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THE EVENING TIMES-STAR, ST. JOHN, N. B., WEDNESDAY, OCTOBER 8, 1924

THE OLD HOME TOWN

EVENING TIMES-STAR MAGAZINE PAGE FOR THE HOME

ADVENTURES OF THE TWINS By Othre Roberts Borton

THE TWINS LEAV E SQUEEJICK LAND

Pretty soon the Sand Man and the blinked and winked as the travelers wins came to the potato patch in queeilck Land.

The potatoes had grown to a treendous size and their curiosity had rought them to the top of the ground hich any farmer will tell you is no lace for potatoes at all.

Their was all and winked as the travelers came near.

Indeed they had seen them far away and had whispered it to the corn (which was all ears, you may be sure) and the corn had told the cabbage had seen for potatoes at all.

King by the scarlet runner.

Didn't **Sleep All Night**

STUART'S **Dyspepsia Tablets**

Every mother possesses information of vital importance to her young daughter, and the responsibility for the girl's future is largely inher hands.

When a schoolgirl's thoughts become sluggish, when she suffers the consequences of wetfeet, pain, headaches, fainting spells, loss of sleep and appetite, and is irregular—her mother should have a care for her health and give her Lydis E. Pinkham's Vegetable Compound which has proved a reliable aid to Nature for just such conditions in many cases.

The Best Cough Syrup is Home-made.

The Squeejick King sent back word by his royal gardener for the potatoes to keep their eyes wide open and to let him know if the visitors came any

GIRLS BORN 1908 TO 1912 May Need Medicinal Treatment

How Two Mothers Helped Their Daughters
By Giving Them Lydia E. Pinkham's
Vegetable Compound

X.—"That famous soprano you had at your dinner party last night sang like

Quick Action for Piles

That it was the intention and de-Canadian National Railways to utilize to the limit of their capacity their terminal facilities was the statement of

minal facilities was the statement of J. E. Dalrymple, vice-president of the C. N. R., just previous to his departure for Halifax from the city last evening. If business was to be further increased in these terminals, St. John among the rest, then the facilities had to be improved, he said.

The Courtenay Bay district is the generally acknowledged logical place for the big potential development and expansion of C. N. R. terminals here, and Mr. Dalrymple, discussing this phase, said that the recommendations of the management of the railway had already been placed in the hands of the Government and that these recommendations were at the present moment lunder very serious consideration by the Government the hands of the these recomment present moment making a control of the liver and laxative acts so gently on the liver and bowels as "Cascarets." They never gripe, sicken, or inconvenience you. They positively strengthen and regulate the bowels, restoring natural, regular movement. "Cascarets" are harmless and are used by millions of Men, Women and Children. 10c boxes, also 25 and 50c sizes—any drug store.

LOVE MY NEIGHBORS-BOUT TH DRESSMAKER LINE AND LET



In agreed gardener for the postotic to keep their eyes uside open and the statistic cannot be appeared to be the statistic cannot be appeared to the statistic cannot be appea

TO FULL CAPACITY, SAYS C. N. OFFICIAL "They Work While You Sleep"

"When you start out on an exercise campaign your first thought should be how much can I undertake? There should be a set minimum and maximum and the maximum gradually worked up to."

Thus cautioned Mr. Mann's physical director.

Possibly a good programme to write on your cuff would be something like this at the start:

Upon arising go through 10 minutes of setting-up exercises. Take a cold shower, if possible. Walk to the office. if it is within walking distance; if not, walk for from 10 to 20 minutes.

About lunch time take a 15-minute walk and relax for a short time during the morning.

Walk home from work or walk a mile or two and, just before going to bed, again try some setting-up exercises.

Proper Exercise

By STANLEY



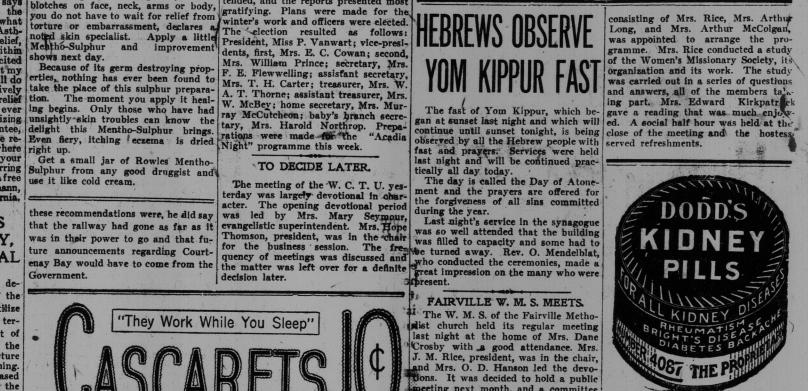
When a Meal "Disagrees" Just take Pape's Diapepsin

RELIEF FOR ASTHMA

I'I want every Asthma sufferer in this city to try my treatment entirely at my risk," Dr. Schiffmann announces. "Go to your druggist and get a package of my to your druggist and get a package of my Eczema Helped Over Night.

Broken Out Skin and Itching to your druggist and get a package of my The meeting, which was presided over The meeting, which was presided over The Digestion—Anytime and Correct the Digestion and C

FAIRVILLE W. M. S. MEETS. The W. M. S. of the Fairville Metho



list church held its regular meeting last night at the home of Mrs. Dane Crosby with a good attendance. Mrs. J. M. Rice, president, was in the chair, and Mrs. O. D. Hanson led the devocions. It was decided to hold a public For Constipated Bowels, Sick Meadache, Young Girl Afraid

To Eat Anything Girl's Stomach in Bad Shape-Couldn't Eat.

"I was agraid to eat anything because I always had trouble with my stomach. Was also troubled for three years with constipation. After taking less than one bottle Adlerika (intestinal antiseptic) I can eat anything and feel fine." (Signed) Ardenia Howard.

Intestinal Antiseptic.

In slight disorders, such as occasional constipation, sour stomach, gas on the stomach or sick headache, one spoon-spoon one bottle Adlerika ALWAYS brings relief. A longer treatment, however, is necessary in cases of obstinate constipation and long standing stomach trouble, preferably under direction of your physician.

Intestinal Antiseptic.

There is now offered to the public a iliquid preparation having the DOUBLE action of an intestinal antiseptic and a compelte system cleanser. This preparation, known as Adlerika, acts as follows:

It tends to eliminate or destoy harmful germs and colon bacili in the intestinal canal, thus guarding against appendicitis and other diseases having their start here.

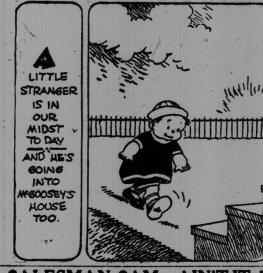
It cleans out BOTH upper and lower bowel and removes foul matter which poisoned the system for months. It brings out all gases, thus immediately relieving pressure on the heart. It is astonishing the great amount of poisonous matter Adlerika draws from the intestinal canal—matter you never thought was in your system. Try it right after a natural movement and notice how much MORE foul matter it brings out which was poisoning you.

"Had no strength to walk"

After taking her second bottle of Carnol, Mrs. George Brown says, "I am a new woman and I would not be an hour without Carnol."

The benefits derived from Carnol are in many cases almost miraculous. It has proved of wonderful benefit in cases of weakness and other run down conditions. Where other remedies have failed to do good, Carnol has given almost immediate relief, as instance what Carnol has done for Mrs. Brown,—"I am dropping you a few lines to tell you what good results I have received from your Carnol medicine. For three years I could not do my housework. I was weak and I did not have strength to walk across the kitchen. I got so weak that my husband and mother had to lift me about. I tried all kinds of medicines which did not do me any good. I had four

For Joy of Good Health Crandall, Manitoba.—"When I was a young girl at home and working I had terrible pains, almost more than I could bear, and I was not regular. These troubles kept me so tired all the time that I had no strength and no ambition to join in with my friends and have a good time. I was just tired and miserable always and life just seemed as if it wasn't worth living. I saw so much in the papers about Lydia E. Pinkham's Vegetable Compound, and then I had a friend who had taken it and told me about it—so I got some. Every month after taking it I grew stronger and I soon did not suffer every month. It stopped the pains and helped me other ways. Then when my babies were coming I was tired and worn out the first three months and ached badly. I took the Vegetable Compound right along and must say it made a new woman of me and able to do my work, and it helped me through confinement. You see I am a farmer's wife with a big house to look after, and three babies now. I have told ever so many women about your medicine. Just last week I got a letter from my old chum in the East. Her baby was born fifteen days before mine and she told me she was not feeling very well, her back aches so much, and that she is going to take the same medicine I took. You can use my letter and I hope some one will be helped by it."—Mrs. Joseph H. Kidd, Box 56, Crandall, Manitoba. Had Faith in It Hamilton, Ontario.—"When I was a young girl I took Ilydia E. Pinkham's Vegetable Compound because father and mother had faith in it. It had helped mother and it helped me. I took eleven bottles of it then and used Lydia E. Pinkham's Sanative Wash. Now I am on my third bottle for later female troubles. I would go two or three months and then have such bearing-down pains they were unbearable. I would have to go to bed and was unable to do my housework. I was weak and would faint at the least little thing I did. My husband got me the first bottle and I am already feeling better in every way. I can do my washing now and before I could not even walk about at that time. I recommend the Vegetable Compound to every woman.— Mrs. CLARA BROADHURST, 395 Fairfield Avenue, Hamilton, Ontario. FRECKLES AND HIS FRIENDS—AN UNINVITED GUEST









Colds, Sour Stomach, Biliousness







