

high, he overtook me, for I had gone very slowly, not thinking it possible to travel five miles. When he came up, he called me to run ; I told him I could go no faster ; he passed by without saying one word more : So that sometimes I scarce saw any thing of him for an hour together. I travelled from about break of day till dark, never so much as sat down at noon to eat warm victuals, eating frozen meat which I had in my coat pocket, as I traveléd. We went that day two of their days journey, as they came down, I judge we went forty five miles that day. God wonderfully supported me, and so far renewed my strength, that in the afternoon I was stronger to travel, than in the forenoon. My strength was restored and renewed to admiration. We should never distrust the care and compassion of God, who can give strength to them who have no might, and power to them that are ready to faint.

When we entered on the lake, the ice was rough, and uneven, which was very grievous to my feet, that could scarce bear to be set down on the smooth ice, on the river ; I lift up my cry to God in ejaculatory requests, *That he would take notice of my state, and some way or other relieve me.* I had not marched above half a mile, before there fell a moist snow, about an inch and an half deep, that made it very soft for my feet to pass over

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