252 NOTES.

The programme will be of exceptional interest, and the very important subject of Inter-Provincial Registration will receive full discussion at this meeting.

A number of entertainments have been provided for, including a Reception and Musicale for members and their friends on the first evening; an afternoon tea at the Royal Canadian Yacht Club on the island;

and other amusements.

The Association will be the guests of the City of Toronto on Thursday evening, when members and their friends are invited to attend a smoking concert on board one of the large Niagara steamers during a sail of a couple of hours on Lake Ontario, the pyrotechnic display at Exhibition Park will be witnessed from the deck of the vessel. On Friday afternoon the Association will be entertained by the President and Directors of the Toronto Industrial Exposition at Exhibition Park.

There will be an exhibition of instruments, drugs and physicians'

supplies in connection with the meeting.

The committee of arrangements is making every possible effort to insure a successful meeting, and trusts that there will be a very large attendance. As the meeting is held during the first week of the Industrial Exposition, railway tickets to Toronto and return may be obtained at reduced rates, (single fare throughout Ontario.)

For further particulars address,

E. N. G. STARR,

Biological Department,

TORONTO.

SANMETTO IN GENITO-URINARY DISEASES AND AS A RE-BUILDER.—I have used sanmetto in a great number of genito-urinary diseases, also as a re-builder of strength throughout the genito-urinary tract, always with the happiest results. This is the first and only testimonial I have ever given in twenty years active practice of medicine.

Marion, Ind. G. H. Eckert, M. D.

Solar Heat.—Direct exposure to the sun's rays; employment in or living in hot and poorly ventilated offices, workshops or rooms, are among the most prolific cases of headache in summer-time, as well as of heat exhaustion and sun-stroke. For these headaches and for the nausea which often accompanies them antikamnia will be found to afford prompt relief and can be safely given. Insomnia from solar heat is readily overcome by one or two five grain antikamnia tablets at supper time, and again before retiring. If these conditions are partly dependent upon a disordered stomach, two five grain antikamnia tablets with fifteen or twenty drops of aromatic spirits of ammonia, well diluted are advisable. For the pain following sun or heat-stroke, antikamnia in doses of one or two tablets every two or three hours will produce the ease and rest necessary to complete recovery. As a preventive of and cure for nausea while travelling by railroad or steamboat, and for genuine mal de mer or sea sickness, antikamnia is unsurpassed and is recommended by the Surgeons of the White Star, Cunard and American Steamship Lines,