

HEALTH AND HOME HINTS.

When washing knives be careful not to put the handles in the water, as if this is done, after a time the blades will become loose and the handles discolored.

A good mouth-wash is made of a little tincture of myrrh mixed with warm water, and especially good is it if the mouth is at all sore or if a tooth has been drawn.

Before cutting linen or damask, be sure to draw a thread, for, otherwise, no matter how straight it may fold, it will probably only look so till it is washed. If cut by the thread, you may be sure of its washing straight.

Rice Croquettes: Wash one cup of rice and put in a double boiler with one quart of milk; boil one hour or until very thick, and then beat until smooth; add the yolks of four eggs, and cook ten minutes longer. Take from the fire, add one tablespoon of chopped parsley.

Corn Meal Gems: Mix together two cups of corn meal, two cups of flour, four teaspoons of baking powder, and one-half cup of sugar. Beat two eggs with a little salt; to these add two cups of milk. Mix this with the flour and meal, and add one-half cup of melted lard or dripping; beat well together, and bake one-half hour.

Parisian Sweets: Pick over and remove stems from one-half pound figs, and stones from one-half pound dates. Mix fruit with one-half pound English Walnut meats, and force through meat chopper or finely chop. Work, using the hands, on a board, dredged with confectioner's sugar, until well blended. Roll, using a rolling-pin, to one-fourth inch thickness, using confectioner's sugar for dredging board and pin. Shape with a small round cutter, first dipped in sugar, or cut, using a sharp knife, in three-fourths-inch squares. Roll each piece in confectioner's sugar, and shake to remove superfluous sugar.

Dish Cloths and Holders: After the annual supply of bed and table linen is made, marked, and packed away, look after the kitchen accessories. The best dish cloths I have ever used were made of old cotton cloth, about three-eighths of a yard square, quilted twice across each way diagonally and hemmed. These were three layers in thickness, but, being old and thin, the result was a soft, pliable cloth, no fraying, no fuzz, and delightfully easy to keep clean and white. Old salt and sugar bags made double and quilted are fine to hang by the range for using about the oven. If these are always at hand, aprons and kitchen towels are spared a great deal of unnecessary soil. A soft iron holder that does not callous the hands is made from old stocking legs or pieces of outing flannel as many layers together as one likes, then cut in squares. Overhand the edges and quilt once across each way diagonally.

A true and faithful Christian does not make holy living a mere accidental thing, but it is his great concern. As the business of the soldier is to fight, so the business of the Christian is to be like Christ.—Jonathan Edwards.

TOBACCO HABIT.

Dr. McTaggart's tobacco remedy removes all desire for the weed in a few days. A vegetable medicine, and only requires touching the tongue with it occasionally. Price 2¢.

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BRITISH AND FOREIGN.

Belfast is raising a loan of \$375,000 to instal a new electric light system.

Scottish bagpipers have just been used for the first time at meetings of the Salvation Army.

Ireland now sends annually \$3,500,000 worth of fowl to be fattened for the English market.

Dundee has given Mr. Andrew Carnegie a broad hint that a benefaction to establish new baths would be appreciated.

Mr. R. G. Hawkin, of Hare Court, Temple, the secretary of the Eighty Club, London, will shortly be married to Miss Marie Botha, youngest sister of General Botha, first Premier of the Transvaal.

The London Mail says Hon. Clifford Sifton's departure indicates that the great project of the all-red route is drawing nearer its accomplishment. The new service may be costly at the outset, but traffic with the great and growing Dominion would quickly increase.

At a church bazaar at Wood Green, London, a cheque was received from a lady in the country as the proceeds from bee-hives which she kept solely to help religious institutions.

Blue Anchor Line, trading to Australia, via Cape Town, has placed orders in Belfast, for two steamships with a tonnage of 7,000 each.

The Calton Hill at Edinburgh is rejoicing in the presence of a white blackbird. The mate of the bird is of the orthodox black variety.

In a very fine stage of preservation and with large margins, a 12d, black Canadian stamp of 1851 fetched the remarkable price of £43 at Messrs. Puttick and Simpson's, London.

The late Professor Masson was resolute that there is to be no biography nor memoir of him. He left express instructions to the effect in his will.

Lord Rosebery tripped over the "England" for "Britain" trouble recently, but promptly recanted, and so saved himself from the wrath of the patriots.

The Lutheran Observer remarks that it is good to note that Secretary Taft, in his official visit to the Philippines, at once, on his arrival, gave strict instructions to the effect that no liquor should be served at any of the functions given in his honor. The Secretary's stand will be universally approved by right-thinking people. Its educational influence in the Philippines, where Secretary Taft is so genuinely beloved, will be in the right direction. His attitude toward the Sabbath also, as manifested in Japan, must make the Christian people of the land rejoice that he is representing the nation in the Orient—and not misrepresenting both it and our religion, as so many men in official life do when on their travels.

Let the GOLD DUST twins do your work.



More clothes are rubbed out than worn out.

GOLD DUST

will spare your back and save your clothes. Better and far more economical than soap and other Washing Powders.

Made only by THE N. K. FAIRBANK COMPANY
Montreal, Chicago, New York, Boston, St. Louis.
Makers of COPCO SOAP (oval cake)

GOOD BLOOD FOR BAD.

That is What Dr. Williams' Pink Pills For Pale People Always Give. They Never Fail.

Good blood is the one thing necessary for perfect health. If the blood is good disease cannot exist—if it is bad disease is bound to appear. There are dozens of maladies caused by bad blood. Among them are anaemia, rheumatism, heart palpitation, headache and backache, indigestion, and the special ailments of women and growing girls. If you suffer from any of these troubles, Dr. Williams' Pink Pills will cure you—because they make new, red, health-giving blood. They succeed where doctors sometimes fail. In proof of this Mrs. Sarah Jane Duce, Deseronto, Ont., says: "In 1905 I became weak and sickly. I was all run down; I found housework a burden—sometimes I could not do it at all; the least effort made me tired. I consulted a doctor who told me he might help me some but could not cure me permanently on account of my age. I am over fifty. His treatment did not help me and I gradually grew worse; even my friends began to despair. Four different doctors told me my case was hopeless. My suffering was intense. Sores broke out around my mouth and I was unable to eat. I consulted a specialist who told me my trouble was anaemia and that he had little hopes for my recovery. I was in despair and decided it was useless to spend any more money on doctors. One day my husband urged me to try Dr. Williams' Pink Pills. After a few weeks use of the Pills I was convinced that I had found the right medicine. I took twelve boxes and they completely cured me, and I am now in excellent health. I gladly recommend them to all sufferers, for they cured me when doctors had failed and my friends were expecting death to end my suffering."

Unless the full name, "Dr. Williams' Pink Pills for Pale People," is printed on the wrapper around each pink pill take them—any other so-called pink pill is a fraud intended to deceive you and may do you harm. If your medicine dealer has not got the genuine Dr. Williams' Pink Pills for Pale People they will be sent to you direct at 50 cents a box or six boxes for \$2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

A tiny four-year-old was spending a night away from home. At bedtime she knelt at her hostess' knee to say her prayers, expecting the usual prompting. Finding Mrs. B. unable to help her out, she concluded thus:

"Please, God, 'scuse me. I can't remember my prayers and I'm staying with a lady who don't know any."

A merchant in a Manitoba town who had a Swedish clerk, sent him out to do some collecting. When he returned from an unsuccessful trip he reported:

"Yim Yonson say he vill pay ven he sell him hogs. Yim Oleason, he vill pay ven he sell him wheat, and Bill Pack say he vill pay in January."

"Well," said the boss, "that's the first time Bill ever set a date to pay. Did he really say he would pay in January?"

"Vell, aye tank so," said the clerk. "He say it ban a cold day ven you get that money. I tank that ban in January."



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Complete Manual of several hundred terse, pointed, appropriate Prayers for use in Church, Prayer Meetings, Young People's Society, Sunday Schools, Missionary, Grace and Sentence Prayers. Question of How and What to Pray in Public fully covered by model, suggestive and devout Prayers. Vest P.K. size, 126 pages, Cloth 25c, Morocco 35c, postpaid; stamps taken; Agents Wanted. GEO. W. NOBLE, Lakeside Bldg., Chicago