The Right Thing.

A New Catarrh Cure, which is Rapidly Coming to the Front.

For several years, Eucalyptol Guaicol and Hydrastin have been recognized as standard remedies for catarrhal troubles, but they have always been given separately and only very recently an ingenious



chemist succeeded in combining them, together with other antiseptics into a pleasant, effective tablet.

Druggists sell the remedy under the name of Stuart's Catarrh Tablets and it has met with remarkable success in the cure of masal catarrh, bronchial and throat catarrh and in catarrh of the stomach.

Mr. F. N. Benton whose address is care of Clark House, Troy, N. Y., says: "When I run up against anything that is good I like to tell people of it. I have been troubled with catarrh more or less for some time. Last winter more than ever. Tried several so called cures, but did not vet any benefit from them. About six weeks ago I bought a so cent box of Stuart's Catarrh Tablets and an glad to say that they have done wonders for me and I do not hesitate to let all my friends know that Stuart's Catarrh Tablets and already they have given me better results than any catarrh cure I have ever tried."

A leading physician of Pittsburg advises the use of Suart's Catarrh Tablets in preference to any other treatment for catarrh of the head, throat or stomach.

He claims they are far superior to inhalers, salves, lottons or powder, and are much much more convenient and pleasant to take and are so harmless that little children take them with benefit as they contain no opide, cocoine or any poisonous drugs.

All druggists sell Stuart's Catarrh Tablets is a cocust for full size package and

ous drugs.

All druggists sell Stuart's Catarrh Tablets at 50 cents for full size package and they are probably the safest and most reliable cure for any form of catafrb.



Are a True Heart Tonic.

Nerve Food and Blood Enricher. They build up and renew all the worn out and wasted tissues of the body, and restore perfect health and vigor to the entire system. Nervousness, Steeplessness, Nervous Prostration, Brain Fag, Lack of Vitality, After Effects of La Grippe, Anæmia, Weak and Dizay Spells. Loss of Hemory, Palpitation of the Heert. Loss of Energy, Shortness of Breath, etc., can all be cured by using

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For Book

RAPHAEL

Raphael the great Italian painter, whose celebrated biblical pictures are worth fabulous sums of money, was not a rich man when young, and encountered some of the vicissitudes of life, like many another genius. Once, when travelling, he put up at an inn and remained there, unable to get away through lack of funds to settle his bill. The landlord grew suspicious that such was the case, and his requests for a settlement grew more and more pressing. Finally, young Raphael in desperation, resorted to the following

He carefully painted upon a table-top in his room a number of gold coins; a

bis room a number of gold coins; and, placing the table in a certain light that gave a startling effect, he packed his few belongings and summoned his host.

"There," he exclaimed, with a lordly wave of his hand toward the table. "is enough to settle my bill and more. Now kindly show the way to the door.

The innkeeper, with many smiles and bows, ushered his guest out, and then hastened back to gather up his gold. His rage and consternation when he discovered the fraud knew no bounds, until a wealthy English traveler, recognizing the value of the art put in the work, gladly gave him fifty pounds for the table.—Hafper's Round Table.

UPSETTIN' SIN.

It is said that one night at a meeting an It is said that one night at a meeting an old negro prayed earnestly that he and his brethren might be preserved from what he called their "upsyttin' sin."
"Brudder," said one of his friends, "you

ain't got de hang of dat ar word. It's be

settin', not upsettin'."
"Brudder," he replied, "if dats so, it's so; but I was prayin' de Lord to save us from the sin of 'toxication, an' if dat ain't a upsettin' sin. I dunno what am.

Sure enough, the old negro was right. Drunkenness is the unsettin' sin-uuset-Drunkenness is the unsettin' sin—unset-tin' manhood, womanhood, and sweet childhood, upsettin' and down treading loves, hopes, and joys, Intoxication is the sin which upsets the strong, able-bodied man and casts him alongeide of the feeble ones, upsets the mighty intellect, and, lo l it is on a par with the mental im-becile, upsets the noble, loving heart, and alas! where tenderness once held absolute sway, cruelty has taken possession.—Sel.

A MOMENTOUS SNEFZE.

Perhaps because an elephant sneezes so or because he sneezes so loud, Oriental folk are very superstitious about the occurrence, and believe that to hear an elephant sneeze brings good luck. The Baltimore Herald gives an account of the effect produced by the sneeze of Jumbo II. at the Maryland Industrial Exposition.

Jumbo's sneeze is like the bursting of a boiler, and it created a fairly good-sized panic. The elephant began to get ready for the sneeze half an hour before it happened; and, as the time for the event drew near, he was rolling about in his cage, apparently in great agony. Suddenly he stopped, gave one bellow, and then

The look of perfect contentment on his face after the great event was in startling contrast to the terror seen on the fac s of the fleeing people. Visitors to the Expo-

the fleeing people. Visitors to the Exposition were running in all directions, not knowing what awful thing it was from which they were racing away.

Among the Mohammedans of the Oriental and Singhaleae villages Jumbo's sneeze caused wide excitement. They rushed to the cage and, bowing low before his elephantine highness, began praying at a rapid rate. When they finished they explained that an elephant's sneezes are of the rarest occurrence, and the event was one of great significance to them. Elephant's are susceptible to cold and catch cold easily; but it is very, vary rarely that they sneeze.

Cap'ain Miller, Jumbo's keeper, says it is a good thing that this is so; for a few more sneezes such as Jumbo gave that day might blow the top of his head off—Selected.

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who sympathizes with her in her sufferings, who pities her in her trials, and who rejoices with her in her happiness, cones this gift of a FREE BO K. Its author, Dr. Sproule, the emiuent specialist, understands in the fullest degree the tender, sensitive nature of woman, and his appreciation of all that she is and all that she endures pervades every page. It is this very feature of the book that makes it so valuable to woman. When she reads it she feels that she is understood. What is life worth to a woman when sickness has robbed her of health and beauty? This is what has happened to many an affectionate, sensitive creature who fears that in the end she may also lose her most precious possession—the love of those who are nearest and dearest. Perhaps you yourself know the fear of this terrible anxisty. Perhaps you go on with your daily work, hiding your suffering from those about you, and smiling through your serrow—a martyr as truly as any of the martyrs of old Perhaps the weeks for you are made up of weary, restless nights and painful dragging days With aching back and overstrained nerves, worn out by sickness, overwork, worry, or pains that torture you at each period, life may indeed seem dark and dreary.

To All Women Who Suffer

this book will bring a message of wonderful life and promise. It you ruffer, Dr. Sproule wrote it for you! It will reveal to you the most valuable and comprehensive knowledge of the diseases of woman; it will disclose to you all the necessities and requirements of her wonderful organism: it will point out to you the road to health. The illustrations, showing the female organs as they appear in a healthy and in a diseased state, are unusually fine. They were drawn especially for this book by Dr. Sproule, whose long experience as a surgeon and a specialist has well fitted him for the work

Dr. Sproule makes the wenerous offer of this free book because of his sincere compassion for women who suffer in any way, and because through it he trusts they may be restored to perfect health. He feels that if it helps you back to bodily soundness and bappliness, he is well recompensed for all the labor that he put into the preparation of this work. Woman has alway's been regarded by him as the inspiration of all that is noblest, highest and best in the universe, and many hours of his busy life have been devoted to the relief of her troubles.

In friendliness and sympathy Dr. Sproule offers you this book free. Send for it today. Write your name and address plainly on the dotted lines, cut out and send to Specialist Sproule, 7 to 13 Doane St. Boston, and he will forward you the book.

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