

Mrs. W. G. Dowden, Greenspond, Bonavista Bay, Nfid., writes :---''I suffered with eczema on my hands, and for eighteen months was so bad that I could not use a needle to sew or do anything. I could scarcely dress myself. Though I had lots of salves from doctors, I could never get much benefit from them. Then I sent for a sample of Dr. Chase's Ointment, and found it very different in action. It was not long before my hands began to heal, and

gestive organs. Shredded Wheat Biscuit is all food. It is 100 per cent. whole wheat and is prepared in a

digestible form. Changing from meat and potatoes to Shredded Wheat brings a mental buoyancy and physical alertness that makes one eager for the day's task. Eat it for any meal with sliced bananas, berries, of other fruits.

four 60c boxes made them well. Dr. Chase's Ointment too highly, and frequenty give some to others to get them using it, for I know that it will cure."

Dr. Chase's Ointment

60c a box, all dealers, or Edmanson, Batos & Co., Ltd., Toronto. If any Druggist tries to sell you something else it is on account of more profit. Go to the druggist who will not substitute.



Made in Canada.