bless them first, and they will go a long way, and help many. What Jesus gives us we can give to others who are hungry in their bodies and in their hearts.

We must waste nothing. Never throw away what you cannot use if it would do anyone else any good. Food, clothes, toys, picture papers, anything, everything that is useful, must be used.

Here is our part in one sentence which we must write on our hearts: Ask everything, give everything, do everything for Jesus' sake.

## Sub-Primary Hints.

GOLDEN TEXT: "The Lord is my shepherd: I shall not want." Psa. 23. 1. "My God shall supply all your need according to his riches in glory by Christ Jesus." Phil. 4. 19.

The twelve had returned from a missionary journey [suggesting points in Lesson X], and were telling Jesus all about their work of healing and preaching. They told him where they had failed and were driven away, and where they were treated kindly. This was the first time they had tried to use the great gift of healing which Jesus had given them. They must have been tired and excited after all their dangers, failures, successes, and encouragements. Jesus must have listened patiently, teaching them where they made mistakes, where they did exactly right, and giving them new courage and strength to use on their next journey.

John the Baptist had gone home to heaven [referring to our last lesson]; and many people who felt that they had lost their preacher were seeking Jesus.

Jesus and his twelve missionaries wanted to find a quiet place among the hills where they could rest a while, and talk over this great work of healing and preaching. On our sand-map we show where they crossed to the other side of the lake (northeastern shore of the Sea of Galilee), thinking to find rest here among the hills. We show, using picture of fishing boats, where the crowds followed in boats and where others went on foot around by way of land.

Jesus with perfect unselfishness gave up his plan for a quiet resting time, and devoted himself to these fathers, mothers, and children who had followed him for many miles, unwilling that he should go cut of their sight,

There were no houses or stores within many miles of these hills. There was nothing growing here in the way of fruit, grain, or vegetables. At dinner time the people were so eager to stay longer with Jesus that they would not go home, though they were hungry. At supper time they were not yet ready to go. "What shall we do with all these hungry people?" thought the disciples. "They will faint on their long journey home." Jesus knows what he will do. He will not let the people go home hungry and tired. "Yet what can he do?" the disciples ask. "We have no money to buy food for this great company." "How much food have you?" Jesus asks. "A boy here has five small loaves of bread and two small fishes. What is that among so many?" That would not be enough to satisfy even the children.

Jesus asked them to call the boy who had brought this luncheon, and to make the men sit down in orderly groups on the grass. When all were seated quietly Jesus took the loaves and fishes, asking God's blessing, and broke generous pieces from the loaves and fishes, which the disciples gave to the hungry groups.

Then the five thousand guests could go home strengthened and satisfied. They had seen a wonderful miracle. They had seen the disciples busily gathering the abundance of food remaining. They could carry away the words of Jesus which were as wonderful as the miracle of the loaves and fishes.

## SUGGESTIONS FOR APPLICATION.

If the Sunday school is held at the noon hour, the children are hungry, and are thinking of the comfort awaiting them at home. Our appeal to them to acknowledge the source of their supply, to give thanks for daily bread, is timely. You will soon go home and have something to eat. Will you think of this Bible story while you are eating bread? Will you think of it to-night when you pray, "Give us this day our daily bread?"

Recall the text, "While the earth remaineth, seedtime and harvest... shall not cease" (Gen. 8, 22). Speaking of the fine white flour in our daily bread, we try to impress the children with the wonderful process of growth and change in the tiny seed, the blade, the ear. The sunshine and rain speak to us of the Father's promise of love and care. The wild berries and seeds that grow in the