrise that i as you may be well as the rockin' stone at t glen of the Tairies, an it he got a little wi went to the hill when castle was to be built point of the rod he m plan of the castle, and back and left the rod it.

The next morning