



"Congratulations, My Daughter, You Are Looking Fine"

"AND why shouldn't I look well after using Dr. Chase's Nerve Food?"

"Is that what has made such a change in your appearance? You were so pale and thin, I was rather anxious about your health."

"Why, I have gained fifteen pounds, and I feel so well, too."

"And you have such a good, healthy color. Your blood must be rich and red."

"I knew you were suspicious of anything that our doctor did not prescribe, so I said nothing about it to you."

"Well, I will not have any doubts about Dr. Chase's Nerve Food in the future after what a healthy looking girl it has made of you."

"Yes, and I feel so differently, too. I was so nervous and irritable that I was very easily annoyed and upset. Then I would have those fearful nervous headaches. But, thank goodness, that is all over, and I know what to give credit for the change."

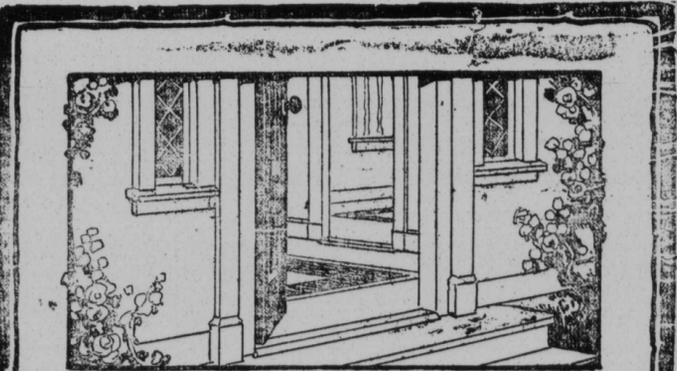
"I am very glad you are so well again and think Dr. Chase's Nerve Food a very

valuable medicine, since it has done you so much good."

Miss Gertrude M. Burrell, Clementsport, N.S., writes:

"I have used Dr. Chase's Nerve Food with splendid results. For a number of years I was afflicted with nervousness, and six years ago had a complete breakdown. I had no control of my nerves and had terrible hysterical spells. I could not sleep, had night sweats, awful dreams and nightmares. My physician gave me medicine to put me to sleep every night, and another kind to take every two hours during the day, but it did not seem to do me any good only while I was taking it. I never really expected to get well. Reading about Dr. Chase's Nerve Food one day, I gave it a trial, and the results from the first box encouraged me, so I continued its use, and found my nerves getting steady and stronger. My appetite improved and I gained in strength, ambition and flesh. Now I am able to do considerable work, and can highly recommend Dr. Chase's Nerve Food as a good tonic for the whole system."

Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.75, all dealers, or Edmanson, Bates & Co., Ltd., Toronto. On every box of the genuine you will find the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author.



For Every Paint Need Inside and Out

Nothing is more certain to improve the appearance of the home interior than well-painted rooms. And as for outside painting, not only does it beautify but it protects as well.

B-H "ENGLISH" 70% Pure White Lead
(Brandram's Genuine B.H.)
30% Pure White Zinc
100% Pure Paint

Make your home attractive—but do it economically. Protect it and beautify it by using a paint that lasts as well as it looks.

B-H Paint lasts for years on exterior surfaces—it cannot fail to give satisfaction when used for inside work. "Chipping," "peeling," "cracking" are features you have been accustomed to if you've been using cheap paints—these are features you will never again be bothered with if you use B-H "English" Paint.

Long after paints of the ordinary kind need renewing, the smooth and brilliant surface given by B-H Paint will still be a delight to the eye.

Other "B-H" Products
We are proud to sell
For Interior Finishing
"China Lac" the perfect varnish stain
Staining the Roof
B-H Shingle Stains in 19 different colors
B-H Porch Floor Paint
For porch floors, ceilings and parts exposed to the weather.
Plaster Ceilings and Walls
B-H "Fresco" — A flat tone oil paint.
Finishing a Floor
B-H "Floorure" — excellent for interior floors.
For Barns and Outbuildings
Imperial Barn Paint.

BRANDRAM-HENDERSON
MONTREAL HALIFAX ST. JOHN TORONTO WINNIPEG
REGINA SASK. CALGARY EDMONTON VANCOUVER

D. W. Stothart, Newcastle

Grasses Do Best With Clover

Although timothy, which of course is the standard grass used with clover for hay and pasture, is a most desirable grass, it has some faults which especially show up when it is grown in red clover mixtures. It is a little too late and, as a result, it is not ready to cut until some time after the clover has passed its best stage. It follows that, if a particularly late variety of red clover is used, like for instance Swedish red clover which the last few years has given excellent results in Eastern Canada, the clover-timothy mixture has to be cut either when it is too late for the clover or when it is too early for the timothy. In both cases losses result which would not occur if the clover and the timothy reached their best stage for cutting at the same time.

With a view of ascertaining the comparative value of various grasses in mixture with clover, a great number of experiments have been conducted at several of the Dominion Experimental Farms and Stations during the last few years, and judging from the results obtained so far, there are several grasses besides timothy which it would be to use more extensively in mixture with clover.

Two of the most important ones are Orchard Grass and Meadow Fescue which both are excellent yields under suitable soil conditions and of high quality for both hay and pasture. They also have the advantage of being ready to cut just about when red clover is at its best and will thus help to furnish a hay of high quality.

Orchard Grass, or Cockfoot, as it is generally called in England, has been cultivated for about 150 years in Europe and is everywhere regarded as a grass of a very high class, especially in sections of intensive dairying. After cutting it produces quickly a second growth consisting chiefly of long leaves and for this reason it is a very palatable grass, especially where the second crop is to be used for pasture and where it is of importance to have a good pasture crop coming on as soon as possible after the first crop has been taken off for hay. The Orchard grass gives best returns on good, deep loams, well drained and well stocked with plant food. It is not very well adapted to light and dry soils or where late spring frosts or early autumn frosts are prevalent. Meadow Fescue has been cultivated in Europe during at least one hundred years and is rated among the best fodder and pasture grasses. Like Orchard grass, it has for pasture. This is especially the case where the winter climate is mild, because in such districts the leaves remain green and fresh throughout the winter. The meadow fescue is especially adapted to rich loams and will yield abundantly where the ground is well supplied with moisture, except where the soil is sour. It is much less sensitive to spring and autumn frosts than the Orchard grass and will therefore do better than the latter in the more northern parts of agricultural Canada.

Is There A Baby In Your Home

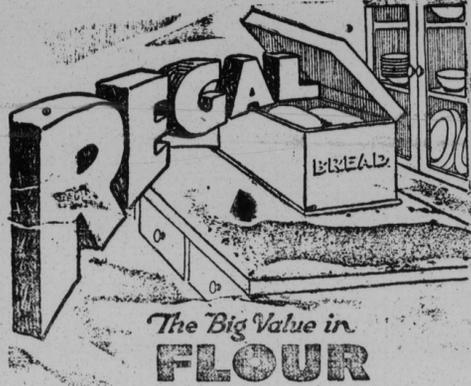
Is there a baby or young children in your home? If there is you should not be without a box of Baby's Own Tablets. Childhood ailments come quickly and means should always be at hand to promptly fight them. Baby's Own Tablets are the ideal home remedy. They regulate the bowels; sweeten the stomach; banish constipation and indigestion; break up colds and simple fevers—in fact they relieve all the minor ills of little ones. Concerning them Mrs. Moise Cadotte, Montreal, Que., writes: "Baby's Own Tablets are the best remedy in the world for little ones. My baby suffered terribly from indigestion and vomiting, but the Tablets soon set her right and now she is in perfect health." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

SALARY OF SECRETARY OF LEAGUE IS \$25,000 YEARLY
Paris, April 29—The salary of Sir Eric Drummond, secretary of the League of Nations, is to be \$25,000 yearly, with a similar amount for the expenses of the office, including the clerical staff, according to the representative of Reuter's Limited in Paris.

"CASARETS" WORK WHILE YOU SLEEP

For Sick Headache, Sour Stomach, Sluggish Liver and Bowels—Take Casarets tonight.

Puffed Tongue, Bad Taste, Indigestion, Sallow Skin and Miserable Headaches come from a torpid liver and clogged bowels, which cause your stomach to become filled with undigested food, which acids and ferments like garbage in a swill barrel. That's the first step to untold misery—indigestion, foul gases, bad breath, yellow skin, mental fears, everything that is horrible and unending. A Casaret to-night will give your constipated bowels a thorough cleansing and straighten you out by morning. They work while you sleep—a 10-cent box from your druggist will keep you feeling good for months.



The Big Value in FLOUR

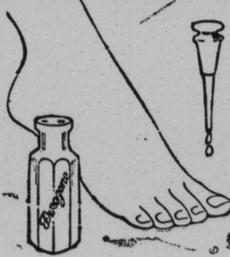


YOUR BREAD BOX will never disappoint you if the loaf you take from it is "REGAL" made.

The St. Lawrence Flour Mills Co. Limited MONTREAL

LIFT OFF CORNS!

Apply few drops then lift sore, touchy corns off with fingers



Doesn't hurt a bit! Drop a little Frezzone on an aching corn, instantly that corn stops hurting, then you lift it right out. Yes, magic! A tiny bottle of Frezzone costs but a few cents at any drug store, but is sufficient to remove every hard corn, soft corn, or corn between the toes and the calluses, without soreness or irritation. Frezzone is the great discovery of a Cincinnati chemist. It is wonderful.

NURSING

Nurses earn \$15 to \$25 a week. Learn without leaving home. Send for free booklet. Royal College of Science, Dept. 126, Toronto, Canada.

NOTICE

A new Lunch Parlor has been opened at Mrs. Burke Whites. Meals at all hours. Copp Bldg. Next to Dr. Sproule.

FOR SALE

Remington Typewriter No. 7 at a bargain. In fairly good condition. For particulars apply to W. F. Dorward, Treasurer Miramichi Construction Co. Ltd., NORDIN, N. B.

For Sale

A Brunswick-Balke-Collender Co. Board, which is practically as good as new and will be sold at a bargain. For fuller particulars apply at this office.

STEAMER MAX AITKEN

Until further notice the Time Table of the above steamer will be as follows (Standard time):—

Leave Redbank for Newcastle every morning (Sunday excepted) at 8 a. m.
Leave Newcastle for Chatham, 10 a. m.
Leave Chatham for Newcastle, 10:45 a. m.
Leave Newcastle for Chatham, 12:45 p. m.
Leave Chatham for Newcastle, 1:30 p. m.
Leave Newcastle for Chatham, 2:15 p. m.
Leave Chatham for Newcastle, 3:00 p. m.
Leave Newcastle for Redbank, 4 p. m.

Calling at all intermediate points between Redbank and Chatham, including Nordin, Bushville and Douglastown.

Information regarding Freight and Passenger rates will be furnished by the Captain.

Newcastle Steamboat Co., Ltd. Newcastle, N. B. April 17th, 1919



ASSESSORS' NOTICE

The assessors of Rates for the Town of Newcastle, in the County of Northumberland, hereby given notice to every person and Body Corporate liable for assessment within the said Town, to furnish the assessors within thirty days of the date hereof, with a written detailed statement duly sworn to, of Real and Personal Estate and Income for which they are liable to be assessed within the said Town.

Blank forms for statements may be had from the assessors or at the Town Office.

ASSESSMENT FOR 1918

TOWN—	
Park and Fire	\$ 3,000.00
Police and Street Lighting	5,500.00
Schools	16,000.00
Public Works	3,500.00
Contingencies	9,200.00
Sinking Fund	4,700.00
Interest	7,400.00
Sewerage	3,000.00
Board of Health	100.00
COUNTY—	
Schools	1,298.17
Pauper Lunatics	171.20
Contingencies	2,856.00
Alms House	409.50
Total	\$57,134.87

GEO. F. McWILLIAM,
S. A. RUSSELL,
JOHN CLARK,
Assessors

Dated at Newcastle, March 10th, 1919.

Miss Janie Martin has returned to her home in Rogersville.

CASTORIA

For Infants and Children. The Kind You Have Always Bought

Bears the Signature of *Wm. D. Galt*

ASSESSORS' NOTICE

The Warrants of Assessment for the Parish of Newcastle, call for the following amounts:—

Scott Act \$ 15.99
Board of Health 294.25
Pauper Lunatics 154.88
County School Fund 697.96
County Home 319.55
Contingencies 1,979.56

Total \$3,462.19

All persons residing within Districts No. One, Two and Three, of the said Parish are hereby notified to furnish the Assessors, within thirty days (30) from this date, with a written detailed statement, in accordance with the Act, of their Real Estate and Personal Property, and Income, liable for Assessment.

WILLIAM INNIS,
CHARLES E. FISH,
ROBERT STOTHART,
Assessors

Dated at Newcastle, this 10th day of March, 1919