Miss L. Sayyea Talks to Her Sex on the Results of Physical

"I have had ladies come to me for lessons that never relaxed, not even in sleeping. One lady said she would go to sleep with a handkerchief in her hand, and in the morning it would still be there. She complained of always being tired, and no wonder, for she never rested. Another lady told me that she would go to sleep with her arm around her pillow, and in the morning find she still was holding on to it. Watch a child—how it relaxes when it sleeps. It thoroughly rests itself.

"Miss Jenness has furnished us with an excellent system. In my way of thinking, it is the best there is. It develops every part of the body, brings into action every muscle, and has the devitalizing movements for grace.

"Few women walk and stand gracefully and in a manner conducive to health. When you ask one to stand erect she will

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Miss E. Sayyea Talks to Guest to Sec of Culture.

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Miss E. Sayyea Talks

trations of harmonous trations of harmonous trations of harmonous trations of harmonous translations, such as chest weights, ladian clubs and dumb-bells. I believe in any movement or system of movements carefully made use of with a view to strengthening, developing and refining the entire physical being. A perfect system of exercises is that in which chergized action is supplemented by devitalizing movements.—the energized action for giving force to the blood, diffusing life and warmth for developing the muscular system, by supplying it with increased nutriment in the increased current of blood. The devitalizing movements are for relaxing the nervous system, giving grace of movement and freedom of expression.

"I have had ladies come to me for lessons will have had ladies come to me for lessons what have had ladies come to me for lessons and prosperity.

But the cathedral bazaar closed on the report says Utah is made the report says Utah is made and prosperity.

The Lottery in Baketa.

FARGO, N.D., Sept. 22.—The statement faternoon who would otherwise have at giving grace of movement and freedom of expression.

Back and forth the crowd wandered by the gaily decorated booths, and those in charge saily decorated booths, and those in charge sail the constitution which comes up, forever prohibiting the granting of a charter

k-	Marche de la Norma Bellin
d	Poete et Paysan (ouverture)Supp
st	Depeche Telegraphique (valse)Strol Selection sur l'AfricaineMeyerbee
he	Danses HongroisesBordie
ne	Santiago (valse)Corbi
ot	SOIREE.
ng	Richard Wallace (marche)Sellenic
Ti.	Les Aveugles de Tolede (ouverture) Meht
	Diamant de Cœur (valse)Wettg Royal Caprice (gavotte)Klin
re	La Fille du Regiment (selection)Donizet
ut	Barn Dance (danse)
ausalii	

FIRST PART.	
Miss WhitePiano S	olo
Mrs. A. Pinder80	ng
Mr. Maurice	ng
Miss Lipscombe	ng
Signor Borelli	olo
Miss HarveySo	ng
Dr. Randall	ng
Mr. LombardSo	DR
SECOND PART.	
Miss Janion and Miss HeathfieldDu	ett
Miss PaynePiano S	olo
Miss WhiteViolin S	olo
Miss Arrowsmith	ng
Mr. MauriceComic Sc	ng
Mr. AsplandSc	
The room was much too small to soon	

NEW YORK, Sept. 22.—A monster Chinese mass meeting to protest against the Chinese Registration Act was held to night at Cooper Union. A number of speeches were made, and a resolution was passed denouncing the Geary bill, and agreeing to support the movement to have it repealed.

Mitchell States

The part who can be such a search of the part of the p

ADDITION OF THE PARTY OF THE PA



of the United States timore, Md. The tion will be watched by Churchmen all more particularly b United States, who

affected by any chan

On the first Wed triennial Council of t

THE EPISCOI

Convention at

Work to be Don

The Question of L and the Pr Hyn

In the United Sta Protestant Episcopal Catholic, Methodist but it is, in proportion iest of all the religion that country, and is ship and influence fa of them. The chief Religious Statistics United States Census church membersl about 20,000,000, will ing to \$646,125,704. the Episcopal Chure municants and pro \$73,000,000, or \$146 the Revolution the c in England; after th American clergymer Bishops by the En Church of England Episcopal Church ar ing branches of the A and the eloquence o as much at home in as in Trinity Church
The triennial cour Baltimore in Octobe the General Convent consist, as its prede two houses, the Hothe House of Deputie of both houses is necessarily and the House of Deputies. of both houses is ned of decisions governing Church, but legislati in either one of Bishops will constitue each of the fifty-t each of the hity-t Church will be repres men and four layme of Deputies, which i as the "lower house members. The ven necticut, the Right D. D., LL. D., will

of Bishops, by sen absence from any of Henry A. Neely, D. who was elected to t ing in the absence at the last Conventi in 1889. The rector New York, the Rev D., D. C. L., was ele the deliberations of ties at the Convention and it is expected t make him their Chai Convention. His a officer is very remar sents what is, in resp and influence, the le Church. A matter of great i people, which will of tion at Baltimore, is At the Convention of acting upon a resolu Rev. William R. H

LL. D., now rector New York, a commit report at the Conven gical changes deem mote greater flexibility the Church. Their and continued in Convention of 1889, ed and left to be pas vention of this changes having been provided, a standard Church will be is promptly after the gratification of both and leaflets bound dard Prayer-Book optionally during transition, will be at the past. Changes Huntington's wish, giving a greater de ter in the ship. Both mornin considerably she the clergyman. A storations, and the er-Book" will more er-Book" will more
"Book of Common
of England than th
dition of a new feas
figuration, to the
date August 6, is an
Second only in in
ter of liturgical rev
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for the Church, app
Convention of 188

eral use since that means certain that ed by a committee is the Rt. Rev. Will D. D., LL. D., Bis authorized to supers seems to be almost new Standard Pray d by the Conven mittee on the in common with the on Liturgical Revi printed form, is preverse criticism as mamended and final the Convention of 1 is made that the coradical in its action out 261 hymns conthymnal, which is a ation for so cons Convention of the Church to make. comprehensive volu two doxologies. L and whether or not ing a new hy mnal f postponed until the Bishop Doane and

1871, improved in