### Personal Power—

The capacity to plan and put into action ideas for succes requires "a sound mind in a sound body."

Eat

# Grape-Nuts

"There's a Reason."

POSTUM CEREAL COMPANY, Ltd., Battle Creek, Mich., U. S. A.

Canadian Postum Gereal Co., Ltd., Windsor, Ontario. A PURE PRODUCT OF A PERFECT PROCESS

#### BAKER'S BREAKFAST



COCOA

is made from the best cocoa beans scientifically blended.

Absolutely pure, healthful, and delicious.

Get the genuine with our trade-mark on the package 53 Highest Awards in Europe and America

Walter Baker & Co. Limited
Established 1780 DORCHESTER, MASS.

### CALOX THE OXYGEN TOOTH POWDER

Take the best tooth-powder ever made—Make it a little better—Then add Oxygen—That's CALOX, the Oxygen Tooth Powder.

The Buffalo Medical Journal says :

"It may be confidently asserted that Calox is the only dentifrice that will sterilize the mouth and arrest caries without injury to the soft tissues. It is the most scientific tooth powder which the laboratory has yet produced."

ALL DRUGGISTS, 25c.

Sample and booklet free on request.

National Drug & Chemical
Co. of Canada, Limited,
Montreal



# MENNEN'S

"FOR MINE"



Mennen's Borated Powder

keeps my skin in healthy condition.

Sample Box for 4c. stamp.

GERHARD MENNEN CO.

Newark, N. J.



Trade Mark