

"Well Done."

BY MARION M. SMYTH.

To-night as I lie on my pillow,
With the beautiful sky overhead,
I think of the dear Lord in heaven,
Whose angels are guarding my bed.

I think of his wonderful bounty,
Vile sinners to save from their doom,
And his cheering us up on our journey,
While Jesus saith, "Yet there is room."

I think how he gave the dear Saviour,
To rescue the world from its fate,
O why don't we come to him gladly,
Before it's forever too late.

And when I look o'er the years wasted,
In worldliness, folly and sin,
My eyes are with tear drops bedewed,
To think I've brought nobody in—

Brought nobody into this warm light,
Of heaven's most comforting rays,
So little I've done to enlighten
Any one of my fellowmen's days.

The days that are spent all in darkness,
Without the sweet trust in our God,
O soon shall this life be completed,
And I be laid down 'neath the sod.

So while God sees fit to leave in me
The breath which sustaineth my life,
I'll do what I can to make brighter
The lives of temptation and strife.

And so I will do all I'm able,
To make all my fellowmen glad,
To comfort all those who are mournful,
And all who are drooping and sad,

And so, when before God I am led,
To be judged by his dear holy Son,
I will stand with the perfect assurance
Of hearing the blessed "Well done!"
Wellesley School, Toronto.

ALWAYS A POISON.

Years ago an aged and eminent man said: "If there is a particle of depravity in a man's heart a glass of brandy will find it out and stir it up." And what is true of brandy is true of alcohol in



every shape. From the time of Noah till this day its effects have shown that it has an affinity for the worst parts of our nature. Hence we cannot be too careful in guarding young people against it. Strong drink is everywhere and always a poison. Let us firmly resolve that we will have nothing to do with it.



ELIJAH FED BY THE RAVENS.—SEE LESSON FOR JULY 10.

A QUEER ANIMAL.

Ranging over the whole of the temperate regions of Patagonia are those queer looking animals—the Guanacos. Their general appearance is not easily described, for they combine some of the characteristics of a camel, a deer and a goat.

The Guanaco has a long neck in comparison with the size of the body; the height at the shoulder is about three feet six inches. The body is covered with long, soft, very fine hair, fawn-colour on the upper parts and varying on the lower from pale yellow to a beautiful white. The Patagonians use the skin for clothing and eat the flesh.

The Guanacos are like sheep in that they live in herds of from half a dozen to several hundred, with a leader who is followed anywhere and everywhere by the others. If this leader happens to be killed, the flock becomes so bewildered that they run about aimlessly from place to place, and fall an easy prey to the hunters.

They are very shy and wary animals, and for this reason it is difficult to get very near to them. But like all other wild animals they have great curiosity and will often come quite close to some object with which they are unfamiliar. One hunter reports that once, while sitting on the ground, a Guanaco came within a few yards of him, gazing at him all the while, evidently puzzled to know what manner of being he was.

When this queer animal is attacked he has a singular method of defence; he expectorates a mixture of saliva and partly-chewed food in considerable quantities. Guanacos that are kept in zoological gardens will do the same thing when teased or annoyed.

LESSON NOTES.

THIRD QUARTER.

STUDIES IN THE HISTORY OF THE TEN TRIBES.

LESSON II.—JULY 10.

ELIJAH THE PROPHET.

1 Kings 17. 1-16. Memory verses, 2-6
GOLDEN TEXT.

And the barrel of meal wasted not, neither did the cruse of oil fail, according to the word of the Lord.—1 Kings: 17. 16.

OUTLINE.

1. A Prophet's Faith, v. 1-7.
2. A Woman's Faith, v. 8-16.

Time.—About B.C. 910 or 908.
Places.—1. Samaria, a city built by King Omri, Ahab's father, and made the capital of his kingdom. 2. The brook Cherith, a rocky ravine running down to the Jordan, which is turned into a brook in every rainy season. 3. Zarephath, a Phoenician town between Tyre and Sidon, the same as Sarepta of the New Testament.

HOME READINGS.

- M. Hardened in sin.—1 Kings 16. 25-33
Tu. Elijah the prophet.—1 Kings 17. 1-7
W. Elijah the prophet.—1 Kings 17. 8-16
Tu. Sorrow and joy.—1 Kings 17. 17-24
F. The famine.—1 Kings 18. 1-16.
S. Power of prayer.—James 5. 13-20.
Su. Kept by God.—Psalm 37. 12-24.

QUESTIONS FOR HOME STUDY.

1. A Prophet's Faith, v. 1-7.
What king is here referred to?
Who appeared before him?

To what country did Elijah belong?
What message did he bear to the king?
On account of what sin had God threatened to withhold rain? See Deut. 11. 16, 17.

From whom did Elijah receive a message?

Where was he told to go?
What was said about his food and drink?

What did the prophet do?
What service did the ravens render?

Who feeds the ravens? Luke 12. 24.
Who then really fed Elijah?

What happened, after a while, to the brook? Why?

2. A Woman's Faith, v. 8-16.

Where next was Elijah told to go?
Who would there provide for him?

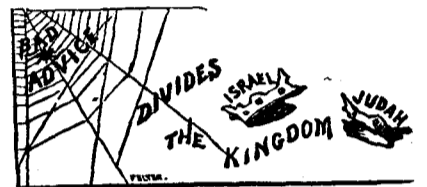
Whom did he meet near the city?
What request did he make of her?

As she went, what did he further ask?
What did the woman say about her supply?

What was Elijah's answer?
What promise did he give her?

SIN IN THE HEART.

Each heart is a kingdom. Each little kingdom is in danger of being divided, as the kingdom of Israel was, by sin and self. There is only one way of



keeping the heart-kingdom whole for God, and that is to let Jesus come and live there. Where he is peace and love are. When he goes out sin and strife come in. Sin divides the heart, and a divided heart makes trouble everywhere!

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AQUEDUCT OVER THE BROOK CHERITH, WHITHER ELIJAH FLED.—SEE LESSON FOR JULY 24.