

diseases—and all for “the special low fee of \$35.00.” Here surely is a chance that we should not miss—a sort of a “Friday bargain day” in four weeks, during which time, if one might judge from the illuring nature of the $8\frac{3}{4}$ by $4\frac{3}{4}$ inch post-card, the careful student would surely come out a specialist in most of the subjects. We regret to see on this card the names of men from whom we might expect a higher type of ethics. For further information address Dr. F. H., 176 E. Ch. Ave.

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DEEP HYPODERMIC INJECTIONS.—In an article in the *Medical and Surgical Reporter*, L. L. Ames recommends deep hypodermic injections instead of the subcutaneous. It causes no more pain, it is not necessary to hold the finger over the point of injection, there is no swelling, there is no discoloration, and seldom does any soreness follow.

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FIBROIDS.—F. H. Martin, in the *American Practitioner* for March in an article on Fibroids, summarizes by saying that the cause of fibroids has never been satisfactorily determined; that they seldom occur before puberty, and seldom before twenty-five, while the greater number develop between thirty and forty years. The unmarried state predisposes to their development? Married women who prevent conception, while less liable to develop fibroids than unmarried women, are still much more prone to them than child bearing women. Child-bearing women are the least disposed to fibroid of the uterus. Negro women are predisposed to this form of neoplasm.

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CHRONIC RHEUMATISM.—Cantagrel, in *Medicine Moderne*, says that chronic progressive rheumatism is a disease of general nutrition, and differs widely from acute articular rheumatism, now believed to be an infectious process. Heredity is a powerful factor in its production; it is called into activity by damp, cold, exposure, hardship, strain and overwork. Flannel next the skin, the use of woollen bed sheets, change of residence and climate, suitable diet, massage and rubbing with alcohol, tonics (iron, cod liver oil and arsenic), he recommends in the way of treatment. The arsenic may be administered in the form of baths, one to eight grammes of arseniate of soda, and one hundred or one hundred and fifty grammes of bicarbonate of soda being dissolved in each bath. For deformity and stiffness, iodides are administered internally. Three or four months are needed before there is much sign of improvement.