

She stood for a moment or two looking wistfully down into the dusky avenue: then a sudden desire to lose hermured. She had not been near the girl since the engagement, fearing the scrutiny of the simple, loving eyes more than she had dreaded aught else. "Yes, I'll go and see Bessie," she mur-been struck, then, drawing her shawl over her head, whispered, reproaching the simple, loving eyes more than she had dreaded aught else. "Yes, I'll go and see Bessie," she mur-been struck, then, drawing her shawl gave up the ghost yesterday, and allowed their remaining games to go by default. This was due in a measure than she had dreaded aught else. "Yes, into the road." self in its shade possessed her. I'll go and see Bessie," and she passed into the road.

As she did so Bartley Bradstone's commonplace figure came out by the drawing-room window and stood clearly defined against the light. 'Olivia! Olivia!" he called.

She drew back into the shadow and set her teeth; then, as he went in again evidently to look for her in the house she glided rapidly into the avenue, and went towards the lodge. She had almost reached it, was within touch of the big gates, when the figure of a woman passed through the open one and stood before her. Olivia's nerves were strained to their

utmost tension and she shrank back with a cry of alarm. woman stretched out her hand. "Don't, don't, miss!" she said in a uppressed whisper. "I've not come to

"Who are you? What do you want?" asked Olivia, trembling a little, but recovering her presence of mind, for it seemed to her that she had heard the voice before

The woman came nearer, and the

gaid Olivia breathing more freely, for there was a sad and weary expression in the woman's face which called for compassion rather than fear. 'Yes, you are the gypsy. Vhat do

you want?"
"I want to see you, miss, to speak a few words," replied Liz. "I've been waiting for a chance watching for you, waiting for a chance to see you alone, but he's always been

'He?" said Olivia. "Yes-Mr. Bradstone," continued the yoman, hurriedly. "Tonight I was thinking of sending a message to you by the girl who lives here-

'Bessie?" said Olivia, wonderingly. 'Yes, miss, that's her name. I know she loves you, and that she'd be secret. Miss, I'm doing this at the risk of my

"What is it you want? What is it you are doing?" she asked with a lit-The woman's terrible earnestness was telling upon her.

come to warn you, miss," replied Liz, drawing a little closer. "To warn me!" repeated Olivia, as she shrunk back suspiciously. 'Yes, miss, a solemn warning! Don't treat it light; give heed to it, for heaven's sake. I wouldn't do it for every-I wouldn't risk what I'm risk-

ing tonight for any other's sake. I'm a fool to do it for yours, but you spoke to me kindly, and—and— What's She broke off with a glance of terror towards the road.

"I can hear nothing," said Olivia, halfconvinced the woman was mad. quick, please, I-I cannot wait. what do you warn me?" "Is it true that you are to marry Mr. Bradstone, miss?" she asked ear-

Olivia inclined her head.

"Then, for the love of heaven, and there's time, draw back. You don't know-'Stop," said Olivia, "I cannot listen Say what you have to say against him-for you have something to say-before him. I will not listen," and she moved aside. The woman caught her arm with a gesture of despairing imploration.

"Wait, wait! For your own sake, lady. For God's sake, listen to me! before—11.

the gypsy with a little catch in her voice, as if she were struggling for breath, hurried on, "If you don't be-lieve what I am going to tell you, if you think I'm lying, ask this Mr. Bradstone if he knows—"
Her voice dropped and Olivia, more

moved than she knew, bent lower; but at that moment, before the woman could utter another word, a man's voice -thick with drink, and threateningrose from the other side of the gate. "Liz! Liz! Where the devil are

you? The woman shrank as if she had

CHAPTER XVII.

went to the lodge door, which was night, and the club advised the Horusually unlocked, but tonight she found tons of London to stay at home. it locked, and uttered an exclamation

of surprise and welcome. "Miss Olivia! Is it really you? Come in," and Bessie led the way to the sit-ting-room, which her natural good taste had converted into a pretty little parlor. "I thought it was father, miss. Were you surprised to find the door locked? Father bade me keep it fastened as there were some gypsies and

She broke off as Olivia sank into the chair, and with a deep sigh put back

"No, I'm not ill, Bessie," replied Oliv-

Olivia leaned back with her eyes closed and her hands clasped listlessly light of the lodge window falling on her face, Olivia saw that it was the gypsy who had told their fortunes at the picmic.

"You know me, you remember me, miss," she said, still in a whisper and with a kind of hurried earnestness.

"You know me, you remember me, miss," she said, still in a whisper and with a kind of hurried earnestness.

"You know me, you remember me, is to ask Bartley Bradstone? Was it ward, of the Brockville. team, different in the senior O. H. A. game here last toria Harbor defeated Collingwood in object of extorting money? These and night, The game was more of the lafast intermediate O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be tampered with the senior O. H. A. game, of the Brockville. The permits a law to be ia's harassed mind, and she could find no answer. That there should be any secret in common between a gypsy tramp and Bartley Bradstone, the the head with a hockey stick. An offi-wealthy owner of The Maples, seemed cer left here tonight to bring Vanimpossible and absurd; and yet the Horne here for trial. woman's words and accents bore a terrible earnestness, a tone of solemn entreaty and truth which haunted Olivia What should she do? To this question the answer came readily enough. One

knows what to do with an anonymous letter-throw it in the fire and forget it; and how, than with scorn, could she treat a vague accusation or insin-uation made by a vagabond gypsy against a man of Bartley Bradstone's respectability-her future husband! her duty as his affianced bride to tell

him of the incident, and leave the mat-ter in his hands? Yet how could she bring herself to do it? The woman's interrupted communication might have referred to some past incident in Bart-Bradstone's life with which she Olivia-could have no concern, and she could scarcely go to him and demand his confidence, perhaps his confession of a past wrong—she who had, even since their betrothal, treated him with cold civility, and kept him at arm's length.

[To be Continued.]

Two Hed-rite tablets a day, one in the morning and one in the evening.

MANY PATENT medicines have come and gone, but Bickle's Anti-Consumptive Syrup continues to occupy a foremost place among remedies for coughs and colds, and as a preventive of decay of the lungs. It is a standard medicine that widens its sphere of usefulness year by year. If you are in need of something to rid yourself of a cough or cold, you cannot do better than try Bickle's Syrup.

The Swiss Republic is about to erect The Swiss Republic is about to erect monument in honor of the world's

Lever's .Y-Z (Wise Head) Disinfectant Soap Powder is better than other powders, as it is both soap and disinfectant. 2 There are now more Jews in the British House of Commons than ever

## THE RAMBLERS MAY NOT PLAY RETURN MATCH WITH WOODSTOCK Stringent Act Has Just Been Passed

Kingston Player for Assault-Other Games.

editions of yesterday, begin a mud-slinging contest at London, and make number of misrepresentations. They have the London spectators leaving the rink before the game of Monday night was over because of the "dirty tactics of the home team." They uphold Airey for striking Gauthier, making it evident that the writers on both papers were well-primed by the players. No unprejudiced person would make such statements. It is a matter for some consideration that the sporting writers in London were approached by Wood-stock and asked to let the team "down rough play and got it. This is their game, and no one will vouch for it in stronger terms than the Ingersoll team. The truth about the Woodstock team s that they have one man, McCourt, friday. The management does not loafing and two for holding Pearson. forget the time that Woodstock defaulted to the Seventh Regiment at a dandy.

Two junior O. H. A. teams, Galt and gave up the ghost yesterday, and allowed their remaining games to go by to the great superiority of the Stratford

Woodstock stated that their team was in a crippled condition and unable Olivia waited for a moment or two to play Simcoe last night. All of Galt's until her heart beat less wildly, then attention was centered on Preston last attention was centered on Preston last Word was received from Barrie at noon that the juniors of that town had

decided to drop out, owing to the inability of the club to get a team for outside matches. They played last night at Collingwood, and, like the honest blacksmith, "owe not any man. Toronto, Jan. 17. - The O. H. A. sub-

protests would not hold, the referee being the judge of play. Declarations from spectators are of no value in such cases. So Iroquois will save its protest fee of \$25. mittee also allowed Lindsay to with-draw the protest against Port Perry, resulting in victory for the Ontarios, the game in dispute to be replayed on score 3 to 2. Feb. 4 at Port Perry.

team, of Kingston, for assaulting Hayhockey match, and during a scuffle between the teams, VanHorne knocked Hayward senseless by a blow on

Listowel, Ont., Jan. 17.-The North-

Warrant Issued for Arrest of Listowel vs. Wingham, was won by the latter by 13 to 3. In the second half, Wingham had the game all their own way. They outgenerated the locals and played a cleaner combination. Listowel's defense failed to cover The Woodstock papers, in their much speed. The visiting team had the session showed signs of breaking score, 11 to 3 in favor Wingham.

Preston, Ont., Jan. 17. - The intermediate O. H. A. match play here to-night between Preston and Galt, resulted 8 to 5 in favor of Galt.

Aylmer, Ont., Jan. 17. - The London Lornes defeated our junior hockey battered up they have themselves to blame for it. They made a call for outplayed our boys both in combination and individual work, although in the first half they were visibly handicapped by the small ice. The visitors scored twice in the first half, and the home team once. In the first part of who is a good player. Some of the rest the second half the Lornes scored four are of mediocre caliber, and the others times in quick succession, then Ayldon't stand that high. They have a couple of men, who were let "down easy" by the papers here. It is not likely that the Ramblers will play 7. Will Taylor refereed the game, their return match with Woodstock on Only three men were laid off, one for

Montreal, Jan. 16. - The Shamrocks won from the Nationals in the cham-Woodstock, both in groups Nos. 7 and 8, pionship match in the C. A. H. L. series tonight by 8 goals to 1.

> Port Colborne, Ont., Jan. 16. - In the intermediate O. H. A. game tonight between Grimsby and Port Colborne Grimsby won by a score of 5 to 4.

> Collingwood, Ont., Jan. 16. - The second game in group 10, junior O. H. A., was played here tonight between Barrie and Collingwood, winning by a score of 6 to 2.

Cobourg, Ont., Jan. 17. - The junior . H. A. game between Cobourg and Peterboro last night was won by the former by 1 to 0.

Colborne, Ont., Jan. 17. - The second tened as there were some gypsies and suspicious characters about, he said—on such questions of fact as contain—but, oh, miss, what is the matter? Are ed in the protest against Morrisburg, ton, resulted 8 to 6, in favor of Col-

Port Hope, Ont., Jan. 17. - The first game of the season was played here tonight between Belleville and the

Berlin, Ont., Jan. 17.-An audience of 500 people witnessed the Ayr-Berlin inthe head with a hockey stick. An offi- termediate hockey match here tonight, in which the locals won, making its fourth victory this season score at half-time was 5 to 0. In the ern League hockey match tonight, making a score at full time of 6 to 0

### INGERSOLL CLUB WON PRIMARIES IN GROUP 8 OF TANKARD SERIES

Her future husband! The sting lay in those significant words. Was it not Defeated Both the Hensall and London Clubs by Good Margins.

> At the London Curling Club's rink, yesterday, the primaries of group 8 G. L. McAlpine, of the Western Ontario tankard series A. C. McPherson,

On one of the rinks skipped by Fred G. Walley and J. Stacey, the play was exceedingly close, Hensall winning by a margin of one shot. In the other will cure biliousness.—Daily Hints for contest, however, Ingersoll won by a score of 21 to 7, thereby having an advantage of 13 shots on the whole. The

teams: Ingersoll. Hensall. F. Smallacomb. G. Duncan. Dr. Sellery,
R. Bonthron,
J. Stacey, skip..
M. Ellwood,
P. Stewart,
C. McDonnell, G. Walley, skip.16 H. Sumner, Total.....

Majority for Ingersoll, 13 shots. The winners of this match played London in the evening, and a fairly close game resulted. Ingersoll won both games, and had a majority of twelve shots on the whole. The winning of both draws gives Ingersoll the championship of the group. The score: Ingersoll. C. H. Sumner, W. A. Edger

of the Western Ontario tankard series were played. Three clubs, with two rinks each, competed. They were Hensall, Ingersoll and London. The first draw put Ingersoll and Hensall together.

On one of the rinks skipped by Fred

On one of the rinks skipped by Fred

On the Western Ontario tankard series d. L. McZherson, W. A. Edgar, W. A. E. B. Harris, John Evans, skip.12 S. W. Laird, skip.15 George Duncan, Dr. Tait, A. Thomas, A. E. Robinson, G. H. Backus, skip.10 F. G. Walley, skip.19

Majority for Ingersoll, 12 shots. The Hensall curiers defeated by In gersoll in the afternoon played the Thistle Club in the evening and won

Hensall.
J. Stacey,
F. W. Smallacomb,
M. Ellwood. W. Bartlett, C. H. Ward, W. T. Strong, S. Swift, skip. Scruten, skip .... 10 John McNee, A. Talbot, B. W. Glover, Stewart, A. Talbot,
B. Bonthron, B. W. Glover,
McDonnell, skip.12 J. Purdom, skip...11 Total.......22 Total.. Majority for Hensall, 4 shots.

and he suspected nothing wrong as

started the machine and the thied quickly was whisked out of sight.

tire coolness. It was about this time

that Mr. Vernay discovered the theft

to be seen. The carriage also had dis-

The police are positive the plan to

rob the Crawford Company had been

prearranged by the occupants of the automobile, and those in the carriage.

They are seeking for a trace of the two women and the well-dressed

The Crawford Company makes

Various principal cities in the coun-

try are then visited and the goods placed on sale. This is in addition to

their New York house. The police were told that among the jewels taken were some that had been in royal

had been committed.

stranger.

Two Well-Dressed Women and a Man in a Sensational Robbery.

Chicago, Jan. 17 .- An automobile wo handsome women, and a well dressed man figured yesterday afternoon in one of the most sensational Chicago diamond robberies in months. From the rooms of "The Little Shop" in the Railway Exchange Building, Jackson and Michigan boulevards, diamonds and precious stones, some of them curios, to the value of \$3,000 were taken. The thief, a fashionably dressed woman, escaped in an auto-

"The Little Shop" is owned by the A. J. Crawford Company, of New York. rooms on the ground floor of the Railway Exchange Building were opened only a short time ago. Arthur S. Vernay is the Chicago manager. Mr. Crawford came to Chicago ten days ago, and then, after an inspec-

tion, left for the east, At 1 o'clock yesterday afternoon an utomobile drove up to the door and a fashionably-dressed woman entered the shop. She was shown some curios and jewels. While she was inspecting them a carriage drove up and a wo-man, accompanied by an escort, en-

THE TURF. YESTERDAY'S WINNERS. At New Orleans - Darius 60 to 1 Lineal 13 to 10, Monte 1 3to 20, Homestead 4 to 1, Mezzo 40 to 1, Rian 4 to 1. DIAMOND HALL TAKES FIRST.

IN NEW ZEALAND CLUBS

London, Jan. 17.-The session of the New Zealand Parliament, which terminated on the 8th of December, was much speed. The vising team had much advantage in weight. Bert Brown, of Toronto, refereed and kept both teams to clean work. Final score, 11 to 3 in favor Wingham. commencement. One of the principa measures passed was an amendment to the licensing act, which will bring all the New Zealand clubs under the provisions of the law in regards to gambling, the playing of illegal games, and the sale of liquor. From this time forth a man may not be served with a glass of liquor in his club after 10 p.m., nor may he play stock and asked to let the team "down easy." If Woodstock went home badly battered up they have themselves to blame for it. They made a sell for the control of the large numbers of the large numbers of spectators present. The Lornes of stakes. Naturally, these tion of clubmen throughout the colony, because of what they deem a gross interference with the liberty of the subject. Some of the general provisions of the new act are rather obscure, and will, no doubt, lead to further litigation. Another measure that has aroused

ndignation, even to a greater extent s the shops and offices act. It is, however, a natural corollary to ordinary progressive labor legislation. The objectonable feature of the act relates to the compulsory early closing of all city shops (refreshment rooms alone excepted in which two or more persons (including the occupier) are employed. Such shops must be closed for business at 6 p.m. on four days of the week, at 1 p.m. on the weekly halfholidays, and at 9 p.m. on Saturdays. Business is not to be commenced before 8 a.m. This provision was, of course, designed in the interests of the employes, but it imposes great hardships upon owners of small shops, who are dependent upon their evening takings for their profits. Chemists, hairdressers, fruiterers, fishmongers and tobacconists are amongst those who will be badly hit by the new act. At any rate, it has raised a storm of ndignation throughout the colony Indignation meetings have been held in the cities, and at two of these Mr. Seddon, in his capacity as Premier and Minister for Labor, was loudly hooted and hissed. Though Parliament had only been closed a few days, there was a demand for the recall of members to a special session, in order that the act might be amended. Mr. Seddon has, in the meantime, given the shopkeepers to understand that a flaw may be found in the act, and that no general action will be taken until a test case has been decided in the law courts. The act, herefore, though it has received the Governor's signature, for the present practically becomes a dead letter; at all events it is being ignored on all hands in the meantime. This is a Ailsa Craig, Ont., Jan. 17. - The score Brockville, Ont., Jan. 17. — Today a in the intermediate O. H. A. series position that is wrong constitutionally warrant was issued for the arrest of here this evening was: Clinton 6, Ailsa live, for, as one member of Parliament has already told the Premier, there is no safety for a democracy that permits a law to be tampered with cils and by other to enforce the act in its entirety. Personally, I think here would have been little or no objection to the act were it not for he slip-shod manner in which it was

> tions were not made Recent investigations by life insur ance experts in Great Britain and the United States show that total abstainers have a much higher chance of life than moderate drinkers have. Be ween 20 and 30 the number of deaths s 11 per cent in excess, between 30 and 40 it is 68 per cent, between 40 and 50 it is 74 per cent, between 50 and 60 it is 42 per cent, and from 60 on the percentage gradually decreases The fair inference is that under 50 the weakling drinkers are mostly killed off, leaving only those with exceptionally strong physique.

dealt with by Parliament, and the

fact that certain necessary exemp

The two-headed snake of Egypt is not a poisonous serpent. It is a boaconstrictor, and it is fairly common It is strangely formed in so far that its tail, instead of tapering off to a point as the tails of other snakes do. widens out into bludgeon shape, thus making it look like a head. Jugglers increase the deception by skillfully painting nose and eyes.

#### Pale, Sunken Cheeks

Are Usually Supposed to Indicate Tubercular Consumption.

Those hollow cheeks, that feeble walk, sunken chest and woebegone, vacant expression, to most people are evidences of the work of consumption. Even the small hacking cough, night sweats and wasting of the body, so popularly accepted as indications of he same dread scourge, are in many instances entirely misleading. Ninetenths of these so-called "consumpthe woman started for the door. She ives" are only cases of underfeeding. Especially in children and young entered the automobile, the chauffeur girls there is a sad lack of appetite o vitality, cheeks are pallid. Many A few minutes later the man and adults are just as bad, because they, woman who had driven up in the carriage also departed, preserving en-

too, starve the body. Before you and your children get beyond the reach of medicine commence treatment with Ferrozone, the best ap of the diamonds, and when he reached petizer and most nutritive tonic the street the automobile was nowhere known. Ferrozone creates an appetite keen as a razor; it simply makes you eat, and besides it strengthens diges Mr. Vernay then made an inventory tion so much that all food is assimiof the goods stolen, and went to the lated and at once converted into nour central police station, where he gave ishment for the blood, brain, nerve a description of the losses. When seen and muscles. The general health is at the Stratford Hotel last night he refused to talk in detail about the Ferrozone which overcomes weakness thus built up in a marvelous way by theft although he admitted a robbery

and debility in both young and old. The systematic use of Ferrozone, together with fresh air and exercise, will in a short time restore any person in poor health. Whether weak through worry, overwork or disease, whether your case is recent or chronic, Ferrozone will permanently cure. In every case it is successful because it conbusiness of gathering up curios and antiques in all parts of the world.

No matter what the age or sex, as a nerve builder and general body inrigorator, Ferrozone is the best medicine. It pushes back the feeling of old age and puts the elasticity and vim of youth into systems that ordinary remedies fail to rebuild. This is not mere theory, but a claim reinforced by overwhelming evidence.

From Nelson, B. C., Mrs. G. C. Alker writes: "A few months ago I was run down, tired and nervous. I had once before been benefited by Ferrozone when living in Boston, and started using it again. Ferrozone at once gave me a splendid appetite, toned up my nerves and actually made me fat. I As Mr. Vernay went to speak to the later arrivals the woman on whom he had been waiting started toward the door.

"I don't think there is anything there I wish," she said. "I may call in again on Monday."

The box containing the jewels had been left on a table by Mr. Vernay, teams.

Last evening at Jubilee rink the Diamond Hall team defeated the Sterling Bros.' team by the score of 4 to 2. The game was fast and well-contested throughout, but the combination work of the jewelers proved too much for the boot and shoe met. Mr. Victor Jackson The box containing the jewels had been left on a table by Mr. Vernay, Last evening at Jubilee rink the Dia- used Ferrozone regularly and increased

## How to Exercise the Bowels.

## A Health Habit.

cally? Well they do! Physicians call this "Peristaltic

But, Old Dr. Cascaret calls it just "Bowel-work."

This is how he explains it. You've seen a caterpillar creep. First it draws up its hind half nearly to its head. Then it stretches forward the front

In that way it travels. \* \* \* Now the Intestines work the food

towards its head.

And these Intestines are lined inside with millions of little suckers that draw the Nutrition out of food as it passes them.

But, if the food passes too slowly it decays before it gets through. Then the little suckers draw Poison from it instead of Nutrition.

This Poison makes a Gas, that injures your system more than the food should have nourished it.

You see, the food is Nourishment or Poison, just according to how long

it stays in transit. POCKET The usual remedy for this delayed passage (called Constipation)

is to take a big dose of Castor Oil. This merely makes slippery the passage for unloading the current

It does not help the Cause of Delay a trifle.

It does slacken the Bowel Muscles more than ever, and thus weakens them for their next task. Another remedy is to take a strong

Cathartic, like Salts, Calomel, Jalap, Phosphate of Sodium, Aperient Water, or any of these mixed. What does the Cathartic do? It merely flushes-out the Bowels

with a waste of Digestive Juice,

set flowing into the Intestines through

the tiny suckers. \* \* \* But, the Digestive Juice, we waste in doing this today is needed for tomorrow's natural Digestion.

If we almost empty the water tank in putting out today's fire, what shall we do when the same cause starts another fire tomorrow.

Now, it always takes a larger dose of "Biledriver to operate the second time than it did the first.

It also takes a larger dose the third time than it did the second, and so on till that particular kind of "Biledriver" becomes useless, and another more drastic one must be used

All this time the Cause of Indigestion was not lack of Digestive Juice, but lack of Bowel-work. The Cause is Want of Exercise.

The Bowel Muscles lose some of their power to Contract when they get too little Exercise.

ID you know that the They become flabby, for want of Exercise, just as your Arm would. They lose Tone, tension, -and the Nerves that control them grow torpid and less sensitive to the stimu-

lating friction of food on them. The Bowel Muscles then need to be wakened up, just as Exercise, or a Cold Bath, wakes up and stimulates

a torpid drowsy man or woman. This is just what Cascarets will do.-10 cents a Box.

They act like Exercise, or a Cold Bath, on the Muscles that surround half, and again draws up its hind half and work the Bowels and Intestines. Cascarets are a Tonic to the Bowel Muscles, and strengthen Peristaltic Action-the other name for which is "Bowel-Work." through them in just about the same

> They do not waste any precious fluid of the Bowels, as Cathartics do. They do not relax the Intestines by greasing them inside like Castor Oil or Glycerine.

> They simply stimulate the Bowel Muscles to do their work naturally, comfortably, and nutritiously. And, the Exercise these Bowel

> Muscles are thus forced to take, makes them stronger for the future, just as Exercise makes your arm stronger.

of Cascarets can be lessened from time to time as you take them, instead of increased, as with all Cathartics.

Cascarets are as safe to use constantly as they are pleasant to take. They are purposely put up like Candy, so you must eat them slowly and let them go down gradually with the saliva which is, in itself, a

fine natural Digestive. They are put up purposely in thin, flat, round-cornered, Enamel boxes, so they can be carried in a man's vest pocket, or in a woman's purse, all the time, without bulk or trouble. \* \* \*

A Cascaret can never hurt, and can always do good, in strengthening the Bowel Muscles against the unusual strain they are some day sure to have, from over-eating, or lack exercise.

-Whenever your tongue is even slightly coated. -Whenever your breath is under

-Whenever your head feels dull -Whenever Digestion seems a trifle slow.

Colic, Restlessness begin to show themselves, take a Cascaret from your vest pocket or purse.

-When Heartburn, Belching,

Sold by all Druggists-10 Cents You can try Cascarets FREE before you buy. Write for Free Sample and booklet, "The Curse of Constipation," best ever printed on the subject. Address Sterling Remedy Company, 374 St. Paul Street,

## Nordheimer Pianos excel all other makes in artistic qualities and

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of all the great musical artists of Canada, and are recognized in all classes to be the grandest pianos made. We give our unconditional guarantee with every instrument, and this guarantee represents our good name as well as the value of the individual piano.

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\$2.25 Skirts, Sale Price \$1.50. Ladies' and Misses' Skirts, in blue and black, made with overstitched seams, cloth faced, with six rows stitching on bottom, regular

\$2.50 Skirts, Sale Price \$1.75

lar \$2 50, sale price .......

\$4.00 Skirts, Sale Price \$3.25.

Ladies' Gray, Black and Blue Skirts, 9-gored, made with overlapped seams, gores trimmed with fancy tabs, finished with silk and covered buttons, cloth faced, regular \$4 00, sale price ..... \$3 25

Remnants of Cushion Cord, regular 9c and 15c Goods, Sale Price 3c Yard. 250 yards Odd Remnants, in cushion cords, all colors, and all prices, regularly sold from 9c to 15c yard, to clear at, yard .. .. 3c

Visit Our Fancy Big Sale of

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* New York was the first city incor- The River Rhine generally carries a porated in the limits of the United larger volume of traffic than any single railway in the world.



# What! Another dizzy spell?

"Vertigo" the doctors call it. You naturally fear it is brain trouble, nervous prostration, heart disease.

But your doctor will tell you it is your liver. A sluggish liver means a poor circulation, a congested brain, a disordered stomach, constipated

Ayer's Pills are liver pills. They act directly on the liver. You will need only one each night for a few nights. Your indigestion and biliousness will quickly disappear.

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