

W. E. BEARNS

The Haymarket Grocery.

"We always have something new."



There's a difference in Cocoa and quality counts.

GROOTES COCOA,

(Pure Dutch)

is the Standard of Purity and delicious flavor. It has the natural color and flavor of real cocoa.

Because it is Real.

2, 4, 8 and 16 oz. tins.

Try a tin to-day.

Fresh Irish Eggs.
Fresh Irish Butter.

Diploma Milk.
Cheddar Cheese.

The Grace, The Dash, The Swing, The Indefinite Something



in our clothes for men appeals to the particular dresser, and the unusually good quality of the fabrics interest the economically inclined.

ASK YOUR DEALER
for our Suits and Overcoats, the kind that rivets attention and compels admiration. You'll be very glad you saw them.

Newfoundland Clothing Co., Ltd.

RYAN'S Custom Tailoring.

It costs a small portion of your time to see our Overcoatings and Suitings, and you have the satisfaction of convincing yourself before placing your order.

We have a full line of

OVERCOATINGS and SUITINGS

in up-to-date Patterns.

The season is advancing, so a word to the wise is sufficient.

J. J. RYAN, Custom Tailor,
P. O. Box 487. 307 Water St.

DO NOT DISCARD Last Season's Overcoat!

It may be soiled, wrinkled or stained, but if the material is not badly worn we can make the garment have every appearance of new.

Dry Cleaning is a magical process. It helps people dress better on less money.

Inquire of our St. John's agents.

Messrs. Nichol, Inkpen & Chafe, Limited.

UNGAR'S LAUNDRY and DYE WORKS, Halifax.

An Oil Only Battleship.

A battleship of unique character was launched at Portsmouth Dockyard recently. She is to be driven by steam raised in water tube boilers heated exclusively by oil instead of coal; she is expected to develop a speed of about thirty knots; she is to have eight 15-in. guns, besides sixteen 6-in. guns; and she is designed so as to offer her crew protection from the attack of airship or aeroplane," says the Telegraph. "In each of these respects this British vessel—the Queen Elizabeth—stands first in the world's fleets; nowhere is her like under construction, except in England, and here there are four sister ships building."

"The steam turbine has taken its place as the most efficient motor for warships of all classes, and although the Admiralty are to experiment in several destroyers with oil motor engines and steam turbines, acting in combination, there is very little chance of the turbine being ousted from first place for many years," says the Glasgow Herald. "Turbines supplied by steam generated in oil-fired boilers have been proved to be far more efficient than similar engines fed from coal-fired boilers, and it is this combination to which the Admiralty look for the propulsion of all their small, light craft, and of a limited number of large ships. Possibly the internal combustion engine will supersede steam in time, but the day of the boilerless battleship is not yet in sight. The day of the coal-less battleship has come, and the advent of the Queen Elizabeth shows that it has now more than dawned."

"The first flotilla of ocean-going destroyers dependent wholly on oil fuel was created in 1909, and since then one flotilla has been built in each successive year. There are now built and building considerably over 100 such vessels. In addition, oil has been employed during the past five years in coal-burning cruisers and battleships for the purpose of raising steam quickly."

Kitchener's Mysterious Bullet.

Lord Kitchener, one of the most distinguished of the Knights of the Bath, who recently was installed at Henry VII's Chapel, in Westminster Abbey, once had as narrow an escape of his life as ever befell a soldier. It was in the course of the prolonged and fiercely fought campaign in the Sudan in the eighteen in the first year of that decade in fact.

There was a lively skirmish going on at a place named Handoub, just outside Suakin, when Kitchener, who was then a rising young officer of Engineers, was shot at by one of the Mahdi's negro soldiers. The bullet found its mark in the side of Kitchener's face at the back of the cheek. It was a Remington bullet and inflicted a really dreadful wound breaking the bone at the base of the jaw. It took a long time to get the splinters of bone out, and the doctors were unable to operate, as the bullet and fragments of bone were too close to the jugular vein. The ball could not be located, and the doctors pronounced his case as hopeless. They said the patient could not live and his sister, accordingly, was sent for from England.

The future savior of the Sudan however, differed from the surgeons and steadily refused to believe in their gloomy prognosis of his case, and, though he had to endure a journey down the Nile to the hospital at Cairo, confined in a small cabin in sweltering heat, his thin, muscular physique and iron will-power kept the dreaded fever at bay. The hospital doctors also failed to find the bullet, and came to the conclusion that it had worked its way out during the voyage down the Nile. Kitchener himself was of the opinion that the bullet had, by some means,

Cured Diseases of the Kidneys

And Is Depended On Right Stomach and Liver Disorders.

Once Dr. Chase's Kidney-Liver Pills are introduced into the family and their efficiency becomes known, they are usually found too valuable to do without. For everyday ills arising from liver and bowel disorders they bring relief promptly, and when complicated diseases of the kidneys and liver develop they often prove a successful cure after doctors have failed. As an illustration, you may read the following, which was received a few days ago:

Mrs. John Wright, 53 McGee street, Toronto, Ont., states: "We have used Dr. Chase's Kidney-Liver Pills for ten years, and would not be without them. My husband suffered from kidney trouble, and after taking treatment from several doctors without receiving any benefit, tried Dr. Chase's Kidney-Liver Pills, which worked a complete cure. Since that time we have used them for all stomach and liver disorders."

Had a Stroke of Paralysis

And Found a Cure in Dr. Chase's Nerve Food.

It is always better to prevent serious diseases of the nerves. There are many warnings, such as sleeplessness, irritability, headaches and nervous indigestion. Prostration, paralysis and locomotor ataxia only come when the nervous system is greatly exhausted. Even though your ailment may not yet be very serious, there is a great satisfaction in knowing that Dr. Chase's Nerve Food will cure paralysis in its earlier stages.

Mrs. R. Bright, 215 Booth avenue, Toronto, writes: "Two years ago my husband had a stroke which left him in a weak, nervous condition. He started taking Dr. Chase's Nerve Food and Kidney-Liver Pills, and we saw the good results almost immediately. They have made a new man of my husband and we cannot speak too highly of them."

Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.50, all dealers, or Edman, Bates & Co., Limited, Toronto.

come out, unnoticed by the surgeons or himself, and gradually the terrible wound healed, and Kitchener returned to duty.

A year or so after the skirmish at Handoub, Kitchener one day sat down to dine off a beefsteak which had been served up by Sergeant Bliton, of the hospital staff. Suddenly Kitchener clapped his hand to his jaw.

"Bliton," he said, "was there a bone in that steak?"

"No, sir," replied the sergeant. "Then that bullet was in my jaw after all," said Kitchener, "and I've swallowed it, for I felt it go down."

That proved to be the case, and the great soldier preserves the flattened piece of lead on his key-chain.—London Tit-Bits.

Household Notes

A delicious sweet sandwich is made of thin slices of white bread spread with jam, topped with cream cheese. It is best to give them a long soaking before washing. If this method is followed, stains will wash out easily.

If the bright parts of the kitchen range turn black from heat, dip a cloth in vinegar and rub on the blackened parts.

A few drops of paraffin added to shoe blacking will impart a good polish to damp shoes and also help to preserve leather.

The secret of the delicious omelet lies in the use of more yolks than whites, a little rich cream and a seasoning of cheese.

A good mixture to set color in cotton materials is one tablespoonful of turpentine, a handful of salt and a pint of cold water.

Time will be saved if a frying pan or griddle is wiped with a piece of newspaper to remove the surplus grease before it is washed.

When hats have become grayish and shabby, they can be brightened by rubbing over them a flannel sprinkled with a few drops of kerosene.

When serving any of the rich cheeses, like Brie Gorgonzola, or Roquefort, many hostesses now pass cream cheese or some milder cheese with it.

It is more pleasant for the guest if the hostess will make plans for every minute of the day, rushing her about from place to place.

It is best to buy fresh meat and vegetables. A can of salmon costs as much as a beef stew, and is not half as nourishing or satisfying.

If the enamel inside a rusty tea-kettle is not cracked, it may be thoroughly cleaned by putting in soda and cold water and bringing to a boil.

A small sewing bag with needles, thread, thimble, etc., and hooks, eyes and buttons is a great convenience to the occupant of the guest-chamber.

To clean a brass plate without polishing the woodwork around it, cut a piece of cardboard the shape of the plate and place it around it when cleaning.

Clean white enameled furniture by dissolving one tablespoonful of baking soda in a pint of warm water. Saturate a soft cloth and wash the furniture.

To keep milk toast from becoming soggy, serve the boiling buttered milk in a covered pitcher, so that each person may himself pour it on his toast.

Pur coats should be packed on their hangers; it is a mistake to put them back in the boxes. Don't use a wool padded hanger; a stout wire or wooden one is best.

Aluminum ware can be polished with a mixture of borax and ammonia and water applied to the article with a soft cloth. Rinse well through several waters.

RETURNED HOME.—A young lad named Clayton Dunn, of Salmonier, St. Mary's Bay, has returned to his home from the General Hospital. The boy is thirteen years old, and had come here to receive treatment for a crippled arm, for which nothing could be done at the institution.

SALE OF WORK.—A sale of work in aid of the C. L. B. Armoury will take place in Canon Wood Hall this evening.

Why is Salt Fish Scarce?

The following, which recently appeared in the New England Grocer, is worth repeating in its entirety:

"Having information from a high authority, that the packers of dried fish in various forms, such as boneless cod, and other fish, are being 'put to it' to supply the demands of their trade, that they are in danger of not being able to supply their customers with all required because of the fact that they have been unable to obtain enough raw material to answer the demands upon them, it occurs to us that this state of affairs may have something to do with the interesting fact that every year more provision dealers, retail grocers and general merchants are running fish markets, something which, not so many years ago, was unknown.

Through education, by the medium of the trade papers and directly through missionary work of the fresh fish houses, grocers are everywhere including fish in their market departments, so that towns, formerly dependent upon the fish peddler who drove about with a cart of fresh fish, now have a market of their own in connection with the grocery store. This, and the general education to consumers who have been taught how to prepare fish in a greater number of ways, and other progress in the preparation of fish for food, has undoubtedly greatly increased the consumption of fresh fish.

"The taking of fish from the waters of the briny sea depends upon the weather as the maturing of crops, and perhaps more so. Fair weather, providing the fish are present, means plenty of fish, but if there are days and weeks of inclement weather, making it either dangerous or impossible for the fishermen to remain out, there is a dearth of fish. Now, anyone who has followed the fish markets for a number of years or has been more or less conversant with the practices in that business, knows that the fresh fish demand is satisfied before the cutters are thought of, and the fish that are not demanded for the consumers of fresh fish are turned over to the cutters to be salted. So really, except in the case of a few great concerns who catch their own fish, own their fleets, the supply of salt fish is quite dependent upon the fresh fish fishermen, those who make it their principal business to supply the demand for fresh fish.

"Of course, the reputed shortage may be due to the fact that the fish were scarce in the waters of the ocean. Salt water fishermen are not always lucky, and fishing is fishing, and there is fishermen's luck on both salt and fresh water. We all know the erratic nature of the mackerel, and also that sometimes cod bite and sometimes hake do not, and that sometimes hake are cod, although cod are rarely hake. The catching of fish on the whole is rather a hazardous sort of business.

REMOVED TO ST. GEORGE'S HOSPITAL.—Mrs. D. Foley, of Lees Street, was removed from her residence to St. George's Hospital, yesterday, where she will receive treatment for tuberculosis.

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Sugar From Sawdust.

In the course of a paper read before the London Royal Society of Arts, Mr. A. Zimmerman described a process by which sugar might be manufactured from sawdust.

In its natural state, he pointed out, wood contains no sugar, but when sawdust has been subjected in closed retorts to digestion with a weak sulphurous acid solution under pressure of six to seven atmospheres, a very remarkable transmutation takes place, as much as 25 per cent. of the material being converted into sugar. In this Mr. Zimmerman claims that we have a valuable feeding stuff for horses, cattle, and sheep.

Draught horses in whose daily ration 4 lb. of "caneholose-molasses" were substituted for 4 lb. of oats were kept under observation for seven months, and were all found to have increased in weight, while a colt which was in so weak a condition that veterinary surgeons advised its destruction put on 260 lb. in six months, and is now in excellent condition.

The food has also been tried in a large Durham colliery, with the result that it kept the pit ponies and horses in good hard condition. Many other uses, it was suggested, would be found for this converted wood—for example, in the manufacture of explosives, of margarine, of synthetic rubber, and, in virtue of its characteristics as a non-conductor of heat, as packing for refrigerators, incubators, ice-chambers and so on.

nov11.1f

Three Reasons Why POSTUM

Instead of Tea or Coffee

A Food Drink

Postum made of choice whole wheat, roasted, with a small portion of New Orleans molasses, contains the nutritive elements of the grain, and is wholesome and nourishing. Tea and coffee have no food value whatever.

Has Fine Flavour

Postum has a dark, seal brown color, which changes to rich golden brown when cream is added. It has a delightful aroma, and a rich, snappy flavour, which many say they like as well, if not better, than that of tea or coffee.

Free From Drugs

Postum is absolutely free from any drug. Tea and coffee contain caffeine, a poisonous drug, from 1 1/4 to 3 grains to the cup. It often causes biliousness, heart agitation, nervousness, sleeplessness, and other ills. Postum, being pure and free from caffeine or any other drug, may be used freely by young and old.

Postum comes in two forms:

Regular Postum must be boiled to bring out the flavour and food value.

Instant Postum is a soluble powder. Made instantly by stirring a spoonful in a cup of hot water—with sugar and cream added.

"There's a Reason"

CANADIAN POSTUM CEREAL CO., LTD., WINDSOR, ONT.

DUTCH BULBS.

George Knowling

has reduced the price of the balance of stock

50 per cent.

to clear.

Remember, HALF our usual low prices. Do not miss the opportunity.

GEORGE KNOWLING

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SPECIFICATION OF A 4 H.P. FAIRBANKS MORSE ENGINE

FISHERMAN'S MODEL "M."

BORE 4 1/2
STROKE 4 1/2
SPEED 500 R.P.M.
DIAMETER OF PROPELLER 18 ins.
PITCH 20 ins.
DIAMETER OF FLY WHEEL 17 ins.
WEIGHT OF ENGINE 250 lbs.
DIAMETER OF SHAFT 1 inch

GEO. M. BARR,

nov11.1f

Help Lighten the Load

Humanity stumbles ahead on its road, urged on over the deserts, beset by the enemy. Men bend under burdens of hunger and care. And women must suffer and toil and despair. Yes, even the children astray in the strife. Are bowed by the weight till they weary of life. Hark! unto each soul that is hero, not slave. How clear sounds the call to arise and be brave. Help lighten the load!

Help lighten the load! With all of the strength that the heart can command, With all of the power of brain and of hand, With wills set to sacrifice, struggle and dare. With love that seeks ever each burden to share. With unflinching endeavor that stops not to ask The length of the journey, the cost of the task. Come, sons of the Kingdom! Come, children of God! And along the dark path by the world's anguished tread, Help lighten the load.

Toilet Hints.

When the hair splits clip or since the ends. For ink stains on the fingers try lemon and salt. Red hands should be washed in tepid water only. Apples form a good laxative when eaten on an empty stomach. Corns can be removed by daily rubbing with a toilet pumice. Massaging the scalp will stop falling hair and increase the amount of natural oil. For an oily skin dissolve three grains of borax in three ounces of orange flower water. Orris root, which can be bought in small sticks, sweetens and gives a delightful fragrance to the breath. A hot water bath in which has been dissolved about two ounces of coarse salt will cure tired, swollen feet.

ENTERED CONSUMPTION CAMP.—A little girl named Nichols, of Battery Road, who has shown symptoms of consumption, was admitted to the consumption camp, on Blackmarsh Road, yesterday.

Cour JACK



The perfect Department this Mr. Man, buying want style we can are

for up-to-date appear as a hand- fort and test the in Overcoats.

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THE
N. B.—Garn charge by our Ex

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that fire protection your welfare and ery year. Why not policy with one of very low rate?

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