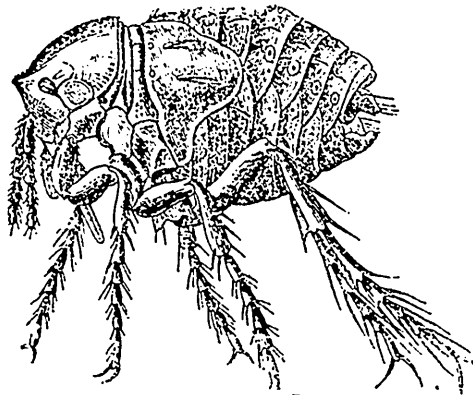


## THE JIGGER AND HIS LESSON.

**W**HAT has the little chappie, whose enlarged picture is here given, to do with the subject that your Junior Societies are learning about in this RECORD, our mission work in Trinidad? Who can tell?

Some of the East Indian boys and girls in Trinidad can tell, if you cannot. Some of them know to their sorrow. The jigger is very small, not so large as a pin head, but like many a small thing can do a good deal of mischief.

This is the way it does it. It gets on to the dirty little bare feet of the East Indian children, and of grown people too, and in some sheltered



spot, a wrinkle in the dirt-encrusted skin, it burrows, making a small hole for itself. There it lays its eggs, and soon these hatch small worms and the place becomes a festering sore, which, if not attended to, may grow very large and painful.

There are no jiggers in Canada, but they are things that work like them, and are a good deal worse. What are they?

**Bad Habits.**

A bad habit may be very small at the beginning. Most bad habits begin small, they creep into the character of a boy or girl almost unnoticed, and there they grow, and bye and bye may become very bad and bring ruin.

That is the way with habit of lying. Boys or girls may at first tell a "fib" a little "white

lie." They think it is not much harm. Then another follows, and another, bigger and bigger, until the habit of lying is formed.

Hate may creep in and be allowed to grow until it may end, no one knows where.

Theft usually begins in this way. Some very, very, little thing is taken. It is not called stealing. Then something more, and again, and yet again until sometimes the prison gate is reached.

Pride is a very bad habit. It may begin by thinking ourselves better than others, if our clothes are a little finer. It may grow until it has killed out all that is kind and good and beautiful in our lives.

The habit of drunkenness almost always begins in a very small way, but it grows until it brings a great many people to ruin.

If these Trinidad people are watchful, and keep themselves clean, the jiggers do not get a chance to get in, and burrow, and lay eggs. So if boys and girls are watchful and keep themselves clean and pure in thought and word and deed, the bad habit will not have a chance to grow.

Above all, ask Jesus to keep you.

## AN OLD MAN'S TESTIMONY.

An old man, writing recently at the age of eighty-six, says:—

"On inquiry I find I have not a comrade who used glass or pipe in his boyhood. And here let me say that I believe I should not have been living to give this account had I not been an abstainer, not only from all intoxicating drinks, but from the use of tobacco in all its forms—the curse of civilization, the destroyer of youthful life, and the shortener of the days of manhood: rendering the body susceptible to infectious and contagious diseases, and lessening the power to rally when attacked.

During my long life I have been exposed to a variety of climates and situations, both by sea and land, from Newfoundland to the Isthmus of Panama, only ten degrees from the equator, and I fully believe that, under God's blessing, I have kept my health by careful living and good moral habits, endeavoring by precept and example to keep young people from using the pipe, cigar, or the cheap cigarette, that is often seen in the mouths of ragged and barefooted children in our streets."—*Ex.*