

A Little Help.

There's help in seeming cheerful
When a body's feeling blue,
In looking calm and pleasant,
If there's nothing else to do.
If other folks are wearing,
And things are all awry,
Don't vex yourself with caring;
'Twill be better by and by.

There's help in keeping tally
Of our host of happy days,
There's never one that dawneth,
But it bringeth cause to praise
The Love that ever watcheth,
The Friend that's ever near.
So, though one trust with sorrow,
One needs must dwell with cheer.

When troubles march to meet you,
Salute them at the door,
Extend both hands to greet them,
Their worst will soon be o'er,
Beat down their stormy bugles
With your own rejoicing drums,
And, nailed in lofty courage,
Accept whatever comes.

—Margaret E. Sangster.

Be Of Good Cheer.

Of all things that tend to bring friends and keep them together, cheerfulness is one of the best, for who is it that doesn't like to be with a person who is always lively, agreeable, and cheerful—who greets you with a hearty clasp of the hand, a bright smile, and cheery "Hello!" It pays to be cheerful, pays in many ways. A cheerful person is sure to have a bright open face, a face that inspires confidence. One who is cheerful does not grumble over every little misfortune and disappointment.

Some people never seem cheerful and happy. They are always complaining of their hard lot, always looking on the dark side, constantly groaning over some ill—imaginary or otherwise—that has long since passed, and are never contented. Such persons are scarcely ever liked, and rarely succeed. But, take a person who, with head erect, eyes sparkling, and a smile playing around his mouth, when he pitches into his business, he's bound to succeed if there is any success in it. If reverses come, if subjected to the multitude of trials and vexations, petty and great, that all men must experience, instead of sitting down and whining he will give it "one big thought," and then pitch in again, confiding and cheerful as ever; he will come out "right side up" in the end. People like all cheerful persons, while those who are despondent have but few friends.

Be as cheerful as you can, therefore, under all circumstances. Your troubles and cares will fade into insignificance and you and those about you will find life less hard and more endurable. —The Echo.

The Cradle of Society.

The family is the cradle of civil society, and it is for the most part in the surroundings of the home that the destiny of States is prepared. Those who wish to tear society away from Christianity, go to the very roots and endeavor to corrupt family life. They do not allow themselves to be deterred from this attempt by the thought that this cannot be accomplished without inflicting upon the parents a most cruel outrage; for to the parents it belongs by virtue of natural right to educate their children to the ends for which God has given them. It is a strict obligation laid upon parents to give all their care, and to neglect no effort, to repulse energetically all unjust violence done to them in this matter so that they may guard their exclusive authority in the education of their children. They must, moreover, imbue them with the principles of Christian morality, and absolutely oppose their children frequenting schools where they are exposed to the fatal poison of indifference and impiety. —Leo XIII.

SPARKS FROM THE ANVIL

(Special for St. Peter's Bote.)

—Do you know any "ought-to-be" Catholics in your vicinity? If so, have you ever tried to bring them back to the fold? This is part of the work of the apostolate of the laity. If your own efforts are unsuccessful, tell your pastor about them.

—There is nothing quite so easy to find as a grievance. It can be made to order in a second's time, no material, other than the imagination, being necessary.

—By being on the watch for insults and injuries, one has little time for the sweet enjoyments of life.

—Plenty of work is the best remedy for sensitive individuals—work and self-control—determination and will. Half of one's griefs are only imaginary.

—Time is the most precious gift, and yet how little we think of flinging away hours and days.

—"An instant's beauty may mean lasting happiness," confidently declares the manufacturer of a widely advertised cosmetic. He then gives his prospective patron elaborate directions for covering her face with successive layers of cream and paint and powder, all with the object of filling a wavering suitor with such a sudden and irresistible admiration for her beauty that he will find himself engaged before he knows it.

—So the credulous readers of such advertisements, in the hope that "an instant of flashing beauty, of healthful coloring" will "capture love," spend on costly and injurious cosmetics hard-earned money which should be used to buy nourishing food and suitable clothing.

—Girls who are so intent upon adorning the outside of their heads that the inside is left quite bare of furniture will be unable to keep for long the love of any sensible man and the engagement that is chiefly due to clever manipulation of cream and paint and powder is not likely to be followed by a happy marriage.

—The higher you lift a little man, the more he shrinks.

—If you want to rise in the world you must raise something else. If you want to rise in business, raise the business you are in. Don't imagine that when you have given your life to lifting up a business the house will try to keep down the man who raised it, any more than a man can rise out of the water and keep down the life preserver that raised him.

—Let us calmly, gracefully, sweetly, joyously go forth, says Cardinal Newman, to fulfill our various offices; and in a subdued, peaceful and happy temper to encounter our trials. So shall largeness of mind, abhorrence of strife, clemency of criticism, absence of suspicion, tenderness of compassion and love of the brotherhood be to us a tower of strength and the font of consolation now, in death, and in the day of eternity.

Some Points to Remember When Looking for a Job.

The following is an extract from an article in "The American" Magazine, by George H. Cushing:

"The first rule of the game is that the man must have learned to manage his own money before he will be trusted to manage any business that makes money. If a man is a saver and lives within his income he is a comer, and is marked for preference. If he has money saved up and is in no fear of having to borrow any, he can afford to be politely and discreetly independent around his own office. This adds to his prestige with others."

MORAL—Get a firm grip on the Way of Successful Saving.

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CORRESPONDENCES.

BREMEN, SASK., Sept. 21, 1919.

Dear St. Peter's Bote:—

Quite a space of time has elapsed since my last writing, so you and your readers will undoubtedly appreciate some information from this part of St. Peter's Colony.

This year's crop was considerably lessened by the drought during the first part of this summer. When later on abundant rains set in the plants could no more recuperate and produce a so-called bumper crop. This fact, however, doesn't seem to embarrass the farmers greatly, for every district is visited off and on by "meagre years". But what really worries them are the prolonged rains of the past weeks. When will the threshing begin in earnest? that is the question. Thus I must defer my crop report from this district to some future writing when a more complete data can be obtained.

As to the progress of the small hamlet of Bremen and the busy town of Cudworth lying 8 miles north of here, the following items may be of interest:

While Bremen cannot boast of any great business houses, mills, and factories, it can justly claim to possess those facilities which a growing farming-centre requires, viz.: a loading-platform, a grain elevator—with Mr. W. H. Dierker as buyer—a large depot, similar to the one in Cudworth, a fairly good store and post office, operated by that genial farmer and postmaster Mr. Jos. Kleiter. Mr. Kleiter contemplates to erect a more spacious two-storey building this fall, to be used as store and P.O., for which the excavating is now completed. He also obtains the business from as large a territory as can possibly be expected under the circumstances. The farmers of the Bremen district have also petitioned the Grand Trunk officials for the erection of a stock yard at Bremen. Since the Union Stock Yards at Prince Albert are about completed, this business should attain large enough proportions at this point to make such a step a most timely undertaking. It is also well to understand that if we find our wish fulfilled in the stock yard proposition, the cry will be heard: "Hello boys! where are you going?" when the reply will be: "Oh, we're taking our cattle and hogs to Bremen, to be shipped by the 'FARMERS' SHIPPING ASSOCIATION', where full satisfaction is guaranteed..."

The Grand Trunk R. has built a three-quarter mile spur from Maskakee Springs, a siding 3 miles south of here, to the near-by Houghton Lake, where a large Canadian syndicate has built a refining factory for the purpose of condensing the water of the lake which has been found to contain various kinds of salts and other ingredients to be utilized for medicinal purposes.

Cudworth, the busy "burg", is experiencing a rapid increase in buildings. The new Bank of Commerce building of solid brick will, when completed, no doubt be the envy of many better situated towns, while the new Catholic church, 34x54 feet, to be built this fall, will manifest the zeal and generosity of the Cudworth people. The creamery, I was informed by manager Cunningham, is doing a satisfactory business. Mr. Blair, the druggist, has the fame of possessing the most modern cottage in town, while the leading grocery stores, such as Schmidt and Reed, are seemingly operating on a very high note.

In anticipation of visiting you in your sanctum from time to time by means of a correspondence,

I am sincerely

P. J. BOXLER.

PRINCE ALBERT, Sept. 19, 1919.

Graduation Exercise at The Holy Family Training School

Dear Rev. Editor:—

Last Monday, Sept. 15, the Holy Family Hospital, or rather the annex known as the Nurses' Home, presented an unusually gay appearance. The Home had been nicely and tastefully decorated with a profusion of flowers, both natural and artificial. In the midst of the various decorations the colors of the school, *Blue and White*, were everywhere conspicuous. At 5 P. M. the large reception hall was thronged with guests who were eager to witness the crowning ceremony of three years' hard and persevering training, namely the solemn conferring of Diplomas and Medals on five of the nurses who were: Sister Mary Liguori (in the world: Miss Maud Lanigan); Miss Marie Kilden; Miss Lily Holderness and Miss D. I. Pettitt. The various parts of the program were rendered with artistic precision and bore testimony to the fact that the young ladies who spent the greater part of the day in the Hospital wards, have been taught that cheerfulness is one of the finest qualities of a nurse and that it will serve its purpose equally well when there is question of preparing a musical program that will appeal to the brighter side of the human heart.

During the performance of the various parts, the pupils of the training school were ably assisted by a select choir from the Academy of our Lady of Zion. The honor of addressing the audience had been reserved to the Medical profession. Dr. Lestock Reid gave the opening address and Dr. Bliss addressed the graduates. In well chosen words and feeling terms, both speakers kept as much as possible within the range of thoughts suggested by the motto of the school: "Semper Fidelis." (Always faithful.) They emphasized the necessity of being always faithful or loyal to their school, to the doctors and to their patients. With this threefold loyalty practiced in a most scrupulous manner a nurse is bound to achieve success, to be a credit to her profession and to accomplish all the good for which her careful training has qualified her so well. Loyalty also includes discretion, the lack of which has too often brought discredit to the nursing profession. The remarks of the speakers were greeted with loud applause.

Very Rev. Father A. Jan, O.M.I., Administrator of the diocese, had been invited to present the Diplomas. However at the last hour he was prevented to be present and was replaced by Rev. Father Panhaleux, O.M.I., rector of the Cathedral, who in pleasing terms congratulated the graduates on their success and expressed the hope that in the performance of their noble calling, they would always be prompted by a truly Christian spirit. Whilst he presented each graduate with her Diploma, three little girls from the orphanage, acting as flower-girls, presented each young lady with a bouquet of Carnations. At 7 P. M. the first part of the program was concluded with the singing of "God save the King."

During the interruption that followed, the dining room, appropriately decorated for the occasion, presented a busy scene. The guests were served a tasty luncheon and all agreed that the latter certainly deserved an honorable mention, though it had not been mentioned on the program.

After the lower cravings of the human being had been well satisfied, the guests and many friends of the graduates and the Hospital returned to the hall where various amusements kept all in good spirits till 11 P. M., when everyone retired well satisfied of having spent a most pleasant evening. A special feature of the evening-entertainment

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