

The Adirondack Institution, situated at an elevation of some 1500 feet, is so well known that it need not here be described. The Adirondack Mountains, as a part of the Laurentian formation, are very similar to our own Laurentian Mountains, and what may be said of one, applies almost in every way to the other. The Trembling Mountain district of the Laurentian Mountains offers every advantage for the treatment of incipient tuberculosis. Open air life can be carried out throughout the year. The thermometer registering 30 or 35 degrees below zero, makes one feel as though standing before a blazing fire, so stimulating is this dry and cold atmosphere. But the winters are not constantly so cold. The winter mean temperature, roughly estimated, has been a trifle over 17 degrees above zero during this last winter at Ste. Agathe, near the site of the Laurentian Sanatorium, now nearly completed, and situated at an elevation of 1500 and some odd feet. It is unfortunate that meteorological observations have not yet been systematically made in that particular region, but from enquiries and frequent visits made during the last nine months, little doubt exists in my mind as to the suitability of this district for the treatment of incipient tuberculosis. It is our intention, during the coming year, to make minute observations upon temperature, rainfall, winds, barometric pressure, hygrographic records, etc., etc.

Clinically, one may classify cases more or less easily, but therapeutically, it is a little more difficult, and now, as in days gone by, particular regions, altitudes, climates, latitudes, etc., have their critics, as well as their adherents. The favorite resort of to-day may be the forgotten one of tomorrow, and this as a result more or less of the agitation of climatologists ever busy, and the general public forever thirsting for new health resorts. We should not, however, lose sight of an important point in connection with the treatment of tuberculosis; that a cure, in order to be permanent, should as much as possible be obtained or looked for in the climate in which the patient lives or intends to live permanently. Von Leyden, at the International Congress at Moscow, in '97, emphatically laid stress upon this point,