sweetheart

the corn

TOASTED

CORNO

FLAKES

WONDERFUL ENGLISH TOWNS CREATED BY RICH EMPLOYERS

Bournville, the Garden City- 'The Most Perfect Place I Have Ever Seen," Says an American-Port-Sunlight and Letchworth Also Described.

beauty of the place, and I believe it gives public parks and playgrounds, including pay in England. the people more for their money than an 18 hole golf course.

miles from a city the size of Pittsburg to 36.3x100 feet, which gives the poorest worth \$23.45 each, which is at the rate of never can be any slums, noise, dirt, per cent better lot of New York. crowding, factory smells, billboards or streets torn up for gas, lighting or sewers? Wouldn't you like chance to rangement of the factory quarter. This that these seventy-seven acres for which

cost of a few cents a day?

area given up to parks and playgrounds? Screened by a hill and a belt of trees.

Wouldn't you feel safer in a city where the national birth rate has been doubled. The whole factory quarter is are unknown at Bournville. None can be established without the written continuation of Latabayanth will can be established without the written continuation.

it has two serious drawbacks.

naving only one interest is not as healthy working men a chance to subscribe. as that of a mixed community. The renters at Port Sunlight are all employees of 600, but it is not all paid in and the the same factory, and the magnificent company had all it could do to buy the tenant must keep his place up to a cerfort and pleasure are not used as much miles of new roads, ten miles of sewers, This is no hardship, for if a man is too as they ought to be. Second, the city ten miles of gas mains and sixteen miles sick or busy to dig his garden he can has never paid its makers any direct divi- of water mains, besides constructing a have this or any other garden work done dend, although it is practically self-sup- reservoir, gas works and electric power for him cheaply. In the whole history of porting. The Levers firmly believe that plant. The company did not have enough Bournville only two gardens have been

"But we cannot expect that the city life of the world will be revolutionized by kind-hearted manufacturers. Port Sunlight is superb, but its plan implies too great an investment for the ordinary manufacture, and the returns are too indirect to appeal to the average business man. Both of these defects are remedied in the plan of Bournville, which was founded by George Cadbury, the cocoa manufacturer.

"In the first place only 42 per cent. of the renters at Bournville are employees them spend their days in Birmingham. the social life is that of a normal, mixed community-not merely in-

home and lot. The city's income doubles pleasant voice. If these are the essenevery five years (it is now fifteen years tials, then some preachers have beself. He never asked himself whether sonal daring and initiative the self. He never asked himself whether sonal daring and initiative the self. will have an annual income of about \$5,- of them. John Hunter—titles, degrees, question was as to whether it repre-600,600. And since it will never have to and all such things become sheer sented a living issue. The writer will

garden eities is that represented Letchworth, a suburb of London, thirtyfour miles north of the metropolis, but reached by the best trains in less than an hour for. Letchworth has shown how we may build cities fully up to the Bournville standard without depending on gifts. When I saw Letchworth in 1908 the city ing perpetually reserved for an agriculcept a godly home, and his own dilinoble and pathetic story in the words

CATARRH

The Source of Consumption Cured Permanently by CATARRHOZONE

It Soothes and Heals Every Part of the Tubes, Lungs and Deafness.

cannot afford to be indifferent to its has exercised a splendid influence for progress, Your unsatisfactory experinearly thirty years, broken only by his ments requiring the use of disagree- House Chapel in London, in 1901. down is torture—getting up pretty able snuffs, powders, washes, oint- This was a mere episode. Hunter was nearly kills you—walking against Catarrhozone."

Thomas Elliott. Goderich, Ont. - "Excellent remedy

for throat irritation."-Rev. M. Mc-Blyth, Ont, "No more bronchial at-

tacks since using Catarrhozone."-William Pollock. Halifax, N. S .- "Has cured my Ca-

P. Connors. the world for catarrh."-Bessie Mc-

Wawota, Assa .- "The very best Catarrh remedy on the market."-Robt. H. Davies. Bannockburn, Ont .- "No better remedv in the world for Catarrh."-Pat-

rick McQuelland.
West Lake, Ont.—"It's everything It is guaranteed to be."-Ethel Hild-

Samuel Ferndel.

Woodstock, Ont .- "Catarrhozone restored my sense of smell."-Mrs. F.

remedy on the market."-Thos. Mc-

Vankleek Hill, Ont.—"Catarrhozone cannot be beaten."—Rodie McDougall. Perth, Ont.-"Catarrhozone is of real value."—Rev. S. J. Hughes. Get the large \$1 00 size of Catarrhotone, including a beautiful, hard rub-ber inhaler, and sufficient medication to last two months. Smaller sizes 25c and 50c. Beware of imitations. By

mail from the Catarrhozone Company,

"The most perfect city I have ever seen always be sure of a broad country scene or heard of is the famous garden city around it. Moreover, they will receive of Bournville, a suburb of Birmingham, Profits from this land because it will be rented to market gardeners and dairy-mornings he spent 833 hours altogether Hunter worked. He could read his trol the other. Certainly no foreigner America. 'I was simply transported men. This is a addition to the regular or gardening during the year, making sermons in an hour. Any other man visits the country without being struck the health ulness, happiness and park system, for 200 acres are devoted to 36 cents an hour, which is very good would have required two! They were by the immense numbers of the police

Bellamy's 'Looking Backward' is here refor the town site. Twelve families to gardens took part. These gardens, which only for his eloquence, but for residents a fair sized garden and is 45 \$278.25 an acre. Yet the total yield from tants, where there are no saloons and per cent better than the typical city seventy-seven of the arcs where Bourn-

"Another excellent feature is the arplay golf, tennis, cricket, bowls or is located as far as possible from the a record has been kept not only house under ideal circumstances at a residence quarter, and the prevailing wind under ideal conditions a population of carries what little smoke there is away nearly 2,000 people, but they also produce "Would you be satisfied with the social from the houses. The factories mostly more than six times as much profit unlife of a community that has splendid use electric power from a central plant, der home gardening as they did under schools, churches, baths, gymnasium, which is equipped with a smoke conmeeting house, and one-tenth of its whole sumer. The whole factory quarter is "The saloon and its attendant evils

the national birth rate has been doubled the inhabitants of Letchworth will get sent of every trustee, and the trustees and the death rate cut in two?

And practically all of the collections are the collection of their inhabitants of Letchworth will get sent of every trustee, and the trustees read some book that has all of the collections and the death rate cut in two? and the death rate cut in two? And practically all of the collectively earned are bound to suppress saloons altogether what would you say to a handsome brick increment. Few people realize her rate of every trustee, and the trustees are bound to suppress saloons altogether are bound to suppress saloons are bound to suppress saloons altogether are bound to suppress saloons are bound what would you say to a handsome brick increment. Few people realize how quick- unless such suppression leads to greater house of seven rooms and a bath, with ly this counts up. Simply by moving to evils. They have the right to revoke an eighth of an acre already planted with Letchworth and living there 6,000 people licenses and to prescribe the hours of

be given at so low a cost? There are real estate speculators, aut eventually the counter attractions. First, the social life of a community were placed at \$25 each in order to give uniformly as good as at Bournville.

"This company has a capital of \$1,500.- dening is compulsory. There is a clause social features provided for their com- land at its agricultural value, make eight tain standard of neatness and beauty. they have received an ample financial re- money to build houses, so the people neglected. No tenant will neglect his turn in the increased efficiency of their build their own homes on a cooperative place when he knows that there are 100 employees. ing and loan associations. Thus the all the time

dence section and from \$5.25 to \$9 a literature was a novelty. You might year an acre in the agricultural belt. "The biggest horticultural fact about hese wonderful cities is that gardening is the most productive of all outdoor hobbies and one of the most efficient enemies of the saloon ever devised. As o its productiveness, consider the case of Henry Vincent, of Brighton, who made a profit of \$300 from vegetables on an allotment garden of half an acre. He did this without chemical fertilizers on land which thirteen years ago had The suspicion that a good deal of nothing on it but stones and chalk-not preaching was a form of words, theothree inches of soil. Vincent's other duties occupied him very long hours,

"In other words, market gardening will ville now stands was less than \$25 an acre in the days of ordinary farming. So

"One great reason for this is that gar-

A GREAT SCOTTISH PREACHER DR. JOHN HUNTER

From T. P.'s Weekly.

anywhere and everywhere, and many of A Scottish theological professor, not Hunter knew this, and he spoke with an or suburban.

the second place Bournville really
The city's chief source of income
t. Everybody pays eight per cent. on the investment actually made in his to say, an agreeable personality, and a describing a commonplace. But when is nothing to the steering of an aero-must-not-bark!" If your children are every five years of is now interference years at this rate it come great in spite of the lack of two a subject was Biblical or not; the only method of travel finds a closed parallel must not chat with customers. Their pay back. Mr. Cadbury's gift of about lumber when you are speaking of real never forget a course of Sunday even- boat than in the invention of the steampay back. Mr. cautally something of real speaking of real ship of the railway engine. The prominavailable for building other cities like say. But as the short figure with "Leaders of the Broad Church Move- ence of the human element in the new out for a party in full Highland even-The most important idea in all these round face, enters the pulpit and Edward Irving, McLeod Campbell, Erstration of popular interest even more in by almost snarls out the first few para- kine of Linlathian, Norman Macleod, the "flying men" than in their machines. whom you have heard so much.

A Great Preacher. "Thus the people of Letchworth will cated in his native city, and received him." his theological training in the Congregational College in Birmingham. When

York realized that in this young Mucous Membrane, Cures All Forms preacher there was that rare and inof Catarrhal Diseases of the Nose, definable thing, spiritual power. After

Badly Crippled With Throat, Vocal Chords, Bronchial eleven years in York he accepted an invitation to Hull, where he remained five years. He then moved on to Glas-If you have Catarrh or a cold you gow, and in Trinity Church there he northern training. His congregation eyes. in Glasgow wetcomed him back again.

His Appeal to Men. tarrh. I recommend it to my friends." be of the same special color as his Kingston, N. B.—"Best remedy in used to say. A youth went up to the self. university from a rigorous religious atmosphere, and he found himself com- Pills, which I did, and I received impletely upset by Edward Caird. The mediate relief after taking four doses, immediate effect of Caird's teaching and by the time the first box of Gin was that everything that had been Pills was finished they had made a rested upon seemed to go. This was complete cure.

rested upon seemen to go.

not its permanent result, but, for the not its permanent result, but, The first shock of unsettlement was overwhelming. It was to men in this Hickey, Mich.—"Has cured me of Catarrh."—S. S. Ward.
Clementsport, N. S.—"Catarrhozone tured me of Chronic Asthma."—

time of storm and stress that Hunter appealed. They found in him, too, a rebel against the received theology. He made no claim to have come to definite the come to time of storm and stress that Hunter made no claim to have come to definite theological moorings. There was never a sermon in which some accepted belief, or, rather, some conventional statement of a belief, was not Brockville, Ont.-"Most convenient attacked with a vigor that was ennegative, and when men came away in of thought, there was the intense moral slow if there was theological haziness

We don't ask you to buy Gin Pills glow. If there was theological haziness there was never any dubiety as to the teaching on the practical issues of life. Whatever the spiritual things may whatever the spiritual things have been absolutely free of charge if you write the National Drug and Chemical for \$2.50 from The Dr. Williams' Med-cannot err on the side of directness. Company, Limited, Dept. G, Toronto.

remarkable for, his eminence as a the intensity of a prophet about things preacher, used to give his class each that needed no exeges is. In his evening year a lecture on the qualifications of service he made a deliberate attempt drooping shoulders and clean-shaven ment in Scotland." The subjects were pursuit comes naturally out in the concenting dress graphs of his sermon at a rate that is and Bishop Ewing. These lectures were When railways and steamships were new the test and despair of the reporter, the unfolding of a new world. They the absorption of public attention in them you wonder if this can be the man of opened up the field of religious bi- was immense. But the machine then ography. Probably Hunter has for- dwarfed the man.-London Times. gotten all about these Sunday even-For Hunter is a man who has proved ings; but one man, at all events, can was less than five years old. Yet it had his power wherever he has gone. He repulsion of fight and there were have have the hand at the power was been in Abandana in the power of the power of the power was been in Abandana in the power of a population of 6,000 and there were was born in Aberdeen sixty years ago, Irving, the passionate attack on a a population of 9,5% and the literalist and crippling view of Scriptwenty-one factories. It comprises 3,818 and had all his own way to fight. He literalist and crippling view of Scriptwenty-one factories. acres, 2,500 of them, or 65 per cent., be- had absolutely nothing to back him ex-

> Literature in the Pulpit. The criticism often passed upon he began his ministry in York he was Hunter that he is a literary man rather only twenty-two years old, but from than a theologian is probably true. It the first it was clear that a great is no reproach. Theologians are not a dissenting minister would be expected if not inspiring. He has been to his tilated

Lame Back

COULD NOT WALK STRAIGHT.

Very few disease can cause you as ments with the old-fashioned treat- mistaken move to the King's Weigh much rain as a Lame Back. Sitting ments, etc., should not influence you too old to transplant. A London audi- Even when you lie in bed, that nagence was not prepared to listen to these ging pain keeps up its ache, ache, ache,

Mr. Mackenzie, an old resident

"I was recommended to try Gin

in the back is a sign that they are be- to eat into my flesh, and at times were ing overworked.

have gained new strength, and the

but to try them at our expense, and only buy them after they have proved their value. Sample box sent to your address,

utilize the Canaanites or the Sadducees -but you were not supposed to speak of Newman and the Oxford movement. of Maurice and Kingsley, of Tennyson and Browning. But these were the men who set Hunter's mind working; they were the inmates of his study: and he brought forward these forces of the day to make the day better understand itself. All this involved work logically unquestionable, but practically null, had had a good deal to do

packéd with matter drawn from an infinite variety of sources. You might any other city on earth. Any one who Letchworth can never be crowded. easily produce anywhere from five to ten agree with Hunter or not. You might have put in force. "Verboten" (it is has cherished some noble vision of a "Letchworth can never be crowded. easily produce anywhere from five to ten agree with Hunter or not. You might have put in force. "Verboten" (it is has cherished some noble vision of a The population is limited to 35,000, an times as much as ordinary farming, find after some years of his teaching glorified humanity would be intensely interested to see Bournville, for part of Bellamy's Looking Backward is here rethe acre is the maximum, and even in averaged 3,700 square feet (the same as faithfulness. He lived for his pulpit. "Can you imagine yourself living four this case every family has a lot equal 37x100 feet), produced vegetables and fruit He absolutely refused to allow his time this case every family has a lot equal 37x100 feet), produced vegetables and fruit He absolutely refused to allow his time to be frittered away in running about to endless little religious meetings, or in playing the tame cat at afternoon tea parties. He was shy, aloof, invisible, determined, unwearied. He knew himself to be a preacher, not a society man. To his preaching he has devoted himself, with results that draw out to him the affection of men and women of whose existence he has never heard. But for such, years have not dimmed the impression of the day on

The Message.

No notice of Hunter would be comfruit trees, vines and lawn, at the rental created in four years and a half a net ale of intoxicating liquors, the quantities and all other features of the business. the interest he has taken in securing and all other features of the business. the interest he has taken in securing supplying the police with particulars "How can such superb opportunities "All of this profit ordinarily goes to Moreover, all the net profits must go to a reverent and beautiful service. Somehow or other, since the days of John three ways, each of which is exemplified people of Letchworth will get back 95 "At Bournville the Village Trust lays Knox piety and plainness have been plexion, the state of her teeth, the perby a different garden city in England. The per cent. of it in the form of reduced out the flower beds in the front yard, associated in Scottish religion. Hunter iod she is engaged for and many other first is the plan of Lever Bros., soap taxes. The other five per cent. goes to but if the tenant does not like the plan believes in the accessories of worship. manufacturers, who built Port Sunlight, the company which finances the whole he may change it. At Letchworth plants He wishes to appeal to the soul by as a suburb of Liverpool, at a cost of \$1,- enterprise. The First Garden iCty Com- are sold by regular nurserymen at regu- many avenues as possible, not merely It is the most beautiful of all, pany, which differs from an ordinary lar rates, but Bournville gives its tenants by the gateways of conscience and inhas the greatest variety of buildings for joint stock company only in being limitsocial purposes, and the cheapest rents, ed to a five per cent. cumulative diviat reduced rates. I doubt if there is any
how beautiful Nonconformist worship dend on the capital invested. The shares place in the world where the gardens are may be made, and his "Hymns of Faith and Life" and "Devotional Services" are no small addition to this kind of literature. But it is in his preaching that his power lies. It may be that the taste of today is passing away from the very elaborate and ornate form of discourse, literary in its conception and finish, and delivered with the greatest care. preaching as good religious conversaspreading, and rendering tion is already a little o'd-fashioned the giants kind of youth who carried "Sartor" about with him in his breast-pocket. blowpipes in the streets. "Sartor" now, to our great loss, sits untroubled upon the top shelf. that message we cannot have too must not put them anywhere else.

STEERING AN AEROPLANE.

a fair measure of vigilance and nerve, and they must not walk on the pavein the early human feats of tuning the skirts must be of a certain length and horse for riding and learning to sail a their collars of a certain height,

SPRING BLOOD IS BAD BLOOD

gence and independence. He was edu- shot from the pulpit, "the letter killed HOW TO GET NEW HEALTH AND the usual fine withheld. NEW STRENGTH IN THE SPRING.

Even the most robust find the winter months trying to their health. Every contingency possible and imposthe first it was clear that a great is no reproach. Theologians are incomed the first it was clear that a great is no reproach. Theologians are incomed the first it was clear that a great is no reproach. Theologians are incomed to their health. Confinement indoors in often oversuch as York, is hardly the place where spiring. But Hunter has been nothing heated and nearly always badly venture in the first it was clear that a great is no reproach. Theologians are incomed to their health. to make a great name for himself. All day an interpreter of the thought of fice, the shops and the school—taxes points out precisely what breakages to make a great name for himself. All day an interpreter of the thought of the shops and the school—taxes points out precisely what breakages the social influences are against him his day. He is a splendidly-equipped the vitality of even the strongest, you may compel your servants to pay But with Hunter these things were as student of English literature, but he The blood becomes thin and watery, for and what you may not. though they were not. The people of has been a reader of it—pace Swin- or clogged with impurities. Sometimes you get up in the morning just are as low as 2 cents, while few are as tired as when you went to bed. higher than \$2 25. But there is no Some people have headaches and a worry. You always know exactly what feeling of languor; others are low you will have to pay for your fun. spirited and nervous; still others have pimples and skin eruptions. These are all spring symptoms that the blood is out of order. Many people rush to purgative medicines the spring. This is a mistake. You can't cure these troubles with a medicine which gallops through your system, and is sure to leave you of the Psalmist. weaker still. What you need to give st. Catarrhozone."

St. Catharines. Ont.—"Best thing for elaborate disquisitions lasting some-laborate one always reliable tonic and bloodbuilder is Dr. Williams' Pink Pills. fore 85 years of age, and still active. He Elmsdale, Nova Scotia, knows what it These pills not only banish spring Hunter's great influence has been is to have a Lame Back—and he ills, but guard you against the more has been secretary of state for Canada over young men at that critical stage when they are beginning to think and when they are beginning to the think and when they are beginning to the think are the think are the think are the think and when they are beginning to the think are t "I was badly crippled up with pains tion, rheumatism, and other diseases discovering that a man's faith cannot across the small of my back. I could due to bad blood. Dr. Williams' Pink tions to educational institutions, particularly to McClin to blood blood by the distillation of the distillation o be of the same special color as his not walk straight or lie comfortably in grandmother's, as Henry Drummond any rosition that I would place my which strengthens every nerve every which strengthens every nerve, every organ and every part of the body. Try this medicine this spring and you will in his 80th year. have strength and energy to resist the torrid heat of the coming summer.

The Hon. William John Macdonald, who is just 80, is a senator for British Co-

torrid heat of the coming summer.

Mr. Geo. W. Johnson, Hemford, N. is just 80, is a senator for British Columbia, and has been connected with says: "A couple of years ago public affairs in Canada for over when I came home from a lumbering years. camp, where I had been employed my blood was in such a condition that Gin Pills cure Lame Back because my whole body broke out in boilsthey cure the Kidney. Lame Back is some six and eight in a nest. These just another name for Sick Kidneys, were so painful that I was confined Hard work and old age strain and to the house and for three months weaken the kidneys. These important was treated by my family doctor. I organs need help, and the acute pain got no better; in fact the sores began Queen City, is nearly 87 years of age. lief, or, rather, some conventional statement of a belief, was not attacked with a vigor that was entacked with a vigor that it was entacked with a vigor that it will be free of pain, the kidneys will decided to do so. I got six boxes and so offensive that I refused to sit at not a little perplexity as to where he be in excellent condition. before they were all gone the sores benot a little perplexity as to where he be in excellent condition.
himself stood among the various schools Dealers everywhere have Gin Pills at much attempt hand. I continued the sores bemore they were all gone the sores began to disappear and my system was
Mrs. Aldous, of Winnipeg. Last summer before they were all gone the sores be- Montreal; Mrs. Christie, of Ottawa, and much strengthened. I continued using he brought his three daughters for a visit the pills until I had taken twelve boxes to England, which he enjoyed immensely when every boil and sore had disap- Sir Henry Strong, of Ottawa, is past peared, and I have since enjoyed the 85; and Dr. Fisher, of Montreal, father very best of health." Sold by all medicine dealers or by

ground rent, which ranges from \$20 to so a year for a quarter acre in the resi- any use in the pulpit of current German Police Run the People

"It Is Forbidden" the National Motto-Anyone Who Hires a Servant Must Tell All About

Someone has said that in Germany it takes one-half of the nation to conby the immense numbers of the police and the innumerable regulations they forbidden) seems almost the national motto of Germany. In a twenty-minutes' walk in a Berlin park you can count at least 50 notice boards, all forbidding something or other.

You would find, for instance, that you cannot sit down on any seat you like. Some seats are marked "For Children," some "For Nurses and Children others "For Adults Only." Only," There are separate paths for cyclists, pedestrians, riders, light vehicles and heavy vehicles, for children, and for ladies walking alone.

There are notices forbidding people to walk on the grass, and others forbidding dogs to walk on the grass. The German dog is said to be so thoroughly accustomed to obeying police regulations that any dog found on the grass is bound to be a foreign deg.

The German policeman carries a small library of books inside his blouse. He has to make innumerable inquiries and reports. No one in Germany can engage a servant without as to her name, her age, her nationality, the color of her hair, her compoints.

She, too, has also to send in a re-Another report has to be given when she is dismissed, telling where she is going, and giving all the personal details over again.

When a householder changes his place of residence the police have to be informed of his income, his future abode, the number of his family and other things, to use the ballowed phrase, too numerous to mention. When a fereigner comes to a German hotel or takes a house he soon finds a policeman swooping down on him, pulling out a little book, and insisting on a full confession.

In Germany one is forbidden to leave of the more elaborate methods. But the front door unlocked, to hang a bed Hunter's enthusiasm grows no older, out of the window, to play the piano Forty years ago, when be began his after 11, to cross a bridge on the wrong ministry, he filled his church with the side, to "ramble about in droves after dark," to shoot with crossbows or

You must not break bottles or jugs But in the streets, too. If they do get the young man in revolt is ever with broken, you must not leave the pieces us, and to him Hunter still ministers, anywhere. Whether you are to pick proclaiming to him that be think hard up the pieces and carry them away and fearlessly and truly and keep his with you the regulations do not say life unspotted from the world. And of You must not leave them there and But usually the regulations are very

precise. Bulldogs and other large dogs must always make their public appearances in muzzles and be led by a The driving of a motor car demands lease not longer than sixteen inches, ment, but in the street. If your dog barks in the street after 10, a police-Your clothes must be seemly. In Berlin not long ago a Highlander set

> He met the inevitable policeman. To the question: "What are you doing in those clothes?" he returned the answer, "Wearing them,"

"Why?" The German policeman always asks "Why?"

"To keep myself warm." In the end the Highlander was escorted back to his hotel in a closed carriage. It needed the British ambassador to persuade the police that there is a country in which Highland dress is not regarded as unseemly, and to get For all these crimes have a definite

fine. The water troughs in the streets are marked "For Horses Only." If you mistook them for public baths or fishponds you would not puzzle the police. sible is provided against in the bulky manual of police regulations that every rooms-in the home, the of- town issues. This manual, by the way,

The fines are usually small, Some

CANADA'S GRAND OLD MEN.

The death of Sir George Drummond, at in the age of 80, recalls the fact that a number of the still prominent men in Canadian affairs are past the allotted span

> Sir Richard Scott. of Ottawa, who is almost as well known as the Parliament Buildings, was born in 1825, and is therehas been senator for many years, and Sir William Christopher Macdonald, of

> Montreal, is noted for his many donalarly to McGill, for his dislike to publicity, and for the unobtrusiveness which he makes large gifts. He is now

Another noted senior is Dr. John George

Hodgins, I. S. O., M. A., LL. D., F. R G. S., librarian and historiographer of the education department of Ontario since 1890, who was born in Dublin, August 1824. Sir Aemilius Irving, of Toronto, K. C.

one of the most prominent men of the Mr. Henry Bate, of Ottawa, who is well three daughters: Mrs. Lansing Lewis, of of the Hon. Sydney Fisher, Dominio Minister of Agriculture.

No mention of Canada's grand old men would be complete without reference to Lord Strathcona, who is youthful at al-

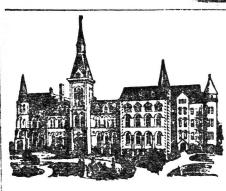
Give the youngsters all the Kellogg's Toast-

ed Corn Flakes they want. They will be healthier for it. Kellogg's is light and easily Kelloggis

digested. It is good for grown folks, too.

10c a package. At all grocers. Made in Canada.





Art. Commercial, Expression and Physical Culture,

Alma College Opens April 4. Will Your Daughter Attend This Term?

recreation; athletic and social organizations largest Fine Art Studio. First College in Ontario to organize diploma courses in Music and Domestic Science. Local Music Exam-inations of University of Toronto held here.

The cost of tutition depends upon studies Canada's most southerly College; health-selected; endowment permits low rates, ful location. Limited number of younger Unexcelled advantages in Literary Alma Ladies' College girls received in separate apart-course, Music, Fine Art. Commercial, Expression and St. Thomas, Ont.

Domestic Science, Social Training, etc. Large Campus for health developing out-door ALMA COLLEGE, ST. THOMAS, ONT

A STATE OF THE STA

Moment Mo Suffer

from woman's ailments are invited to write to the names and addresses here given, for positive proof that Lydia E. Pinkham's Vegetable Compound does cure female ills. Painful Periods.

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Chicago, Ill.=Mrs. Wm. Tully, 465 Ogden Av.
Paw Paw, Mich.=Mrs. Emma Draper.
Flushing, Mich.=Mrs. Burt Loyd, R. F. D.
No. 3; care of D. A. Sanborn.
Coffeeville, Miss.=Mrs. S. J. Jones.
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Street.

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S. Market St.

Paterson, N.J. = Mrs. Wm. Somerville, 195 Hamburgh Avenue.

Philadelphia, Pa. = Mrs. K. E. Garrett, 2407

North Garnet Street.

Kewaskum, Wis.=Mrs. Carl Dahlke.

Maternity Troubles.
Worcester, Mass. = Mrs. Dosylva Coté, 117
Southgate Street.
Indianapolis, Ind. = Mrs. A. P. Anderson, 1207
E. Pratt Street.
Big Run, Pa. = Mrs. W. E. Pooler.
Atwater Station, O. = Mrs. Anton Muelhaupt.
Cincinnati, Ohio. = Mrs. E. H. Maddocks, 2135
Gillbert Avenue.

Gilbert Avenue.

Mogadore, Ohio.=Mrs. Lee Manges, Box 131.
Dewittville, N.Y.=Mrs. A. A. Giles.
Johnstown, N.Y.=Mrs. Homer N. Seaman, 108 E. Main Street.

Burtonview, Ill. = Mrs. Peter Langenbahn.

Avoid Operations.

Hampstead, Md.=Mrs. Jos. H. Dandy.
Adrian, Ga.=Lena V. Henry, Route No. 3.
Indianapolis, Ind.=Bessie V. Piper, 29 South
Addison Street.
Louisville, Ky.=Mrs. Sam Lee, 3523 Fourth St.
South West Harbor, Maine. = Mrs. Lillian
Robbins, Mt. Desert Light Station.
Detroit, Mich. = Mrs. Frieda Rosenau, 544
Meidrum Avenue German. Moldrum Avenue, German.

Organic Displacements.

Mozier, Ills.—Mrs. Mary Ball.

Ligonier, Ind.—Mrs. Eliza Wood, R.F.D. No. 4.

Melbourne, Iowa.— Mrs. Clara Watermann,

R. F. D. No. 1. R. F. D. Ne. 1.

Bardstown, Ky.=Mrs. Joseph Hall.
Lewiston, Maine.=Mrs. Henry Cloutier, 56 Oxford Street.

Minneapolis, Minn.=Mrs. John G. Moldan, 2115 Second Street, N.
Shanrock, Mo.=Josie Ham, R. F. D. No. 1;
Box 22.

Mariton, N.J.=Mrs. Geo. Jordy, Route No. 3,

Box 40.

Chester, Ark.=Mrs. Ella Wood.

Oeilla, Ga.=Mrs. T. A. Cribb.

Pendleton, Ind.=Mrs. May Marshall, R.R. 44.

Cambridge, Neb.=Mrs. Nellie Moslander.

man Street.

Sykes, Tenn.=Minnie Hall.

Detroit,Mich.=Mrs. Louise Jung,332 Chestnut St. Ovarian Trouble.
Vincennes, Ind.=Mrs. Syl. B. Jerauld, 508 N. Tenth Street.
Gardiner, Maine. Mrs. S. A. Williams, R. F.
D. No. 14; Box 39.
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Irregularity.

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Winchester, Ind. = Mrs. May Deal.
Dyer, Ind. = Mrs. Wm. Oberlob, R. F. D. No. 1.
Baltimore, Md. = Mrs. W. S. Ford, 1938 Lansdowne Street.
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299.
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